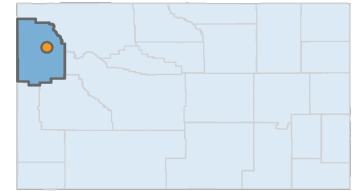# Teton

Teton is a county in Wyoming with 3,481 residents age 65 or older. There are approximately 26 Native American residents age 55 or older. Compared to state average rates, older residents in Teton County are more likely to have a graduate or professional degree. The most prevalent chronic conditions among people age 65+ in Teton County are hypertension (34%), arthritis (29%), and high cholesterol (27%). They are non-smokers and more likely to take the health promotion steps of doing any physical activity within the past month, meeting the CDC guidelines for both muscle-strengthening and aerobic physical activity, eating 5 or more servings of fruits and vegetables per day, and having an annual dental exam. However, they are less likely to take the preventive health measure of having a pneumonia vaccine and they have a higher than state rate of excessive drinking. Community resources to support healthy aging include 91% with a regular doctor, a hospital, a home health agency, a nursing home, a senior center, and a hospice agency.

POPULATION CHARACTERISTICS

	County rate is significantly different than State rate	COUNTY ESTIMATE	STATE ESTIMATE
Total population all ages		23,356	581,348
Population 60 years or older as % of total population		22.3%	23.3%
Total population 60 years or older		5,206	135,237
Population 65 years or older as % of total population		14.9%	16.4%
Total population 65 years or older		3,481	95,566
% 65-74 years		65.4%	61.2%
% 75-84 years		28.3%	28.3%
% 85 years or older		6.3%	10.5%
% 65+ population who are female		50.9%	51.7%
% 85+ population who are female		71.8%	60.2%
Race and ethnicity of the population 65+			
% White		97.5%	95.6%
% African American		0.0%	0.3%
% Other race(s)		2.5%	4.1%
% Hispanic/Latino	*	0.0%	4.4%
# 55+ who are Native American / Alaskan		26	2,430
Marital status of the population 65+			
% married	*	74.4%	60.7%
% divorced/separated		12.5%	15.3%
% widowed	*	10.8%	20.8%
% never married		2.3%	3.3%
Education of the population 65+			
% with less than high school education	*	2.1%	7.6%
% with high school or some college	*	39.6%	64.1%
% with college degree	*	32.1%	16.4%
% with graduate or professional degree	*	26.1%	11.9%
% of 65+ population who speak only English at home		97.2%	95.3%
% of 65+ population who are veterans of military service	*	14.5%	22.4%
Life expectancy at birth		86.7	78.1

HEALTHY AGING INDICATORS

	BETTER / WORSE STATE RATE	COUNTY ESTIMATE	STATE ESTIMATE
COVID-19			
Total COVID-19 cases March 2020 - January 2023		12,058	183,173
COVID-19 mortality rate per 100,000 people		68.5	340.4
% 65+ had one dose of COVID-19 vaccine		95.0%	95.0%
% 65+ had two doses of COVID-19 vaccine		95.0%	93.5%
% 65+ had bivalent booster of COVID-19 vaccine		34.6%	46.9%
WELLNESS			
% 60+ getting the recommended hours of sleep		73.1%	65.9%
% 60+ doing any physical activity within last month	B	90.3%	71.5%
% 60+ met CDC guidelines for muscle-strengthening activity	B	41.7%	27.2%
% 60+ met CDC guidelines for aerobic physical activity	B	79.2%	55.7%
% 60+ with fair or poor health status	B	8.8%	19.5%
% 60+ with 15+ physically unhealthy days in last month	B	7.0%	13.6%
FALLS			
% 60+ who fell within last year		32.9%	30.8%
% 60+ who were injured in a fall within last year		8.3%	10.7%
PREVENTION			
% 60+ with physical exam/check-up in last year		84.0%	80.5%
% 60+ had flu shot in last year		58.1%	53.8%
% 60+ had pneumonia vaccine	W	46.1%	59.5%
% 60+ had shingles vaccine		40.5%	37.9%
% 60+ women with a mammogram within last 2 years		76.1%	67.6%
% 60+ with colorectal cancer screening		56.9%	51.9%
% 60+ with HIV test		20.3%	16.7%
% 60+ met CDC preventive health screening goals		24.4%	22.9%
CHRONIC DISEASE			
% 65+ with Alzheimer's disease or related dementias		N/A	8.2%
% 65+ with arthritis		28.9%	27.0%
% 65+ with asthma		N/A	2.8%
% 65+ with atrial fibrillation		N/A	7.1%
% 65+ with cancer (breast, colorectal, lung, prostate)		N/A	7.1%
% 65+ with chronic kidney disease		N/A	15.6%
% 65+ with chronic obstructive pulmonary disease (COPD)		N/A	10.3%
% 65+ with diabetes		N/A	19.7%
% 65+ with high cholesterol		26.7%	25.5%
% 65+ with heart failure		N/A	11.2%
% 65+ with hypertension		33.6%	41.9%
% 65+ with ischemic heart disease		N/A	21.1%
% 65+ with osteoporosis		N/A	5.1%
% 65+ with stroke		N/A	2.2%

HEALTHY AGING INDICATORS

	BETTER / WORSE STATE RATE	COUNTY ESTIMATE	STATE ESTIMATE
NUTRITION & DIET			
% 60+ with 5 or more servings of fruits or vegetables per day	B	24.7%	15.6%
% 60+ self-reported obese	B	6.0%	28.4%
% 60+ with cholesterol screening		94.1%	93.0%
ORAL HEALTH			
% 60+ with annual dental exam	B	81.4%	69.4%
# of dentists per 100,000 persons (all ages)		80.6	52.8
% 60+ with loss of 6 or more teeth	B	14.3%	28.7%
BEHAVIORAL HEALTH			
# of drug overdose deaths (all ages)		20	1,225
% 60+ current smokers	B	7.9%	11.1%
% 60+ ever used E-Cigarettes in last Month		6.6%	8.3%
% 60+ who used marijuana in last month		2.9%	2.4%
% 60+ excessive drinking	W	13.6%	7.8%
% 65+ with alcohol abuse disorder		N/A	1.3%
% 65+ with drug abuse/substance abuse disorder		N/A	1.1%
MENTAL HEALTH			
% 60+ with 15+ days poor mental health in last month		6.6%	6.9%
% 65+ with depression		12.1%	12.9%
% 65+ with schizophrenia & other psychotic disorder		N/A	0.7%
LIVING WITH DISABILITY			
% 65+ with self-reported hearing difficulty		11.3%	18.6%
% 65+ with self-reported vision difficulty		2.0%	6.1%
% 65+ with self-reported cognition difficulty		2.9%	6.5%
% 65+ with self-reported ambulatory difficulty	*	6.8%	19.2%
% 65+ with self-reported self-care difficulty		4.1%	4.8%
% 65+ with self-reported independent living difficulty		4.7%	9.4%
CAREGIVING			
% of grandparents raising grandchildren	*	0.2%	1.2%
% of grandparents who live with grandchildren	*	0.4%	2.5%
ACCESS TO CARE			
% 60+ with a regular doctor		90.5%	85.7%
% 60+ who did not see a doctor when needed due to cost		6.8%	6.4%
# of primary care providers in county		75	1,460
# of hospitals in county		1	29
# of home health agencies in county		1	31
# of nursing homes in county		1	35
# of community health centers in county		0	18
# of adult day health centers in county		0	10
# of hospice agencies in county		1	18

HEALTHY AGING INDICATORS

	BETTER / WORSE STATE RATE	COUNTY ESTIMATE	STATE ESTIMATE
COMMUNITY			
Particulate matter PM2.5		4.25	N/A
Ozone		0.045	N/A
Air pollution: annual # of unhealthy days for 65+		12	N/A
Age-friendly efforts in county		Yes	Not yet
# of senior centers in county		1	46
% 60+ who used Internet in last month	B	88.3%	73.0%
% households that have smartphone (all ages)	*	3.6%	7.2%
% households without computer (all ages)	*	2.7%	6.9%
% households with access to Broadband (all ages)		89.1%	85.9%
% households without access to Internet (all ages)		10.4%	13.8%
Voter participation rate in 2020 presidential election (age 18+)		78.3%	62.7%
SAFETY & CRIME			
Homicide rate/100,000 persons		0.0	3.7
# firearm fatalities (all ages)		11	625
# 60+ deaths by suicide		0	221
TRANSPORTATION			
% 65+ who own a motor vehicle		96.6%	94.6%
% 60+ who always drive or ride wearing a seatbelt		84.0%	78.7%
# of fatal crashes involving adult age 60+		5	146
HOUSING			
% 65+ population who live alone	*	15.7%	28.1%
Average household size (all ages)	*	2.2	2.4
Median house value	*	$850,800	$228,000
% 60+ who own home	*	86.5%	83.4%
% 60+ homeowners who have mortgage		39.6%	35.8%
% 65+ households(renter) who spend>35% of income on housing		32.9%	30.2%
% 65+ households(owner) who spend>35% of income on housing		26.5%	16.0%
ECONOMIC			
% 60+ receiving food benefits in last year	*	0.0%	3.8%
% 65+ employed in last year		24.0%	20.6%
% 65+ with income below the poverty line in last year		3.2%	8.0%
65+ median household income	*	$95,413	$47,223
% 65+ households with annual income < $20,000		10.1%	18.7%
% 65+ households with annual income $20,000-$49,999	*	14.3%	33.9%
% 65+ households with annual income $50,000-$99,999		30.4%	29.6%
% 65+ households with annual income $100,000+	*	45.2%	17.8%

HEALTHY AGING INDICATORS

ELDER INDEX: COST OF LIVING	RATIO OF COUNTY TO STATE	$ COUNTY ESTIMATE	$ STATE ESTIMATE
Single, homeowner without mortgage, good health	1.00	$22,020	$21,936
Single, renter, good health	1.19	$29,844	$25,032
Couple, homeowner without mortgage, good health	1.00	$34,680	$34,680
Couple, renter, good health	1.13	$42,504	$37,776

TECHNICAL NOTES

*See our technical report for more detailed information on data sources, measures, and methodology. For most indicators the county and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and county estimates may be due to chance associated with population sampling. We use the terms "Better" and "Worse" to highlight differences between county and state estimates that we are confident are not due to chance. "Better" is used where a higher/lower value has positive implications for the health of older residents. "Worse" is used where a higher/lower score has negative implications for the health of older people, and when the implication is unclear, we use an *. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed we used a hierarchical approach to reporting.

Data Sources:

- *Population Characteristics: The U.S. Census Bureau (American Community Survey 2016-2020) & Robert Wood Johnson Foundation (2020).*
- *COVID-19: Vaccine data: Centers for Disease Control and Prevention (CDC; accessed 2/15/23) & Cases/Deaths: Wyoming Department of Health (WDH; accessed 2/3/23).*
- *Wellness, Falls, Prevention: The Behavioral Risk Factor Surveillance System (BRFSS; 2011-2020).*
- *Chronic Disease: The Centers for Medicare and Medicaid Services (CMS) Select Chronic Conditions Database (2018).*
- *Nutrition/Diet, Oral Health: BRFSS (2011-2020) & Health Resources and Services Administration (HRSA) Area Health Resources Files (AHRF; 2022).*
- *Behavioral Health, Mental Health: BRFSS (2011-2020), CMS (2018), & CDC WONDER (2016-2020).*
- *Living with Disability: ACS (2016-2020).*
- *Caregiving: ACS (2016-2020).*
- *Access to Care: BRFSS (2011-2020), CMS (2022), AgingCare (2022), Health Resources & Services Administration (HRSA; 2022).*
- *Community: ACS (2016-2020), State of Wyoming (2022), & U.S. Environmental Protection Agency (EPA, 2020).*
- *Safety & Crime: CDC WONDER (2016-2020).*
- *Transportation: ACS (2016-2020), BRFSS (2011-2020), & Fatality Analysis Reporting System (FARS; 2016-2020).*
- *Housing & Economic: ACS (2016-2020).*
- *Elder Index: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston (2022).*

Healthy Aging Data Report Team: Many people contributed to this research. The 2023 research team: Beth Dugan PhD, Nina Silverstein PhD, Qian Song PhD, Chae Man Lee PhD, Taylor Jansen PhD, Shu Xu, and Yanjhu Su from the Gerontology Institute at the University of Massachusetts Boston.

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