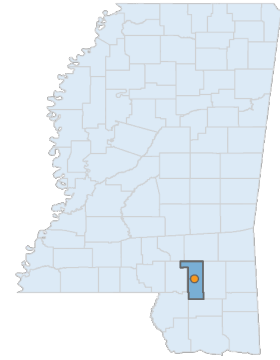


# Forrest



POPULATION CHARACTERISTICS	County rate is significantly different than State rate	COUNTY ESTIMATE	STATE ESTIMATE
Total population all ages		75,162	2,981,835
Population 60 years or older as % of total population		19.7%	22.3%
Total population 60 years or older		14,840	663,581
Population 65 years or older as % of total population		13.6%	15.9%
Total population 65 years or older		10,246	474,270
% 65-74 years		56.8%	59.7%
% 75-84 years		29.6%	29.4%
% 85 years or older		13.6%	10.1%
% 65+ population who are female		57.4%	56.5%
% 85+ population who are female		59.9%	67.4%
Race and ethnicity of the population 65+			
% White		73.9%	70.9%
% African American	*	23.8%	26.9%
% Other race(s)		2.3%	2.2%
% Hispanic/Latino		1.2%	1.0%
Marital status of the population 65+			
% married		51.0%	53.1%
% divorced/separated		17.7%	14.5%
% widowed		24.4%	27.1%
% never married		6.9%	5.3%
Education of the population 65+			
% with less than high school education	*	15.4%	20.1%
% with high school or some college		58.5%	58.7%
% with college degree		10.5%	11.8%
% with graduate or professional degree	*	15.6%	9.4%
% of 65+ population who speak only English at home		98.4%	97.8%
% of 65+ population who are veterans of military service		18.2%	15.8%
Life expectancy at birth		73.6	74.6

<b>HEALTHY AGING INDICATORS</b>	<b>BETTER / WORSE STATE RATE</b>	<b>COUNTY ESTIMATE</b>	<b>STATE ESTIMATE</b>
<b>COVID-19</b>			
Total COVID-19 cases since March 2020		22,030	797,161
COVID-19 mortality rate per 100,000 people		416.4	417.1
% of county received at least one vaccine dose		48.0%	53.7%
% of county fully vaccinated		44.0%	48.9%
<b>WELLNESS</b>			
% 60+ getting the recommended hours of sleep		58.6%	59.9%
% 60+ doing any physical activity within last month		64.0%	61.3%
% 60+ met CDC guidelines for muscle-strengthening activity		15.2%	19.0%
% 60+ met CDC guidelines for aerobic physical activity		41.6%	39.8%
% 60+ with fair or poor health status		32.2%	32.5%
% 60+ with 15+ physically unhealthy days in last month		20.7%	18.7%
<b>FALLS</b>			
% 60+ who fell within last year		34.3%	27.8%
% 60+ who were injured in a fall within last year		11.3%	10.6%
<b>PREVENTION</b>			
% 60+ with physical exam/check-up in last year		88.4%	89.0%
% 60+ had flu shot in last year		61.5%	57.6%
% 60+ had pneumonia vaccine		64.6%	58.9%
% 60+ had shingles vaccine		26.4%	24.4%
% 60+ women with a mammogram within last 2 years		69.7%	71.0%
% 60+ with colorectal cancer screening		53.6%	57.1%
% 60+ with HIV test		23.4%	20.8%
% 60+ met CDC preventive health screening goals		27.1%	26.2%
<b>CHRONIC DISEASE</b>			
% 65+ with Alzheimer's disease or related dementias		14.3%	12.9%
% 65+ with arthritis		44.5%	39.8%
% 65+ with asthma		4.9%	3.7%
% 65+ with atrial fibrillation		8.7%	8.9%
% 65+ with cancer (breast, colorectal, lung, prostate)		10.9%	8.8%
% 65+ with chronic kidney disease		26.8%	25.3%
% 65+ with chronic obstructive pulmonary disease (COPD)		13.7%	12.6%
% 65+ with diabetes		29.5%	30.7%
% 65+ with high cholesterol		50.5%	48.9%
% 65+ with heart failure		14.5%	16.1%
% 65+ with hypertension		69.4%	67.9%
% 65+ with ischemic heart disease		36.6%	31.9%
% 65+ with osteoporosis		8.2%	6.4%
% 65+ with stroke		4.3%	4.4%

<b>HEALTHY AGING INDICATORS</b>	<b>BETTER / WORSE STATE RATE</b>	<b>COUNTY ESTIMATE</b>	<b>STATE ESTIMATE</b>
<b>NUTRITION &amp; DIET</b>			
% 60+ with 5 or more servings of fruits or vegetables per day		10.1%	11.1%
% 60+ self-reported obese		34.0%	36.0%
% 60+ with cholesterol screening		92.6%	94.7%
<b>ORAL HEALTH</b>			
% 60+ with annual dental exam		48.1%	56.3%
# of dentists per 100,000 persons (all ages)		44.0	42.1
% 60+ with loss of 6 or more teeth		47.5%	45.8%
<b>BEHAVIORAL HEALTH</b>			
# of drug overdose deaths (all ages)		51	2,137
% 60+ current smokers		14.7%	13.1%
% 65+ with alcohol abuse disorder		1.2%	1.3%
% 65+ with drug abuse/substance abuse disorder		5.2%	2.6%
<b>MENTAL HEALTH</b>			
% 60+ with 15+ days poor mental health in last month		10.3%	9.8%
% 65+ with depression		21.2%	16.4%
% 65+ with schizophrenia & other psychotic disorder		2.4%	2.2%
<b>LIVING WITH DISABILITY</b>			
% 65+ with self-reported hearing difficulty		17.2%	15.5%
% 65+ with self-reported vision difficulty		11.8%	8.7%
% 65+ with self-reported cognition difficulty		13.7%	11.2%
% 65+ with self-reported ambulatory difficulty	*	35.3%	28.0%
% 65+ with self-reported self-care difficulty	*	14.2%	10.2%
% 65+ with self-reported independent living difficulty	*	22.4%	17.3%
<b>CAREGIVING</b>			
% of grandparents raising grandchildren		1.6%	2.4%
% of grandparents who live with grandchildren		3.5%	4.7%
<b>ACCESS TO CARE</b>			
% 60+ with a regular doctor		90.7%	92.0%
% 60+ who did not see a doctor when needed due to cost		9.0%	8.6%
# of primary care providers in county		83	3,571
# of rural health care centers in county		2	191
# of hospitals in county		1	101
# of home health agencies in county		3	45
# of nursing homes in county		8	204
# of community health centers in county		1	20
# of adult day health centers in county		0	8
# of hospice agencies in county		8	94

<b>HEALTHY AGING INDICATORS</b>	<b>BETTER / WORSE STATE RATE</b>	<b>COUNTY ESTIMATE</b>	<b>STATE ESTIMATE</b>
<b>COMMUNITY</b>			
Particulate matter PM2.5		9.5	9.1
Ozone		N/A	0.361
Air pollution: annual # of unhealthy days for 65+		0	N/A
Age-friendly efforts in county		Not yet	Not yet
# of senior centers in county		2	115
% households that have smartphone (all ages)		13.3%	15.3%
% households without computer (all ages)		12.0%	13.5%
% households with access to Broadband (all ages)		78.2%	75.8%
% households without access to Internet (all ages)		21.7%	23.9%
Voter participation rate in 2020 presidential election (age 18+)		60.3%	61.2%
<b>SAFETY &amp; CRIME</b>			
Homicide rate/100,000 persons		14.1	14.1
# firearm fatalities (all ages)		87	3,428
# 60+ deaths by suicide		13	562
<b>TRANSPORTATION</b>			
% 65+ who own a motor vehicle		90.4%	91.5%
% 60+ who always drive or ride wearing a seatbelt	B	93.9%	89.6%
# of fatal crashes involving adult age 60+		14	780
<b>HOUSING</b>			
% 65+ population who live alone		28.7%	28.1%
Average household size (all ages)		2.5	2.6
Median house value		\$118,100	\$125,500
% 60+ who own home		81.7%	82.7%
% 60+ homeowners who have mortgage		35.3%	32.1%
% 65+ households(renter) who spend >35% of income on housing		35.5%	33.5%
% 65+ households(owner) who spend >35% of income on housing		16.8%	15.2%
<b>ECONOMIC</b>			
% 60+ receiving food benefits in last year		14.0%	11.4%
% 65+ employed in last year		15.8%	15.6%
% 65+ with income below the poverty line in last year		15.4%	12.8%
65+ median household income		\$38,679	\$36,653
% 65+ households with annual income < \$20,000		24.6%	27.4%
% 65+ households with annual income \$20,000-\$49,999		39.0%	35.5%
% 65+ households with annual income \$50,000-\$99,999		23.1%	24.6%
% 65+ households with annual income \$100,000+		13.4%	12.5%

HEALTHY AGING INDICATORS	RATIO OF COUNTY TO STATE	\$ COUNTY ESTIMATE	\$ STATE ESTIMATE
<b>Elder Index: COST OF LIVING</b>			
Single, homeowner without mortgage, good health	1.00	\$20,724	\$20,760
Single, renter, good health	1.01	\$24,096	\$23,892
Couple, homeowner without mortgage, good health	0.99	\$32,844	\$33,264
Couple, renter, good health	1.00	\$36,216	\$36,396

### TECHNICAL NOTES

*\*See our technical report for more information on data sources, measures, and methodology. For most indicators the county and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and county estimates may be due to chance associated with population sampling. We use the terms “Better” and “Worse” to highlight differences between county and state estimates that we are confident are not due to chance. “Better” is used where a higher/lower value has positive implications for the health of older residents. “Worse” is used where a higher/lower score has negative implications for the health of older people, and when the implication is unclear, we use an \*. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed we used a hierarchical approach to reporting.*

### Data Sources:

- *Population Characteristics: The U.S. Census Bureau (American Community Survey 2016-2020) & Robert Wood Johnson Foundation (2020).*
- *COVID-19: Mississippi State Department of Health (MSDH; 2022).*
- *Wellness, Falls, Prevention: The Behavioral Risk Factor Surveillance System (BRFSS; 2013-2020), & Health Resources and Services Administration (HRSA) Area Health Resources Files (AHRF; 2022).*
- *Chronic Disease: The Centers for Medicare and Medicaid Services (CMS) Select Chronic Conditions Database (2018).*
- *Nutrition/Diet, Oral Health: BRFSS (2013-2020) & Health Resources and Services Administration (HRSA) Area Health Resources Files (AHRF; 2022).*
- *Behavioral Health, Mental Health: BRFSS (2013-2020), CMS (2018), & MSDH (2022).*
- *Living with Disability: ACS (2016-2020).*
- *Caregiving: ACS (2016-2020).*
- *Access to Care: BRFSS (2013-2020), CMS (2018), National Adult Day Service Association (June 2022), Community Health Center (Association of Mississippi; June 2022).*
- *Community: Environmental Protection Agency (EPA, 2020), BRFSS (2013-2020), ACS (2016-2020), AARP, & State of Mississippi (May 2022).*
- *Safety & Crime: CDC WONDER (2016-2020).*
- *Transportation: BRFSS (2013-2020), ACS (2016-2020), & Fatality Analysis Reporting System (FARS; 2016-2020).*
- *Housing & Economic: ACS (2016-2020).*
- *Elder Index: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston (2022).*

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