

Cumberland (Providence)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Population 65 years or older					
% 65-74 years		55.5%	[50.21% - 60.78%]	55.6%	[54.85% - 56.28%]
% 75-84 years		32.4%	[27.89% - 37.01%]	28.9%	[28.18% - 29.72%]
% 85 years or older		12.1%	[8.74% - 15.37%]	15.5%	[14.95% - 16.02%]
% 65+ population who are female		55.6%	[50.52% - 60.73%]	57.2%	[56.30% - 58.00%]
% 85+ population who are female		62.7%	[48.21% - 77.19%]	69.7%	[68.05% - 71.40%]
Race and ethnicity of the population 65+					
% White	*	97.6%	[93.42% - 101.72%]	92.0%	[90.81% - 93.12%]
% African American	*	0.1%	[-1.09% - 1.31%]	3.2%	[2.96% - 3.38%]
% Asian	*	0.0%	[-1.27% - 1.27%]	1.6%	[1.42% - 1.77%]
% Hispanic/Latino		4.0%	[1.21% - 6.82%]	4.9%	[4.72% - 5.07%]
Marital status of the population 65+					
% married	*	59.0%	[57.37% - 60.55%]	51.3%	[50.78% - 51.78%]
% divorced/separated	*	9.5%	[5.76% - 13.26%]	15.7%	[15.00% - 16.37%]
% widowed		24.3%	[19.14% - 29.47%]	25.0%	[24.26% - 25.77%]
% never married		7.2%	[4.29% - 10.15%]	8.0%	[7.50% - 8.54%]
Education of the population 65+					
% with less than high school education		20.6%	[15.52% - 25.75%]	19.1%	[18.37% - 19.74%]
% with high school or some college		51.0%	[47.02% - 54.95%]	52.9%	[52.00% - 53.74%]
% with college degree		16.2%	[12.71% - 19.65%]	14.2%	[13.63% - 14.77%]
% with graduate or professional degree		12.2%	[8.97% - 15.43%]	13.9%	[13.32% - 14.43%]
% of 65+ population who speak only English at home		80.2%	[77.32% - 83.15%]	82.9%	[81.76% - 83.94%]
% of 65+ population who are veterans of military service	*	23.5%	[19.66% - 27.34%]	19.0%	[18.51% - 19.54%]
% of 60+ who are LGBT		3.5%	[2.65% - 4.44%]	2.8%	[2.34% - 3.25%]
Age-sex adjusted 1-year mortality rate		3.9%	[3.43% - 4.34%]	4.4%	[4.26% - 4.46%]
WELLNESS					
% 60+ getting the recommended hours of sleep		64.8%	[60.88% - 68.69%]	63.0%	[61.81% - 64.29%]
% 60+ doing any physical activity within last month		71.1%	[67.22% - 74.96%]	71.0%	[69.74% - 72.20%]
% 60+ met CDC guidelines for muscle-strengthening activity		23.6%	[19.85% - 27.27%]	25.0%	[23.77% - 26.17%]
% 60+ met CDC guidelines for aerobic physical activity		54.9%	[50.63% - 59.19%]	54.3%	[52.92% - 55.67%]
% 60+ with fair or poor health status		18.6%	[15.25% - 21.98%]	19.5%	[18.47% - 20.56%]
% 60+ with 15+ physically unhealthy days in last month		13.2%	[10.28% - 16.19%]	14.5%	[13.57% - 15.46%]

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FALLS					
% 60+ who fell within last year		22.4%	[18.83% - 25.94%]	26.3%	[25.14% - 27.49%]
% 60+ who were injured in a fall within last year		8.3%	[6.02% - 10.58%]	10.3%	[9.54% - 11.14%]
% 65+ had hip fracture		3.7%	[3.06% - 4.43%]	3.4%	[3.27% - 3.52%]
PREVENTION					
% 60+ with physical exam/check-up in last year		95.4%	[93.58% - 97.21%]	93.0%	[92.31% - 93.64%]
% 60+ flu shot in last year		62.0%	[57.80% - 66.28%]	60.6%	[59.26% - 61.94%]
% 60+ with pneumonia vaccine		71.9%	[67.80% - 75.93%]	67.7%	[66.44% - 69.06%]
% 60+ with shingles vaccine		36.2%	[32.05% - 40.41%]	35.3%	[34.00% - 36.58%]
% 60+ women with a mammogram within last 2 years		81.0%	[76.59% - 85.44%]	82.0%	[80.65% - 83.43%]
% 60+ with colorectal cancer screening		76.3%	[72.50% - 80.10%]	77.8%	[76.64% - 78.95%]
% 60+ with HIV test	*	10.4%	[7.86% - 12.91%]	15.8%	[14.75% - 16.78%]
% 60+ met CDC preventive health screening goals		41.0%	[35.94% - 46.03%]	39.2%	[37.58% - 40.81%]
NUTRITION & DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		18.9%	[15.48% - 22.32%]	18.1%	[17.07% - 19.17%]
% 60+ stressed about buying food in last month		10.1%	[7.02% - 13.08%]	13.2%	[12.09% - 14.36%]
% 60+ self-reported obese		27.1%	[23.20% - 31.05%]	26.8%	[25.56% - 27.98%]
% 65+ clinically diagnosed obesity		31.3%	[29.45% - 33.18%]	29.3%	[28.94% - 29.63%]
% 65+ with high cholesterol	W	83.4%	[81.90% - 84.84%]	79.1%	[78.78% - 79.38%]
% 60+ with cholesterol screening		97.8%	[96.50% - 99.14%]	96.9%	[96.44% - 97.40%]
ORAL HEALTH					
% 60+ with dental insurance		55.7%	[51.49% - 60.01%]	56.3%	[54.99% - 57.64%]
% 60+ with annual dental exam	B	80.8%	[77.40% - 84.15%]	75.9%	[74.78% - 77.08%]
% 60+ with loss of 6 or more teeth		26.4%	[22.66% - 30.20%]	29.6%	[28.37% - 30.83%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		13.3%	[12.03% - 14.59%]	13.1%	[12.86% - 13.34%]
% 65+ with anemia		51.8%	[49.85% - 53.65%]	50.0%	[49.62% - 50.33%]
% 65+ with asthma		14.5%	[13.18% - 15.85%]	14.9%	[14.68% - 15.18%]
% 65+ with atrial fibrillation		15.4%	[14.06% - 16.73%]	15.0%	[14.72% - 15.22%]
% 65+ with autism spectrum disorder		N/A		0.04%	[0.03% - 0.06%]
% 65+ with benign prostatic hyperplasia (men)		44.2%	[41.20% - 47.15%]	42.2%	[41.66% - 42.72%]
% 65+ with breast cancer (women)		10.5%	[8.99% - 11.95%]	11.1%	[10.80% - 11.39%]
% 65+ with cataract	W	71.4%	[69.58% - 73.12%]	67.5%	[67.15% - 67.83%]
% 65+ with chronic kidney disease		30.9%	[29.10% - 32.73%]	30.7%	[30.38% - 31.07%]
% 65+ with chronic obstructive pulmonary disease		21.5%	[19.93% - 23.01%]	22.9%	[22.64% - 23.23%]
% 65+ with colon cancer		3.3%	[2.62% - 3.91%]	2.7%	[2.58% - 2.80%]
% 65+ with congestive heart failure		23.2%	[21.55% - 24.79%]	21.6%	[21.33% - 21.93%]
% 65+ with diabetes		34.0%	[32.13% - 35.89%]	34.7%	[34.30% - 35.01%]
% 65+ with endometrial cancer (women)		2.1%	[1.38% - 2.75%]	1.9%	[1.81% - 2.07%]

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% 65+ with epilepsy		2.8% [2.15% - 3.42%]		2.9% [2.82% - 3.08%]	
% 65+ with fibromyalgia, chronic pain and fatigue		23.6% [21.96% - 25.30%]		25.4% [25.09% - 25.74%]	
% 65+ with glaucoma		27.5% [25.80% - 29.14%]		27.0% [26.70% - 27.32%]	
% 65+ ever had a heart attack		5.6% [4.73% - 6.41%]		5.8% [5.63% - 5.95%]	
% 65+ with HIV/AIDS		0.1% [0.05% - 0.14%]		0.12% [0.10% - 0.15%]	
% 65+ with hypertension	W	80.6% [79.08% - 82.20%]		78.0% [77.73% - 78.33%]	
% 65+ with hypothyroidism		23.5% [21.92% - 25.09%]		22.4% [22.09% - 22.68%]	
% 65+ with ischemic heart disease		42.9% [40.97% - 44.90%]		41.8% [41.39% - 42.13%]	
% 65+ with leukemias and lymphomas		2.5% [1.89% - 3.14%]		2.7% [2.59% - 2.83%]	
% 65+ with liver disease		9.2% [8.03% - 10.33%]		9.9% [9.71% - 10.16%]	
% 65+ with lung cancer		1.7% [1.17% - 2.14%]		2.1% [1.97% - 2.17%]	
% 65+ with migraine and other chronic headache		5.6% [4.63% - 6.49%]		6.1% [5.94% - 6.31%]	
% 65+ with osteoarthritis or rheumatoid arthritis		57.0% [54.97% - 59.00%]		56.2% [55.78% - 56.54%]	
% 65+ with osteoporosis		20.2% [18.75% - 21.70%]		19.6% [19.29% - 19.85%]	
% 65+ with peripheral vascular disease		26.7% [25.01% - 28.45%]		25.6% [25.29% - 25.92%]	
% 65+ with pressure ulcer or chronic ulcer	B	6.7% [5.79% - 7.69%]		8.1% [7.94% - 8.33%]	
% 65+ with prostate cancer (men)		12.1% [10.20% - 14.07%]		13.4% [13.09% - 13.81%]	
% 65+ with stroke		12.0% [10.80% - 13.19%]		11.9% [11.65% - 12.09%]	
% 65+ with traumatic brain injury	B	0.6% [0.29% - 0.90%]		1.0% [0.96% - 1.11%]	
% 65+ with 4+ (out of 15) chronic conditions	W	66.5% [64.69% - 68.36%]		63.8% [63.47% - 64.16%]	
% 65+ with 0 chronic conditions		6.5% [5.53% - 7.55%]		7.0% [6.77% - 7.15%]	
BEHAVIORAL HEALTH					
% 65+ with opioid use disorder		1.6% [1.11% - 2.15%]		1.9% [1.75% - 1.96%]	
% 65+ with substance use disorder		6.6% [5.62% - 7.64%]		7.0% [6.76% - 7.15%]	
% 60+ who used marijuana in last month		N/A		3.4% [2.52% - 4.26%]	
% 60+ excessive drinking		9.7% [6.95% - 12.46%]		9.3% [8.54% - 10.16%]	
% 65+ with tobacco use disorder		9.8% [8.54% - 11.00%]		10.8% [10.58% - 11.06%]	
% 60+ current smokers		6.1% [4.01% - 8.23%]		8.7% [7.98% - 9.51%]	
% 60+ ever used E-Cigarettes in last month		4.9% [2.83% - 6.97%]		5.8% [5.14% - 6.42%]	
MENTAL HEALTH					
% 60+ who reported receiving adequate emotional support		82.7% [79.24% - 86.06%]		79.7% [78.56% - 80.78%]	
% 60+ who reported being satisfied with life		96.4% [94.78% - 98.05%]		95.3% [94.67% - 95.87%]	
% 60+ with 15+ days poor mental health in last month	B	4.6% [2.99% - 6.12%]		7.4% [6.70% - 8.03%]	
% 65+ with depression		31.1% [29.31% - 32.80%]		32.9% [32.60% - 33.26%]	
% 65+ with anxiety disorder		28.8% [26.97% - 30.59%]		29.8% [29.48% - 30.17%]	
% 65+ with bipolar disorder	B	2.7% [2.06% - 3.39%]		4.1% [3.93% - 4.23%]	
% 65+ with post-traumatic stress disorder	B	0.9% [0.50% - 1.31%]		1.7% [1.60% - 1.81%]	
% 65+ with schizophrenia & other psychotic disorder		3.4% [2.70% - 4.13%]		3.8% [3.61% - 3.89%]	
% 65+ with personality disorder	B	2.0% [1.43% - 2.54%]		2.8% [2.66% - 2.91%]	

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LIVING WITH DISABILITY					
% 65+ with self-reported hearing difficulty		11.6%	[8.52% - 14.75%]	13.9%	[13.26% - 14.57%]
% 65+ with clinical diagnosis of deafness or hearing impairment		16.5%	[15.07% - 17.93%]	16.4%	[16.17% - 16.70%]
% 65+ with self-reported vision difficulty	B	3.1%	[1.34% - 4.83%]	5.5%	[5.03% - 5.95%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.0%	[0.67% - 1.41%]	1.1%	[0.98% - 1.13%]
% 65+ with self-reported cognition difficulty	B	4.8%	[2.81% - 6.72%]	8.2%	[7.63% - 8.74%]
% 65+ with self-reported ambulatory difficulty		20.9%	[16.37% - 25.51%]	21.0%	[20.21% - 21.76%]
% 65+ with clinical diagnosis of mobility impairment		3.4%	[2.68% - 4.02%]	3.8%	[3.64% - 3.92%]
% 65+ with self-reported self-care difficulty		5.5%	[3.09% - 7.87%]	8.0%	[7.40% - 8.50%]
% 65+ with self-reported independent living difficulty		10.7%	[6.95% - 14.53%]	14.3%	[13.63% - 15.03%]
CAREGIVING					
% of 60+ who provide care to a family/friend in last month		20.2%	[16.99% - 23.35%]	22.5%	[20.54% - 24.54%]
% of grandparents raising grandchildren		0.5%	[-0.10% - 1.09%]	1.0%	[0.84% - 1.08%]
% of grandparents who live with grandchildren		2.9%	[1.85% - 3.87%]	3.2%	[2.94% - 3.38%]
ACCESS TO CARE					
% 65+ dually eligible for Medicare and Medicaid	*	10.8%	[10.08% - 11.55%]	13.8%	[13.62% - 13.94%]
% 65+ Medicare managed care enrollees	*	48.2%	[47.07% - 49.43%]	43.8%	[43.55% - 44.00%]
% 60+ with a regular doctor		97.8%	[96.46% - 99.11%]	96.7%	[96.19% - 97.16%]
% 60+ who did not see a doctor when needed due to cost		4.7%	[2.82% - 6.52%]	5.4%	[4.75% - 5.98%]
SERVICE UTILIZATION					
# physician visits per year		8.4	[8.13 - 8.72]	8.4	[8.31 - 8.41]
# emergency room visits/1000 persons 65+ years annually		567.4	[522.62 - 612.11]	620.6	[609.83 - 631.28]
# Part D monthly prescription fills per person annually		52.6	[51.48 - 53.66]	52.2	[51.99 - 52.42]
# home health visits annually		3.4	[2.87 - 3.83]	3.5	[3.40 - 3.61]
# durable medical equipment claims annually		1.7	[1.47 - 1.87]	1.7	[1.69 - 1.76]
# inpatient hospital stays/1000 persons 65+ years annually		302.9	[274.32 - 331.44]	286.5	[281.04 - 291.96]
% Medicare inpatient hospital readmissions (as % of admissions)		17.0%	[14.36% - 19.62%]	17.4%	[16.81% - 17.98%]
# skilled nursing facility stays/1000 persons 65+ years annually		108.4	[92.75 - 124.09]	98.8	[95.83 - 101.70]
% 65+ getting Medicaid long term services and supports		4.0%	[3.52% - 4.44%]	4.2%	[4.12% - 4.31%]
% 65+ hospice users		3.5%	[3.05% - 3.96%]	3.5%	[3.45% - 3.63%]
% 65+ hospice users as % of decedents		57.5%	[50.94% - 63.98%]	53.0%	[51.86% - 54.20%]
Median hospice days per hospice user (65+, deceased)		13.0	[10.0 - 16.0]	11.0	[11.0 - 12.0]
Median hospice payment (Medicare + other) per hospice user		\$4,205	[\$3,413 - \$5,039]	\$3,871	[\$3,743 - \$4,011]
COMMUNITY					
% 60+ who used Internet in last month		68.9%	[64.98% - 72.86%]	71.6%	[70.41% - 72.82%]
% 60+ who believe local service orgs understand needs		39.5%	[34.91% - 44.18%]	44.1%	[42.62% - 45.57%]
% 60+ who believe he/she can make a difference		50.0%	[45.61% - 54.37%]	52.2%	[50.76% - 53.55%]
% 60+ who believe working together can make a difference		82.2%	[78.91% - 85.41%]	81.0%	[79.85% - 82.05%]
% 60+ who volunteer at least once per month		20.6%	[17.28% - 24.01%]	22.9%	[21.76% - 24.05%]
% 60+ who attend community events (church, club) monthly		40.0%	[35.77% - 44.23%]	44.4%	[42.96% - 45.75%]

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TRANSPORTATION					
% 65+ who own a motor vehicle		87.4%	[85.08% - 89.81%]	85.0%	[84.54% - 85.42%]
% 60+ who always drive or ride wearing a seatbelt		94.1%	[91.85% - 96.43%]	91.9%	[91.08% - 92.66%]
% 60+ who drove under the influence of drinking in last month		N/A		2.0%	[1.44% - 2.48%]
HOUSING					
% 65+ population who live alone		30.0%	[24.85% - 35.15%]	31.4%	[30.79% - 32.10%]
% 60+ own home	*	73.1%	[70.95% - 75.25%]	70.3%	[69.85% - 70.73%]
% 60+ homeowners who have mortgage		41.8%	[35.47% - 48.12%]	48.7%	[47.71% - 49.72%]
% 60+ stressed about paying rent/mortgage in last month		24.5%	[21.01% - 28.01%]	22.1%	[20.02% - 24.09%]
% 65+ households (renter) spend >35% of income on housing		52.9%	[38.02% - 67.75%]	39.2%	[36.98% - 41.48%]
% 65+ households (owner) spend >35% of income on housing	*	23.0%	[4.91% - 10.59%]	27.6%	[26.49% - 28.80%]
% 65+ moved within same county in last year	*	1.5%	[0.54% - 2.52%]	3.6%	[3.20% - 3.93%]
% 65+ moved from different county in last year		0.0%	[-0.90% - 0.90%]	1.0%	[0.79% - 1.17%]
% 65+ moved from different state in last year		0.5%	[-0.37% - 1.37%]	1.1%	[0.88% - 1.33%]
% of vacant homes in community	*	5.7%	[3.60% - 7.82%]	12.1%	[11.62% - 12.58%]
ECONOMIC					
% 60+ receiving food benefits in last year		10.3%	[-0.08% - 20.75%]	15.0%	[-0.18% - 30.16%]
% 65+ employed in last year		19.3%	[15.22% - 23.34%]	21.9%	[21.25% - 22.51%]
% 65+ with income below the poverty line in last year		7.8%	[4.91% - 10.59%]	9.5%	[8.98% - 10.07%]
% 65+ households with annual income < \$20,000		24.0%	[17.53% - 30.54%]	24.3%	[23.28% - 25.36%]
% 65+ households with annual income \$20,000-\$49,999		31.0%	[24.59% - 37.49%]	32.2%	[31.06% - 33.39%]
% 65+ households with annual income \$50,000-\$99,999		25.8%	[20.03% - 31.57%]	24.8%	[23.82% - 25.70%]
% 65+ households with annual income \$100,000+		19.1%	[14.60% - 23.65%]	18.7%	[17.91% - 19.47%]

Notes. ¹ Community-state differences where the margin of error do not overlap each other are noted B, W, or *.

² All community and state margins of error are 95% confidence intervals.

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