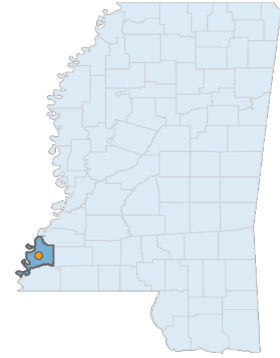


Adams



POPULATION CHARACTERISTICS	County rate is significantly different than State rate	COUNTY ESTIMATE	STATE ESTIMATE
Total population all ages		31,103	2,981,835
Population 60 years or older as % of total population		26.8%	22.3%
Total population 60 years or older		8,349	663,581
Population 65 years or older as % of total population		18.7%	15.9%
Total population 65 years or older		5,811	474,270
% 65-74 years		57.7%	59.7%
% 75-84 years		32.3%	29.4%
% 85 years or older		10.0%	10.1%
% 65+ population who are female		57.6%	56.5%
% 85+ population who are female		76.3%	67.4%
Race and ethnicity of the population 65+			
% White	*	53.3%	70.9%
% African American	*	45.2%	26.9%
% Other race(s)		1.5%	2.2%
% Hispanic/Latino		0.5%	1.0%
Marital status of the population 65+			
% married	*	43.6%	53.1%
% divorced/separated	*	21.6%	14.5%
% widowed		25.7%	27.1%
% never married	*	9.1%	5.3%
Education of the population 65+			
% with less than high school education		23.5%	20.1%
% with high school or some college		56.8%	58.7%
% with college degree		10.3%	11.8%
% with graduate or professional degree		9.4%	9.4%
% of 65+ population who speak only English at home		99.0%	97.8%
% of 65+ population who are veterans of military service		13.7%	15.8%
Life expectancy at birth		73.3	74.6

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE	COUNTY ESTIMATE	STATE ESTIMATE
COVID-19			
Total COVID-19 cases since March 2020		7,158	797,161
COVID-19 mortality rate per 100,000 people		456.5	417.1
% of county received at least one vaccine dose		58.0%	53.7%
% of county fully vaccinated		48.0%	48.9%
WELLNESS			
% 60+ getting the recommended hours of sleep		57.2%	59.9%
% 60+ doing any physical activity within last month		62.7%	61.3%
% 60+ met CDC guidelines for muscle-strengthening activity		25.3%	19.0%
% 60+ met CDC guidelines for aerobic physical activity		42.8%	39.8%
% 60+ with fair or poor health status		31.0%	32.5%
% 60+ with 15+ physically unhealthy days in last month		14.1%	18.7%
FALLS			
% 60+ who fell within last year		21.6%	27.8%
% 60+ who were injured in a fall within last year		12.0%	10.6%
PREVENTION			
% 60+ with physical exam/check-up in last year		86.1%	89.0%
% 60+ had flu shot in last year		58.6%	57.6%
% 60+ had pneumonia vaccine		55.7%	58.9%
% 60+ had shingles vaccine		26.8%	24.4%
% 60+ women with a mammogram within last 2 years		70.5%	71.0%
% 60+ with colorectal cancer screening		58.5%	57.1%
% 60+ with HIV test		17.2%	20.8%
% 60+ met CDC preventive health screening goals		30.6%	26.2%
CHRONIC DISEASE			
% 65+ with Alzheimer's disease or related dementias		14.2%	12.9%
% 65+ with arthritis		46.8%	39.8%
% 65+ with asthma		4.1%	3.7%
% 65+ with atrial fibrillation		7.4%	8.9%
% 65+ with cancer (breast, colorectal, lung, prostate)		10.1%	8.8%
% 65+ with chronic kidney disease		22.6%	25.3%
% 65+ with chronic obstructive pulmonary disease (COPD)		10.1%	12.6%
% 65+ with diabetes		30.1%	30.7%
% 65+ with high cholesterol		49.6%	48.9%
% 65+ with heart failure		21.4%	16.1%
% 65+ with hypertension		74.5%	67.9%
% 65+ with ischemic heart disease		32.3%	31.9%
% 65+ with osteoporosis		7.1%	6.4%
% 65+ with stroke		6.4%	4.4%

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE	COUNTY ESTIMATE	STATE ESTIMATE
NUTRITION & DIET			
% 60+ with 5 or more servings of fruits or vegetables per day		9.7%	11.1%
% 60+ self-reported obese		33.3%	36.0%
% 60+ with cholesterol screening		96.6%	94.7%
ORAL HEALTH			
% 60+ with annual dental exam		59.8%	56.3%
# of dentists per 100,000 persons (all ages)		39.6	42.1
% 60+ with loss of 6 or more teeth		44.3%	45.8%
BEHAVIORAL HEALTH			
# of drug overdose deaths (all ages)		21	2,137
% 60+ current smokers		13.0%	13.1%
% 65+ with alcohol abuse disorder		1.2%	1.3%
% 65+ with drug abuse/substance abuse disorder		2.4%	2.6%
MENTAL HEALTH			
% 60+ with 15+ days poor mental health in last month		12.0%	9.8%
% 65+ with depression		16.2%	16.4%
% 65+ with schizophrenia & other psychotic disorder		3.2%	2.2%
LIVING WITH DISABILITY			
% 65+ with self-reported hearing difficulty	*	10.4%	15.5%
% 65+ with self-reported vision difficulty	*	4.8%	8.7%
% 65+ with self-reported cognition difficulty	*	6.8%	11.2%
% 65+ with self-reported ambulatory difficulty		26.8%	28.0%
% 65+ with self-reported self-care difficulty		11.6%	10.2%
% 65+ with self-reported independent living difficulty		14.6%	17.3%
CAREGIVING			
% of grandparents raising grandchildren		2.2%	2.4%
% of grandparents who live with grandchildren		3.6%	4.7%
ACCESS TO CARE			
% 60+ with a regular doctor		91.6%	92.0%
% 60+ who did not see a doctor when needed due to cost		9.8%	8.6%
# of primary care providers in county		25	3,571
# of rural health care centers in county		2	191
# of hospitals in county		1	101
# of home health agencies in county		0	45
# of nursing homes in county		3	204
# of community health centers in county		0	20
# of adult day health centers in county		0	8
# of hospice agencies in county		0	94

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE	COUNTY ESTIMATE	STATE ESTIMATE
COMMUNITY			
Particulate matter PM2.5		N/A	9.1
Ozone		N/A	0.361
Air pollution: annual # of unhealthy days for 65+		N/A	N/A
Age-friendly efforts in county		Not yet	Not yet
# of senior centers in county		2	115
% households that have smartphone (all ages)		13.6%	15.3%
% households without computer (all ages)	*	20.3%	13.5%
% households with access to Broadband (all ages)		75.2%	75.8%
% households without access to Internet (all ages)		24.8%	23.9%
Voter participation rate in 2020 presidential election (age 18+)		64.2%	61.2%
SAFETY & CRIME			
Homicide rate/100,000 persons		28.5	14.1
# firearm fatalities (all ages)		56	3,428
# 60+ deaths by suicide		0	562
TRANSPORTATION			
% 65+ who own a motor vehicle		87.0%	91.5%
% 60+ who always drive or ride wearing a seatbelt		90.3%	89.6%
# of fatal crashes involving adult age 60+		4	780
HOUSING			
% 65+ population who live alone		30.6%	28.1%
Average household size (all ages)		2.6	2.6
Median house value	*	\$94,100	\$125,500
% 60+ who own home	*	77.0%	82.7%
% 60+ homeowners who have mortgage		27.8%	32.1%
% 65+ households(renter) who spend >35% of income on housing		27.0%	33.5%
% 65+ households(owner) who spend >35% of income on housing		15.3%	15.2%
ECONOMIC			
% 60+ receiving food benefits in last year	*	17.8%	11.4%
% 65+ employed in last year		16.3%	15.6%
% 65+ with income below the poverty line in last year	*	19.1%	12.8%
65+ median household income	*	\$27,767	\$36,653
% 65+ households with annual income < \$20,000	*	38.6%	27.4%
% 65+ households with annual income \$20,000-\$49,999		30.9%	35.5%
% 65+ households with annual income \$50,000-\$99,999		21.2%	24.6%
% 65+ households with annual income \$100,000+		9.4%	12.5%

HEALTHY AGING INDICATORS

RATIO OF COUNTY
TO STATE

\$ COUNTY
ESTIMATE

\$ STATE
ESTIMATE

Elder Index: COST OF LIVING

	RATIO OF COUNTY TO STATE	\$ COUNTY ESTIMATE	\$ STATE ESTIMATE
Single, homeowner without mortgage, good health	1.04	\$21,528	\$20,760
Single, renter, good health	1.00	\$23,988	\$23,892
Couple, homeowner without mortgage, good health	1.05	\$34,848	\$33,264
Couple, renter, good health	1.03	\$37,308	\$36,396

TECHNICAL NOTES

**See our technical report for more information on data sources, measures, and methodology. For most indicators the county and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and county estimates may be due to chance associated with population sampling. We use the terms “Better” and “Worse” to highlight differences between county and state estimates that we are confident are not due to chance. “Better” is used where a higher/lower value has positive implications for the health of older residents. “Worse” is used where a higher/lower score has negative implications for the health of older people, and when the implication is unclear, we use an *. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed we used a hierarchical approach to reporting.*

Data Sources:

- *Population Characteristics: The U.S. Census Bureau (American Community Survey 2016-2020) & Robert Wood Johnson Foundation (2020).*
- *COVID-19: Mississippi State Department of Health (MSDH; 2022).*
- *Wellness, Falls, Prevention: The Behavioral Risk Factor Surveillance System (BRFSS; 2013-2020), & Health Resources and Services Administration (HRSA) Area Health Resources Files (AHRF; 2022).*
- *Chronic Disease: The Centers for Medicare and Medicaid Services (CMS) Select Chronic Conditions Database (2018).*
- *Nutrition/Diet, Oral Health: BRFSS (2013-2020) & Health Resources and Services Administration (HRSA) Area Health Resources Files (AHRF; 2022).*
- *Behavioral Health, Mental Health: BRFSS (2013-2020), CMS (2018), & MSDH (2022).*
- *Living with Disability: ACS (2016-2020).*
- *Caregiving: ACS (2016-2020).*
- *Access to Care: BRFSS (2013-2020), CMS (2018), National Adult Day Service Association (June 2022), Community Health Center (Association of Mississippi; June 2022).*
- *Community: Environmental Protection Agency (EPA, 2020), BRFSS (2013-2020), ACS (2016-2020), AARP, & State of Mississippi (May 2022).*
- *Safety & Crime: CDC WONDER (2016-2020).*
- *Transportation: BRFSS (2013-2020), ACS (2016-2020), & Fatality Analysis Reporting System (FARS; 2016-2020).*
- *Housing & Economic: ACS (2016-2020).*
- *Elder Index: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston (2022).*

Acknowledgments: *Many people contributed to the MS Healthy Aging Data Report research. The University of Massachusetts Boston Gerontology Institute 2022 research team: Beth Dugan PhD, Nina Silverstein PhD, Chae Man Lee PhD, Taylor Jansen MS, Shu Xu MS, & Yanjhu Su MS. Dr. Kina White from the Mississippi State Department of Health provided important guidance and leadership.*

Questions? Beth.Dugan@umb.edu