

## East Providence (Providence)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years	*	48.5%	[ 44.96% - 52.07% ]	55.6%	[ 54.85% - 56.28% ]
% 75-84 years		31.0%	[ 27.17% - 34.91% ]	28.9%	[ 28.18% - 29.72% ]
% 85 years or older	*	20.4%	[ 17.01% - 23.88% ]	15.5%	[ 14.95% - 16.02% ]
% 65+ population who are female		61.2%	[ 56.96% - 65.37% ]	57.2%	[ 56.30% - 58.00% ]
% 85+ population who are female		74.5%	[ 65.14% - 83.95% ]	69.7%	[ 68.05% - 71.40% ]
Race and ethnicity of the population 65+					
% White	*	87.9%	[ 87.56% - 88.22% ]	92.0%	[ 90.81% - 93.12% ]
% African American	*	5.9%	[ 3.79% - 8.01% ]	3.2%	[ 2.96% - 3.38% ]
% Asian		1.7%	[ 0.13% - 3.26% ]	1.6%	[ 1.42% - 1.77% ]
% Hispanic/Latino	*	0.2%	[ -0.36% - 0.83% ]	4.9%	[ 4.72% - 5.07% ]
Marital status of the population 65+					
% married	*	44.3%	[ 40.84% - 47.85% ]	51.3%	[ 50.78% - 51.78% ]
% divorced/separated		16.3%	[ 13.19% - 19.35% ]	15.7%	[ 15.00% - 16.37% ]
% widowed		29.4%	[ 25.44% - 33.41% ]	25.0%	[ 24.26% - 25.77% ]
% never married		10.0%	[ 7.41% - 12.51% ]	8.0%	[ 7.50% - 8.54% ]
Education of the population 65+					
% with less than high school education	*	27.0%	[ 22.86% - 31.24% ]	19.1%	[ 18.37% - 19.74% ]
% with high school or some college		54.5%	[ 50.43% - 58.62% ]	52.9%	[ 52.00% - 53.74% ]
% with college degree	*	10.4%	[ 8.05% - 12.79% ]	14.2%	[ 13.63% - 14.77% ]
% with graduate or professional degree	*	8.0%	[ 6.13% - 9.88% ]	13.9%	[ 13.32% - 14.43% ]
% of 65+ population who speak only English at home	*	76.5%	[ 74.86% - 78.18% ]	82.9%	[ 81.76% - 83.94% ]
% of 65+ population who are veterans of military service		16.1%	[ 13.37% - 18.79% ]	19.0%	[ 18.51% - 19.54% ]
% of 60+ who are LGBT		2.1%	[ 1.26% - 2.94% ]	2.8%	[ 2.34% - 3.25% ]
Age-sex adjusted 1-year mortality rate		4.6%	[ 4.19% - 5.04% ]	4.4%	[ 4.26% - 4.46% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		63.9%	[ 58.53% - 69.25% ]	63.0%	[ 61.81% - 64.29% ]
% 60+ doing any physical activity within last month		66.4%	[ 60.56% - 72.27% ]	71.0%	[ 69.74% - 72.20% ]
% 60+ met CDC guidelines for muscle-strengthening activity		21.7%	[ 16.93% - 26.50% ]	25.0%	[ 23.77% - 26.17% ]
% 60+ met CDC guidelines for aerobic physical activity		47.7%	[ 41.59% - 53.91% ]	54.3%	[ 52.92% - 55.67% ]
% 60+ with fair or poor health status		19.7%	[ 15.13% - 24.35% ]	19.5%	[ 18.47% - 20.56% ]
% 60+ with 15+ physically unhealthy days in last month		14.8%	[ 10.60% - 19.08% ]	14.5%	[ 13.57% - 15.46% ]

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<b>FALLS</b>					
% 60+ who fell within last year		31.2%	[ 26.05% - 36.28% ]	26.3%	[ 25.14% - 27.49% ]
% 60+ who were injured in a fall within last year		13.8%	[ 10.20% - 17.46% ]	10.3%	[ 9.54% - 11.14% ]
% 65+ had hip fracture		4.0%	[ 3.38% - 4.66% ]	3.4%	[ 3.27% - 3.52% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year		95.4%	[ 93.22% - 97.56% ]	93.0%	[ 92.31% - 93.64% ]
% 60+ flu shot in last year		62.5%	[ 56.16% - 68.90% ]	60.6%	[ 59.26% - 61.94% ]
% 60+ with pneumonia vaccine	B	76.6%	[ 71.30% - 81.93% ]	67.7%	[ 66.44% - 69.06% ]
% 60+ with shingles vaccine		37.2%	[ 31.77% - 42.63% ]	35.3%	[ 34.00% - 36.58% ]
% 60+ women with a mammogram within last 2 years		83.2%	[ 77.80% - 88.63% ]	82.0%	[ 80.65% - 83.43% ]
% 60+ with colorectal cancer screening		79.7%	[ 75.06% - 84.36% ]	77.8%	[ 76.64% - 78.95% ]
% 60+ with HIV test		14.7%	[ 10.25% - 19.07% ]	15.8%	[ 14.75% - 16.78% ]
% 60+ met CDC preventive health screening goals		40.9%	[ 34.05% - 47.65% ]	39.2%	[ 37.58% - 40.81% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		14.2%	[ 10.32% - 18.03% ]	18.1%	[ 17.07% - 19.17% ]
% 60+ stressed about buying food in last month		19.9%	[ 12.64% - 27.20% ]	13.2%	[ 12.09% - 14.36% ]
% 60+ self-reported obese		29.3%	[ 23.68% - 34.84% ]	26.8%	[ 25.56% - 27.98% ]
% 65+ clinically diagnosed obesity	W	32.2%	[ 30.50% - 33.85% ]	29.3%	[ 28.94% - 29.63% ]
% 65+ with high cholesterol	W	81.4%	[ 80.03% - 82.74% ]	79.1%	[ 78.78% - 79.38% ]
% 60+ with cholesterol screening		97.5%	[ 95.79% - 99.22% ]	96.9%	[ 96.44% - 97.40% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance		49.8%	[ 44.15% - 55.37% ]	56.3%	[ 54.99% - 57.64% ]
% 60+ with annual dental exam	W	68.6%	[ 63.31% - 73.88% ]	75.9%	[ 74.78% - 77.08% ]
% 60+ with loss of 6 or more teeth		33.2%	[ 27.96% - 38.43% ]	29.6%	[ 28.37% - 30.83% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias	W	15.2%	[ 14.02% - 16.47% ]	13.1%	[ 12.86% - 13.34% ]
% 65+ with anemia	W	55.5%	[ 53.83% - 57.23% ]	50.0%	[ 49.62% - 50.33% ]
% 65+ with asthma	W	17.7%	[ 16.40% - 18.99% ]	14.9%	[ 14.68% - 15.18% ]
% 65+ with atrial fibrillation		15.5%	[ 14.31% - 16.72% ]	15.0%	[ 14.72% - 15.22% ]
% 65+ with autism spectrum disorder		N/A		0.04%	[ 0.03% - 0.06% ]
% 65+ with benign prostatic hyperplasia (men)		43.5%	[ 40.84% - 46.09% ]	42.2%	[ 41.66% - 42.72% ]
% 65+ with breast cancer (women)		11.3%	[ 9.90% - 12.68% ]	11.1%	[ 10.80% - 11.39% ]
% 65+ with cataract		66.7%	[ 65.10% - 68.36% ]	67.5%	[ 67.15% - 67.83% ]
% 65+ with chronic kidney disease	W	34.3%	[ 32.62% - 35.97% ]	30.7%	[ 30.38% - 31.07% ]
% 65+ with chronic obstructive pulmonary disease	W	25.8%	[ 24.36% - 27.31% ]	22.9%	[ 22.64% - 23.23% ]
% 65+ with colon cancer		2.6%	[ 2.10% - 3.17% ]	2.7%	[ 2.58% - 2.80% ]
% 65+ with congestive heart failure	W	24.0%	[ 22.54% - 25.51% ]	21.6%	[ 21.33% - 21.93% ]
% 65+ with diabetes	W	39.5%	[ 37.73% - 41.21% ]	34.7%	[ 34.30% - 35.01% ]
% 65+ with endometrial cancer (women)		2.2%	[ 1.51% - 2.81% ]	1.9%	[ 1.81% - 2.07% ]

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% 65+ with epilepsy		3.2%	[ 2.58% - 3.87% ]	2.9%	[ 2.82% - 3.08% ]
% 65+ with fibromyalgia, chronic pain and fatigue		24.8%	[ 23.23% - 26.30% ]	25.4%	[ 25.09% - 25.74% ]
% 65+ with glaucoma		27.8%	[ 26.34% - 29.35% ]	27.0%	[ 26.70% - 27.32% ]
% 65+ ever had a heart attack	W	6.8%	[ 5.99% - 7.68% ]	5.8%	[ 5.63% - 5.95% ]
% 65+ with HIV/AIDS		0.1%	[ 0.05% - 0.16% ]	0.12%	[ 0.10% - 0.15% ]
% 65+ with hypertension	W	81.6%	[ 80.29% - 83.00% ]	78.0%	[ 77.73% - 78.33% ]
% 65+ with hypothyroidism		24.0%	[ 22.54% - 25.43% ]	22.4%	[ 22.09% - 22.68% ]
% 65+ with ischemic heart disease	W	44.3%	[ 42.51% - 46.04% ]	41.8%	[ 41.39% - 42.13% ]
% 65+ with leukemias and lymphomas		2.8%	[ 2.19% - 3.36% ]	2.7%	[ 2.59% - 2.83% ]
% 65+ with liver disease		10.6%	[ 9.52% - 11.70% ]	9.9%	[ 9.71% - 10.16% ]
% 65+ with lung cancer		1.9%	[ 1.47% - 2.38% ]	2.1%	[ 1.97% - 2.17% ]
% 65+ with migraine and other chronic headache		6.7%	[ 5.81% - 7.63% ]	6.1%	[ 5.94% - 6.31% ]
% 65+ with osteoarthritis or rheumatoid arthritis		56.2%	[ 54.46% - 58.04% ]	56.2%	[ 55.78% - 56.54% ]
% 65+ with osteoporosis		20.2%	[ 18.87% - 21.55% ]	19.6%	[ 19.29% - 19.85% ]
% 65+ with peripheral vascular disease	W	29.1%	[ 27.51% - 30.67% ]	25.6%	[ 25.29% - 25.92% ]
% 65+ with pressure ulcer or chronic ulcer		9.3%	[ 8.30% - 10.30% ]	8.1%	[ 7.94% - 8.33% ]
% 65+ with prostate cancer (men)		14.4%	[ 12.53% - 16.20% ]	13.4%	[ 13.09% - 13.81% ]
% 65+ with stroke		12.6%	[ 11.47% - 13.67% ]	11.9%	[ 11.65% - 12.09% ]
% 65+ with traumatic brain injury		1.3%	[ 0.92% - 1.70% ]	1.0%	[ 0.96% - 1.11% ]
% 65+ with 4+ (out of 15) chronic conditions	W	69.2%	[ 67.57% - 70.77% ]	63.8%	[ 63.47% - 64.16% ]
% 65+ with 0 chronic conditions		6.2%	[ 5.36% - 7.07% ]	7.0%	[ 6.77% - 7.15% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder		1.9%	[ 1.38% - 2.38% ]	1.9%	[ 1.75% - 1.96% ]
% 65+ with substance use disorder		7.4%	[ 6.47% - 8.41% ]	7.0%	[ 6.76% - 7.15% ]
% 60+ who used marijuana in last month		N/A		3.4%	[ 2.52% - 4.26% ]
% 60+ excessive drinking		9.5%	[ 5.61% - 13.44% ]	9.3%	[ 8.54% - 10.16% ]
% 65+ with tobacco use disorder		11.1%	[ 9.96% - 12.25% ]	10.8%	[ 10.58% - 11.06% ]
% 60+ current smokers		10.4%	[ 6.58% - 14.16% ]	8.7%	[ 7.98% - 9.51% ]
% 60+ ever used E-Cigarettes in last month		6.3%	[ 3.04% - 9.65% ]	5.8%	[ 5.14% - 6.42% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support		80.2%	[ 74.92% - 85.42% ]	79.7%	[ 78.56% - 80.78% ]
% 60+ who reported being satisfied with life		94.8%	[ 91.94% - 97.64% ]	95.3%	[ 94.67% - 95.87% ]
% 60+ with 15+ days poor mental health in last month		7.3%	[ 4.34% - 10.22% ]	7.4%	[ 6.70% - 8.03% ]
% 65+ with depression	W	36.9%	[ 35.28% - 38.56% ]	32.9%	[ 32.60% - 33.26% ]
% 65+ with anxiety disorder	W	34.9%	[ 33.17% - 36.57% ]	29.8%	[ 29.48% - 30.17% ]
% 65+ with bipolar disorder		5.0%	[ 4.19% - 5.78% ]	4.1%	[ 3.93% - 4.23% ]
% 65+ with post-traumatic stress disorder		1.6%	[ 1.13% - 2.09% ]	1.7%	[ 1.60% - 1.81% ]
% 65+ with schizophrenia & other psychotic disorder		4.5%	[ 3.74% - 5.22% ]	3.8%	[ 3.61% - 3.89% ]
% 65+ with personality disorder		3.1%	[ 2.45% - 3.70% ]	2.8%	[ 2.66% - 2.91% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		11.4%	[ 8.53% - 14.22% ]	13.9%	[ 13.26% - 14.57% ]
% 65+ with clinical diagnosis of deafness or hearing impairment		17.0%	[ 15.67% - 18.26% ]	16.4%	[ 16.17% - 16.70% ]
% 65+ with self-reported vision difficulty		4.8%	[ 2.80% - 6.76% ]	5.5%	[ 5.03% - 5.95% ]
% 65+ with clinical diagnosis of blindness or visual impairment		1.1%	[ 0.75% - 1.45% ]	1.1%	[ 0.98% - 1.13% ]
% 65+ with self-reported cognition difficulty		10.3%	[ 7.20% - 13.40% ]	8.2%	[ 7.63% - 8.74% ]
% 65+ with self-reported ambulatory difficulty		23.1%	[ 19.34% - 26.95% ]	21.0%	[ 20.21% - 21.76% ]
% 65+ with clinical diagnosis of mobility impairment		4.5%	[ 3.77% - 5.22% ]	3.8%	[ 3.64% - 3.92% ]
% 65+ with self-reported self-care difficulty		9.0%	[ 6.20% - 11.75% ]	8.0%	[ 7.40% - 8.50% ]
% 65+ with self-reported independent living difficulty		16.6%	[ 12.96% - 20.24% ]	14.3%	[ 13.63% - 15.03% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		27.3%	[ 22.65% - 31.95% ]	22.5%	[ 20.54% - 24.54% ]
% of grandparents raising grandchildren		0.6%	[ 0.16% - 1.02% ]	1.0%	[ 0.84% - 1.08% ]
% of grandparents who live with grandchildren		2.7%	[ 1.80% - 3.63% ]	3.2%	[ 2.94% - 3.38% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid		14.3%	[ 13.62% - 15.02% ]	13.8%	[ 13.62% - 13.94% ]
% 65+ Medicare managed care enrollees	*	53.1%	[ 52.09% - 54.08% ]	43.8%	[ 43.55% - 44.00% ]
% 60+ with a regular doctor		97.9%	[ 96.49% - 99.31% ]	96.7%	[ 96.19% - 97.16% ]
% 60+ who did not see a doctor when needed due to cost		5.6%	[ 2.46% - 8.67% ]	5.4%	[ 4.75% - 5.98% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year		8.4	[ 8.12 - 8.64 ]	8.4	[ 8.31 - 8.41 ]
# emergency room visits/1000 persons 65+ years annually		655.5	[ 608.29 - 702.67 ]	620.6	[ 609.83 - 631.28 ]
# Part D monthly prescription fills per person annually	*	56.5	[ 55.58 - 57.45 ]	52.2	[ 51.99 - 52.42 ]
# home health visits annually	*	4.2	[ 3.69 - 4.78 ]	3.5	[ 3.40 - 3.61 ]
# durable medical equipment claims annually		1.9	[ 1.66 - 2.06 ]	1.7	[ 1.69 - 1.76 ]
# inpatient hospital stays/1000 persons 65+ years annually	*	332.2	[ 303.96 - 360.35 ]	286.5	[ 281.04 - 291.96 ]
% Medicare inpatient hospital readmissions (as % of admissions)		16.5%	[ 14.08% - 19.01% ]	17.4%	[ 16.81% - 17.98% ]
# skilled nursing facility stays/1000 persons 65+ years annually	*	125.9	[ 109.88 - 141.93 ]	98.8	[ 95.83 - 101.70 ]
% 65+ getting Medicaid long term services and supports		4.6%	[ 4.19% - 5.03% ]	4.2%	[ 4.12% - 4.31% ]
% 65+ hospice users	*	4.4%	[ 3.97% - 4.84% ]	3.5%	[ 3.45% - 3.63% ]
% 65+ hospice users as % of decedents		57.5%	[ 52.79% - 62.21% ]	53.0%	[ 51.86% - 54.20% ]
Median hospice days per hospice user (65+, deceased)		11.0	[ 9.0 - 16.0 ]	11.0	[ 11.0 - 12.0 ]
Median hospice payment (Medicare + other) per hospice user		\$4,171	[ \$3,771 - \$4,958 ]	\$3,871	[ \$3,743 - \$4,011 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month		65.2%	[ 59.24% - 71.10% ]	71.6%	[ 70.41% - 72.82% ]
% 60+ who believe local service orgs understand needs		39.3%	[ 33.25% - 45.39% ]	44.1%	[ 42.62% - 45.57% ]
% 60+ who believe he/she can make a difference		48.7%	[ 42.87% - 54.56% ]	52.2%	[ 50.76% - 53.55% ]
% 60+ who believe working together can make a difference		82.7%	[ 78.66% - 86.81% ]	81.0%	[ 79.85% - 82.05% ]
% 60+ who volunteer at least once per month	*	17.6%	[ 13.72% - 21.44% ]	22.9%	[ 21.76% - 24.05% ]
% 60+ who attend community events (church, club) monthly		40.5%	[ 34.84% - 46.17% ]	44.4%	[ 42.96% - 45.75% ]

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<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle	*	80.5%	[ 79.02% - 81.94% ]	85.0%	[ 84.54% - 85.42% ]
% 60+ who always drive or ride wearing a seatbelt		91.5%	[ 86.82% - 96.18% ]	91.9%	[ 91.08% - 92.66% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.0%	[ 1.44% - 2.48% ]
<b>HOUSING</b>					
% 65+ population who live alone		34.9%	[ 31.96% - 37.90% ]	31.4%	[ 30.79% - 32.10% ]
% 60+ own home		68.1%	[ 65.47% - 70.80% ]	70.3%	[ 69.85% - 70.73% ]
% 60+ homeowners who have mortgage		49.5%	[ 44.29% - 54.64% ]	48.7%	[ 47.71% - 49.72% ]
% 60+ stressed about paying rent/mortgage in last month		17.5%	[ 13.56% - 21.44% ]	22.1%	[ 20.02% - 24.09% ]
% 65+ households (renter) spend >35% of income on housing		40.7%	[ 32.60% - 48.89% ]	39.2%	[ 36.98% - 41.48% ]
% 65+ households (owner) spend >35% of income on housing	*	30.8%	[ 6.63% - 11.45% ]	27.6%	[ 26.49% - 28.80% ]
% 65+ moved within same county in last year		4.0%	[ 1.88% - 6.10% ]	3.6%	[ 3.20% - 3.93% ]
% 65+ moved from different county in last year		0.7%	[ -0.06% - 1.36% ]	1.0%	[ 0.79% - 1.17% ]
% 65+ moved from different state in last year		1.3%	[ 0.23% - 2.28% ]	1.1%	[ 0.88% - 1.33% ]
% of vacant homes in community	*	5.0%	[ 3.44% - 6.65% ]	12.1%	[ 11.62% - 12.58% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year		14.6%	[ 0.16% - 29.01% ]	15.0%	[ -0.18% - 30.16% ]
% 65+ employed in last year	*	17.1%	[ 14.48% - 19.72% ]	21.9%	[ 21.25% - 22.51% ]
% 65+ with income below the poverty line in last year		9.0%	[ 6.63% - 11.44% ]	9.5%	[ 8.98% - 10.07% ]
% 65+ households with annual income < \$20,000		28.4%	[ 23.08% - 33.72% ]	24.3%	[ 23.28% - 25.36% ]
% 65+ households with annual income \$20,000-\$49,999		36.9%	[ 32.18% - 41.55% ]	32.2%	[ 31.06% - 33.39% ]
% 65+ households with annual income \$50,000-\$99,999		21.0%	[ 16.77% - 25.14% ]	24.8%	[ 23.82% - 25.70% ]
% 65+ households with annual income \$100,000+	*	13.8%	[ 10.29% - 17.26% ]	18.7%	[ 17.91% - 19.47% ]

Notes. <sup>1</sup> Community-state differences where the margin of error do not overlap each other are noted B, W, or \*.

<sup>2</sup> All community and state margins of error are 95% confidence intervals.

Questions or suggestions? Beth.Dugan@umb.edu