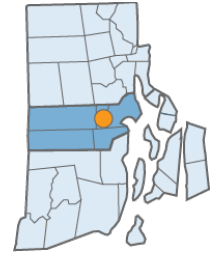# West Warwick (Kent)

West Warwick is a town in Kent County with a population of 29,191 of whom 15% are age 65 or older. With the exception of having a lower than state rate of glaucoma, West Warwick older adults fare worse than state estimates on several health indicators (less likely to have annual dental exams; higher rates of high cholesterol, diabetes, ischemic heart disease, congestive heart failure, osteoarthritis/rheumatoid arthritis anemia, and chronic kidney disease). The West Warwick Senior Center is a partner in the state Aging and Disabilities Resource Center, the Point Network, that provides older adults with informational and referral services. The West Bay Community Action Agency provides case management for seniors receiving state-funded home and community services. Age-friendly community resources include the West Warwick Public Library that offers computer classes for seniors as well as a book group. The West Warwick Senior Center offers weekday hot lunches, recreation, education, transportation and wellness for seniors. The center sponsors the 'Foster Grandparent Program,' which provides volunteer services to schools, nurseries and child care agencies throughout Rhode Island.

POPULATION CHARACTERISTICS

	COMMUNITY ESTIMATE	STATE ESTIMATE
Total population all ages	29,191	1,052,567
Population 60 years or older as % of total population	20.4%	20.6%
Total population 60 years or older	5,931	217,066
Population 65 years or older as % of total population	15.3%	14.8%
Total population 65 years or older	4,448	155,558
% 65-74 years	50.5%	50.4%
% 75-84 years	27.9%	32.0%
% 85 years or older	21.6%	17.6%
Gender (65+ population)		
% female	59.0%	58.4%
Race/Ethnicity (65+ population)		
% White	94.9%	93.0%
% African American	0.5%	2.6%
% Asian	1.6%	1.3%
% Other	3.0%	3.2%
% Hispanic/Latino	2.2%	3.7%
Marital Status (65+ population)		
% married	42.4%	50.1%
% divorced/separated	14.9%	12.6%
% widowed	34.3%	30.8%
% never married	8.4%	6.4%
Education (65+ population)		
% with less than high school education	27.5%	26.8%
% with high school or some college	51.8%	50.7%
% with college degree	20.7%	22.5%
% of 60+ LGBT	1.9%	2.0%
% of 65+ population living alone	31.3%	30.4%
% of 65+ population who speak only English at home	85.9%	81.7%
% of 65+ population who are veterans of military service	27.1%	22.7%
Age-sex adjusted 1-year mortality rate	4.7%	4.8%

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE[1]	COMMUNITY ESTIMATE[2]	STATE ESTIMATE[2]
Geographic Migration (65+ population)			
% moved within same county		3.5%	3.5%
% moved from different county in Rhode Island		1.8%	0.8%
% moved from different state		2.2%	1.1%
% 60+ lived at same address 25 years or more		48.3%	48.1%
WELLNESS and PREVENTION			
% any physical activity within last month		66.9%	70.0%
% injured by a fall within last year		7.1%	10.0%
% ever had a hip fracture		3.4%	3.9%
% with self-reported fair or poor health status		18.3%	20.4%
% with 15+ physically unhealthy days last month		13.6%	13.9%
% with physical exam/check-up in past year		93.1%	91.9%
% met CDC preventive health screening goals		38.6%	39.5%
% flu shot past year		60.6%	59.1%
% pneumonia vaccine		75.9%	73.8%
% shingles vaccine		28.7%	30.3%
% cholesterol screening		90.3%	88.4%
% mammogram within last 2 years (women)		80.3%	81.8%
% colorectal cancer screening		76.4%	76.1%
Oral Health			
% with complete tooth loss		35.9%	32.4%
% with annual dental exam	W	68.8%	74.7%
# dentists per 100,000 persons (all ages)		38	58
NUTRITION/DIET			
% with 5 or more servings of fruit or vegetables per day		20.0%	23.0%
% obese		26.8%	25.4%
% high cholesterol	W	80.1%	78.0%
% current smokers		10.4%	8.9%
% excessive drinking		7.7%	8.9%
MENTAL HEALTH			
% with 15+ days poor mental health last month		8.2%	7.5%
% 60+ talked with family or friends almost daily		76.6%	75.3%
% ever diagnosed with depression		30.9%	30.0%
CHRONIC DISEASE			
% with Alzheimer's disease or related dementias		13.5%	14.4%
% with diabetes	W	38.9%	35.7%
% with stroke		13.5%	12.5%
% with chronic obstructive pulmonary disease		24.0%	24.1%
% with asthma		13.2%	14.0%

HEALTHY AGING INDICATORS

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE[1]	COMMUNITY ESTIMATE[2]	STATE ESTIMATE[2]
% with hypertension		80.7%	79.0%
% ever had a heart attack		6.4%	5.4%
% with ischemic heart disease	W	54.6%	45.9%
% with congestive heart failure	W	27.4%	24.8%
% with atrial fibrillation		14.9%	15.2%
% with osteoarthritis/rheumatoid arthritis	W	56.2%	52.0%
% with osteoporosis		21.6%	21.0%
% with glaucoma	B	22.9%	26.6%
% with cataract		66.1%	67.9%
% women with breast cancer		10.9%	10.7%
% with colon cancer		3.8%	3.2%
% men with prostate cancer		13.1%	13.8%
% with lung cancer		1.8%	2.1%
% with hypothyroidism		21.2%	21.1%
% with anemia	W	56.7%	52.2%
% with benign prostatic hyperplasia		38.9%	40.3%
% with chronic kidney disease	W	27.0%	23.3%
Summary chronic disease measures			
% with 4+ chronic conditions	W	68.3%	63.9%
% with 0 chronic conditions		8.6%	8.4%
LIVING WITH DISABILITY			
% 65+ with hearing difficulty		14.8%	13.8%
% 65+ with vision difficulty		6.2%	5.2%
% 65+ with cognition difficulty		7.8%	7.8%
% 65+ with ambulatory difficulty		24.7%	19.9%
% 65+ with self-care difficulty		8.4%	6.6%
% 65+ with independent living difficulty		16.1%	13.7%
ACCESS TO CARE			
Medicare (65+ population)			
% Medicare managed care enrollees	*	45.3%	39.4%
% dually eligible for Medicare and Medicaid	*	12.6%	14.6%
% with a regular doctor		97.0%	96.5%
% did not see a doctor when needed due to cost		6.9%	6.3%
# of primary care providers (within 5 miles)		122	1,566
# of hospitals (within 5 miles)		1	11
# of nursing homes (within 5 miles)		7	84
# of home health agencies (in same town)		21	38

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE[1]	COMMUNITY ESTIMATE[2]	STATE ESTIMATE[2]
SERVICE UTILIZATION			
Physician visits per year		8.2	8.0
Emergency room visits/1000 persons 65+ years per year	*	717	628
Part D monthly prescription fills per person per year		54.3	54.2
Home health visits per year		3.4	3.7
Durable medical equipment claims per year		2.1	2.0
Inpatient hospital stays/1000 persons 65+ years per year		320	284
Inpatient hospital readmissions (as % of admissions)		16.9%	16.9%
Skilled nursing facility stays/1000 persons 65+ years per year		98	100
Total skilled nursing home Medicare beds/1000 persons 65+ years		26	52
% 65+ getting Medicaid long term services and supports		4.6%	6.2%
COMMUNITY VARIABLES & CIVIC ENGAGEMENT			
Air Pollution/Air Quality Index			
Annual # of unhealthy days for older adults		0	NA
Walkability of Community			
Walkability score (0-100)		73	NA
% of vacant housing units in community		9.7%	11.3%
% 60+ who are satisfied with neighborhood		77.1%	80.0%
# of registered voters (age 18+)		18,980	725,309
Voter participation rate in 2012 presidential election (age 18+)		60.9%	61.5%
% 60+ who believe local service orgs understand needs		41.0%	44.1%
% 60+ who believe he/she can make a difference		50.2%	51.6%
% 60+ who believe working together can make a difference		77.2%	81.0%
% 60+ who volunteer at least once per month		19.0%	22.8%
% 60+ who attend community events (e.g., church, club) at least once per month		41.1%	44.2%
SAFETY AND TRANSPORTATION			
Violent crime rate / 100,000 persons		115	253
Property crime rate / 100,000 persons		1,348	2,394
# of motor vehicle fatalities involving adult age 60+/town		1	90
# of motor vehicle fatalities involving adult age 60+/county		11	90
# of alternative transportation programs by county		15	43
Municipal senior transportation available		NA	NA
Volunteer driver programs available		NA	NA

HEALTHY AGING INDICATORS	COMMUNITY ESTIMATE[2]	STATE ESTIMATE[2]
ECONOMIC AND FINANCIAL		
Poverty (65+ Population)		
% with income below the poverty level past year	9.0%	8.6%
% 60+ receiving food stamps past year	11.4%	11.9%
% 65+ working past year	16.5%	16.3%
Household income (65+ householder)		
% households with annual income < $20,000	29.0%	28.0%
% households with annual income $20,000-49,999	41.8%	34.2%
% households with annual income ≥ $50,000	29.3%	37.7%
% 60+ own home	41.9%	43.9%
% 60+ homeowners with mortgage	43.9%	45.3%

COST OF LIVING	$ COUNTY ESTIMATE	$ STATE ESTIMATE	RATIO OF COUNTY TO STATE
Elder Economic Security Standard Index			
Single, homeowner without mortgage, good health	$22,092	$22,188	1.00
Single, renter, good health	$23,412	$23,544	0.99
Couple, homeowner without mortgage, good health	$32,256	$32,352	1.00
Couple, renter, good health	$33,576	$33,708	1.00

UMASS BOSTON