

## ZIPCODE 02909 (Providence)

HEALTHY AGING INDICATORS	BETTER / WORSE CITY RATE	BETTER / WORSE STATE RATE	ZIPCODE 02909 ESTIMATE	Providence ESTIMATE	STATE ESTIMATE
<b>POPULATION CHARACTERISTICS</b>					
Total population all ages			40,572	179,435	1,056,611
Median age of females			30.9	30.2	41.6
Median age of males			29.9	29.9	38.1
Population 60 years or older as % of total population			12.4%	14.4%	23.0%
Total population 60 years or older			5,043	25,805	243,523
Population 65 years or older as % of total population			8.5%	10.2%	16.5%
Total population 65 years or older			3,447	18,252	174,210
% 65-74 years			56.6%	54.1%	55.6%
% 75-84 years			26.5%	29.8%	28.9%
% 85 years or older			16.9%	16.2%	15.5%
% 65+ population who are female			62.5%	58.8%	57.2%
% 85+ population who are female			65.2%	67.7%	69.7%
% White		*	63.3%	68.1%	92.0%
% African American		*	17.3%	14.6%	3.2%
% Asian			2.0%	3.8%	1.6%
% Other race			17.4%	13.4%	3.3%
% Hispanic/Latino	*	*	40.2%	25.9%	4.9%
% married		*	30.6%	38.8%	51.3%
% divorced/separated			18.9%	18.8%	15.7%
% widowed			28.1%	25.4%	25.0%
% never married		*	22.4%	17.1%	8.0%
% with less than high school education		*	37.6%	31.1%	19.1%
% with high school or some college	*		57.1%	43.4%	52.9%
% with college degree	*	*	2.2%	9.7%	14.2%
% with graduate or professional degree	*	*	3.1%	15.7%	13.9%
% population who speak only English at home	*	*	47.5%	59.9%	82.9%
% population who are veterans of military service	*	*	5.5%	11.6%	19.0%
Age-sex adjusted 1-year mortality rate			3.8%	4.0%	4.4%
<b>ECONOMIC</b>					
% 60+ receiving food benefits in last year			46.9%	35.7%	15.0%
% 65+ employed in last year		*	15.8%	19.6%	21.9%
% 65+ with income below the poverty line in last year		*	25.4%	19.2%	9.5%
Median household income			\$35,486	\$42,158	\$63,296
% 65+ households with annual income < \$20,000		*	51.7%	40.3%	24.3%
% 65+ households with annual income \$20,000-\$49,999			28.0%	26.7%	32.2%
% 65+ households with annual income \$50,000-\$99,999		*	12.2%	17.7%	24.8%
% 65+ households with annual income \$100,000+		*	8.1%	15.3%	18.7%
% 65+ who own a motor vehicle		*	56.6%	67.1%	85.0%

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<b>HOUSING</b>					
% 65+ population who live alone		*	41.2%	37.6%	31.4%
% of grandparents raising grandchildren			0.9%	1.0%	1.0%
% of grandparents who live with grandchildren			4.5%	4.6%	3.2%
Average household size (all ages)			2.8	2.7	2.5
Median house value			\$166,700	\$192,100	\$249,800
% 60+ own home	*	*	37.4%	47.8%	70.3%
% 60+ homeowners who have mortgage			57.7%	53.7%	48.7%
% 65+ households (renter) spend >35% of income on housing			33.5%	33.7%	39.2%
% 65+ households (owner) spend >35% of income on housing			38.2%	32.1%	27.6%
% 65+ moved within same county in last year			2.3%	5.0%	3.6%
% 65+ moved from different county in last year			0.0%	0.4%	1.0%
% 65+ moved from different state in last year			1.3%	1.0%	1.1%
% of vacant homes in community		*	17.2%	15.4%	12.1%
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias			11.5%	13.8%	13.1%
% 65+ with anemia			49.1%	48.0%	50.0%
% 65+ with asthma			14.1%	14.6%	14.9%
% 65+ with atrial fibrillation		B	10.6%	12.3%	15.0%
% 65+ with benign prostatic hyperplasia (men)		B	35.5%	38.8%	42.2%
% 65+ with breast cancer (women)		B	7.4%	10.1%	11.1%
% 65+ with cataract	B	B	54.4%	61.6%	67.5%
% 65+ with chronic kidney disease	W	W	38.4%	32.8%	30.7%
% 65+ with chronic obstructive pulmonary disease			22.2%	20.3%	22.9%
% 65+ with clinically diagnosed obesity			29.5%	28.6%	29.3%
% 65+ with colon cancer		B	1.1%	2.1%	2.7%
% 65+ with congestive heart failure			21.7%	21.2%	21.6%
% 65+ with diabetes	W	W	44.6%	38.3%	34.7%
% 65+ with endometrial cancer (women)			1.6%	1.4%	1.9%
% 65+ with epilepsy			2.3%	3.0%	2.9%
% 65+ with fibromyalgia, chronic pain and fatigue		B	21.5%	24.0%	25.4%
% 65+ with glaucoma		B	22.4%	25.4%	27.0%
% 65+ ever had a heart attack			6.4%	5.7%	5.8%
% 65+ had hip fracture			2.4%	3.1%	3.4%
% 65+ with high cholesterol		B	72.8%	74.6%	79.1%
% 65+ with hypertension			77.6%	75.0%	78.0%
% 65+ with hypothyroidism		B	17.6%	19.5%	22.4%
% 65+ with ischemic heart disease			39.6%	39.7%	41.8%
% 65+ with leukemias and lymphomas			2.3%	2.4%	2.7%
% 65+ with liver disease			11.5%	10.3%	9.9%

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% 65+ with lung cancer			2.7%	2.4%	2.1%
% 65+ with migraine and other chronic headache			5.2%	5.7%	6.1%
% 65+ with osteoarthritis or rheumatoid arthritis		B	47.2%	50.6%	56.2%
% 65+ with osteoporosis		B	16.8%	19.6%	19.6%
% 65+ with peripheral vascular disease			26.5%	26.3%	25.6%
% 65+ with pressure ulcer or chronic ulcer			6.4%	7.7%	8.1%
% 65+ with prostate cancer (men)	B	B	7.7%	12.8%	13.4%
% 65+ with stroke			9.9%	11.2%	11.9%
% 65+ with traumatic brain injury			0.8%	0.8%	1.0%
% 65+ with 4+ (out of 15) chronic conditions			62.1%	61.5%	63.8%
% 65+ with 0 chronic conditions		B	10.8%	9.2%	7.0%
<b>BEHAVIORAL / MENTAL HEALTH</b>					
% 65+ with opioid use disorder			2.1%	2.2%	1.9%
% 65+ with substance use disorder			8.2%	8.1%	7.0%
% 65+ with tobacco use disorder		W	15.8%	12.5%	10.8%
% 65+ with depression			34.1%	35.7%	32.9%
% 65+ with anxiety disorder			28.7%	28.6%	29.8%
% 65+ with bipolar disorder			4.6%	5.0%	4.1%
% 65+ with post-traumatic stress disorder			2.4%	2.4%	1.7%
% 65+ with schizophrenia & other psychotic disorder			4.8%	5.2%	3.8%
% 65+ with personality disorder			2.5%	3.2%	2.8%
<b>LIVING WITH DISABILITY</b>					
% 65+ with self-reported hearing difficulty		B	8.3%	11.5%	13.9%
% 65+ with clinical diagnosis of deafness or hearing impairment	B	B	12.2%	15.6%	16.4%
% 65+ with self-reported vision difficulty			5.7%	7.4%	5.5%
% 65+ with clinical diagnosis of blindness or visual impairment			1.4%	1.5%	1.1%
% 65+ with self-reported cognition difficulty		W	14.5%	14.5%	8.2%
% 65+ with self-reported ambulatory difficulty		W	32.7%	27.8%	21.0%
% 65+ with clinical diagnosis of mobility impairment			4.7%	4.3%	3.8%
% 65+ with self-reported self-care difficulty		W	20.1%	14.6%	8.0%
% 65+ with self-reported independent living difficulty		W	26.0%	22.8%	14.3%
<b>ACCESS TO CARE / SERVICE UTILIZATION</b>					
% 65+ dually eligible for Medicare and Medicaid	*	*	46.5%	35.0%	13.8%
% 65+ Medicare managed care enrollees	*	*	48.6%	45.1%	43.8%
# physician visits per year	*	*	5.8	7.2	8.4
# emergency room visits/1000 persons 65+ years annually			849.0	714.6	620.6
# Part D monthly prescription fills per person annually			54.1	53.9	52.2
# home health visits annually			3.5	3.6	3.5
# durable medical equipment claims annually			1.6	1.6	1.7
# inpatient hospital stays/1000 persons 65+ years annually			320.3	306.6	286.5

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% Medicare inpatient hospital readmissions (as % of admissions)		*	25.8%	19.2%	17.4%
# skilled nursing facility stays/1000 persons 65+ years annually			94.0	106.9	98.8
% 65+ getting Medicaid long term services and supports		*	6.8%	7.0%	4.2%
% 65+ hospice users	*	*	2.3%	3.3%	3.5%
% 65+ hospice users as % of decedents			45.8%	47.9%	53.0%
Median hospice days per hospice user (65+, deceased)			9.0	14.0	11.0
Median hospice payment (Medicare + other) per hospice user			\$3,964.26	\$4,573.30	\$3,870.97

#### TECHNICAL NOTES

\*See our technical report (online at <https://healthyagingdatareports.org>) for more information on data sources, measures, and methodology. For most indicators the community and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and community estimates may be due to chance associated with population sampling. We use the terms “Better” and “Worse” to highlight differences between community and state estimates that we are confident are not due to chance. “Better” is used where a higher/lower value has positive implications for the health of older residents. “Worse” is used where a higher/lower score has negative implications for the health of older people, and when the implication is unclear, we use an \*. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed we used a hierarchical approach to reporting.

#### Data Sources:

- Population Characteristics: The U.S. Census Bureau (American Community Survey 2014-2018).
- Economic & Housing: ACS (2014-2018).
- Chronic Disease: The CMS Master Beneficiary Summary File ABCD/Other (2016-2017).
- Behavioral / Mental Health: CMS (2016-2017).
- Living with Disability: CMS (2016-2017) and ACS (2014-2018).
- Caregiving: BRFSS (2012-2017), [memorycaresdirectory.com](http://memorycaresdirectory.com) (2020), and the Alzheimer’s Assoc. (May 2018).
- Access to Care / Service Utilization: CMS (2017).

*Healthy Aging Data Report Team: Many people contributed to this research. The 2020 research team: Beth Dugan PhD, Nina Silverstein PhD, Chae Man Lee PhD, Frank Porell PhD, ShuangShuang Wang PhD, Haowei Wang PhD, Xiao Joyce Wang, Richard Chunga, Taylor Jansen, & Shu Xu from the Gerontology Institute at the University of Massachusetts Boston. The Tufts Health Plan Foundation supported the research and provided important guidance.*

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