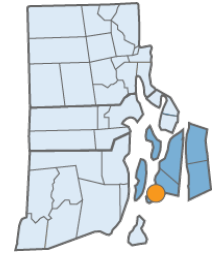**TUFTS**
Health Plan
F O U N D A T I O N

Newport (Newport)

Newport is a city with a population of 24,672, set on Aquidneck Island and known for the Gilded Age mansions lining Bellevue Avenue, some of which are now museums. About 15% of Newport residents are age 65 or older. With the exception of higher than state rates of excessive drinking and cataracts, older adults in Newport fare better than or similar to state estimates of most other health indicators. Child and Family Services, part of the state Aging and Disability Resource Center, the POINT Network, provides information, referral services and assessment services and case management for seniors receiving state-funded home and community services. Age-friendly community resources include the Dr. Martin Luther King Jr. Community Center, the Park Holm Senior Center and the Edward King House Senior Center which provides information sessions on topics such as pain management and wound care; discussion groups, and lifelong learning classes. Newport older adults are more likely than state estimates to be satisfied with their neighborhoods; believe that local service organizations "understand their needs" and that he or she "can make a difference" in the community; volunteer, and attend community events.

POPULATION CHARACTERISTICS	COMMUNITY ESTIMATE	STATE ESTIMATE
Total population all ages	24,672	1,052,567
Population 60 years or older as % of total population	21.1%	20.6%
Total population 60 years or older	5,133	217,066
Population 65 years or older as % of total population	14.7%	14.8%
Total population 65 years or older	3,568	155,558
% 65-74 years	55.5%	50.4%
% 75-84 years	27.4%	32.0%
% 85 years or older	17.0%	17.6%
Gender (65+ population)		
% female	57.3%	58.4%
Race/Ethnicity (65+ population)		
% White	90.1%	93.0%
% African American	5.5%	2.6%
% Asian	0.5%	1.3%
% Other	4.0%	3.2%
% Hispanic/Latino	0.4%	3.7%
Marital Status (65+ population)		
% married	45.6%	50.1%
% divorced/separated	23.5%	12.6%
% widowed	20.8%	30.8%
% never married	10.1%	6.4%
Education (65+ population)		
% with less than high school education	11.5%	26.8%
% with high school or some college	46.2%	50.7%
% with college degree	42.3%	22.5%
% of 60+ LGBT	1.2%	2.0%
% of 65+ population living alone	36.2%	30.4%
% of 65+ population who speak only English at home	91.2%	81.7%
% of 65+ population who are veterans of military service	25.5%	22.7%
Age-sex adjusted 1-year mortality rate	4.5%	4.8%

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE[1]	COMMUNITY ESTIMATE[2]	STATE ESTIMATE[2]
Geographic Migration (65+ population)			
% moved within same county		4.1%	3.5%
% moved from different county in Rhode Island		0.8%	0.8%
% moved from different state		1.4%	1.1%
% 60+ lived at same address 25 years or more		49.2%	48.1%
WELLNESS and PREVENTION			
% any physical activity within last month	B	78.7%	70.0%
% injured by a fall within last year		10.0%	10.0%
% ever had a hip fracture		3.8%	3.9%
% with self-reported fair or poor health status	b	16.3%	20.4%
% with 15+ physically unhealthy days last month		11.7%	13.9%
% with physical exam/check-up in past year		91.7%	91.9%
% met CDC preventive health screening goals		41.1%	39.5%
% flu shot past year		60.2%	59.1%
% pneumonia vaccine		74.9%	73.8%
% shingles vaccine		35.5%	30.3%
% cholesterol screening		87.2%	88.4%
% mammogram within last 2 years (women)		77.9%	81.8%
% colorectal cancer screening		78.9%	76.1%
Oral Health			
% with complete tooth loss	B	23.9%	32.4%
% with annual dental exam	B	84.7%	74.7%
# dentists per 100,000 persons (all ages)		73	58
NUTRITION/DIET			
% with 5 or more servings of fruit or vegetables per day		23.9%	23.0%
% obese		22.1%	25.4%
% high cholesterol	B	73.1%	78.0%
% current smokers		7.3%	8.9%
% excessive drinking	W	13.9%	8.9%
MENTAL HEALTH			
% with 15+ days poor mental health last month	B	4.8%	7.5%
% 60+ talked with family or friends almost daily		79.9%	75.3%
% ever diagnosed with depression	B	25.7%	30.0%
CHRONIC DISEASE			
% with Alzheimer's disease or related dementias	B	12.0%	14.4%
% with diabetes	B	28.7%	35.7%
% with stroke		12.5%	12.5%
% with chronic obstructive pulmonary disease		23.1%	24.1%
% with asthma		13.5%	14.0%

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE[1]	COMMUNITY ESTIMATE[2]	STATE ESTIMATE[2]
% with hypertension	B	72.4%	79.0%
% ever had a heart attack	B	3.9%	5.4%
% with ischemic heart disease	B	39.7%	45.9%
% with congestive heart failure	B	18.5%	24.8%
% with atrial fibrillation		14.9%	15.2%
% with osteoarthritis/rheumatoid arthritis	B	47.7%	52.0%
% with osteoporosis	B	17.1%	21.0%
% with glaucoma		26.1%	26.6%
% with cataract	W	71.1%	67.9%
% women with breast cancer		11.2%	10.7%
% with colon cancer		3.5%	3.2%
% men with prostate cancer		14.4%	13.8%
% with lung cancer		1.8%	2.1%
% with hypothyroidism		19.5%	21.1%
% with anemia	B	43.4%	52.2%
% with benign prostatic hyperplasia		43.5%	40.3%
% with chronic kidney disease	B	18.5%	23.3%
Summary chronic disease measures			
% with 4+ chronic conditions	B	56.5%	63.9%
% with 0 chronic conditions		9.8%	8.4%
LIVING WITH DISABILITY			
% 65+ with hearing difficulty		16.1%	13.8%
% 65+ with vision difficulty		7.1%	5.2%
% 65+ with cognition difficulty		6.7%	7.8%
% 65+ with ambulatory difficulty		17.4%	19.9%
% 65+ with self-care difficulty		5.7%	6.6%
% 65+ with independent living difficulty		12.9%	13.7%
ACCESS TO CARE			
Medicare (65+ population)			
% Medicare managed care enrollees	*	23.2%	39.4%
% dually eligible for Medicare and Medicaid	*	12.1%	14.6%
% with a regular doctor	B	98.2%	96.5%
% did not see a doctor when needed due to cost	b	4.1%	6.3%
# of primary care providers (within 5 miles)		54	1,566
# of hospitals (within 5 miles)		1	11
# of nursing homes (within 5 miles)		6	84
# of home health agencies (in same town)		12	38

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE[1]	COMMUNITY ESTIMATE[2]	STATE ESTIMATE[2]
SERVICE UTILIZATION			
Physician visits per year		8.0	8.0
Emergency room visits/1000 persons 65+ years per year		592	628
Part D monthly prescription fills per person per year	*	49.9	54.2
Home health visits per year	*	2.7	3.7
Durable medical equipment claims per year	*	1.5	2.0
Inpatient hospital stays/1000 persons 65+ years per year	*	217	284
Inpatient hospital readmissions (as % of admissions)		15.1%	16.9%
Skilled nursing facility stays/1000 persons 65+ years per year		83	100
Total skilled nursing home Medicare beds/1000 persons 65+ years		68	52
% 65+ getting Medicaid long term services and supports		5.4%	6.2%
COMMUNITY VARIABLES & CIVIC ENGAGEMENT			
Air Pollution/Air Quality Index			
Annual # of unhealthy days for older adults		0	NA
Walkability of Community			
Walkability score (0-100)		93	NA
% of vacant housing units in community		20.3%	11.3%
% 60+ who are satisfied with neighborhood	B	87.0%	80.0%
# of registered voters (age 18+)		14,254	725,309
Voter participation rate in 2012 presidential election (age 18+)		65.3%	61.5%
% 60+ who believe local service orgs understand needs	B	54.1%	44.1%
% 60+ who believe he/she can make a difference	B	61.1%	51.6%
% 60+ who believe working together can make a difference		84.4%	81.0%
% 60+ who volunteer at least once per month	b	27.8%	22.8%
% 60+ who attend community events (e.g., church, club) at least once per month	B	54.2%	44.2%
SAFETY AND TRANSPORTATION			
Violent crime rate / 100,000 persons		288	253
Property crime rate / 100,000 persons		2,019	2,394
# of motor vehicle fatalities involving adult age 60+/town		3	90
# of motor vehicle fatalities involving adult age 60+/county		20	90
# of alternative transportation programs by county		7	43
Municipal senior transportation available		No	NA
Volunteer driver programs available		NA	NA

HEALTHY AGING INDICATORS

	COMMUNITY ESTIMATE[2]	STATE ESTIMATE[2]
ECONOMIC AND FINANCIAL		
Poverty (65+ Population)		
% with income below the poverty level past year	7.3%	8.6%
% 60+ receiving food stamps past year	11.0%	11.9%
% 65+ working past year	25.3%	16.3%
Household income (65+ householder)		
% households with annual income < $20,000	24.1%	28.0%
% households with annual income $20,000-49,999	28.0%	34.2%
% households with annual income ≥ $50,000	47.9%	37.7%
% 60+ own home	44.1%	43.9%
% 60+ homeowners with mortgage	56.9%	45.3%

	$ COUNTY ESTIMATE	$ STATE ESTIMATE	RATIO OF COUNTY TO STATE
COST OF LIVING			
Elder Economic Security Standard Index			
Single, homeowner without mortgage, good health	$23,256	$22,188	1.05
Single, renter, good health	$24,996	$23,544	1.06
Couple, homeowner without mortgage, good health	$33,420	$32,352	1.03
Couple, renter, good health	$35,160	$33,708	1.04

TECHNICAL NOTES: Read our technical report for information on data sources and methodology at http://healthyagingdatareports.org/ri/technicalreport.
[1] For most indicators the community and state values are both statistical estimates derived from sample data. Thus, it is possible that some of the differences between state and community estimates may be due to chance associated with population sampling. We use the terms "better" and "worse" to highlight differences between community and state estimates that we are confident are not due to chance. When an upper case letter is used the 95% confidence intervals were used, the lowercase indicates a 90% confidence interval. When the implication for healthy aging is unclear we use an *.
[2] "C" indicates that the community rate is censored due to inadequate sample size and "NA" indicates that the data were not available.

Other notes:
- *We used a hierarchical approach to reporting estimates for every city/town in Rhode Island when data allow. In other cases, we could only report indicators for aggregated areas (e.g., cities and towns with similar demographic and socioeconomic population composition were combined for some indicators and counties were used for others). The same estimate is reported for all cities/towns within aggregated geographic areas.*
- *Total population estimates are from the 2010 Census and are reported for the 41 geographic units. Other population characteristic estimates are from the American Community Survey (ACS) (2009-2013) and are reported for 41 geographic units. Note that % may not add up to 100% due to rounding error.*
- *Mortality rate, specific chronic disease, access and utilization estimates are for beneficiaries 65 years or older in 2013 from the 2012 and 2013 Centers for Medicare and Medicaid Services (CMS) Master Beneficiary Summary File (MBSF).*
- *The 2009-2014 Behavioral Risk Factor Surveillance System (BRFSS) is the source for wellness, health behavior, and some prevention estimates. BRFSS indicators were estimated for persons 60 years or older for 14 aggregated geographic areas derived by combining cities and towns with similar population composition. The same rate is reported for all cities/towns within the same unit.*
- *Access to care data pertaining to the # of primary care providers, hospitals, nursing homes, and home health agencies were obtained from the following CMS websites:* http://www.medicare.gov/nursinghomecompare/search.html, http://www.medicare.gov/homehealthcompare/search.html, http://www.medicare.gov/hospitalcompare/search.html, http://www.medicare.gov/physiciancompare/results.html. *The dentist data come from the RI Department of Health (*http://www.health.ri.gov/find/oralhealthservices/*).*
- *Walkability Estimates were downloaded from* http://www.walkscore.com/ *using the finder term "city/town name, Rhode Island."*
- *Air pollution/air quality estimates are from the US Environmental Protection Agency reported for 3 RI counties for older adults with no specific health concerns (2015). The same rate is reported for cities/towns within the same county.*
- *2012 voter participation data from the Rhode Island Board of Elections.*
- *Crime estimates are from 2013 FBI Uniform Crime Reports (*http://www.fbi.gov/stats-services/crimestats*).*
- *Data on fatal auto (driver, passenger) and pedestrian accidents for persons age 60+ is from the Fatal Accident Reporting System of the National Highway Traffic Safety Administration (2009-2013), reported at the town and county level.*
- *The housing, migration, and income indicators are from the ACS (2009-2013) and are reported for individual cities/towns.*
- *The 2016 Elder Economic Security Standard Index estimates were obtained from researchers at the University of Massachusetts Boston Center for Social and Demographic Research on Aging.*
- *Our research team: Elizabeth Dugan, Frank Porell and Nina Silverstein. Graduate Student researchers included: Chae Man Lee, Hyo Jung Lee, Bon Kim, and Krystal Kittle. We thank Amanda Cox from the* NYTimes.com *for data visualizations; and Maureen Maigret for sharing data on municipal senior transportation and volunteer driver programs collected by Mensel & Maigret (April, 2016). Please send your questions, comments, or ideas to* beth.dugan@umb.edu. *Let us know how you are using the Data Report in your community!*

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