Rhode Island Healthy Aging Data Report

120 health risk indicators in 39 communities*

KEY FINDINGS

The population of older adults in RI will increase by 75% in 30 years.

Rhode Island has the highest proportion in U.S. of adults age 85 and older.

RI has highest rates in New England states for older adults having ever been diagnosed with

- **79%** HYPERTENSION
- **78%** HIGH CHOLESTEROL
- **46%** ISCHEMIC HEART DISEASE
- **36%** DIABETES
- **64%** 4 OR MORE CHRONIC CONDITIONS

HEALTH DISPARITIES

When it comes to healthy aging, resources matter. The map below shows the variability of healthy aging throughout the state.

- **HIGHEST RATE** (9.1% to 13%) of Medicare beneficiaries who also receive Medicaid long-term services AND MORE WORSE-THAN-AVERAGE indicators
- **HIGHEST RATE** (9.1% to 13%) of Medicare beneficiaries who also receive Medicaid long-term services
- **HIGH RATE** (6% to 9%) of Medicare beneficiaries who also receive Medicaid long-term services AND MORE WORSE-THAN-AVERAGE indicators
- **HIGH RATE** (6% to 9%) of Medicare beneficiaries who also receive Medicaid long-term services
- **MORE BETTER-THAN-AVERAGE indicators**

RECOMMENDATIONS

**UNDERSTAND AND ENGAGE.**

Download your Community Profile. Explore the Highlights Report. Bring people together to discuss what the data mean and what can be done to address opportunities and challenges in your community.

**PLAN AND ACT.**

Use data to prioritize needs and identify interventions. Start with winnable battles. Develop relevant statewide plans.

Identify what’s working in communities that are healthier than state average. Can this be replicated in communities facing challenges in healthy aging?

Prioritize efforts that address below-average indicators for North Providence, Johnston, Central Falls, Pawtucket, Providence.

Collaborate with local leaders and communities to identify ways to become more age-friendly.

Promote opportunities for community and civic engagement for older adults.

* Data reflect health for adults age 60+ or 65+ in Rhode Island

Learn more at [healthyagingdatareports.org/rhode-island](http://healthyagingdatareports.org/rhode-island)