

## RHODE ISLAND HEALTHY AGING COMMUNITY DATA PROFILE

# Richmond (Washington)

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE <sup>3</sup>	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
% of 60+ LGBT		2.4%	( 1.2% - 3.5% )	2.0%	( 1.6% - 2.4% )
Age-sex adjusted 1-year mortality rate		4.9%	( 2.9% - 7.0% )	4.8%	( 4.6% - 4.9% )
% 60+ lived at same address 25 years or more		48.5%	( 42.7% - 54.2% )	48.1%	( 46.8% - 49.5% )
<b>WELLNESS and PREVENTION</b>					
% any physical activity within last month		72.2%	( 67.2% - 77.3% )	70.0%	( 68.8% - 71.2% )
% injured by a fall within last year		8.9%	( 3.6% - 14.2% )	10.0%	( 8.7% - 11.3% )
% ever had a hip fracture		4.7%	( 2.5% - 7.0% )	3.9%	( 3.7% - 4.0% )
% with self-reported fair or poor health status		18.5%	( 14.3% - 22.7% )	20.4%	( 19.4% - 21.5% )
% with 15+ physically unhealthy days last month		13.1%	( 9.6% - 16.5% )	13.9%	( 13.0% - 14.8% )
% with physical exam/check-up in past year		89.3%	( 85.9% - 92.7% )	91.9%	( 91.2% - 92.6% )
% met CDC preventive health screening goals		37.5%	( 31.0% - 43.9% )	39.5%	( 38.0% - 41.1% )
% flu shot past year		55.9%	( 50.4% - 61.5% )	59.1%	( 57.8% - 60.4% )
% pneumonia vaccine		73.3%	( 67.3% - 79.3% )	73.8%	( 72.4% - 75.2% )
% shingles vaccine		30.9%	( 24.4% - 37.3% )	30.3%	( 28.7% - 31.8% )
% cholesterol screening		84.0%	( 79.6% - 88.4% )	88.4%	( 87.6% - 89.3% )
% mammogram within last 2 years (women)		81.4%	( 75.4% - 87.3% )	81.8%	( 80.4% - 83.1% )
% colorectal cancer screening		78.3%	( 73.7% - 83.0% )	76.1%	( 75.0% - 77.3% )
<b>Oral Health</b>					
% with complete tooth loss		28.9%	( 24.0% - 33.8% )	32.4%	( 31.2% - 33.6% )
% with annual dental exam	B	81.0%	( 76.5% - 85.6% )	74.7%	( 73.5% - 75.8% )
<b>NUTRITION / DIET</b>					
% with 5 or more servings of fruit or vegetables per day		20.9%	( 16.2% - 25.7% )	23.0%	( 21.9% - 24.1% )
% obese		24.3%	( 19.6% - 29.0% )	25.4%	( 24.2% - 26.5% )
% high cholesterol	B	71.1%	( 66.0% - 76.3% )	78.0%	( 77.7% - 78.3% )
% current smokers		9.6%	( 6.0% - 13.3% )	8.9%	( 8.2% - 9.7% )
% excessive drinking		12.3%	( 8.6% - 16.0% )	8.9%	( 8.1% - 9.6% )
<b>MENTAL HEALTH</b>					
% with 15+ days poor mental health last month		7.5%	( 4.9% - 10.2% )	7.5%	( 6.8% - 8.1% )
% 60+ talked with family or friends almost daily		75.8%	( 70.8% - 80.8% )	75.3%	( 74.1% - 76.5% )
% ever diagnosed with depression	B	23.9%	( 19.2% - 28.6% )	30.0%	( 29.7% - 30.3% )

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<b>CHRONIC DISEASE</b>					
% with Alzheimer's disease or related dementias		16.6%	( 12.5% - 20.7% )	14.4%	( 14.2% - 14.7% )
% with diabetes		32.0%	( 26.5% - 37.5% )	35.7%	( 35.4% - 36.1% )
% with stroke		11.4%	( 7.9% - 14.8% )	12.5%	( 12.2% - 12.7% )
% with chronic obstructive pulmonary disease		25.7%	( 20.8% - 30.6% )	24.1%	( 23.8% - 24.4% )
% with asthma		11.0%	( 7.5% - 14.5% )	14.0%	( 13.7% - 14.2% )
% with hypertension		74.9%	( 70.0% - 79.9% )	79.0%	( 78.8% - 79.3% )
% ever had a heart attack		6.2%	( 3.6% - 8.8% )	5.4%	( 5.3% - 5.6% )
% with ischemic heart disease	B	39.5%	( 33.8% - 45.3% )	45.9%	( 45.5% - 46.2% )
% with congestive heart failure		23.9%	( 19.0% - 28.8% )	24.8%	( 24.5% - 25.1% )
% with atrial fibrillation		17.5%	( 13.3% - 21.7% )	15.2%	( 15.0% - 15.5% )
% with osteoarthritis/rheumatoid arthritis		51.1%	( 45.2% - 57.1% )	52.0%	( 51.6% - 52.4% )
% with osteoporosis	B	15.4%	( 11.6% - 19.3% )	21.0%	( 20.7% - 21.3% )
% with glaucoma		26.1%	( 21.3% - 31.0% )	26.6%	( 26.2% - 26.9% )
% with cataract		62.9%	( 57.4% - 68.4% )	67.9%	( 67.6% - 68.2% )
% women with breast cancer		11.5%	( 6.7% - 16.3% )	10.7%	( 10.4% - 11.0% )
% with colon cancer		4.0%	( 1.9% - 6.2% )	3.2%	( 3.1% - 3.3% )
% men with prostate cancer		12.8%	( 7.2% - 18.4% )	13.8%	( 13.4% - 14.1% )
% with lung cancer		2.2%	( 1.3% - 3.1% )	2.1%	( 2.0% - 2.2% )
% with hypothyroidism		17.1%	( 13.0% - 21.2% )	21.1%	( 20.8% - 21.4% )
% with anemia	B	45.6%	( 40.0% - 51.1% )	52.2%	( 51.9% - 52.6% )
% with benign prostatic hyperplasia		37.3%	( 29.3% - 45.4% )	40.3%	( 39.8% - 40.8% )
% with chronic kidney disease		21.2%	( 16.5% - 25.9% )	23.3%	( 23.0% - 23.6% )
Summary chronic disease measures					
% with 4+ chronic conditions		59.4%	( 53.8% - 64.9% )	63.9%	( 63.6% - 64.3% )
% with 0 chronic conditions		12.0%	( 8.3% - 15.8% )	8.4%	( 8.2% - 8.6% )
<b>ACCESS TO CARE</b>					
% with a regular doctor		96.3%	( 94.3% - 98.3% )	96.5%	( 96.1% - 97.0% )
% did not see a doctor when needed due to cost		5.8%	( 3.4% - 8.2% )	6.3%	( 5.6% - 6.9% )
<b>SERVICE UTILIZATION</b>					
Physician visits per year		7.2	( 6.3 - 8.0 )	8.0	( 7.9 - 8.0 )
Emergency room visits/1000 persons 65+ years per year		549	( 429 - 668 )	628	( 618 - 638 )
Part D monthly prescription fills per person per year		53.6	( 49.9 - 57.2 )	54.2	( 53.9 - 54.4 )
Home health visits per year		2.6	( 1.5 - 3.6 )	3.7	( 3.6 - 3.9 )
Durable medical equipment claims per year		1.7	( 1.1 - 2.2 )	2.0	( 1.9 - 2.0 )
Inpatient hospital stays/1000 persons 65+ years per year		271	( 188 - 353 )	284	( 279 - 289 )
Inpatient hospital readmissions (as % of admissions)		16.5%	( 9.0% - 24.0% )	16.9%	( 16.3% - 17.5% )
Skilled nursing facility stays/1000 persons 65+ years per year		92	( 45 - 139 )	100	( 97 - 103 )
<b>COMMUNITY VARIABLE &amp; CIVIC ENGAGEMENT</b>					
% 60+ who are satisfied with neighborhood		83.7%	( 79.4% - 87.9% )	80.0%	( 78.9% - 81.1% )
% 60+ who believe local service orgs understand needs		46.1%	( 39.9% - 52.4% )	44.1%	( 42.7% - 45.6% )
% 60+ who believe he/she can make a difference		52.9%	( 47.1% - 58.8% )	51.6%	( 50.2% - 53.0% )
% 60+ who believe working together can make a difference		79.1%	( 74.2% - 84.1% )	81.0%	( 79.9% - 82.1% )
% 60+ who volunteer at least once per month		22.9%	( 18.2% - 27.7% )	22.8%	( 21.6% - 23.9% )
% 60+ who attend community events at least once per month		47.9%	( 42.1% - 53.8% )	44.2%	( 42.8% - 45.6% )

Notes. <sup>1</sup> Community-state differences that the margins of error do not overlap each other are noted B, b, W, w, or \*.

<sup>2</sup> All community and state margins of error are 95% confidence intervals, except when a lower case b or w is noted in which case 90% confidence intervals are used.

<sup>3</sup> C indicates that the community rate is censored due to inadequate sample size.