

Lincoln (Providence)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years	*	48.3%	[42.32% - 54.30%]	55.6%	[54.85% - 56.28%]
% 75-84 years		35.0%	[29.55% - 40.49%]	28.9%	[28.18% - 29.72%]
% 85 years or older		16.7%	[12.34% - 21.00%]	15.5%	[14.95% - 16.02%]
% 65+ population who are female		57.5%	[51.67% - 63.38%]	57.2%	[56.30% - 58.00%]
% 85+ population who are female		78.7%	[65.19% - 92.27%]	69.7%	[68.05% - 71.40%]
Race and ethnicity of the population 65+					
% White		96.9%	[92.62% - 101.26%]	92.0%	[90.81% - 93.12%]
% African American	*	0.2%	[-1.39% - 1.83%]	3.2%	[2.96% - 3.38%]
% Asian		1.4%	[-0.67% - 3.52%]	1.6%	[1.42% - 1.77%]
% Hispanic/Latino		2.0%	[-0.86% - 4.77%]	4.9%	[4.72% - 5.07%]
Marital status of the population 65+					
% married		52.4%	[48.27% - 56.51%]	51.3%	[50.78% - 51.78%]
% divorced/separated		14.0%	[8.64% - 19.38%]	15.7%	[15.00% - 16.37%]
% widowed		26.0%	[20.51% - 31.44%]	25.0%	[24.26% - 25.77%]
% never married		7.6%	[3.24% - 12.01%]	8.0%	[7.50% - 8.54%]
Education of the population 65+					
% with less than high school education		18.9%	[14.54% - 23.23%]	19.1%	[18.37% - 19.74%]
% with high school or some college		55.0%	[47.59% - 62.44%]	52.9%	[52.00% - 53.74%]
% with college degree		14.4%	[9.94% - 18.76%]	14.2%	[13.63% - 14.77%]
% with graduate or professional degree		11.7%	[7.88% - 15.62%]	13.9%	[13.32% - 14.43%]
% of 65+ population who speak only English at home		80.7%	[77.27% - 84.14%]	82.9%	[81.76% - 83.94%]
% of 65+ population who are veterans of military service		16.8%	[12.83% - 20.84%]	19.0%	[18.51% - 19.54%]
% of 60+ who are LGBT		3.5%	[2.65% - 4.44%]	2.8%	[2.34% - 3.25%]
Age-sex adjusted 1-year mortality rate		4.3%	[3.70% - 4.96%]	4.4%	[4.26% - 4.46%]
WELLNESS					
% 60+ getting the recommended hours of sleep		64.8%	[60.88% - 68.69%]	63.0%	[61.81% - 64.29%]
% 60+ doing any physical activity within last month		71.1%	[67.22% - 74.96%]	71.0%	[69.74% - 72.20%]
% 60+ met CDC guidelines for muscle-strengthening activity		23.6%	[19.85% - 27.27%]	25.0%	[23.77% - 26.17%]
% 60+ met CDC guidelines for aerobic physical activity		54.9%	[50.63% - 59.19%]	54.3%	[52.92% - 55.67%]
% 60+ with fair or poor health status		18.6%	[15.25% - 21.98%]	19.5%	[18.47% - 20.56%]
% 60+ with 15+ physically unhealthy days in last month		13.2%	[10.28% - 16.19%]	14.5%	[13.57% - 15.46%]

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FALLS					
% 60+ who fell within last year		22.4%	[18.83% - 25.94%]	26.3%	[25.14% - 27.49%]
% 60+ who were injured in a fall within last year		8.3%	[6.02% - 10.58%]	10.3%	[9.54% - 11.14%]
% 65+ had hip fracture		3.2%	[2.40% - 4.03%]	3.4%	[3.27% - 3.52%]
PREVENTION					
% 60+ with physical exam/check-up in last year		95.4%	[93.58% - 97.21%]	93.0%	[92.31% - 93.64%]
% 60+ flu shot in last year		62.0%	[57.80% - 66.28%]	60.6%	[59.26% - 61.94%]
% 60+ with pneumonia vaccine		71.9%	[67.80% - 75.93%]	67.7%	[66.44% - 69.06%]
% 60+ with shingles vaccine		36.2%	[32.05% - 40.41%]	35.3%	[34.00% - 36.58%]
% 60+ women with a mammogram within last 2 years		81.0%	[76.59% - 85.44%]	82.0%	[80.65% - 83.43%]
% 60+ with colorectal cancer screening		76.3%	[72.50% - 80.10%]	77.8%	[76.64% - 78.95%]
% 60+ with HIV test	*	10.4%	[7.86% - 12.91%]	15.8%	[14.75% - 16.78%]
% 60+ met CDC preventive health screening goals		41.0%	[35.94% - 46.03%]	39.2%	[37.58% - 40.81%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		18.9%	[15.48% - 22.32%]	18.1%	[17.07% - 19.17%]
% 60+ stressed about buying food in last month		10.1%	[7.02% - 13.08%]	13.2%	[12.09% - 14.36%]
% 60+ self-reported obese		27.1%	[23.20% - 31.05%]	26.8%	[25.56% - 27.98%]
% 65+ clinically diagnosed obesity		31.3%	[28.89% - 33.68%]	29.3%	[28.94% - 29.63%]
% 65+ with high cholesterol	W	82.2%	[80.22% - 84.09%]	79.1%	[78.78% - 79.38%]
% 60+ with cholesterol screening		97.8%	[96.50% - 99.14%]	96.9%	[96.44% - 97.40%]
ORAL HEALTH					
% 60+ with dental insurance		55.7%	[51.49% - 60.01%]	56.3%	[54.99% - 57.64%]
% 60+ with annual dental exam	B	80.8%	[77.40% - 84.15%]	75.9%	[74.78% - 77.08%]
% 60+ with loss of 6 or more teeth		26.4%	[22.66% - 30.20%]	29.6%	[28.37% - 30.83%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		12.7%	[11.10% - 14.33%]	13.1%	[12.86% - 13.34%]
% 65+ with anemia		49.3%	[46.92% - 51.78%]	50.0%	[49.62% - 50.33%]
% 65+ with asthma		15.2%	[13.52% - 16.94%]	14.9%	[14.68% - 15.18%]
% 65+ with atrial fibrillation		14.7%	[13.04% - 16.37%]	15.0%	[14.72% - 15.22%]
% 65+ with autism spectrum disorder		N/A		0.04%	[0.03% - 0.06%]
% 65+ with benign prostatic hyperplasia (men)		41.8%	[38.12% - 45.40%]	42.2%	[41.66% - 42.72%]
% 65+ with breast cancer (women)		10.1%	[8.17% - 11.96%]	11.1%	[10.80% - 11.39%]
% 65+ with cataract		68.1%	[65.73% - 70.38%]	67.5%	[67.15% - 67.83%]
% 65+ with chronic kidney disease		31.4%	[29.08% - 33.79%]	30.7%	[30.38% - 31.07%]
% 65+ with chronic obstructive pulmonary disease		21.9%	[19.97% - 23.90%]	22.9%	[22.64% - 23.23%]
% 65+ with colon cancer		2.4%	[1.73% - 3.14%]	2.7%	[2.58% - 2.80%]
% 65+ with congestive heart failure		22.1%	[20.00% - 24.11%]	21.6%	[21.33% - 21.93%]
% 65+ with diabetes		34.5%	[32.11% - 36.98%]	34.7%	[34.30% - 35.01%]
% 65+ with endometrial cancer (women)		1.3%	[0.59% - 2.03%]	1.9%	[1.81% - 2.07%]

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% 65+ with epilepsy		2.6% [1.79% - 3.50%]		2.9% [2.82% - 3.08%]	
% 65+ with fibromyalgia, chronic pain and fatigue		23.4% [21.28% - 25.59%]		25.4% [25.09% - 25.74%]	
% 65+ with glaucoma		26.4% [24.33% - 28.55%]		27.0% [26.70% - 27.32%]	
% 65+ ever had a heart attack		5.6% [4.55% - 6.72%]		5.8% [5.63% - 5.95%]	
% 65+ with HIV/AIDS		0.1% [0.05% - 0.14%]		0.12% [0.10% - 0.15%]	
% 65+ with hypertension		77.5% [75.43% - 79.64%]		78.0% [77.73% - 78.33%]	
% 65+ with hypothyroidism		22.5% [20.50% - 24.51%]		22.4% [22.09% - 22.68%]	
% 65+ with ischemic heart disease		42.4% [39.85% - 44.91%]		41.8% [41.39% - 42.13%]	
% 65+ with leukemias and lymphomas		2.6% [1.79% - 3.43%]		2.7% [2.59% - 2.83%]	
% 65+ with liver disease		8.8% [7.31% - 10.22%]		9.9% [9.71% - 10.16%]	
% 65+ with lung cancer		2.2% [1.54% - 2.93%]		2.1% [1.97% - 2.17%]	
% 65+ with migraine and other chronic headache		5.5% [4.32% - 6.72%]		6.1% [5.94% - 6.31%]	
% 65+ with osteoarthritis or rheumatoid arthritis		56.4% [53.75% - 58.96%]		56.2% [55.78% - 56.54%]	
% 65+ with osteoporosis		20.4% [18.45% - 22.28%]		19.6% [19.29% - 19.85%]	
% 65+ with peripheral vascular disease		26.8% [24.65% - 29.03%]		25.6% [25.29% - 25.92%]	
% 65+ with pressure ulcer or chronic ulcer		7.4% [6.07% - 8.67%]		8.1% [7.94% - 8.33%]	
% 65+ with prostate cancer (men)		13.6% [11.16% - 16.09%]		13.4% [13.09% - 13.81%]	
% 65+ with stroke		11.2% [9.70% - 12.69%]		11.9% [11.65% - 12.09%]	
% 65+ with traumatic brain injury		1.3% [0.72% - 1.92%]		1.0% [0.96% - 1.11%]	
% 65+ with 4+ (out of 15) chronic conditions		64.1% [61.68% - 66.44%]		63.8% [63.47% - 64.16%]	
% 65+ with 0 chronic conditions		6.4% [5.12% - 7.66%]		7.0% [6.77% - 7.15%]	
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		1.2% [0.64% - 1.76%]		1.9% [1.75% - 1.96%]	
% 65+ with substance use disorder		5.7% [4.51% - 6.89%]		7.0% [6.76% - 7.15%]	
% 60+ who used marijuana in last month		N/A		3.4% [2.52% - 4.26%]	
% 60+ excessive drinking		9.7% [6.95% - 12.46%]		9.3% [8.54% - 10.16%]	
% 65+ with tobacco use disorder	B	6.9% [5.64% - 8.22%]		10.8% [10.58% - 11.06%]	
% 60+ current smokers		6.1% [4.01% - 8.23%]		8.7% [7.98% - 9.51%]	
% 60+ ever used E-Cigarettes in last month		4.9% [2.83% - 6.97%]		5.8% [5.14% - 6.42%]	
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		82.7% [79.24% - 86.06%]		79.7% [78.56% - 80.78%]	
% 60+ who reported being satisfied with life		96.4% [94.78% - 98.05%]		95.3% [94.67% - 95.87%]	
% 60+ with 15+ days poor mental health in last month	B	4.6% [2.99% - 6.12%]		7.4% [6.70% - 8.03%]	
% 65+ with depression		32.2% [29.92% - 34.44%]		32.9% [32.60% - 33.26%]	
% 65+ with anxiety disorder		28.1% [25.75% - 30.37%]		29.8% [29.48% - 30.17%]	
% 65+ with bipolar disorder		3.5% [2.48% - 4.45%]		4.1% [3.93% - 4.23%]	
% 65+ with post-traumatic stress disorder		1.4% [0.73% - 2.04%]		1.7% [1.60% - 1.81%]	
% 65+ with schizophrenia & other psychotic disorder		3.0% [2.13% - 3.79%]		3.8% [3.61% - 3.89%]	
% 65+ with personality disorder		2.3% [1.50% - 3.04%]		2.8% [2.66% - 2.91%]	

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LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		17.9%	[12.08% - 23.63%]	13.9%	[13.26% - 14.57%]
% 65+ with clinical diagnosis of deafness or hearing impairment		15.7%	[13.93% - 17.53%]	16.4%	[16.17% - 16.70%]
% 65+ with self-reported vision difficulty		4.5%	[1.75% - 7.25%]	5.5%	[5.03% - 5.95%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.9%	[0.44% - 1.29%]	1.1%	[0.98% - 1.13%]
% 65+ with self-reported cognition difficulty	B	4.5%	[2.39% - 6.51%]	8.2%	[7.63% - 8.74%]
% 65+ with self-reported ambulatory difficulty		18.7%	[13.73% - 23.64%]	21.0%	[20.21% - 21.76%]
% 65+ with clinical diagnosis of mobility impairment		4.3%	[3.31% - 5.28%]	3.8%	[3.64% - 3.92%]
% 65+ with self-reported self-care difficulty		9.1%	[5.02% - 13.13%]	8.0%	[7.40% - 8.50%]
% 65+ with self-reported independent living difficulty		12.1%	[7.45% - 16.69%]	14.3%	[13.63% - 15.03%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		20.2%	[16.99% - 23.35%]	22.5%	[20.54% - 24.54%]
% of grandparents raising grandchildren		0.9%	[-0.01% - 1.78%]	1.0%	[0.84% - 1.08%]
% of grandparents who live with grandchildren		3.4%	[1.61% - 5.21%]	3.2%	[2.94% - 3.38%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	7.7%	[6.88% - 8.48%]	13.8%	[13.62% - 13.94%]
% 65+ Medicare managed care enrollees	*	45.8%	[44.31% - 47.30%]	43.8%	[43.55% - 44.00%]
% 60+ with a regular doctor		97.8%	[96.46% - 99.11%]	96.7%	[96.19% - 97.16%]
% 60+ who did not see a doctor when needed due to cost		4.7%	[2.82% - 6.52%]	5.4%	[4.75% - 5.98%]
SERVICE UTILIZATION					
# physician visits per year		8.7	[8.31 - 9.10]	8.4	[8.31 - 8.41]
# emergency room visits/1000 persons 65+ years annually		569.9	[512.97 - 626.76]	620.6	[609.83 - 631.28]
# Part D monthly prescription fills per person annually		51.2	[49.80 - 52.59]	52.2	[51.99 - 52.42]
# home health visits annually		4.1	[3.36 - 4.85]	3.5	[3.40 - 3.61]
# durable medical equipment claims annually		1.9	[1.62 - 2.17]	1.7	[1.69 - 1.76]
# inpatient hospital stays/1000 persons 65+ years annually		293.0	[256.16 - 329.82]	286.5	[281.04 - 291.96]
% Medicare inpatient hospital readmissions (as % of admissions)		17.8%	[14.28% - 21.25%]	17.4%	[16.81% - 17.98%]
# skilled nursing facility stays/1000 persons 65+ years annually		117.2	[96.60 - 137.77]	98.8	[95.83 - 101.70]
% 65+ getting Medicaid long term services and supports	*	3.2%	[2.70% - 3.76%]	4.2%	[4.12% - 4.31%]
% 65+ hospice users		3.6%	[3.01% - 4.20%]	3.5%	[3.45% - 3.63%]
% 65+ hospice users as % of decedents		47.0%	[38.98% - 54.94%]	53.0%	[51.86% - 54.20%]
Median hospice days per hospice user (65+, deceased)		11.0	[9.0 - 14.0]	11.0	[11.0 - 12.0]
Median hospice payment (Medicare + other) per hospice user		\$4,090	[\$3,204 - \$5,059]	\$3,871	[\$3,743 - \$4,011]
COMMUNITY					
% 60+ who used Internet in last month		68.9%	[64.98% - 72.86%]	71.6%	[70.41% - 72.82%]
% 60+ who believe local service orgs understand needs		39.5%	[34.91% - 44.18%]	44.1%	[42.62% - 45.57%]
% 60+ who believe he/she can make a difference		50.0%	[45.61% - 54.37%]	52.2%	[50.76% - 53.55%]
% 60+ who believe working together can make a difference		82.2%	[78.91% - 85.41%]	81.0%	[79.85% - 82.05%]
% 60+ who volunteer at least once per month		20.6%	[17.28% - 24.01%]	22.9%	[21.76% - 24.05%]
% 60+ who attend community events (church, club) monthly		40.0%	[35.77% - 44.23%]	44.4%	[42.96% - 45.75%]

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TRANSPORTATION					
% 65+ who own a motor vehicle		87.8%	[85.00% - 90.55%]	85.0%	[84.54% - 85.42%]
% 60+ who always drive or ride wearing a seatbelt		94.1%	[91.85% - 96.43%]	91.9%	[91.08% - 92.66%]
% 60+ who drove under the influence of drinking in last month		N/A		2.0%	[1.44% - 2.48%]
HOUSING					
% 65+ population who live alone	*	22.0%	[19.34% - 24.74%]	31.4%	[30.79% - 32.10%]
% 60+ own home		71.2%	[66.97% - 75.39%]	70.3%	[69.85% - 70.73%]
% 60+ homeowners who have mortgage		43.7%	[35.99% - 51.50%]	48.7%	[47.71% - 49.72%]
% 60+ stressed about paying rent/mortgage in last month		24.5%	[21.01% - 28.01%]	22.1%	[20.02% - 24.09%]
% 65+ households (renter) spend >35% of income on housing		58.0%	[40.89% - 75.03%]	39.2%	[36.98% - 41.48%]
% 65+ households (owner) spend >35% of income on housing	*	23.3%	[5.25% - 13.13%]	27.6%	[26.49% - 28.80%]
% 65+ moved within same county in last year		3.0%	[0.49% - 5.54%]	3.6%	[3.20% - 3.93%]
% 65+ moved from different county in last year		1.1%	[0.07% - 2.05%]	1.0%	[0.79% - 1.17%]
% 65+ moved from different state in last year		2.5%	[-1.68% - 6.60%]	1.1%	[0.88% - 1.33%]
% of vacant homes in community		8.9%	[5.81% - 11.91%]	12.1%	[11.62% - 12.58%]
ECONOMIC					
% 60+ receiving food benefits in last year		9.1%	[0.04% - 18.07%]	15.0%	[-0.18% - 30.16%]
% 65+ employed in last year		25.1%	[20.76% - 29.50%]	21.9%	[21.25% - 22.51%]
% 65+ with income below the poverty line in last year		9.2%	[5.25% - 13.13%]	9.5%	[8.98% - 10.07%]
% 65+ households with annual income < \$20,000		21.6%	[14.14% - 29.13%]	24.3%	[23.28% - 25.36%]
% 65+ households with annual income \$20,000-\$49,999		32.4%	[24.62% - 40.14%]	32.2%	[31.06% - 33.39%]
% 65+ households with annual income \$50,000-\$99,999		26.5%	[18.74% - 34.21%]	24.8%	[23.82% - 25.70%]
% 65+ households with annual income \$100,000+		19.5%	[12.77% - 26.25%]	18.7%	[17.91% - 19.47%]

Notes. ¹ Community-state differences where the margin of error do not overlap each other are noted B, W, or *.

² All community and state margins of error are 95% confidence intervals.

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