

Westerly (Washington)



| HEALTHY AGING INDICATORS | BETTER / WORSE STATE RATE ¹ | COMMUNITY ESTIMATE | MARGIN OF ERROR ² | STATE ESTIMATE | MARGIN OF ERROR ² |
|--|---|-----------------------|---------------------------------|-------------------|---------------------------------|
| POPULATION CHARACTERISTICS | | | | | |
| Population 65 years or older | | | | | |
| % 65-74 years | | 55.3% | [50.63% - 59.97%] | 55.6% | [54.85% - 56.28%] |
| % 75-84 years | | 26.6% | [22.51% - 30.76%] | 28.9% | [28.18% - 29.72%] |
| % 85 years or older | | 18.1% | [13.30% - 22.82%] | 15.5% | [14.95% - 16.02%] |
| % 65+ population who are female | | 55.4% | [50.39% - 60.43%] | 57.2% | [56.30% - 58.00%] |
| % 85+ population who are female | | 68.2% | [56.69% - 79.64%] | 69.7% | [68.05% - 71.40%] |
| Race and ethnicity of the population 65+ | | | | | |
| % White | | 96.3% | [92.34% - 100.35%] | 92.0% | [90.81% - 93.12%] |
| % African American | * | 1.2% | [-0.32% - 2.63%] | 3.2% | [2.96% - 3.38%] |
| % Asian | | 2.2% | [-0.23% - 4.72%] | 1.6% | [1.42% - 1.77%] |
| % Hispanic/Latino | * | 1.5% | [-0.33% - 3.24%] | 4.9% | [4.72% - 5.07%] |
| Marital status of the population 65+ | | | | | |
| % married | * | 56.3% | [52.26% - 60.44%] | 51.3% | [50.78% - 51.78%] |
| % divorced/separated | | 14.2% | [10.08% - 18.27%] | 15.7% | [15.00% - 16.37%] |
| % widowed | | 23.5% | [18.31% - 28.76%] | 25.0% | [24.26% - 25.77%] |
| % never married | | 5.9% | [3.14% - 8.74%] | 8.0% | [7.50% - 8.54%] |
| Education of the population 65+ | | | | | |
| % with less than high school education | | 15.5% | [10.94% - 20.05%] | 19.1% | [18.37% - 19.74%] |
| % with high school or some college | | 54.6% | [49.16% - 60.12%] | 52.9% | [52.00% - 53.74%] |
| % with college degree | | 15.6% | [12.13% - 19.08%] | 14.2% | [13.63% - 14.77%] |
| % with graduate or professional degree | | 14.3% | [11.60% - 16.91%] | 13.9% | [13.32% - 14.43%] |
| % of 65+ population who speak only English at home | * | 90.6% | [85.17% - 96.02%] | 82.9% | [81.76% - 83.94%] |
| % of 65+ population who are veterans of military service | | 22.4% | [18.15% - 26.57%] | 19.0% | [18.51% - 19.54%] |
| % of 60+ who are LGBT | | 1.8% | [0.85% - 2.82%] | 2.8% | [2.34% - 3.25%] |
| Age-sex adjusted 1-year mortality rate | | 4.1% | [3.51% - 4.63%] | 4.4% | [4.26% - 4.46%] |
| WELLNESS | | | | | |
| % 60+ getting the recommended hours of sleep | | 63.5% | [58.28% - 68.64%] | 63.0% | [61.81% - 64.29%] |
| % 60+ doing any physical activity within last month | | 73.6% | [68.63% - 78.55%] | 71.0% | [69.74% - 72.20%] |
| % 60+ met CDC guidelines for muscle-strengthening activity | | 29.4% | [24.06% - 34.73%] | 25.0% | [23.77% - 26.17%] |
| % 60+ met CDC guidelines for aerobic physical activity | | 58.7% | [52.90% - 64.49%] | 54.3% | [52.92% - 55.67%] |
| % 60+ with fair or poor health status | | 16.3% | [12.27% - 20.31%] | 19.5% | [18.47% - 20.56%] |
| % 60+ with 15+ physically unhealthy days in last month | | 14.2% | [9.88% - 18.51%] | 14.5% | [13.57% - 15.46%] |

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| FALLS | | | | | |
| % 60+ who fell within last year | | 28.9% | [23.96% - 33.91%] | 26.3% | [25.14% - 27.49%] |
| % 60+ who were injured in a fall within last year | | 9.1% | [6.17% - 12.08%] | 10.3% | [9.54% - 11.14%] |
| % 65+ had hip fracture | | 3.7% | [3.08% - 4.38%] | 3.4% | [3.27% - 3.52%] |
| PREVENTION | | | | | |
| % 60+ with physical exam/check-up in last year | | 90.6% | [87.64% - 93.57%] | 93.0% | [92.31% - 93.64%] |
| % 60+ flu shot in last year | | 58.3% | [52.70% - 63.90%] | 60.6% | [59.26% - 61.94%] |
| % 60+ with pneumonia vaccine | W | 57.5% | [51.67% - 63.29%] | 67.7% | [66.44% - 69.06%] |
| % 60+ with shingles vaccine | | 33.2% | [27.80% - 38.64%] | 35.3% | [34.00% - 36.58%] |
| % 60+ women with a mammogram within last 2 years | | 82.1% | [76.15% - 88.04%] | 82.0% | [80.65% - 83.43%] |
| % 60+ with colorectal cancer screening | | 77.9% | [73.29% - 82.47%] | 77.8% | [76.64% - 78.95%] |
| % 60+ with HIV test | | 13.3% | [9.30% - 17.22%] | 15.8% | [14.75% - 16.78%] |
| % 60+ met CDC preventive health screening goals | | 40.7% | [33.90% - 47.47%] | 39.2% | [37.58% - 40.81%] |
| NUTRITION & DIET | | | | | |
| % 60+ with 5 or more servings of fruit or vegetables per day | | 19.8% | [15.13% - 24.55%] | 18.1% | [17.07% - 19.17%] |
| % 60+ stressed about buying food in last month | | 8.9% | [4.87% - 12.90%] | 13.2% | [12.09% - 14.36%] |
| % 60+ self-reported obese | | 28.3% | [23.10% - 33.49%] | 26.8% | [25.56% - 27.98%] |
| % 65+ clinically diagnosed obesity | B | 26.0% | [24.27% - 27.70%] | 29.3% | [28.94% - 29.63%] |
| % 65+ with high cholesterol | W | 82.4% | [80.92% - 83.82%] | 79.1% | [78.78% - 79.38%] |
| % 60+ with cholesterol screening | | 97.9% | [96.42% - 99.48%] | 96.9% | [96.44% - 97.40%] |
| ORAL HEALTH | | | | | |
| % 60+ with dental insurance | | 56.4% | [51.07% - 61.76%] | 56.3% | [54.99% - 57.64%] |
| % 60+ with annual dental exam | | 80.0% | [75.58% - 84.39%] | 75.9% | [74.78% - 77.08%] |
| % 60+ with loss of 6 or more teeth | | 27.7% | [22.85% - 32.46%] | 29.6% | [28.37% - 30.83%] |
| CHRONIC DISEASE | | | | | |
| % 65+ with Alzheimer's disease or related dementias | W | 17.3% | [15.93% - 18.65%] | 13.1% | [12.86% - 13.34%] |
| % 65+ with anemia | | 51.7% | [49.89% - 53.55%] | 50.0% | [49.62% - 50.33%] |
| % 65+ with asthma | B | 10.8% | [9.72% - 11.94%] | 14.9% | [14.68% - 15.18%] |
| % 65+ with atrial fibrillation | W | 17.9% | [16.55% - 19.26%] | 15.0% | [14.72% - 15.22%] |
| % 65+ with autism spectrum disorder | | N/A | | 0.04% | [0.03% - 0.06%] |
| % 65+ with benign prostatic hyperplasia (men) | | 45.3% | [42.51% - 48.04%] | 42.2% | [41.66% - 42.72%] |
| % 65+ with breast cancer (women) | | 12.0% | [10.46% - 13.53%] | 11.1% | [10.80% - 11.39%] |
| % 65+ with cataract | W | 73.1% | [71.44% - 74.82%] | 67.5% | [67.15% - 67.83%] |
| % 65+ with chronic kidney disease | B | 27.9% | [26.22% - 29.60%] | 30.7% | [30.38% - 31.07%] |
| % 65+ with chronic obstructive pulmonary disease | W | 28.8% | [27.18% - 30.42%] | 22.9% | [22.64% - 23.23%] |
| % 65+ with colon cancer | | 2.9% | [2.27% - 3.44%] | 2.7% | [2.58% - 2.80%] |
| % 65+ with congestive heart failure | W | 26.5% | [24.87% - 28.13%] | 21.6% | [21.33% - 21.93%] |
| % 65+ with diabetes | B | 31.6% | [29.83% - 33.36%] | 34.7% | [34.30% - 35.01%] |
| % 65+ with endometrial cancer (women) | | 1.8% | [1.17% - 2.42%] | 1.9% | [1.81% - 2.07%] |

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| % 65+ with epilepsy | B | 2.3% | [1.72% - 2.80%] | 2.9% | [2.82% - 3.08%] |
| % 65+ with fibromyalgia, chronic pain and fatigue | W | 29.0% | [27.30% - 30.75%] | 25.4% | [25.09% - 25.74%] |
| % 65+ with glaucoma | | 25.2% | [23.65% - 26.75%] | 27.0% | [26.70% - 27.32%] |
| % 65+ ever had a heart attack | | 5.1% | [4.35% - 5.89%] | 5.8% | [5.63% - 5.95%] |
| % 65+ with HIV/AIDS | | 0.1% | [0.03% - 0.10%] | 0.12% | [0.10% - 0.15%] |
| % 65+ with hypertension | W | 81.4% | [79.92% - 82.88%] | 78.0% | [77.73% - 78.33%] |
| % 65+ with hypothyroidism | | 23.6% | [22.09% - 25.13%] | 22.4% | [22.09% - 22.68%] |
| % 65+ with ischemic heart disease | W | 46.7% | [44.84% - 48.66%] | 41.8% | [41.39% - 42.13%] |
| % 65+ with leukemias and lymphomas | | 3.4% | [2.70% - 4.07%] | 2.7% | [2.59% - 2.83%] |
| % 65+ with liver disease | W | 11.4% | [10.20% - 12.58%] | 9.9% | [9.71% - 10.16%] |
| % 65+ with lung cancer | | 2.2% | [1.69% - 2.74%] | 2.1% | [1.97% - 2.17%] |
| % 65+ with migraine and other chronic headache | B | 4.8% | [3.97% - 5.53%] | 6.1% | [5.94% - 6.31%] |
| % 65+ with osteoarthritis or rheumatoid arthritis | W | 61.4% | [59.45% - 63.27%] | 56.2% | [55.78% - 56.54%] |
| % 65+ with osteoporosis | W | 26.1% | [24.51% - 27.63%] | 19.6% | [19.29% - 19.85%] |
| % 65+ with peripheral vascular disease | | 25.4% | [23.80% - 26.99%] | 25.6% | [25.29% - 25.92%] |
| % 65+ with pressure ulcer or chronic ulcer | | 9.0% | [7.95% - 10.01%] | 8.1% | [7.94% - 8.33%] |
| % 65+ with prostate cancer (men) | | 14.1% | [12.19% - 15.95%] | 13.4% | [13.09% - 13.81%] |
| % 65+ with stroke | | 12.8% | [11.67% - 14.00%] | 11.9% | [11.65% - 12.09%] |
| % 65+ with traumatic brain injury | | 0.8% | [0.49% - 1.15%] | 1.0% | [0.96% - 1.11%] |
| % 65+ with 4+ (out of 15) chronic conditions | W | 67.2% | [65.44% - 68.96%] | 63.8% | [63.47% - 64.16%] |
| % 65+ with 0 chronic conditions | W | 4.9% | [4.00% - 5.72%] | 7.0% | [6.77% - 7.15%] |
| BEHAVIORAL HEALTH | | | | | |
| % 65+ with opioid use disorder | | 2.1% | [1.52% - 2.65%] | 1.9% | [1.75% - 1.96%] |
| % 65+ with substance use disorder | | 6.1% | [5.14% - 7.03%] | 7.0% | [6.76% - 7.15%] |
| % 60+ who used marijuana in last month | | N/A | | 3.4% | [2.52% - 4.26%] |
| % 60+ excessive drinking | | 7.9% | [4.90% - 10.84%] | 9.3% | [8.54% - 10.16%] |
| % 65+ with tobacco use disorder | | 9.8% | [8.60% - 10.93%] | 10.8% | [10.58% - 11.06%] |
| % 60+ current smokers | | 8.5% | [5.51% - 11.45%] | 8.7% | [7.98% - 9.51%] |
| % 60+ ever used E-Cigarettes in last month | | 5.6% | [2.95% - 8.31%] | 5.8% | [5.14% - 6.42%] |
| MENTAL HEALTH | | | | | |
| % 60+ who reported receiving adequate emotional support | | 77.7% | [72.70% - 82.60%] | 79.7% | [78.56% - 80.78%] |
| % 60+ who reported being satisfied with life | | 96.9% | [95.49% - 98.31%] | 95.3% | [94.67% - 95.87%] |
| % 60+ with 15+ days poor mental health in last month | | 6.2% | [3.97% - 8.37%] | 7.4% | [6.70% - 8.03%] |
| % 65+ with depression | B | 28.4% | [26.80% - 30.06%] | 32.9% | [32.60% - 33.26%] |
| % 65+ with anxiety disorder | B | 24.6% | [22.99% - 26.27%] | 29.8% | [29.48% - 30.17%] |
| % 65+ with bipolar disorder | B | 2.6% | [1.93% - 3.19%] | 4.1% | [3.93% - 4.23%] |
| % 65+ with post-traumatic stress disorder | | 1.3% | [0.82% - 1.73%] | 1.7% | [1.60% - 1.81%] |
| % 65+ with schizophrenia & other psychotic disorder | B | 2.7% | [2.09% - 3.30%] | 3.8% | [3.61% - 3.89%] |
| % 65+ with personality disorder | B | 1.4% | [0.98% - 1.86%] | 2.8% | [2.66% - 2.91%] |

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| LIVING WITH DISABILITY | | | | | |
| % 65+ with self-reported hearing difficulty | | 13.8% | [9.59% - 18.09%] | 13.9% | [13.26% - 14.57%] |
| % 65+ with clinical diagnosis of deafness or hearing impairment | W | 20.6% | [19.10% - 22.08%] | 16.4% | [16.17% - 16.70%] |
| % 65+ with self-reported vision difficulty | | 4.2% | [2.00% - 6.39%] | 5.5% | [5.03% - 5.95%] |
| % 65+ with clinical diagnosis of blindness or visual impairment | | 0.8% | [0.50% - 1.13%] | 1.1% | [0.98% - 1.13%] |
| % 65+ with self-reported cognition difficulty | | 6.3% | [2.72% - 9.93%] | 8.2% | [7.63% - 8.74%] |
| % 65+ with self-reported ambulatory difficulty | B | 15.9% | [11.80% - 19.96%] | 21.0% | [20.21% - 21.76%] |
| % 65+ with clinical diagnosis of mobility impairment | | 3.5% | [2.86% - 4.20%] | 3.8% | [3.64% - 3.92%] |
| % 65+ with self-reported self-care difficulty | B | 3.9% | [1.95% - 5.90%] | 8.0% | [7.40% - 8.50%] |
| % 65+ with self-reported independent living difficulty | | 11.8% | [7.45% - 16.15%] | 14.3% | [13.63% - 15.03%] |
| CAREGIVING | | | | | |
| % of 60+ who provide care to a family/friend in last month | | 20.5% | [15.51% - 25.53%] | 22.5% | [20.54% - 24.54%] |
| % of grandparents raising grandchildren | | 1.1% | [0.17% - 2.08%] | 1.0% | [0.84% - 1.08%] |
| % of grandparents who live with grandchildren | | 3.5% | [2.00% - 5.08%] | 3.2% | [2.94% - 3.38%] |
| ACCESS TO CARE | | | | | |
| % 65+ dually eligible for Medicare and Medicaid | * | 7.4% | [6.72% - 8.14%] | 13.8% | [13.62% - 13.94%] |
| % 65+ Medicare managed care enrollees | * | 31.1% | [29.82% - 32.34%] | 43.8% | [43.55% - 44.00%] |
| % 60+ with a regular doctor | | 95.8% | [93.30% - 98.38%] | 96.7% | [96.19% - 97.16%] |
| % 60+ who did not see a doctor when needed due to cost | | 7.1% | [3.55% - 10.74%] | 5.4% | [4.75% - 5.98%] |
| SERVICE UTILIZATION | | | | | |
| # physician visits per year | * | 9.4 | [9.11 - 9.67] | 8.4 | [8.31 - 8.41] |
| # emergency room visits/1000 persons 65+ years annually | | 615.8 | [569.95 - 661.72] | 620.6 | [609.83 - 631.28] |
| # Part D monthly prescription fills per person annually | * | 50.6 | [49.31 - 51.80] | 52.2 | [51.99 - 52.42] |
| # home health visits annually | * | 2.7 | [2.31 - 3.12] | 3.5 | [3.40 - 3.61] |
| # durable medical equipment claims annually | | 1.6 | [1.37 - 1.75] | 1.7 | [1.69 - 1.76] |
| # inpatient hospital stays/1000 persons 65+ years annually | | 256.9 | [231.47 - 282.27] | 286.5 | [281.04 - 291.96] |
| % Medicare inpatient hospital readmissions (as % of admissions) | | 16.3% | [13.38% - 19.21%] | 17.4% | [16.81% - 17.98%] |
| # skilled nursing facility stays/1000 persons 65+ years annually | | 88.7 | [74.46 - 102.87] | 98.8 | [95.83 - 101.70] |
| % 65+ getting Medicaid long term services and supports | * | 3.1% | [2.60% - 3.54%] | 4.2% | [4.12% - 4.31%] |
| % 65+ hospice users | | 3.1% | [2.62% - 3.61%] | 3.5% | [3.45% - 3.63%] |
| % 65+ hospice users as % of decedents | | 54.2% | [46.90% - 61.40%] | 53.0% | [51.86% - 54.20%] |
| Median hospice days per hospice user (65+, deceased) | | 9.0 | [8.0 - 13.8] | 11.0 | [11.0 - 12.0] |
| Median hospice payment (Medicare + other) per hospice user | | \$3,361 | [\$2,840 - \$4,023] | \$3,871 | [\$3,743 - \$4,011] |
| COMMUNITY | | | | | |
| % 60+ who used Internet in last month | | 76.6% | [71.61% - 81.61%] | 71.6% | [70.41% - 72.82%] |
| % 60+ who believe local service orgs understand needs | | 45.9% | [39.74% - 52.14%] | 44.1% | [42.62% - 45.57%] |
| % 60+ who believe he/she can make a difference | | 53.5% | [47.67% - 59.26%] | 52.2% | [50.76% - 53.55%] |
| % 60+ who believe working together can make a difference | | 80.1% | [75.34% - 84.77%] | 81.0% | [79.85% - 82.05%] |
| % 60+ who volunteer at least once per month | | 23.3% | [18.54% - 28.04%] | 22.9% | [21.76% - 24.05%] |
| % 60+ who attend community events (church, club) monthly | | 47.6% | [41.87% - 53.41%] | 44.4% | [42.96% - 45.75%] |

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| TRANSPORTATION | | | | | |
| % 65+ who own a motor vehicle | | 85.5% | [83.83% - 87.12%] | 85.0% | [84.54% - 85.42%] |
| % 60+ who always drive or ride wearing a seatbelt | | 93.2% | [90.51% - 95.97%] | 91.9% | [91.08% - 92.66%] |
| % 60+ who drove under the influence of drinking in last month | | N/A | | 2.0% | [1.44% - 2.48%] |
| HOUSING | | | | | |
| % 65+ population who live alone | | 29.6% | [24.92% - 34.36%] | 31.4% | [30.79% - 32.10%] |
| % 60+ own home | | 73.1% | [70.30% - 75.90%] | 70.3% | [69.85% - 70.73%] |
| % 60+ homeowners who have mortgage | | 46.4% | [39.62% - 53.23%] | 48.7% | [47.71% - 49.72%] |
| % 60+ stressed about paying rent/mortgage in last month | | 18.3% | [13.66% - 22.88%] | 22.1% | [20.02% - 24.09%] |
| % 65+ households (renter) spend >35% of income on housing | | 30.8% | [14.41% - 47.21%] | 39.2% | [36.98% - 41.48%] |
| % 65+ households (owner) spend >35% of income on housing | * | 25.3% | [4.14% - 10.23%] | 27.6% | [26.49% - 28.80%] |
| % 65+ moved within same county in last year | | 2.9% | [1.10% - 4.72%] | 3.6% | [3.20% - 3.93%] |
| % 65+ moved from different county in last year | | 1.5% | [-0.59% - 3.58%] | 1.0% | [0.79% - 1.17%] |
| % 65+ moved from different state in last year | | 3.6% | [0.54% - 6.68%] | 1.1% | [0.88% - 1.33%] |
| % of vacant homes in community | * | 25.0% | [21.96% - 28.03%] | 12.1% | [11.62% - 12.58%] |
| ECONOMIC | | | | | |
| % 60+ receiving food benefits in last year | | 6.2% | [0.21% - 12.27%] | 15.0% | [-0.18% - 30.16%] |
| % 65+ employed in last year | | 20.9% | [16.83% - 24.94%] | 21.9% | [21.25% - 22.51%] |
| % 65+ with income below the poverty line in last year | | 7.2% | [4.14% - 10.23%] | 9.5% | [8.98% - 10.07%] |
| % 65+ households with annual income < \$20,000 | | 20.8% | [14.89% - 26.72%] | 24.3% | [23.28% - 25.36%] |
| % 65+ households with annual income \$20,000-\$49,999 | | 35.6% | [27.42% - 43.81%] | 32.2% | [31.06% - 33.39%] |
| % 65+ households with annual income \$50,000-\$99,999 | | 24.8% | [19.69% - 29.86%] | 24.8% | [23.82% - 25.70%] |
| % 65+ households with annual income \$100,000+ | | 18.8% | [14.52% - 23.10%] | 18.7% | [17.91% - 19.47%] |

Notes. ¹ Community-state differences where the margin of error do not overlap each other are noted B, W, or *.

² All community and state margins of error are 95% confidence intervals.

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