

Charlestown (Washington)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years	*	68.4%	[61.36% - 75.40%]	55.6%	[54.85% - 56.28%]
% 75-84 years		25.0%	[19.38% - 30.71%]	28.9%	[28.18% - 29.72%]
% 85 years or older	*	6.6%	[3.25% - 9.91%]	15.5%	[14.95% - 16.02%]
% 65+ population who are female		50.1%	[42.83% - 57.46%]	57.2%	[56.30% - 58.00%]
% 85+ population who are female		71.1%	[46.01% - 96.10%]	69.7%	[68.05% - 71.40%]
Race and ethnicity of the population 65+					
% White		96.7%	[92.28% - 101.14%]	92.0%	[90.81% - 93.12%]
% African American	*	0.1%	[-2.72% - 2.83%]	3.2%	[2.96% - 3.38%]
% Asian		0.0%	[-3.03% - 3.03%]	1.6%	[1.42% - 1.77%]
% Hispanic/Latino	*	0.6%	[-2.40% - 3.55%]	4.9%	[4.72% - 5.07%]
Marital status of the population 65+					
% married	*	68.2%	[63.95% - 72.46%]	51.3%	[50.78% - 51.78%]
% divorced/separated		11.1%	[5.34% - 16.93%]	15.7%	[15.00% - 16.37%]
% widowed	*	17.4%	[11.30% - 23.43%]	25.0%	[24.26% - 25.77%]
% never married		3.3%	[-0.96% - 7.54%]	8.0%	[7.50% - 8.54%]
Education of the population 65+					
% with less than high school education	*	8.5%	[4.32% - 12.64%]	19.1%	[18.37% - 19.74%]
% with high school or some college		47.1%	[39.89% - 54.28%]	52.9%	[52.00% - 53.74%]
% with college degree	*	20.0%	[14.91% - 25.02%]	14.2%	[13.63% - 14.77%]
% with graduate or professional degree	*	24.5%	[18.65% - 30.28%]	13.9%	[13.32% - 14.43%]
% of 65+ population who speak only English at home	*	95.0%	[89.05% - 100.91%]	82.9%	[81.76% - 83.94%]
% of 65+ population who are veterans of military service		18.1%	[12.27% - 23.86%]	19.0%	[18.51% - 19.54%]
% of 60+ who are LGBT		1.8%	[0.85% - 2.82%]	2.8%	[2.34% - 3.25%]
Age-sex adjusted 1-year mortality rate		3.6%	[2.63% - 4.51%]	4.4%	[4.26% - 4.46%]
WELLNESS					
% 60+ getting the recommended hours of sleep		66.9%	[62.53% - 71.31%]	63.0%	[61.81% - 64.29%]
% 60+ doing any physical activity within last month	B	77.7%	[73.42% - 81.95%]	71.0%	[69.74% - 72.20%]
% 60+ met CDC guidelines for muscle-strengthening activity	B	32.3%	[27.28% - 37.32%]	25.0%	[23.77% - 26.17%]
% 60+ met CDC guidelines for aerobic physical activity	B	63.0%	[57.90% - 68.06%]	54.3%	[52.92% - 55.67%]
% 60+ with fair or poor health status	B	14.6%	[11.10% - 18.09%]	19.5%	[18.47% - 20.56%]
% 60+ with 15+ physically unhealthy days in last month		11.5%	[8.40% - 14.63%]	14.5%	[13.57% - 15.46%]

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FALLS					
% 60+ who fell within last year		27.2%	[22.91% - 31.51%]	26.3%	[25.14% - 27.49%]
% 60+ who were injured in a fall within last year		9.6%	[6.76% - 12.50%]	10.3%	[9.54% - 11.14%]
% 65+ had hip fracture	B	2.3%	[1.38% - 3.16%]	3.4%	[3.27% - 3.52%]
PREVENTION					
% 60+ with physical exam/check-up in last year		92.6%	[90.14% - 95.05%]	93.0%	[92.31% - 93.64%]
% 60+ flu shot in last year		59.0%	[53.97% - 64.09%]	60.6%	[59.26% - 61.94%]
% 60+ with pneumonia vaccine		66.0%	[61.04% - 70.87%]	67.7%	[66.44% - 69.06%]
% 60+ with shingles vaccine		39.7%	[34.90% - 44.55%]	35.3%	[34.00% - 36.58%]
% 60+ women with a mammogram within last 2 years		86.1%	[81.32% - 90.88%]	82.0%	[80.65% - 83.43%]
% 60+ with colorectal cancer screening	B	84.7%	[81.05% - 88.34%]	77.8%	[76.64% - 78.95%]
% 60+ with HIV test		12.5%	[9.38% - 15.59%]	15.8%	[14.75% - 16.78%]
% 60+ met CDC preventive health screening goals		41.8%	[36.10% - 47.51%]	39.2%	[37.58% - 40.81%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		20.8%	[16.85% - 24.85%]	18.1%	[17.07% - 19.17%]
% 60+ stressed about buying food in last month		10.2%	[6.34% - 14.03%]	13.2%	[12.09% - 14.36%]
% 60+ self-reported obese		23.5%	[19.26% - 27.82%]	26.8%	[25.56% - 27.98%]
% 65+ clinically diagnosed obesity	B	24.9%	[21.96% - 27.78%]	29.3%	[28.94% - 29.63%]
% 65+ with high cholesterol	B	75.5%	[72.68% - 78.37%]	79.1%	[78.78% - 79.38%]
% 60+ with cholesterol screening		97.2%	[95.19% - 99.16%]	96.9%	[96.44% - 97.40%]
ORAL HEALTH					
% 60+ with dental insurance	B	64.2%	[59.66% - 68.79%]	56.3%	[54.99% - 57.64%]
% 60+ with annual dental exam	B	85.8%	[82.44% - 89.11%]	75.9%	[74.78% - 77.08%]
% 60+ with loss of 6 or more teeth	B	22.5%	[18.36% - 26.60%]	29.6%	[28.37% - 30.83%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		11.0%	[9.09% - 12.99%]	13.1%	[12.86% - 13.34%]
% 65+ with anemia	B	45.6%	[42.43% - 48.73%]	50.0%	[49.62% - 50.33%]
% 65+ with asthma		12.9%	[10.83% - 14.94%]	14.9%	[14.68% - 15.18%]
% 65+ with atrial fibrillation		14.2%	[12.04% - 16.30%]	15.0%	[14.72% - 15.22%]
% 65+ with autism spectrum disorder		N/A		0.04%	[0.03% - 0.06%]
% 65+ with benign prostatic hyperplasia (men)		44.4%	[39.74% - 49.01%]	42.2%	[41.66% - 42.72%]
% 65+ with breast cancer (women)		10.3%	[7.72% - 12.85%]	11.1%	[10.80% - 11.39%]
% 65+ with cataract	W	71.6%	[68.62% - 74.64%]	67.5%	[67.15% - 67.83%]
% 65+ with chronic kidney disease	B	23.8%	[20.97% - 26.53%]	30.7%	[30.38% - 31.07%]
% 65+ with chronic obstructive pulmonary disease		22.3%	[19.74% - 24.88%]	22.9%	[22.64% - 23.23%]
% 65+ with colon cancer		2.5%	[1.56% - 3.48%]	2.7%	[2.58% - 2.80%]
% 65+ with congestive heart failure	B	15.4%	[13.15% - 17.62%]	21.6%	[21.33% - 21.93%]
% 65+ with diabetes	B	27.6%	[24.60% - 30.51%]	34.7%	[34.30% - 35.01%]
% 65+ with endometrial cancer (women)		3.5%	[1.93% - 5.07%]	1.9%	[1.81% - 2.07%]

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% 65+ with epilepsy		2.9%	[1.86% - 3.94%]	2.9%	[2.82% - 3.08%]
% 65+ with fibromyalgia, chronic pain and fatigue		27.5%	[24.50% - 30.43%]	25.4%	[25.09% - 25.74%]
% 65+ with glaucoma		27.5%	[24.76% - 30.33%]	27.0%	[26.70% - 27.32%]
% 65+ ever had a heart attack	B	3.9%	[2.80% - 5.08%]	5.8%	[5.63% - 5.95%]
% 65+ with HIV/AIDS		0.1%	[0.03% - 0.10%]	0.12%	[0.10% - 0.15%]
% 65+ with hypertension		74.9%	[72.00% - 77.73%]	78.0%	[77.73% - 78.33%]
% 65+ with hypothyroidism		21.8%	[19.24% - 24.38%]	22.4%	[22.09% - 22.68%]
% 65+ with ischemic heart disease	B	37.1%	[33.92% - 40.31%]	41.8%	[41.39% - 42.13%]
% 65+ with leukemias and lymphomas		2.8%	[1.75% - 3.91%]	2.7%	[2.59% - 2.83%]
% 65+ with liver disease		9.9%	[7.91% - 11.82%]	9.9%	[9.71% - 10.16%]
% 65+ with lung cancer		2.2%	[1.31% - 3.16%]	2.1%	[1.97% - 2.17%]
% 65+ with migraine and other chronic headache	B	4.5%	[3.05% - 5.86%]	6.1%	[5.94% - 6.31%]
% 65+ with osteoarthritis or rheumatoid arthritis		57.4%	[53.97% - 60.77%]	56.2%	[55.78% - 56.54%]
% 65+ with osteoporosis	B	16.9%	[14.58% - 19.15%]	19.6%	[19.29% - 19.85%]
% 65+ with peripheral vascular disease	B	19.4%	[16.92% - 21.90%]	25.6%	[25.29% - 25.92%]
% 65+ with pressure ulcer or chronic ulcer		7.7%	[6.02% - 9.31%]	8.1%	[7.94% - 8.33%]
% 65+ with prostate cancer (men)		14.9%	[11.65% - 18.11%]	13.4%	[13.09% - 13.81%]
% 65+ with stroke		10.8%	[8.91% - 12.72%]	11.9%	[11.65% - 12.09%]
% 65+ with traumatic brain injury		0.7%	[0.47% - 0.97%]	1.0%	[0.96% - 1.11%]
% 65+ with 4+ (out of 15) chronic conditions	B	57.5%	[54.32% - 60.71%]	63.8%	[63.47% - 64.16%]
% 65+ with 0 chronic conditions		7.1%	[5.35% - 8.82%]	7.0%	[6.77% - 7.15%]
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		1.5%	[1.13% - 1.96%]	1.9%	[1.75% - 1.96%]
% 65+ with substance use disorder		6.1%	[4.54% - 7.73%]	7.0%	[6.76% - 7.15%]
% 60+ who used marijuana in last month		N/A		3.4%	[2.52% - 4.26%]
% 60+ excessive drinking		13.6%	[10.05% - 17.22%]	9.3%	[8.54% - 10.16%]
% 65+ with tobacco use disorder		8.7%	[6.83% - 10.67%]	10.8%	[10.58% - 11.06%]
% 60+ current smokers		5.7%	[3.30% - 8.14%]	8.7%	[7.98% - 9.51%]
% 60+ ever used E-Cigarettes in last month		3.7%	[1.83% - 5.55%]	5.8%	[5.14% - 6.42%]
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support	B	86.0%	[82.57% - 89.42%]	79.7%	[78.56% - 80.78%]
% 60+ who reported being satisfied with life	B	97.3%	[95.96% - 98.66%]	95.3%	[94.67% - 95.87%]
% 60+ with 15+ days poor mental health in last month	B	4.3%	[2.52% - 6.08%]	7.4%	[6.70% - 8.03%]
% 65+ with depression	B	27.5%	[24.74% - 30.34%]	32.9%	[32.60% - 33.26%]
% 65+ with anxiety disorder	B	22.4%	[19.67% - 25.22%]	29.8%	[29.48% - 30.17%]
% 65+ with bipolar disorder		3.4%	[2.15% - 4.70%]	4.1%	[3.93% - 4.23%]
% 65+ with post-traumatic stress disorder		1.2%	[0.53% - 1.96%]	1.7%	[1.60% - 1.81%]
% 65+ with schizophrenia & other psychotic disorder	B	2.3%	[1.33% - 3.36%]	3.8%	[3.61% - 3.89%]
% 65+ with personality disorder		1.9%	[1.05% - 2.74%]	2.8%	[2.66% - 2.91%]

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LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		15.1%	[9.56% - 20.56%]	13.9%	[13.26% - 14.57%]
% 65+ with clinical diagnosis of deafness or hearing impairment		16.5%	[14.14% - 18.87%]	16.4%	[16.17% - 16.70%]
% 65+ with self-reported vision difficulty		5.4%	[1.03% - 9.70%]	5.5%	[5.03% - 5.95%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.8%	[0.53% - 1.07%]	1.1%	[0.98% - 1.13%]
% 65+ with self-reported cognition difficulty		6.8%	[2.08% - 11.42%]	8.2%	[7.63% - 8.74%]
% 65+ with self-reported ambulatory difficulty	B	10.5%	[6.16% - 14.84%]	21.0%	[20.21% - 21.76%]
% 65+ with clinical diagnosis of mobility impairment		3.2%	[2.03% - 4.29%]	3.8%	[3.64% - 3.92%]
% 65+ with self-reported self-care difficulty		4.5%	[0.73% - 8.27%]	8.0%	[7.40% - 8.50%]
% 65+ with self-reported independent living difficulty	B	8.0%	[3.86% - 12.07%]	14.3%	[13.63% - 15.03%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		20.5%	[15.51% - 25.53%]	22.5%	[20.54% - 24.54%]
% of grandparents raising grandchildren	*	0.3%	[-0.27% - 0.80%]	1.0%	[0.84% - 1.08%]
% of grandparents who live with grandchildren	*	1.3%	[0.11% - 2.47%]	3.2%	[2.94% - 3.38%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	4.0%	[3.11% - 4.89%]	13.8%	[13.62% - 13.94%]
% 65+ Medicare managed care enrollees	*	33.9%	[31.73% - 36.05%]	43.8%	[43.55% - 44.00%]
% 60+ with a regular doctor		97.2%	[95.61% - 98.72%]	96.7%	[96.19% - 97.16%]
% 60+ who did not see a doctor when needed due to cost		4.1%	[1.83% - 6.43%]	5.4%	[4.75% - 5.98%]
SERVICE UTILIZATION					
# physician visits per year		8.6	[8.09 - 9.03]	8.4	[8.31 - 8.41]
# emergency room visits/1000 persons 65+ years annually	*	496.9	[427.15 - 566.59]	620.6	[609.83 - 631.28]
# Part D monthly prescription fills per person annually	*	47.4	[45.38 - 49.38]	52.2	[51.99 - 52.42]
# home health visits annually		2.8	[2.06 - 3.64]	3.5	[3.40 - 3.61]
# durable medical equipment claims annually		1.6	[1.24 - 1.87]	1.7	[1.69 - 1.76]
# inpatient hospital stays/1000 persons 65+ years annually	*	215.9	[177.77 - 253.94]	286.5	[281.04 - 291.96]
% Medicare inpatient hospital readmissions (as % of admissions)		14.3%	[8.99% - 19.58%]	17.4%	[16.81% - 17.98%]
# skilled nursing facility stays/1000 persons 65+ years annually	*	69.7	[49.28 - 90.14]	98.8	[95.83 - 101.70]
% 65+ getting Medicaid long term services and supports	*	1.4%	[0.83% - 1.88%]	4.2%	[4.12% - 4.31%]
% 65+ hospice users		3.0%	[2.20% - 3.82%]	3.5%	[3.45% - 3.63%]
% 65+ hospice users as % of decedents		63.4%	[47.25% - 79.63%]	53.0%	[51.86% - 54.20%]
Median hospice days per hospice user (65+, deceased)		17.5	[10.0 - 31.7]	11.0	[11.0 - 12.0]
Median hospice payment (Medicare + other) per hospice user		\$4,288	[\$3,219 - \$6,764]	\$3,871	[\$3,743 - \$4,011]
COMMUNITY					
% 60+ who used Internet in last month	*	84.7%	[81.10% - 88.21%]	71.6%	[70.41% - 72.82%]
% 60+ who believe local service orgs understand needs	*	56.2%	[50.87% - 61.62%]	44.1%	[42.62% - 45.57%]
% 60+ who believe he/she can make a difference	*	63.3%	[58.38% - 68.24%]	52.2%	[50.76% - 53.55%]
% 60+ who believe working together can make a difference		84.5%	[80.62% - 88.29%]	81.0%	[79.85% - 82.05%]
% 60+ who volunteer at least once per month	*	29.3%	[24.78% - 33.86%]	22.9%	[21.76% - 24.05%]
% 60+ who attend community events (church, club) monthly	*	56.7%	[51.62% - 61.74%]	44.4%	[42.96% - 45.75%]

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TRANSPORTATION					
% 65+ who own a motor vehicle	*	93.1%	[90.98% - 95.12%]	85.0%	[84.54% - 85.42%]
% 60+ who always drive or ride wearing a seatbelt		91.1%	[88.05% - 94.10%]	91.9%	[91.08% - 92.66%]
% 60+ who drove under the influence of drinking in last month		N/A		2.0%	[1.44% - 2.48%]
HOUSING					
% 65+ population who live alone	*	22.8%	[15.83% - 29.82%]	31.4%	[30.79% - 32.10%]
% 60+ own home	*	95.7%	[92.58% - 98.79%]	70.3%	[69.85% - 70.73%]
% 60+ homeowners who have mortgage		43.1%	[34.80% - 51.47%]	48.7%	[47.71% - 49.72%]
% 60+ stressed about paying rent/mortgage in last month		18.3%	[13.66% - 22.88%]	22.1%	[20.02% - 24.09%]
% 65+ households (renter) spend >35% of income on housing		0.0%	[-49.88% - 49.88%]	39.2%	[36.98% - 41.48%]
% 65+ households (owner) spend >35% of income on housing	*	23.0%	[1.05% - 9.11%]	27.6%	[26.49% - 28.80%]
% 65+ moved within same county in last year	*	0.0%	[-2.14% - 2.14%]	3.6%	[3.20% - 3.93%]
% 65+ moved from different county in last year		0.6%	[-1.51% - 2.78%]	1.0%	[0.79% - 1.17%]
% 65+ moved from different state in last year		1.0%	[-1.24% - 3.20%]	1.1%	[0.88% - 1.33%]
% of vacant homes in community	*	38.1%	[34.15% - 42.13%]	12.1%	[11.62% - 12.58%]
ECONOMIC					
% 60+ receiving food benefits in last year		5.2%	[0.55% - 9.91%]	15.0%	[-0.18% - 30.16%]
% 65+ employed in last year		22.9%	[17.06% - 28.64%]	21.9%	[21.25% - 22.51%]
% 65+ with income below the poverty line in last year		5.1%	[1.05% - 9.11%]	9.5%	[8.98% - 10.07%]
% 65+ households with annual income < \$20,000	*	8.4%	[1.86% - 14.93%]	24.3%	[23.28% - 25.36%]
% 65+ households with annual income \$20,000-\$49,999		30.1%	[20.13% - 40.10%]	32.2%	[31.06% - 33.39%]
% 65+ households with annual income \$50,000-\$99,999	*	35.7%	[25.91% - 45.52%]	24.8%	[23.82% - 25.70%]
% 65+ households with annual income \$100,000+		25.8%	[19.44% - 32.10%]	18.7%	[17.91% - 19.47%]

Notes. ¹ Community-state differences where the margin of error do not overlap each other are noted B, W, or *.

² All community and state margins of error are 95% confidence intervals.

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