

## Providence NE (Providence)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Population 65 years or older					
% 65-74 years		53.1%	[ 47.03% - 59.22% ]	55.6%	[ 54.85% - 56.28% ]
% 75-84 years		29.1%	[ 22.76% - 35.46% ]	28.9%	[ 28.18% - 29.72% ]
% 85 years or older		17.8%	[ 13.78% - 21.75% ]	15.5%	[ 14.95% - 16.02% ]
% 65+ population who are female		56.7%	[ 50.02% - 63.45% ]	57.2%	[ 56.30% - 58.00% ]
% 85+ population who are female		65.7%	[ 52.83% - 78.64% ]	69.7%	[ 68.05% - 71.40% ]
Race and ethnicity of the population 65+					
% White	*	88.3%	[ 87.54% - 89.00% ]	92.0%	[ 90.81% - 93.12% ]
% African American		4.8%	[ 1.20% - 8.33% ]	3.2%	[ 2.96% - 3.38% ]
% Asian		3.9%	[ 0.93% - 6.78% ]	1.6%	[ 1.42% - 1.77% ]
% Hispanic/Latino	*	1.2%	[ -0.66% - 3.14% ]	4.9%	[ 4.72% - 5.07% ]
Marital status of the population 65+					
% married		49.7%	[ -113.7% - 213.12% ]	51.3%	[ 50.78% - 51.78% ]
% divorced/separated		15.9%	[ 10.50% - 21.39% ]	15.7%	[ 15.00% - 16.37% ]
% widowed		23.8%	[ 17.85% - 29.68% ]	25.0%	[ 24.26% - 25.77% ]
% never married		10.6%	[ 5.87% - 15.29% ]	8.0%	[ 7.50% - 8.54% ]
Education of the population 65+					
% with less than high school education	*	7.7%	[ 3.90% - 11.58% ]	19.1%	[ 18.37% - 19.74% ]
% with high school or some college	*	24.7%	[ 18.90% - 30.57% ]	52.9%	[ 52.00% - 53.74% ]
% with college degree	*	19.9%	[ 15.50% - 24.27% ]	14.2%	[ 13.63% - 14.77% ]
% with graduate or professional degree	*	47.6%	[ 44.94% - 50.35% ]	13.9%	[ 13.32% - 14.43% ]
% of 65+ population who speak only English at home		88.4%	[ 81.56% - 95.25% ]	82.9%	[ 81.76% - 83.94% ]
% of 65+ population who are veterans of military service	*	12.9%	[ 9.25% - 16.64% ]	19.0%	[ 18.51% - 19.54% ]
% of 60+ who are LGBT		3.6%	[ 2.12% - 5.08% ]	2.8%	[ 2.34% - 3.25% ]
Age-sex adjusted 1-year mortality rate	B	3.2%	[ 2.64% - 3.77% ]	4.4%	[ 4.26% - 4.46% ]
<b>WELLNESS</b>					
% 60+ getting the recommended hours of sleep		67.2%	[ 59.79% - 74.57% ]	63.0%	[ 61.81% - 64.29% ]
% 60+ doing any physical activity within last month	B	86.3%	[ 81.12% - 91.51% ]	71.0%	[ 69.74% - 72.20% ]
% 60+ met CDC guidelines for muscle-strengthening activity	B	36.2%	[ 28.50% - 43.89% ]	25.0%	[ 23.77% - 26.17% ]
% 60+ met CDC guidelines for aerobic physical activity		63.0%	[ 55.07% - 70.94% ]	54.3%	[ 52.92% - 55.67% ]
% 60+ with fair or poor health status	B	11.5%	[ 5.96% - 17.08% ]	19.5%	[ 18.47% - 20.56% ]
% 60+ with 15+ physically unhealthy days in last month		11.6%	[ 5.78% - 17.34% ]	14.5%	[ 13.57% - 15.46% ]

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<b>FALLS</b>					
% 60+ who fell within last year		30.9%	[ 23.68% - 38.18% ]	26.3%	[ 25.14% - 27.49% ]
% 60+ who were injured in a fall within last year		11.0%	[ 6.04% - 15.88% ]	10.3%	[ 9.54% - 11.14% ]
% 65+ had hip fracture		3.9%	[ 3.09% - 4.72% ]	3.4%	[ 3.27% - 3.52% ]
<b>PREVENTION</b>					
% 60+ with physical exam/check-up in last year	B	96.4%	[ 94.00% - 98.70% ]	93.0%	[ 92.31% - 93.64% ]
% 60+ flu shot in last year		66.3%	[ 58.37% - 74.29% ]	60.6%	[ 59.26% - 61.94% ]
% 60+ with pneumonia vaccine		67.5%	[ 58.61% - 76.38% ]	67.7%	[ 66.44% - 69.06% ]
% 60+ with shingles vaccine	B	50.2%	[ 42.63% - 57.78% ]	35.3%	[ 34.00% - 36.58% ]
% 60+ women with a mammogram within last 2 years		85.8%	[ 79.62% - 91.98% ]	82.0%	[ 80.65% - 83.43% ]
% 60+ with colorectal cancer screening		80.3%	[ 74.07% - 86.58% ]	77.8%	[ 76.64% - 78.95% ]
% 60+ with HIV test		16.7%	[ 10.64% - 22.84% ]	15.8%	[ 14.75% - 16.78% ]
% 60+ met CDC preventive health screening goals	B	50.7%	[ 41.24% - 60.16% ]	39.2%	[ 37.58% - 40.81% ]
<b>NUTRITION &amp; DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day	B	31.6%	[ 23.97% - 39.14% ]	18.1%	[ 17.07% - 19.17% ]
% 60+ stressed about buying food in last month	B	4.9%	[ 1.58% - 8.13% ]	13.2%	[ 12.09% - 14.36% ]
% 60+ self-reported obese	B	11.6%	[ 6.82% - 16.37% ]	26.8%	[ 25.56% - 27.98% ]
% 65+ clinically diagnosed obesity	B	24.0%	[ 21.78% - 26.30% ]	29.3%	[ 28.94% - 29.63% ]
% 65+ with high cholesterol	B	74.8%	[ 72.65% - 77.04% ]	79.1%	[ 78.78% - 79.38% ]
% 60+ with cholesterol screening		97.1%	[ 94.65% - 99.62% ]	96.9%	[ 96.44% - 97.40% ]
<b>ORAL HEALTH</b>					
% 60+ with dental insurance		61.9%	[ 54.59% - 69.30% ]	56.3%	[ 54.99% - 57.64% ]
% 60+ with annual dental exam	B	90.4%	[ 86.30% - 94.42% ]	75.9%	[ 74.78% - 77.08% ]
% 60+ with loss of 6 or more teeth	B	15.9%	[ 9.78% - 22.02% ]	29.6%	[ 28.37% - 30.83% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias		13.7%	[ 12.13% - 15.32% ]	13.1%	[ 12.86% - 13.34% ]
% 65+ with anemia	B	45.7%	[ 43.28% - 48.06% ]	50.0%	[ 49.62% - 50.33% ]
% 65+ with asthma		13.7%	[ 12.10% - 15.32% ]	14.9%	[ 14.68% - 15.18% ]
% 65+ with atrial fibrillation		14.6%	[ 13.01% - 16.21% ]	15.0%	[ 14.72% - 15.22% ]
% 65+ with autism spectrum disorder		N/A		0.04%	[ 0.03% - 0.06% ]
% 65+ with benign prostatic hyperplasia (men)		41.6%	[ 37.90% - 45.30% ]	42.2%	[ 41.66% - 42.72% ]
% 65+ with breast cancer (women)		12.9%	[ 10.90% - 14.95% ]	11.1%	[ 10.80% - 11.39% ]
% 65+ with cataract	W	71.2%	[ 68.89% - 73.52% ]	67.5%	[ 67.15% - 67.83% ]
% 65+ with chronic kidney disease	B	25.1%	[ 22.87% - 27.25% ]	30.7%	[ 30.38% - 31.07% ]
% 65+ with chronic obstructive pulmonary disease	B	14.4%	[ 12.83% - 16.00% ]	22.9%	[ 22.64% - 23.23% ]
% 65+ with colon cancer		2.6%	[ 1.85% - 3.27% ]	2.7%	[ 2.58% - 2.80% ]
% 65+ with congestive heart failure	B	16.7%	[ 14.88% - 18.47% ]	21.6%	[ 21.33% - 21.93% ]
% 65+ with diabetes	B	26.8%	[ 24.52% - 29.07% ]	34.7%	[ 34.30% - 35.01% ]
% 65+ with endometrial cancer (women)	B	1.1%	[ 0.46% - 1.70% ]	1.9%	[ 1.81% - 2.07% ]

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% 65+ with epilepsy		2.2%	[ 1.43% - 2.95% ]	2.9%	[ 2.82% - 3.08% ]
% 65+ with fibromyalgia, chronic pain and fatigue		23.6%	[ 21.49% - 25.78% ]	25.4%	[ 25.09% - 25.74% ]
% 65+ with glaucoma		28.5%	[ 26.41% - 30.63% ]	27.0%	[ 26.70% - 27.32% ]
% 65+ ever had a heart attack	B	3.9%	[ 3.06% - 4.79% ]	5.8%	[ 5.63% - 5.95% ]
% 65+ with HIV/AIDS	*	0.6%	[ 0.35% - 0.79% ]	0.12%	[ 0.10% - 0.15% ]
% 65+ with hypertension	B	67.2%	[ 64.85% - 69.53% ]	78.0%	[ 77.73% - 78.33% ]
% 65+ with hypothyroidism		21.7%	[ 19.80% - 23.62% ]	22.4%	[ 22.09% - 22.68% ]
% 65+ with ischemic heart disease	B	35.8%	[ 33.35% - 38.20% ]	41.8%	[ 41.39% - 42.13% ]
% 65+ with leukemias and lymphomas		2.9%	[ 2.04% - 3.66% ]	2.7%	[ 2.59% - 2.83% ]
% 65+ with liver disease		9.5%	[ 7.96% - 11.01% ]	9.9%	[ 9.71% - 10.16% ]
% 65+ with lung cancer		2.2%	[ 1.59% - 2.90% ]	2.1%	[ 1.97% - 2.17% ]
% 65+ with migraine and other chronic headache		7.6%	[ 6.20% - 8.91% ]	6.1%	[ 5.94% - 6.31% ]
% 65+ with osteoarthritis or rheumatoid arthritis		53.6%	[ 51.00% - 56.29% ]	56.2%	[ 55.78% - 56.54% ]
% 65+ with osteoporosis	W	23.6%	[ 21.67% - 25.53% ]	19.6%	[ 19.29% - 19.85% ]
% 65+ with peripheral vascular disease	B	22.2%	[ 20.24% - 24.19% ]	25.6%	[ 25.29% - 25.92% ]
% 65+ with pressure ulcer or chronic ulcer		7.4%	[ 6.12% - 8.68% ]	8.1%	[ 7.94% - 8.33% ]
% 65+ with prostate cancer (men)		15.2%	[ 12.68% - 17.77% ]	13.4%	[ 13.09% - 13.81% ]
% 65+ with stroke		11.2%	[ 9.80% - 12.59% ]	11.9%	[ 11.65% - 12.09% ]
% 65+ with traumatic brain injury		0.8%	[ 0.38% - 1.21% ]	1.0%	[ 0.96% - 1.11% ]
% 65+ with 4+ (out of 15) chronic conditions	B	57.6%	[ 55.13% - 59.99% ]	63.8%	[ 63.47% - 64.16% ]
% 65+ with 0 chronic conditions		7.3%	[ 5.91% - 8.68% ]	7.0%	[ 6.77% - 7.15% ]
<b>BEHAVIORAL HEALTH</b>					
% 65+ with opioid use disorder		1.2%	[ 0.62% - 1.88% ]	1.9%	[ 1.75% - 1.96% ]
% 65+ with substance use disorder		6.2%	[ 4.85% - 7.55% ]	7.0%	[ 6.76% - 7.15% ]
% 60+ who used marijuana in last month		N/A		3.4%	[ 2.52% - 4.26% ]
% 60+ excessive drinking		10.5%	[ 5.93% - 15.01% ]	9.3%	[ 8.54% - 10.16% ]
% 65+ with tobacco use disorder	B	7.5%	[ 6.12% - 8.97% ]	10.8%	[ 10.58% - 11.06% ]
% 60+ current smokers	B	3.9%	[ 1.47% - 6.41% ]	8.7%	[ 7.98% - 9.51% ]
% 60+ ever used E-Cigarettes in last month		6.3%	[ 1.72% - 10.93% ]	5.8%	[ 5.14% - 6.42% ]
<b>MENTAL HEALTH</b>					
% 60+ who reported receiving adequate emotional support	B	88.3%	[ 83.29% - 93.35% ]	79.7%	[ 78.56% - 80.78% ]
% 60+ who reported being satisfied with life		95.5%	[ 92.15% - 98.80% ]	95.3%	[ 94.67% - 95.87% ]
% 60+ with 15+ days poor mental health in last month		6.3%	[ 2.09% - 10.55% ]	7.4%	[ 6.70% - 8.03% ]
% 65+ with depression	W	38.6%	[ 36.28% - 40.95% ]	32.9%	[ 32.60% - 33.26% ]
% 65+ with anxiety disorder		28.4%	[ 26.11% - 30.75% ]	29.8%	[ 29.48% - 30.17% ]
% 65+ with bipolar disorder		4.3%	[ 3.18% - 5.32% ]	4.1%	[ 3.93% - 4.23% ]
% 65+ with post-traumatic stress disorder	B	1.0%	[ 0.48% - 1.43% ]	1.7%	[ 1.60% - 1.81% ]
% 65+ with schizophrenia & other psychotic disorder		3.6%	[ 2.68% - 4.61% ]	3.8%	[ 3.61% - 3.89% ]
% 65+ with personality disorder	W	4.6%	[ 3.41% - 5.71% ]	2.8%	[ 2.66% - 2.91% ]

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<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		10.9%	[ -34.72% - 56.46% ]	13.9%	[ 13.26% - 14.57% ]
% 65+ with clinical diagnosis of deafness or hearing impairment	W	19.2%	[ 17.33% - 21.11% ]	16.4%	[ 16.17% - 16.70% ]
% 65+ with self-reported vision difficulty		3.4%	[ -10.75% - 17.59% ]	5.5%	[ 5.03% - 5.95% ]
% 65+ with clinical diagnosis of blindness or visual impairment		1.3%	[ 0.80% - 1.73% ]	1.1%	[ 0.98% - 1.13% ]
% 65+ with self-reported cognition difficulty		6.3%	[ -19.94% - 32.52% ]	8.2%	[ 7.63% - 8.74% ]
% 65+ with self-reported ambulatory difficulty		13.3%	[ -42.38% - 68.88% ]	21.0%	[ 20.21% - 21.76% ]
% 65+ with clinical diagnosis of mobility impairment		3.1%	[ 2.26% - 3.90% ]	3.8%	[ 3.64% - 3.92% ]
% 65+ with self-reported self-care difficulty		5.4%	[ -17.23% - 28.07% ]	8.0%	[ 7.40% - 8.50% ]
% 65+ with self-reported independent living difficulty		8.8%	[ -27.94% - 45.45% ]	14.3%	[ 13.63% - 15.03% ]
<b>CAREGIVING</b>					
% of 60+ who provide care to a family/friend in last month		19.2%	[ 13.19% - 25.14% ]	22.5%	[ 20.54% - 24.54% ]
% of grandparents raising grandchildren		0.3%	[ -7.53% - 8.11% ]	1.0%	[ 0.84% - 1.08% ]
% of grandparents who live with grandchildren		1.0%	[ -25.94% - 27.91% ]	3.2%	[ 2.94% - 3.38% ]
<b>ACCESS TO CARE</b>					
% 65+ dually eligible for Medicare and Medicaid	*	7.2%	[ 6.33% - 7.99% ]	13.8%	[ 13.62% - 13.94% ]
% 65+ Medicare managed care enrollees	*	32.0%	[ 30.52% - 33.53% ]	43.8%	[ 43.55% - 44.00% ]
% 60+ with a regular doctor	B	98.5%	[ 97.23% - 99.78% ]	96.7%	[ 96.19% - 97.16% ]
% 60+ who did not see a doctor when needed due to cost	W	9.6%	[ 6.38% - 12.76% ]	5.4%	[ 4.75% - 5.98% ]
<b>SERVICE UTILIZATION</b>					
# physician visits per year		8.7	[ 8.32 - 9.14 ]	8.4	[ 8.31 - 8.41 ]
# emergency room visits/1000 persons 65+ years annually	*	533.9	[ 480.74 - 587.00 ]	620.6	[ 609.83 - 631.28 ]
# Part D monthly prescription fills per person annually	*	44.4	[ 42.99 - 45.83 ]	52.2	[ 51.99 - 52.42 ]
# home health visits annually		3.4	[ 2.76 - 4.00 ]	3.5	[ 3.40 - 3.61 ]
# durable medical equipment claims annually		1.5	[ 1.26 - 1.73 ]	1.7	[ 1.69 - 1.76 ]
# inpatient hospital stays/1000 persons 65+ years annually	*	238.2	[ 207.88 - 268.44 ]	286.5	[ 281.04 - 291.96 ]
% Medicare inpatient hospital readmissions (as % of admissions)		16.3%	[ 12.55% - 20.05% ]	17.4%	[ 16.81% - 17.98% ]
# skilled nursing facility stays/1000 persons 65+ years annually		86.8	[ 69.93 - 103.71 ]	98.8	[ 95.83 - 101.70 ]
% 65+ getting Medicaid long term services and supports	*	2.5%	[ 1.97% - 2.97% ]	4.2%	[ 4.12% - 4.31% ]
% 65+ hospice users		3.6%	[ 2.93% - 4.21% ]	3.5%	[ 3.45% - 3.63% ]
% 65+ hospice users as % of decedents		52.5%	[ 39.52% - 65.48% ]	53.0%	[ 51.86% - 54.20% ]
Median hospice days per hospice user (65+, deceased)	*	19.0	[ 14.0 - 30.0 ]	11.0	[ 11.0 - 12.0 ]
Median hospice payment (Medicare + other) per hospice user	*	\$5,283	[ \$4,051 - \$7,235 ]	\$3,871	[ \$3,743 - \$4,011 ]
<b>COMMUNITY</b>					
% 60+ who used Internet in last month	*	92.6%	[ 89.13% - 95.98% ]	71.6%	[ 70.41% - 72.82% ]
% 60+ who believe local service orgs understand needs	*	60.2%	[ 51.76% - 68.60% ]	44.1%	[ 42.62% - 45.57% ]
% 60+ who believe he/she can make a difference	*	62.6%	[ 54.99% - 70.18% ]	52.2%	[ 50.76% - 53.55% ]
% 60+ who believe working together can make a difference		84.8%	[ 79.88% - 89.77% ]	81.0%	[ 79.85% - 82.05% ]
% 60+ who volunteer at least once per month		28.2%	[ 21.56% - 34.93% ]	22.9%	[ 21.76% - 24.05% ]
% 60+ who attend community events (church, club) monthly	*	56.4%	[ 48.55% - 64.30% ]	44.4%	[ 42.96% - 45.75% ]

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<b>TRANSPORTATION</b>					
% 65+ who own a motor vehicle	*	87.8%	[ 86.02% - 89.67% ]	85.0%	[ 84.54% - 85.42% ]
% 60+ who always drive or ride wearing a seatbelt		92.7%	[ 88.51% - 96.97% ]	91.9%	[ 91.08% - 92.66% ]
% 60+ who drove under the influence of drinking in last month		N/A		2.0%	[ 1.44% - 2.48% ]
<b>HOUSING</b>					
% 65+ population who live alone	*	37.9%	[ 32.75% - 42.98% ]	31.4%	[ 30.79% - 32.10% ]
% 60+ own home	*	74.9%	[ 71.19% - 78.65% ]	70.3%	[ 69.85% - 70.73% ]
% 60+ homeowners who have mortgage		42.7%	[ 35.23% - 50.13% ]	48.7%	[ 47.71% - 49.72% ]
% 60+ stressed about paying rent/mortgage in last month	W	34.2%	[ 26.17% - 42.33% ]	22.1%	[ 20.02% - 24.09% ]
% 65+ households (renter) spend >35% of income on housing		58.0%	[ 38.41% - 77.58% ]	39.2%	[ 36.98% - 41.48% ]
% 65+ households (owner) spend >35% of income on housing		24.8%	[ -71.66% - 79.59% ]	27.6%	[ 26.49% - 28.80% ]
% 65+ moved within same county in last year		3.9%	[ 1.24% - 6.52% ]	3.6%	[ 3.20% - 3.93% ]
% 65+ moved from different county in last year		0.8%	[ -0.66% - 2.31% ]	1.0%	[ 0.79% - 1.17% ]
% 65+ moved from different state in last year		1.7%	[ -0.21% - 3.57% ]	1.1%	[ 0.88% - 1.33% ]
% of vacant homes in community		12.0%	[ 9.35% - 14.63% ]	12.1%	[ 11.62% - 12.58% ]
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year		6.7%	[ 0.51% - 12.92% ]	15.0%	[ -0.18% - 30.16% ]
% 65+ employed in last year	*	32.4%	[ 27.77% - 37.01% ]	21.9%	[ 21.25% - 22.51% ]
% 65+ with income below the poverty line in last year	*	4.0%	[ 1.62% - 6.31% ]	9.5%	[ 8.98% - 10.07% ]
% 65+ households with annual income < \$20,000		18.0%	[ 9.93% - 26.15% ]	24.3%	[ 23.28% - 25.36% ]
% 65+ households with annual income \$20,000-\$49,999	*	20.6%	[ 13.06% - 28.18% ]	32.2%	[ 31.06% - 33.39% ]
% 65+ households with annual income \$50,000-\$99,999		22.8%	[ 16.58% - 28.95% ]	24.8%	[ 23.82% - 25.70% ]
% 65+ households with annual income \$100,000+	*	38.6%	[ 30.61% - 46.54% ]	18.7%	[ 17.91% - 19.47% ]

Notes. <sup>1</sup> Community-state differences where the margin of error do not overlap each other are noted B, W, or \*.

<sup>2</sup> All community and state margins of error are 95% confidence intervals.

Questions or suggestions? Beth.Dugan@umb.edu