

RHODE ISLAND HEALTHY AGING COMMUNITY DATA PROFILE

Portsmouth (Newport)

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE ³	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
% of 60+ LGBT		1.2%	(0.5% - 1.9%)	2.0%	(1.6% - 2.4%)
Age-sex adjusted 1-year mortality rate		4.8%	(4.0% - 5.6%)	4.8%	(4.6% - 4.9%)
% 60+ lived at same address 25 years or more		49.2%	(44.8% - 53.6%)	48.1%	(46.8% - 49.5%)
WELLNESS and PREVENTION					
% any physical activity within last month	B	78.7%	(75.2% - 82.2%)	70.0%	(68.8% - 71.2%)
% injured by a fall within last year		10.0%	(5.9% - 14.2%)	10.0%	(8.7% - 11.3%)
% ever had a hip fracture		3.6%	(2.9% - 4.3%)	3.9%	(3.7% - 4.0%)
% with self-reported fair or poor health status	b	16.3%	(13.7% - 19.0%)	20.4%	(19.6% - 21.3%)
% with 15+ physically unhealthy days last month		11.7%	(8.9% - 14.5%)	13.9%	(13.0% - 14.8%)
% with physical exam/check-up in past year		91.7%	(89.6% - 93.9%)	91.9%	(91.2% - 92.6%)
% met CDC preventive health screening goals		41.1%	(35.9% - 46.2%)	39.5%	(38.0% - 41.1%)
% flu shot past year		60.2%	(55.9% - 64.5%)	59.1%	(57.8% - 60.4%)
% pneumonia vaccine		74.9%	(70.6% - 79.2%)	73.8%	(72.4% - 75.2%)
% shingles vaccine		35.5%	(30.2% - 40.8%)	30.3%	(28.7% - 31.8%)
% cholesterol screening		87.2%	(84.2% - 90.3%)	88.4%	(87.6% - 89.3%)
% mammogram within last 2 years (women)		77.9%	(73.0% - 82.9%)	81.8%	(80.4% - 83.1%)
% colorectal cancer screening		78.9%	(75.4% - 82.5%)	76.1%	(75.0% - 77.3%)
Oral Health					
% with complete tooth loss	B	23.9%	(20.2% - 27.6%)	32.4%	(31.2% - 33.6%)
% with annual dental exam	B	84.7%	(81.6% - 87.8%)	74.7%	(73.5% - 75.8%)
NUTRITION / DIET					
% with 5 or more servings of fruit or vegetables per day		23.9%	(20.2% - 27.7%)	23.0%	(21.9% - 24.1%)
% obese		22.1%	(18.5% - 25.6%)	25.4%	(24.2% - 26.5%)
% high cholesterol	B	74.3%	(72.5% - 76.2%)	78.0%	(77.7% - 78.3%)
% current smokers		7.3%	(5.2% - 9.4%)	8.9%	(8.2% - 9.7%)
% excessive drinking	W	13.9%	(10.9% - 16.9%)	8.9%	(8.1% - 9.6%)
MENTAL HEALTH					
% with 15+ days poor mental health last month	B	4.8%	(2.8% - 6.8%)	7.5%	(6.8% - 8.1%)
% 60+ talked with family or friends almost daily	b	79.9%	(76.9% - 82.9%)	75.3%	(74.3% - 76.3%)
% ever diagnosed with depression	B	24.1%	(22.4% - 25.8%)	30.0%	(29.7% - 30.3%)

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CHRONIC DISEASE					
% with Alzheimer's disease or related dementias	B	10.6%	(9.4% - 11.9%)	14.4%	(14.2% - 14.7%)
% with diabetes	B	29.5%	(27.5% - 31.5%)	35.7%	(35.4% - 36.1%)
% with stroke		11.8%	(10.5% - 13.0%)	12.5%	(12.2% - 12.7%)
% with chronic obstructive pulmonary disease	B	19.0%	(17.4% - 20.6%)	24.1%	(23.8% - 24.4%)
% with asthma		12.5%	(11.1% - 13.8%)	14.0%	(13.7% - 14.2%)
% with hypertension	B	76.3%	(74.5% - 78.1%)	79.0%	(78.8% - 79.3%)
% ever had a heart attack		4.8%	(4.0% - 5.6%)	5.4%	(5.3% - 5.6%)
% with ischemic heart disease	B	38.3%	(36.2% - 40.4%)	45.9%	(45.5% - 46.2%)
% with congestive heart failure	B	18.4%	(16.7% - 20.0%)	24.8%	(24.5% - 25.1%)
% with atrial fibrillation		14.9%	(13.5% - 16.3%)	15.2%	(15.0% - 15.5%)
% with osteoarthritis/rheumatoid arthritis	B	47.0%	(44.7% - 49.2%)	52.0%	(51.6% - 52.4%)
% with osteoporosis	B	17.3%	(15.8% - 18.8%)	21.0%	(20.7% - 21.3%)
% with glaucoma		26.7%	(24.9% - 28.5%)	26.6%	(26.2% - 26.9%)
% with cataract		69.9%	(68.0% - 71.9%)	67.9%	(67.6% - 68.2%)
% women with breast cancer		10.5%	(8.8% - 12.2%)	10.7%	(10.4% - 11.0%)
% with colon cancer		3.1%	(2.4% - 3.8%)	3.2%	(3.1% - 3.3%)
% men with prostate cancer		14.0%	(11.9% - 16.1%)	13.8%	(13.4% - 14.1%)
% with lung cancer		1.6%	(1.1% - 2.2%)	2.1%	(2.0% - 2.2%)
% with hypothyroidism		20.1%	(18.4% - 21.7%)	21.1%	(20.8% - 21.4%)
% with anemia	B	43.0%	(41.0% - 45.1%)	52.2%	(51.9% - 52.6%)
% with benign prostatic hyperplasia		42.1%	(39.1% - 45.2%)	40.3%	(39.8% - 40.8%)
% with chronic kidney disease	B	19.7%	(18.0% - 21.4%)	23.3%	(23.0% - 23.6%)
Summary chronic disease measures					
% with 4+ chronic conditions	B	55.4%	(53.4% - 57.5%)	63.9%	(63.6% - 64.3%)
% with 0 chronic conditions		9.4%	(8.1% - 10.7%)	8.4%	(8.2% - 8.6%)
ACCESS TO CARE					
% with a regular doctor	B	98.2%	(97.3% - 99.2%)	96.5%	(96.1% - 97.0%)
% did not see a doctor when needed due to cost	b	4.1%	(2.7% - 5.5%)	6.3%	(5.7% - 6.8%)
SERVICE UTILIZATION					
Physician visits per year		7.8	(7.5 - 8.1)	8.0	(7.9 - 8.0)
Emergency room visits/1000 persons 65+ years per year	*	542	(493 - 592)	628	(618 - 638)
Part D monthly prescription fills per person per year	*	49.8	(48.2 - 51.4)	54.2	(53.9 - 54.4)
Home health visits per year		3.3	(2.7 - 3.9)	3.7	(3.6 - 3.9)
Durable medical equipment claims per year	*	1.5	(1.3 - 1.7)	2.0	(1.9 - 2.0)
Inpatient hospital stays/1000 persons 65+ years per year	*	242	(215 - 270)	284	(279 - 289)
Inpatient hospital readmissions (as % of admissions)		15.5%	(12.3% - 18.7%)	16.9%	(16.3% - 17.5%)
Skilled nursing facility stays/1000 persons 65+ years per year		85	(69 - 101)	100	(97 - 103)
COMMUNITY VARIABLE & CIVIC ENGAGEMENT					
% 60+ who are satisfied with neighborhood	B	87.0%	(84.2% - 89.8%)	80.0%	(78.9% - 81.1%)
% 60+ who believe local service orgs understand needs	B	54.1%	(49.4% - 58.7%)	44.1%	(42.7% - 45.6%)
% 60+ who believe he/she can make a difference	B	61.1%	(56.7% - 65.5%)	51.6%	(50.2% - 53.0%)
% 60+ who believe working together can make a difference		84.4%	(81.1% - 87.7%)	81.0%	(79.9% - 82.1%)
% 60+ who volunteer at least once per month	b	27.8%	(24.5% - 31.1%)	22.8%	(21.8% - 23.7%)
% 60+ who attend community events at least once per month	B	54.2%	(49.7% - 58.8%)	44.2%	(42.8% - 45.6%)

Notes. ¹ Community-state differences that the margins of error do not overlap each other are noted B, b, W, w, or *.

² All community and state margins of error are 95% confidence intervals, except when a lower case b or w is noted in which case 90% confidence intervals are used.

³ C indicates that the community rate is censored due to inadequate sample size.