

Middletown (Newport)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		49.9%	[44.72% - 55.11%]	55.6%	[54.85% - 56.28%]
% 75-84 years		34.5%	[27.99% - 40.99%]	28.9%	[28.18% - 29.72%]
% 85 years or older		15.6%	[10.99% - 20.20%]	15.5%	[14.95% - 16.02%]
% 65+ population who are female		61.1%	[55.35% - 66.81%]	57.2%	[56.30% - 58.00%]
% 85+ population who are female		66.7%	[53.73% - 79.75%]	69.7%	[68.05% - 71.40%]
Race and ethnicity of the population 65+					
% White	*	96.9%	[93.69% - 100.16%]	92.0%	[90.81% - 93.12%]
% African American		1.9%	[0.38% - 3.52%]	3.2%	[2.96% - 3.38%]
% Asian		0.6%	[-1.50% - 2.69%]	1.6%	[1.42% - 1.77%]
% Hispanic/Latino	*	1.5%	[-0.58% - 3.49%]	4.9%	[4.72% - 5.07%]
Marital status of the population 65+					
% married		55.4%	[49.54% - 61.33%]	51.3%	[50.78% - 51.78%]
% divorced/separated		13.5%	[9.27% - 17.82%]	15.7%	[15.00% - 16.37%]
% widowed		23.2%	[17.95% - 28.36%]	25.0%	[24.26% - 25.77%]
% never married		7.9%	[3.75% - 11.98%]	8.0%	[7.50% - 8.54%]
Education of the population 65+					
% with less than high school education	*	10.9%	[6.33% - 15.41%]	19.1%	[18.37% - 19.74%]
% with high school or some college		51.9%	[46.97% - 56.77%]	52.9%	[52.00% - 53.74%]
% with college degree		18.9%	[14.14% - 23.72%]	14.2%	[13.63% - 14.77%]
% with graduate or professional degree		18.3%	[13.01% - 23.66%]	13.9%	[13.32% - 14.43%]
% of 65+ population who speak only English at home	*	94.0%	[86.11% - 101.86%]	82.9%	[81.76% - 83.94%]
% of 65+ population who are veterans of military service		19.5%	[14.72% - 24.20%]	19.0%	[18.51% - 19.54%]
% of 60+ who are LGBT		2.1%	[1.26% - 2.94%]	2.8%	[2.34% - 3.25%]
Age-sex adjusted 1-year mortality rate		4.6%	[3.88% - 5.37%]	4.4%	[4.26% - 4.46%]
WELLNESS					
% 60+ getting the recommended hours of sleep		67.2%	[63.38% - 70.95%]	63.0%	[61.81% - 64.29%]
% 60+ doing any physical activity within last month	B	78.5%	[75.11% - 81.89%]	71.0%	[69.74% - 72.20%]
% 60+ met CDC guidelines for muscle-strengthening activity		28.0%	[24.05% - 31.92%]	25.0%	[23.77% - 26.17%]
% 60+ met CDC guidelines for aerobic physical activity	B	63.5%	[59.34% - 67.70%]	54.3%	[52.92% - 55.67%]
% 60+ with fair or poor health status		15.9%	[12.91% - 18.79%]	19.5%	[18.47% - 20.56%]
% 60+ with 15+ physically unhealthy days in last month		13.3%	[10.53% - 16.11%]	14.5%	[13.57% - 15.46%]

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FALLS					
% 60+ who fell within last year		28.7%	[24.85% - 32.48%]	26.3%	[25.14% - 27.49%]
% 60+ who were injured in a fall within last year		10.2%	[7.70% - 12.71%]	10.3%	[9.54% - 11.14%]
% 65+ had hip fracture		3.9%	[3.09% - 4.74%]	3.4%	[3.27% - 3.52%]
PREVENTION					
% 60+ with physical exam/check-up in last year	W	89.4%	[86.82% - 91.97%]	93.0%	[92.31% - 93.64%]
% 60+ flu shot in last year		60.2%	[56.14% - 64.33%]	60.6%	[59.26% - 61.94%]
% 60+ with pneumonia vaccine		66.5%	[62.42% - 70.58%]	67.7%	[66.44% - 69.06%]
% 60+ with shingles vaccine	B	42.9%	[38.63% - 47.17%]	35.3%	[34.00% - 36.58%]
% 60+ women with a mammogram within last 2 years		78.8%	[74.07% - 83.46%]	82.0%	[80.65% - 83.43%]
% 60+ with colorectal cancer screening		81.1%	[77.70% - 84.42%]	77.8%	[76.64% - 78.95%]
% 60+ with HIV test		16.2%	[13.00% - 19.39%]	15.8%	[14.75% - 16.78%]
% 60+ met CDC preventive health screening goals		42.5%	[37.41% - 47.62%]	39.2%	[37.58% - 40.81%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		21.2%	[17.46% - 24.96%]	18.1%	[17.07% - 19.17%]
% 60+ stressed about buying food in last month	B	8.0%	[5.63% - 10.43%]	13.2%	[12.09% - 14.36%]
% 60+ self-reported obese		24.1%	[20.50% - 27.73%]	26.8%	[25.56% - 27.98%]
% 65+ clinically diagnosed obesity		26.8%	[24.61% - 29.00%]	29.3%	[28.94% - 29.63%]
% 65+ with high cholesterol	B	75.3%	[73.17% - 77.38%]	79.1%	[78.78% - 79.38%]
% 60+ with cholesterol screening		97.6%	[96.15% - 98.97%]	96.9%	[96.44% - 97.40%]
ORAL HEALTH					
% 60+ with dental insurance		55.8%	[51.64% - 60.00%]	56.3%	[54.99% - 57.64%]
% 60+ with annual dental exam	B	84.4%	[81.37% - 87.37%]	75.9%	[74.78% - 77.08%]
% 60+ with loss of 6 or more teeth	B	21.8%	[18.27% - 25.40%]	29.6%	[28.37% - 30.83%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		13.4%	[11.86% - 14.92%]	13.1%	[12.86% - 13.34%]
% 65+ with anemia	B	46.6%	[44.24% - 48.88%]	50.0%	[49.62% - 50.33%]
% 65+ with asthma		15.1%	[13.42% - 16.70%]	14.9%	[14.68% - 15.18%]
% 65+ with atrial fibrillation		16.0%	[14.42% - 17.68%]	15.0%	[14.72% - 15.22%]
% 65+ with autism spectrum disorder		N/A		0.04%	[0.03% - 0.06%]
% 65+ with benign prostatic hyperplasia (men)		45.1%	[41.56% - 48.73%]	42.2%	[41.66% - 42.72%]
% 65+ with breast cancer (women)		11.9%	[9.93% - 13.79%]	11.1%	[10.80% - 11.39%]
% 65+ with cataract	W	71.4%	[69.19% - 73.62%]	67.5%	[67.15% - 67.83%]
% 65+ with chronic kidney disease	B	27.8%	[25.65% - 29.97%]	30.7%	[30.38% - 31.07%]
% 65+ with chronic obstructive pulmonary disease		24.1%	[22.21% - 26.07%]	22.9%	[22.64% - 23.23%]
% 65+ with colon cancer		2.8%	[2.09% - 3.56%]	2.7%	[2.58% - 2.80%]
% 65+ with congestive heart failure	B	19.4%	[17.57% - 21.24%]	21.6%	[21.33% - 21.93%]
% 65+ with diabetes		32.7%	[30.38% - 35.00%]	34.7%	[34.30% - 35.01%]
% 65+ with endometrial cancer (women)		1.6%	[0.82% - 2.45%]	1.9%	[1.81% - 2.07%]

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% 65+ with epilepsy		3.1%	[2.29% - 3.95%]	2.9%	[2.82% - 3.08%]
% 65+ with fibromyalgia, chronic pain and fatigue		25.9%	[23.78% - 28.06%]	25.4%	[25.09% - 25.74%]
% 65+ with glaucoma		29.1%	[27.03% - 31.17%]	27.0%	[26.70% - 27.32%]
% 65+ ever had a heart attack		4.9%	[3.99% - 5.88%]	5.8%	[5.63% - 5.95%]
% 65+ with HIV/AIDS		0.1%	[0.05% - 0.16%]	0.12%	[0.10% - 0.15%]
% 65+ with hypertension		76.1%	[73.99% - 78.15%]	78.0%	[77.73% - 78.33%]
% 65+ with hypothyroidism		22.9%	[20.98% - 24.84%]	22.4%	[22.09% - 22.68%]
% 65+ with ischemic heart disease	B	38.4%	[36.01% - 40.71%]	41.8%	[41.39% - 42.13%]
% 65+ with leukemias and lymphomas		2.4%	[1.68% - 3.14%]	2.7%	[2.59% - 2.83%]
% 65+ with liver disease		9.4%	[7.99% - 10.81%]	9.9%	[9.71% - 10.16%]
% 65+ with lung cancer		1.8%	[1.20% - 2.40%]	2.1%	[1.97% - 2.17%]
% 65+ with migraine and other chronic headache		7.5%	[6.19% - 8.81%]	6.1%	[5.94% - 6.31%]
% 65+ with osteoarthritis or rheumatoid arthritis		55.8%	[53.28% - 58.27%]	56.2%	[55.78% - 56.54%]
% 65+ with osteoporosis		19.3%	[17.53% - 21.07%]	19.6%	[19.29% - 19.85%]
% 65+ with peripheral vascular disease		26.9%	[24.84% - 29.00%]	25.6%	[25.29% - 25.92%]
% 65+ with pressure ulcer or chronic ulcer	W	10.2%	[8.77% - 11.54%]	8.1%	[7.94% - 8.33%]
% 65+ with prostate cancer (men)	W	16.7%	[14.09% - 19.26%]	13.4%	[13.09% - 13.81%]
% 65+ with stroke		12.4%	[10.97% - 13.86%]	11.9%	[11.65% - 12.09%]
% 65+ with traumatic brain injury		1.2%	[0.64% - 1.68%]	1.0%	[0.96% - 1.11%]
% 65+ with 4+ (out of 15) chronic conditions		62.1%	[59.81% - 64.46%]	63.8%	[63.47% - 64.16%]
% 65+ with 0 chronic conditions		7.0%	[5.74% - 8.35%]	7.0%	[6.77% - 7.15%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		1.6%	[0.93% - 2.31%]	1.9%	[1.75% - 1.96%]
% 65+ with substance use disorder		7.1%	[5.83% - 8.36%]	7.0%	[6.76% - 7.15%]
% 60+ who used marijuana in last month		N/A		3.4%	[2.52% - 4.26%]
% 60+ excessive drinking	W	13.3%	[10.49% - 16.12%]	9.3%	[8.54% - 10.16%]
% 65+ with tobacco use disorder		9.4%	[7.90% - 10.81%]	10.8%	[10.58% - 11.06%]
% 60+ current smokers		7.6%	[5.56% - 9.65%]	8.7%	[7.98% - 9.51%]
% 60+ ever used E-Cigarettes in last month		3.9%	[2.37% - 5.52%]	5.8%	[5.14% - 6.42%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		82.3%	[79.17% - 85.38%]	79.7%	[78.56% - 80.78%]
% 60+ who reported being satisfied with life		96.8%	[95.43% - 98.18%]	95.3%	[94.67% - 95.87%]
% 60+ with 15+ days poor mental health in last month		6.1%	[4.18% - 7.96%]	7.4%	[6.70% - 8.03%]
% 65+ with depression		31.6%	[29.48% - 33.79%]	32.9%	[32.60% - 33.26%]
% 65+ with anxiety disorder	B	27.3%	[25.13% - 29.46%]	29.8%	[29.48% - 30.17%]
% 65+ with bipolar disorder		3.6%	[2.74% - 4.56%]	4.1%	[3.93% - 4.23%]
% 65+ with post-traumatic stress disorder		1.8%	[1.14% - 2.55%]	1.7%	[1.60% - 1.81%]
% 65+ with schizophrenia & other psychotic disorder		4.4%	[3.43% - 5.37%]	3.8%	[3.61% - 3.89%]
% 65+ with personality disorder		2.4%	[1.67% - 3.14%]	2.8%	[2.66% - 2.91%]

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LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		14.2%	[8.66% - 19.74%]	13.9%	[13.26% - 14.57%]
% 65+ with clinical diagnosis of deafness or hearing impairment		16.0%	[14.33% - 17.76%]	16.4%	[16.17% - 16.70%]
% 65+ with self-reported vision difficulty		7.2%	[2.19% - 12.12%]	5.5%	[5.03% - 5.95%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.3%	[0.81% - 1.76%]	1.1%	[0.98% - 1.13%]
% 65+ with self-reported cognition difficulty		5.6%	[3.08% - 8.18%]	8.2%	[7.63% - 8.74%]
% 65+ with self-reported ambulatory difficulty		23.3%	[17.97% - 28.71%]	21.0%	[20.21% - 21.76%]
% 65+ with clinical diagnosis of mobility impairment		4.1%	[3.13% - 5.00%]	3.8%	[3.64% - 3.92%]
% 65+ with self-reported self-care difficulty		6.4%	[3.39% - 9.35%]	8.0%	[7.40% - 8.50%]
% 65+ with self-reported independent living difficulty		13.2%	[9.18% - 17.16%]	14.3%	[13.63% - 15.03%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		27.3%	[22.65% - 31.95%]	22.5%	[20.54% - 24.54%]
% of grandparents raising grandchildren		0.5%	[-0.08% - 1.07%]	1.0%	[0.84% - 1.08%]
% of grandparents who live with grandchildren	*	1.1%	[0.27% - 1.85%]	3.2%	[2.94% - 3.38%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	9.1%	[8.07% - 10.05%]	13.8%	[13.62% - 13.94%]
% 65+ Medicare managed care enrollees	*	29.8%	[28.26% - 31.41%]	43.8%	[43.55% - 44.00%]
% 60+ with a regular doctor		96.3%	[94.71% - 97.90%]	96.7%	[96.19% - 97.16%]
% 60+ who did not see a doctor when needed due to cost		4.9%	[3.00% - 6.83%]	5.4%	[4.75% - 5.98%]
SERVICE UTILIZATION					
# physician visits per year		8.7	[8.31 - 8.99]	8.4	[8.31 - 8.41]
# emergency room visits/1000 persons 65+ years annually	*	752.3	[674.82 - 829.75]	620.6	[609.83 - 631.28]
# Part D monthly prescription fills per person annually		50.6	[48.84 - 52.30]	52.2	[51.99 - 52.42]
# home health visits annually		3.8	[3.13 - 4.38]	3.5	[3.40 - 3.61]
# durable medical equipment claims annually		1.6	[1.40 - 1.88]	1.7	[1.69 - 1.76]
# inpatient hospital stays/1000 persons 65+ years annually		296.2	[262.88 - 329.57]	286.5	[281.04 - 291.96]
% Medicare inpatient hospital readmissions (as % of admissions)		14.9%	[11.74% - 18.15%]	17.4%	[16.81% - 17.98%]
# skilled nursing facility stays/1000 persons 65+ years annually		95.1	[77.53 - 112.73]	98.8	[95.83 - 101.70]
% 65+ getting Medicaid long term services and supports		4.8%	[4.10% - 5.58%]	4.2%	[4.12% - 4.31%]
% 65+ hospice users		4.1%	[3.33% - 4.78%]	3.5%	[3.45% - 3.63%]
% 65+ hospice users as % of decedents		59.4%	[50.13% - 68.76%]	53.0%	[51.86% - 54.20%]
Median hospice days per hospice user (65+, deceased)		13.0	[8.0 - 16.0]	11.0	[11.0 - 12.0]
Median hospice payment (Medicare + other) per hospice user		\$3,761	[\$2,988 - \$4,304]	\$3,871	[\$3,743 - \$4,011]
COMMUNITY					
% 60+ who used Internet in last month	*	79.1%	[75.84% - 82.42%]	71.6%	[70.41% - 72.82%]
% 60+ who believe local service orgs understand needs	*	53.7%	[49.07% - 58.27%]	44.1%	[42.62% - 45.57%]
% 60+ who believe he/she can make a difference	*	61.7%	[57.38% - 66.06%]	52.2%	[50.76% - 53.55%]
% 60+ who believe working together can make a difference		84.1%	[80.72% - 87.40%]	81.0%	[79.85% - 82.05%]
% 60+ who volunteer at least once per month	*	28.4%	[24.46% - 32.37%]	22.9%	[21.76% - 24.05%]
% 60+ who attend community events (church, club) monthly	*	54.4%	[49.95% - 58.90%]	44.4%	[42.96% - 45.75%]

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TRANSPORTATION					
% 65+ who own a motor vehicle	*	91.1%	[87.60% - 94.56%]	85.0%	[84.54% - 85.42%]
% 60+ who always drive or ride wearing a seatbelt		92.5%	[90.21% - 94.79%]	91.9%	[91.08% - 92.66%]
% 60+ who drove under the influence of drinking in last month		N/A		2.0%	[1.44% - 2.48%]
HOUSING					
% 65+ population who live alone		31.0%	[26.48% - 35.45%]	31.4%	[30.79% - 32.10%]
% 60+ own home		70.4%	[65.64% - 75.23%]	70.3%	[69.85% - 70.73%]
% 60+ homeowners who have mortgage		45.5%	[38.12% - 52.85%]	48.7%	[47.71% - 49.72%]
% 60+ stressed about paying rent/mortgage in last month		17.5%	[13.56% - 21.44%]	22.1%	[20.02% - 24.09%]
% 65+ households (renter) spend >35% of income on housing		47.1%	[32.40% - 61.89%]	39.2%	[36.98% - 41.48%]
% 65+ households (owner) spend >35% of income on housing	*	29.1%	[3.81% - 13.96%]	27.6%	[26.49% - 28.80%]
% 65+ moved within same county in last year		4.9%	[1.83% - 7.88%]	3.6%	[3.20% - 3.93%]
% 65+ moved from different county in last year		0.8%	[-0.56% - 2.08%]	1.0%	[0.79% - 1.17%]
% 65+ moved from different state in last year		1.7%	[0.19% - 3.12%]	1.1%	[0.88% - 1.33%]
% of vacant homes in community		12.8%	[9.26% - 16.43%]	12.1%	[11.62% - 12.58%]
ECONOMIC					
% 60+ receiving food benefits in last year		9.4%	[0.39% - 18.42%]	15.0%	[-0.18% - 30.16%]
% 65+ employed in last year		26.0%	[20.98% - 31.02%]	21.9%	[21.25% - 22.51%]
% 65+ with income below the poverty line in last year		8.9%	[3.81% - 13.96%]	9.5%	[8.98% - 10.07%]
% 65+ households with annual income < \$20,000		19.9%	[12.62% - 27.11%]	24.3%	[23.28% - 25.36%]
% 65+ households with annual income \$20,000-\$49,999		33.8%	[26.06% - 41.47%]	32.2%	[31.06% - 33.39%]
% 65+ households with annual income \$50,000-\$99,999		29.3%	[22.09% - 36.52%]	24.8%	[23.82% - 25.70%]
% 65+ households with annual income \$100,000+		17.1%	[11.45% - 22.68%]	18.7%	[17.91% - 19.47%]

Notes. ¹ Community-state differences where the margin of error do not overlap each other are noted B, W, or *.

² All community and state margins of error are 95% confidence intervals.

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