

# Older Adult Health Data Available for Every County

130 indicators for 23 counties

**Together We Can Create Change**

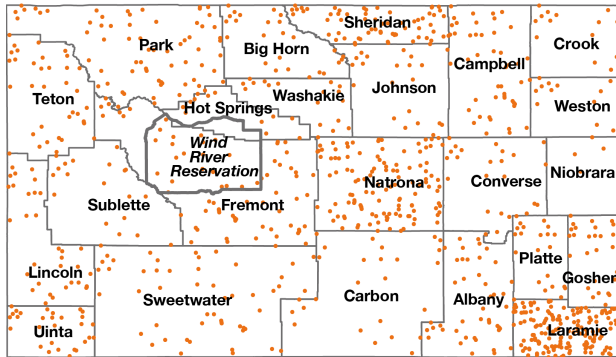
**Understand**

- Download your County Profile at [healthyagingdata-reports.org](https://healthyagingdata-reports.org)
- Educate yourself and others about the older people in your county
- Compare your county to state averages

## Opportunity to reimagine aging in Wyoming

Wyoming's aging population (65+) is growing more quickly than total state population

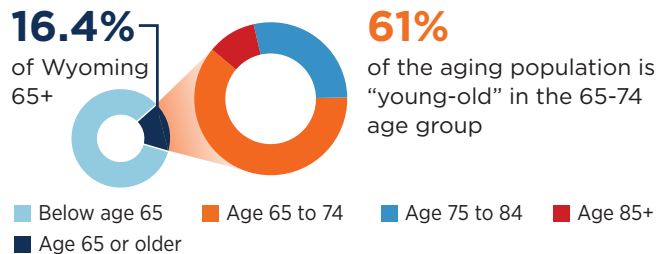
### Aging Population Density



• Each Dot = 100 People Age 65+

**47%** Increase in Wyoming Population 65+  
Between 2010 and 2021, the aging population increased 47% while the total population grew only 2.5%

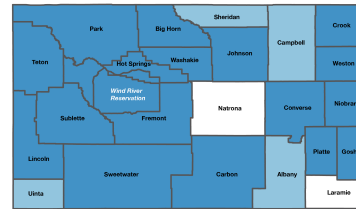
### The time to act is now



**25%** of residents 65+ live alone  
**30%** of residents 65+ spend more than a third of their income on housing

## Social Determinants of Health

### Place



□ Urban □ Rural ■ Frontier

**74%**

of WY counties are frontier\*

\*counties with fewer than seven residents per square mile



**1 in 5**  
Frontier residents are 65+

### On average...

	Frontier Counties	vs.	Urban Counties
PCPs	39		245
High Cholesterol	22.5%		28.6%
Hypertension	38.1%		48.1%

### Frontier counties have...

- 5.3x less access** to primary care physicians
- less diagnosed** chronic disease

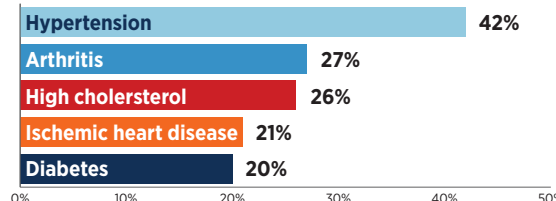
## Indigenous Health

Accumulated inequities cause health disparities that age-friendly communities can help mitigate

- 2430** Wyomingites are Native American / Alaskan Natives 55+
- 56%** of 55+ Native American population live in Fremont county
- 5 years lower life expectancy** in Fremont county (73) vs. state average (78)
- 1.5X higher COVID mortality rate** in Fremont county (513.7) vs. state average (340.4)

## Lifestyle

The most prevalent chronic conditions among people 65+ in Wyoming are...



**15.6%**

of 60+ WY adults eat the recommended 5 servings of fruits and vegetables per day

**Engage**

- Start a conversation about healthy aging
- Connect with the WY Healthy Aging Coalition by contacting Virginia Vincenti [vincenti@uwyo.edu](mailto:vincenti@uwyo.edu)

**Act**

- Identify what's working and what isn't
- Use the data to prioritize needs
- Join the age-friendly movement to create and implement collaborative action plans

UNIVERSITY OF WYOMING  
College of Agriculture, Life Sciences and Natural Resources



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