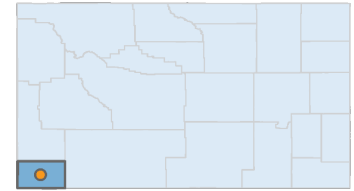


Uinta

Uinta is a county in Wyoming with 2,868 residents age 65 or older. There are approximately 40 Native American residents age 55 or older. The most prevalent chronic conditions among people age 65+ in Uinta County are hypertension (43%), high cholesterol (26%), and arthritis (24%). Compared to state average rates, older residents in Uinta County are less likely to have a college degree. They are also less likely to take the health promotion steps of always wearing a seatbelt while driving or riding. Community resources to support healthy aging include 86% with a regular doctor, a hospital, 3 home health agencies, a nursing home, a community health center, an adult day health center, 2 hospice agencies, and a senior center.



POPULATION CHARACTERISTICS	County rate is significantly different than State rate	COUNTY ESTIMATE	STATE ESTIMATE
Total population all ages		20,374	581,348
Population 60 years or older as % of total population		19.2%	23.3%
Total population 60 years or older		3,903	135,237
Population 65 years or older as % of total population		14.1%	16.4%
Total population 65 years or older		2,868	95,566
% 65-74 years		64.2%	61.2%
% 75-84 years		24.0%	28.3%
% 85 years or older		11.8%	10.5%
% 65+ population who are female		49.0%	51.7%
% 85+ population who are female		60.5%	60.2%
Race and ethnicity of the population 65+			
% White		94.8%	95.6%
% African American		0.0%	0.3%
% Other race(s)		5.2%	4.1%
% Hispanic/Latino		4.8%	4.4%
# 55+ who are Native American / Alaskan		40	2,430
Marital status of the population 65+			
% married		65.6%	60.7%
% divorced/separated		14.2%	15.3%
% widowed		20.2%	20.8%
% never married		0.1%	3.3%
Education of the population 65+			
% with less than high school education		8.3%	7.6%
% with high school or some college		73.3%	64.1%
% with college degree	*	8.9%	16.4%
% with graduate or professional degree		9.5%	11.9%
% of 65+ population who speak only English at home		95.4%	95.3%
% of 65+ population who are veterans of military service		18.7%	22.4%
Life expectancy at birth		77.0	78.1

HEALTHY AGING INDICATORS**BETTER / WORSE
STATE RATE****COUNTY
ESTIMATE****STATE
ESTIMATE****COVID-19**

Total COVID-19 cases March 2020 - January 2023	6,317	183,173
COVID-19 mortality rate per 100,000 people	211.1	340.4
% 65+ had one dose of COVID-19 vaccine	N/A	95.0%
% 65+ had two doses of COVID-19 vaccine	N/A	93.5%
% 65+ had bivalent booster of COVID-19 vaccine	N/A	46.9%

WELLNESS

% 60+ getting the recommended hours of sleep	64.4%	65.9%
% 60+ doing any physical activity within last month	73.3%	71.5%
% 60+ met CDC guidelines for muscle-strengthening activity	28.0%	27.2%
% 60+ met CDC guidelines for aerobic physical activity	50.6%	55.7%
% 60+ with fair or poor health status	21.9%	19.5%
% 60+ with 15+ physically unhealthy days in last month	13.4%	13.6%

FALLS

% 60+ who fell within last year	29.3%	30.8%
% 60+ who were injured in a fall within last year	11.3%	10.7%

PREVENTION

% 60+ with physical exam/check-up in last year	79.0%	80.5%
% 60+ had flu shot in last year	46.6%	53.8%
% 60+ had pneumonia vaccine	54.8%	59.5%
% 60+ had shingles vaccine	33.7%	37.9%
% 60+ women with a mammogram within last 2 years	70.0%	67.6%
% 60+ with colorectal cancer screening	51.7%	51.9%
% 60+ with HIV test	12.0%	16.7%
% 60+ met CDC preventive health screening goals	22.1%	22.9%

CHRONIC DISEASE

% 65+ with Alzheimer's disease or related dementias	8.1%	8.2%
% 65+ with arthritis	24.4%	27.0%
% 65+ with asthma	3.6%	2.8%
% 65+ with atrial fibrillation	N/A	7.1%
% 65+ with cancer (breast, colorectal, lung, prostate)	N/A	7.1%
% 65+ with chronic kidney disease	16.5%	15.6%
% 65+ with chronic obstructive pulmonary disease (COPD)	9.8%	10.3%
% 65+ with diabetes	22.7%	19.7%
% 65+ with high cholesterol	26.3%	25.5%
% 65+ with heart failure	11.5%	11.2%
% 65+ with hypertension	42.5%	41.9%
% 65+ with ischemic heart disease	21.3%	21.1%
% 65+ with osteoporosis	N/A	5.1%
% 65+ with stroke	N/A	2.2%

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE	COUNTY ESTIMATE	STATE ESTIMATE
NUTRITION & DIET			
% 60+ with 5 or more servings of fruits or vegetables per day		17.7%	15.6%
% 60+ self-reported obese		30.6%	28.4%
% 60+ with cholesterol screening		95.3%	93.0%
ORAL HEALTH			
% 60+ with annual dental exam		64.0%	69.4%
# of dentists per 100,000 persons (all ages)		63.0	52.8
% 60+ with loss of 6 or more teeth		34.7%	28.7%
BEHAVIORAL HEALTH			
# of drug overdose deaths (all ages)		42	1,225
% 60+ current smokers		9.1%	11.1%
% 60+ ever used E-Cigarettes in last Month		6.5%	8.3%
% 60+ who used marijuana in last month		1.7%	2.4%
% 60+ excessive drinking		6.5%	7.8%
% 65+ with alcohol abuse disorder		1.1%	1.3%
% 65+ with drug abuse/substance abuse disorder		1.7%	1.1%
MENTAL HEALTH			
% 60+ with 15+ days poor mental health in last month		5.5%	6.9%
% 65+ with depression		13.1%	12.9%
% 65+ with schizophrenia & other psychotic disorder		0.9%	0.7%
LIVING WITH DISABILITY			
% 65+ with self-reported hearing difficulty		22.9%	18.6%
% 65+ with self-reported vision difficulty		6.6%	6.1%
% 65+ with self-reported cognition difficulty		14.4%	6.5%
% 65+ with self-reported ambulatory difficulty		22.2%	19.2%
% 65+ with self-reported self-care difficulty		9.1%	4.8%
% 65+ with self-reported independent living difficulty		14.4%	9.4%
CAREGIVING			
% of grandparents raising grandchildren		2.7%	1.2%
% of grandparents who live with grandchildren		3.6%	2.5%
ACCESS TO CARE			
% 60+ with a regular doctor		86.0%	85.7%
% 60+ who did not see a doctor when needed due to cost		5.3%	6.4%
# of primary care providers in county		52	1,460
# of hospitals in county		1	29
# of home health agencies in county		3	31
# of nursing homes in county		1	35
# of community health centers in county		1	18
# of adult day health centers in county		1	10
# of hospice agencies in county		2	18

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE	COUNTY ESTIMATE	STATE ESTIMATE
COMMUNITY			
Particulate matter PM2.5		N/A	N/A
Ozone		0.049	N/A
Air pollution: annual # of unhealthy days for 65+		2	N/A
Age-friendly efforts in county		Not yet	Not yet
# of senior centers in county		1	46
% 60+ who used Internet in last month		62.6%	73.0%
% households that have smartphone (all ages)		7.4%	7.2%
% households without computer (all ages)		5.6%	6.9%
% households with access to Broadband (all ages)	*	91.4%	85.9%
% households without access to Internet (all ages)	*	8.4%	13.8%
Voter participation rate in 2020 presidential election (age 18+)		64.3%	62.7%
SAFETY & CRIME			
Homicide rate/100,000 persons		0.0	3.7
# firearm fatalities (all ages)		23	625
# 60+ deaths by suicide		0	221
TRANSPORTATION			
% 65+ who own a motor vehicle		93.8%	94.6%
% 60+ who always drive or ride wearing a seatbelt	W	69.4%	78.7%
# of fatal crashes involving adult age 60+		2	146
HOUSING			
% 65+ population who live alone		27.9%	28.1%
Average household size (all ages)	*	2.6	2.4
Median house value	*	\$181,600	\$228,000
% 60+ who own home		84.8%	83.4%
% 60+ homeowners who have mortgage		33.4%	35.8%
% 65+ households(renter) who spend>35% of income on housing		28.4%	30.2%
% 65+ households(owner) who spend>35% of income on housing		13.4%	16.0%
ECONOMIC			
% 60+ receiving food benefits in last year		8.5%	3.8%
% 65+ employed in last year		23.2%	20.6%
% 65+ with income below the poverty line in last year		8.9%	8.0%
65+ median household income		\$48,936	\$47,223
% 65+ households with annual income < \$20,000	*	9.7%	18.7%
% 65+ households with annual income \$20,000-\$49,999		42.5%	33.9%
% 65+ households with annual income \$50,000-\$99,999		37.1%	29.6%
% 65+ households with annual income \$100,000+		10.6%	17.8%

HEALTHY AGING INDICATORS

ELDER INDEX: COST OF LIVING	RATIO OF COUNTY TO STATE	\$ COUNTY ESTIMATE	\$ STATE ESTIMATE
Single, homeowner without mortgage, good health	0.97	\$21,360	\$21,936
Single, renter, good health	0.94	\$23,580	\$25,032
Couple, homeowner without mortgage, good health	0.98	\$34,008	\$34,680
Couple, renter, good health	0.96	\$36,228	\$37,776

TECHNICAL NOTES

**See our technical report for more detailed information on data sources, measures, and methodology. For most indicators the county and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and county estimates may be due to chance associated with population sampling. We use the terms “Better” and “Worse” to highlight differences between county and state estimates that we are confident are not due to chance. “Better” is used where a higher/lower value has positive implications for the health of older residents. “Worse” is used where a higher/lower score has negative implications for the health of older people, and when the implication is unclear, we use an *. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed we used a hierarchical approach to reporting.*

Data Sources:

- *Population Characteristics: The U.S. Census Bureau (American Community Survey 2016-2020) & Robert Wood Johnson Foundation (2020).*
- *COVID-19: Vaccine data: Centers for Disease Control and Prevention (CDC; accessed 2/15/23) & Cases/Deaths: Wyoming Department of Health (WDH; accessed 2/3/23).*
- *Wellness, Falls, Prevention: The Behavioral Risk Factor Surveillance System (BRFSS; 2011-2020).*
- *Chronic Disease: The Centers for Medicare and Medicaid Services (CMS) Select Chronic Conditions Database (2018).*
- *Nutrition/Diet, Oral Health: BRFSS (2011-2020) & Health Resources and Services Administration (HRSA) Area Health Resources Files (AHRF; 2022).*
- *Behavioral Health, Mental Health: BRFSS (2011-2020), CMS (2018), & CDC WONDER (2016-2020).*
- *Living with Disability: ACS (2016-2020).*
- *Caregiving: ACS (2016-2020).*
- *Access to Care: BRFSS (2011-2020), CMS (2022), AgingCare (2022), Health Resources & Services Administration (HRSA; 2022).*
- *Community: ACS (2016-2020), State of Wyoming (2022), & U.S. Environmental Protection Agency (EPA, 2020).*
- *Safety & Crime: CDC WONDER (2016-2020).*
- *Transportation: ACS (2016-2020), BRFSS (2011-2020), & Fatality Analysis Reporting System (FARS; 2016-2020).*
- *Housing & Economic: ACS (2016-2020).*
- *Elder Index: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston (2022).*

Healthy Aging Data Report Team: Many people contributed to this research. The 2023 research team: Beth Dugan PhD, Nina Silverstein PhD, Qian Song PhD, Chae Man Lee PhD, Taylor Jansen PhD, Shu Xu, and Yanjhu Su from the Gerontology Institute at the University of Massachusetts Boston.

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