

# Providence (Providence)

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE <sup>3</sup>	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
% of 60+ LGBT		3.0%	( 1.3% - 4.7% )	2.0%	( 1.6% - 2.4% )
Age-sex adjusted 1-year mortality rate		5.0%	( 4.6% - 5.3% )	4.8%	( 4.6% - 4.9% )
% 60+ lived at same address 25 years or more	*	41.8%	( 38.3% - 45.3% )	48.1%	( 47.0% - 49.3% )
<b>WELLNESS and PREVENTION</b>					
% any physical activity within last month		65.8%	( 62.0% - 69.7% )	70.0%	( 68.8% - 71.2% )
% injured by a fall within last year		11.8%	( 7.1% - 16.4% )	10.0%	( 8.7% - 11.3% )
% ever had a hip fracture		3.8%	( 3.4% - 4.3% )	3.9%	( 3.7% - 4.0% )
% with self-reported fair or poor health status	W	31.9%	( 28.1% - 35.7% )	20.4%	( 19.4% - 21.5% )
% with 15+ physically unhealthy days last month		16.5%	( 13.4% - 19.5% )	13.9%	( 13.0% - 14.8% )
% with physical exam/check-up in past year		90.5%	( 88.2% - 92.8% )	91.9%	( 91.2% - 92.6% )
% met CDC preventive health screening goals		36.3%	( 31.4% - 41.2% )	39.5%	( 38.0% - 41.1% )
% flu shot past year		56.8%	( 52.7% - 60.9% )	59.1%	( 57.8% - 60.4% )
% pneumonia vaccine	W	66.5%	( 61.8% - 71.2% )	73.8%	( 72.4% - 75.2% )
% shingles vaccine		26.8%	( 22.4% - 31.2% )	30.3%	( 28.7% - 31.8% )
% cholesterol screening		86.8%	( 84.2% - 89.4% )	88.4%	( 87.6% - 89.3% )
% mammogram within last 2 years (women)		83.3%	( 79.4% - 87.1% )	81.8%	( 80.4% - 83.1% )
% colorectal cancer screening	W	70.8%	( 66.9% - 74.7% )	76.1%	( 75.0% - 77.3% )
<b>Oral Health</b>					
% with complete tooth loss	W	39.2%	( 35.1% - 43.2% )	32.4%	( 31.2% - 33.6% )
% with annual dental exam	W	67.5%	( 63.7% - 71.3% )	74.7%	( 73.5% - 75.8% )
<b>NUTRITION / DIET</b>					
% with 5 or more servings of fruit or vegetables per day		25.3%	( 21.8% - 28.8% )	23.0%	( 21.9% - 24.1% )
% obese		26.4%	( 22.7% - 30.1% )	25.4%	( 24.2% - 26.5% )
% high cholesterol	B	75.1%	( 74.1% - 76.1% )	78.0%	( 77.7% - 78.3% )
% current smokers		11.5%	( 8.7% - 14.2% )	8.9%	( 8.2% - 9.7% )
% excessive drinking		7.8%	( 5.5% - 10.1% )	8.9%	( 8.1% - 9.6% )
<b>MENTAL HEALTH</b>					
% with 15+ days poor mental health last month	w	10.4%	( 8.1% - 12.6% )	7.5%	( 6.9% - 8.0% )
% 60+ talked with family or friends almost daily	W	67.2%	( 63.1% - 71.3% )	75.3%	( 74.1% - 76.5% )
% ever diagnosed with depression	W	34.0%	( 32.9% - 35.1% )	30.0%	( 29.7% - 30.3% )

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<b>CHRONIC DISEASE</b>					
% with Alzheimer's disease or related dementias	W	16.6%	( 15.7% - 17.5% )	14.4%	( 14.2% - 14.7% )
% with diabetes	W	40.4%	( 39.2% - 41.6% )	35.7%	( 35.4% - 36.1% )
% with stroke		12.3%	( 11.6% - 13.1% )	12.5%	( 12.2% - 12.7% )
% with chronic obstructive pulmonary disease	B	22.7%	( 21.8% - 23.7% )	24.1%	( 23.8% - 24.4% )
% with asthma	W	15.3%	( 14.5% - 16.1% )	14.0%	( 13.7% - 14.2% )
% with hypertension		78.6%	( 77.6% - 79.5% )	79.0%	( 78.8% - 79.3% )
% ever had a heart attack		4.9%	( 4.4% - 5.3% )	5.4%	( 5.3% - 5.6% )
% with ischemic heart disease		44.9%	( 43.7% - 46.1% )	45.9%	( 45.5% - 46.2% )
% with congestive heart failure		25.8%	( 24.7% - 26.8% )	24.8%	( 24.5% - 25.1% )
% with atrial fibrillation	B	12.7%	( 12.0% - 13.5% )	15.2%	( 15.0% - 15.5% )
% with osteoarthritis/rheumatoid arthritis	B	49.3%	( 48.0% - 50.5% )	52.0%	( 51.6% - 52.4% )
% with osteoporosis	W	22.4%	( 21.5% - 23.3% )	21.0%	( 20.7% - 21.3% )
% with glaucoma		26.5%	( 25.5% - 27.5% )	26.6%	( 26.2% - 26.9% )
% with cataract	B	64.7%	( 63.6% - 65.8% )	67.9%	( 67.6% - 68.2% )
% women with breast cancer		9.5%	( 8.7% - 10.4% )	10.7%	( 10.4% - 11.0% )
% with colon cancer	B	2.7%	( 2.3% - 3.1% )	3.2%	( 3.1% - 3.3% )
% men with prostate cancer		13.0%	( 11.9% - 14.2% )	13.8%	( 13.4% - 14.1% )
% with lung cancer		2.1%	( 1.8% - 2.4% )	2.1%	( 2.0% - 2.2% )
% with hypothyroidism	B	18.9%	( 18.0% - 19.7% )	21.1%	( 20.8% - 21.4% )
% with anemia		52.5%	( 51.4% - 53.6% )	52.2%	( 51.9% - 52.6% )
% with benign prostatic hyperplasia		38.9%	( 37.2% - 40.6% )	40.3%	( 39.8% - 40.8% )
% with chronic kidney disease	W	26.6%	( 25.6% - 27.7% )	23.3%	( 23.0% - 23.6% )
Summary chronic disease measures					
% with 4+ chronic conditions		64.5%	( 63.4% - 65.6% )	63.9%	( 63.6% - 64.3% )
% with 0 chronic conditions	B	9.5%	( 8.9% - 10.2% )	8.4%	( 8.2% - 8.6% )
<b>ACCESS TO CARE</b>					
% with a regular doctor	W	91.9%	( 89.7% - 94.2% )	96.5%	( 96.1% - 97.0% )
% did not see a doctor when needed due to cost	W	10.5%	( 7.9% - 13.1% )	6.3%	( 5.6% - 6.9% )
<b>SERVICE UTILIZATION</b>					
Physician visits per year	*	6.8	( 6.6 - 7.0 )	8.0	( 7.9 - 8.0 )
Emergency room visits/1000 persons 65+ years per year	*	744	( 706 - 783 )	628	( 618 - 638 )
Part D monthly prescription fills per person per year	*	56.9	( 56.1 - 57.7 )	54.2	( 53.9 - 54.4 )
Home health visits per year	*	4.4	( 4.0 - 4.8 )	3.7	( 3.6 - 3.9 )
Durable medical equipment claims per year	*	2.4	( 2.2 - 2.5 )	2.0	( 1.9 - 2.0 )
Inpatient hospital stays/1000 persons 65+ years per year		285	( 267 - 303 )	284	( 279 - 289 )
Inpatient hospital readmissions (as % of admissions)		17.5%	( 15.6% - 19.4% )	16.9%	( 16.3% - 17.5% )
Skilled nursing facility stays/1000 persons 65+ years per year		99	( 89 - 108 )	100	( 97 - 103 )
<b>COMMUNITY VARIABLE &amp; CIVIC ENGAGEMENT</b>					
% 60+ who are satisfied with neighborhood	W	63.7%	( 59.6% - 67.8% )	80.0%	( 78.9% - 81.1% )
% 60+ who believe local service orgs understand needs		39.4%	( 34.8% - 44.0% )	44.1%	( 42.7% - 45.6% )
% 60+ who believe he/she can make a difference		48.0%	( 43.7% - 52.4% )	51.6%	( 50.2% - 53.0% )
% 60+ who believe working together can make a difference		77.3%	( 73.6% - 80.9% )	81.0%	( 79.9% - 82.1% )
% 60+ who volunteer at least once per month		22.0%	( 18.4% - 25.6% )	22.8%	( 21.6% - 23.9% )
% 60+ who attend community events at least once per month		43.4%	( 39.1% - 47.8% )	44.2%	( 42.8% - 45.6% )

Notes. <sup>1</sup> Community-state differences that the margins of error do not overlap each other are noted B, b, W, w, or \*.

<sup>2</sup> All community and state margins of error are 95% confidence intervals, except when a lower case b or w is noted in which case 90% confidence intervals are used.

<sup>3</sup> C indicates that the community rate is censored due to inadequate sample size.