

RHODE ISLAND HEALTHY AGING COMMUNITY DATA PROFILE

North Kingstown (Washington)

| HEALTHY AGING INDICATORS | BETTER / WORSE STATE RATE ¹ | COMMUNITY ESTIMATE ³ | MARGIN OF ERROR ² | STATE ESTIMATE | MARGIN OF ERROR ² |
|--|---|------------------------------------|---------------------------------|-------------------|---------------------------------|
| POPULATION CHARACTERISTICS | | | | | |
| % of 60+ LGBT | | 2.4% | (1.2% - 3.5%) | 2.0% | (1.6% - 2.4%) |
| Age-sex adjusted 1-year mortality rate | | 4.8% | (4.1% - 5.5%) | 4.8% | (4.6% - 4.9%) |
| % 60+ lived at same address 25 years or more | | 45.4% | (39.0% - 51.8%) | 48.1% | (46.8% - 49.5%) |
| WELLNESS and PREVENTION | | | | | |
| % any physical activity within last month | B | 79.5% | (74.4% - 84.7%) | 70.0% | (68.8% - 71.2%) |
| % injured by a fall within last year | | C | | 10.0% | (8.7% - 11.3%) |
| % ever had a hip fracture | | 3.7% | (3.0% - 4.3%) | 3.9% | (3.7% - 4.0%) |
| % with self-reported fair or poor health status | B | 12.0% | (8.0% - 16.1%) | 20.4% | (19.4% - 21.5%) |
| % with 15+ physically unhealthy days last month | b | 9.7% | (6.7% - 12.8%) | 13.9% | (13.2% - 14.7%) |
| % with physical exam/check-up in past year | | 91.7% | (88.2% - 95.2%) | 91.9% | (91.2% - 92.6%) |
| % met CDC preventive health screening goals | | 42.4% | (34.9% - 49.9%) | 39.5% | (38.0% - 41.1%) |
| % flu shot past year | | 63.0% | (56.9% - 69.0%) | 59.1% | (57.8% - 60.4%) |
| % pneumonia vaccine | | 75.0% | (68.1% - 82.0%) | 73.8% | (72.4% - 75.2%) |
| % shingles vaccine | B | 42.1% | (34.4% - 49.9%) | 30.3% | (28.7% - 31.8%) |
| % cholesterol screening | w | 83.1% | (78.9% - 87.3%) | 88.4% | (87.7% - 89.1%) |
| % mammogram within last 2 years (women) | | 83.2% | (76.9% - 89.5%) | 81.8% | (80.4% - 83.1%) |
| % colorectal cancer screening | | 81.1% | (76.2% - 86.1%) | 76.1% | (75.0% - 77.3%) |
| Oral Health | | | | | |
| % with complete tooth loss | B | 20.8% | (15.8% - 25.9%) | 32.4% | (31.2% - 33.6%) |
| % with annual dental exam | B | 83.7% | (78.9% - 88.5%) | 74.7% | (73.5% - 75.8%) |
| NUTRITION / DIET | | | | | |
| % with 5 or more servings of fruit or vegetables per day | | 28.8% | (22.5% - 35.2%) | 23.0% | (21.9% - 24.1%) |
| % obese | B | 18.7% | (14.0% - 23.4%) | 25.4% | (24.2% - 26.5%) |
| % high cholesterol | B | 73.9% | (72.2% - 75.6%) | 78.0% | (77.7% - 78.3%) |
| % current smokers | | 7.9% | (4.7% - 11.2%) | 8.9% | (8.2% - 9.7%) |
| % excessive drinking | | 8.5% | (4.9% - 12.1%) | 8.9% | (8.1% - 9.6%) |
| MENTAL HEALTH | | | | | |
| % with 15+ days poor mental health last month | | 5.3% | (2.8% - 7.7%) | 7.5% | (6.8% - 8.1%) |
| % 60+ talked with family or friends almost daily | | 74.6% | (68.9% - 80.4%) | 75.3% | (74.1% - 76.5%) |
| % ever diagnosed with depression | B | 26.4% | (24.8% - 28.1%) | 30.0% | (29.7% - 30.3%) |

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|--|---|------------------------------------|---------------------------------|-------------------|---------------------------------|
| CHRONIC DISEASE | | | | | |
| % with Alzheimer's disease or related dementias | B | 11.4% | (10.2% - 12.6%) | 14.4% | (14.2% - 14.7%) |
| % with diabetes | B | 29.2% | (27.3% - 31.1%) | 35.7% | (35.4% - 36.1%) |
| % with stroke | | 11.1% | (10.0% - 12.3%) | 12.5% | (12.2% - 12.7%) |
| % with chronic obstructive pulmonary disease | B | 20.6% | (19.1% - 22.2%) | 24.1% | (23.8% - 24.4%) |
| % with asthma | B | 12.4% | (11.2% - 13.7%) | 14.0% | (13.7% - 14.2%) |
| % with hypertension | B | 73.5% | (71.7% - 75.2%) | 79.0% | (78.8% - 79.3%) |
| % ever had a heart attack | | 4.8% | (4.0% - 5.6%) | 5.4% | (5.3% - 5.6%) |
| % with ischemic heart disease | B | 41.2% | (39.1% - 43.2%) | 45.9% | (45.5% - 46.2%) |
| % with congestive heart failure | B | 19.4% | (17.9% - 21.0%) | 24.8% | (24.5% - 25.1%) |
| % with atrial fibrillation | | 13.8% | (12.6% - 15.1%) | 15.2% | (15.0% - 15.5%) |
| % with osteoarthritis/rheumatoid arthritis | | 51.3% | (49.2% - 53.4%) | 52.0% | (51.6% - 52.4%) |
| % with osteoporosis | B | 17.0% | (15.6% - 18.3%) | 21.0% | (20.7% - 21.3%) |
| % with glaucoma | W | 28.8% | (27.1% - 30.5%) | 26.6% | (26.2% - 26.9%) |
| % with cataract | | 67.9% | (66.1% - 69.7%) | 67.9% | (67.6% - 68.2%) |
| % women with breast cancer | | 11.2% | (9.6% - 12.8%) | 10.7% | (10.4% - 11.0%) |
| % with colon cancer | | 2.8% | (2.2% - 3.4%) | 3.2% | (3.1% - 3.3%) |
| % men with prostate cancer | | 13.6% | (11.7% - 15.5%) | 13.8% | (13.4% - 14.1%) |
| % with lung cancer | | 2.0% | (1.5% - 2.6%) | 2.1% | (2.0% - 2.2%) |
| % with hypothyroidism | | 21.1% | (19.5% - 22.6%) | 21.1% | (20.8% - 21.4%) |
| % with anemia | B | 48.3% | (46.4% - 50.2%) | 52.2% | (51.9% - 52.6%) |
| % with benign prostatic hyperplasia | B | 36.8% | (34.0% - 39.5%) | 40.3% | (39.8% - 40.8%) |
| % with chronic kidney disease | B | 18.7% | (17.2% - 20.3%) | 23.3% | (23.0% - 23.6%) |
| Summary chronic disease measures | | | | | |
| % with 4+ chronic conditions | B | 55.8% | (53.9% - 57.7%) | 63.9% | (63.6% - 64.3%) |
| % with 0 chronic conditions | B | 10.2% | (9.0% - 11.4%) | 8.4% | (8.2% - 8.6%) |
| ACCESS TO CARE | | | | | |
| % with a regular doctor | | C | | 96.5% | (96.1% - 97.0%) |
| % did not see a doctor when needed due to cost | | C | | 6.3% | (5.6% - 6.9%) |
| SERVICE UTILIZATION | | | | | |
| Physician visits per year | | 8.2 | (7.9 - 8.5) | 8.0 | (7.9 - 8.0) |
| Emergency room visits/1000 persons 65+ years per year | * | 541 | (496 - 586) | 628 | (618 - 638) |
| Part D monthly prescription fills per person per year | * | 49.3 | (48.0 - 50.7) | 54.2 | (53.9 - 54.4) |
| Home health visits per year | * | 3.0 | (2.5 - 3.5) | 3.7 | (3.6 - 3.9) |
| Durable medical equipment claims per year | * | 1.5 | (1.3 - 1.7) | 2.0 | (1.9 - 2.0) |
| Inpatient hospital stays/1000 persons 65+ years per year | * | 238 | (212 - 263) | 284 | (279 - 289) |
| Inpatient hospital readmissions (as % of admissions) | * | 13.4% | (10.4% - 16.3%) | 16.9% | (16.3% - 17.5%) |
| Skilled nursing facility stays/1000 persons 65+ years per year | | 83 | (68 - 97) | 100 | (97 - 103) |
| COMMUNITY VARIABLE & CIVIC ENGAGEMENT | | | | | |
| % 60+ who are satisfied with neighborhood | B | 87.0% | (82.8% - 91.2%) | 80.0% | (78.9% - 81.1%) |
| % 60+ who believe local service orgs understand needs | | 50.7% | (43.7% - 57.7%) | 44.1% | (42.7% - 45.6%) |
| % 60+ who believe he/she can make a difference | B | 59.6% | (53.2% - 66.0%) | 51.6% | (50.2% - 53.0%) |
| % 60+ who believe working together can make a difference | | 82.7% | (77.9% - 87.5%) | 81.0% | (79.9% - 82.1%) |
| % 60+ who volunteer at least once per month | B | 29.9% | (24.0% - 35.7%) | 22.8% | (21.6% - 23.9%) |
| % 60+ who attend community events at least once per month | | 48.8% | (42.3% - 55.4%) | 44.2% | (42.8% - 45.6%) |

Notes. ¹ Community-state differences that the margins of error do not overlap each other are noted B, b, W, w, or *.

² All community and state margins of error are 95% confidence intervals, except when a lower case b or w is noted in which case 90% confidence intervals are used.

³ C indicates that the community rate is censored due to inadequate sample size.