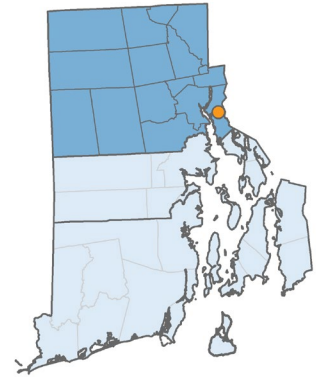


East Providence (Providence)

East Providence is a city in Providence County with 9,871 residents aged 65 and older. Compared to state average rates, older residents fare worse on some healthy aging indicators with higher rates of Alzheimer's disease or related dementias, anemia, asthma, chronic kidney disease, chronic obstructive pulmonary disease (COPD), congestive heart failure (CHF), diabetes, heart attack, hypertension, peripheral vascular disease, pressure ulcer, substance use disorder, depression, anxiety disorder, and schizophrenia. They are less likely to take the health promotion step of having an annual dental exam. Community resources to support healthy aging include one senior center, one hospital, one hospice agency, two community health centers, two adult day health centers, three public libraries, four assisted living facilities, eight skilled nursing facilities, and 103 primary care providers.



POPULATION CHARACTERISTICS	Significantly different than state rate	Community estimate	State estimate
Total population (all ages)		47,012	1,094,250
Population 60 years or older as % of total population		29.1%	25.0%
Total population 60 years and older		13,698	273,831
Population 65 years or older as % of total population		21.0%	17.9%
Total population 65 years and older		9,871	195,378
% 65-74 years		55.1%	57.8%
% 75-84 years		28.3%	29.0%
% 85 years or older		16.7%	13.2%
% 65+ population who are female		56.4%	56.3%
% 85+ population who are female		70.3%	67.8%
Race and ethnicity of the population 65+			
% White		87.2%	88.6%
% African American		5.9%	3.1%
% Asian	*	0.3%	1.8%
% Other race(s)		6.6%	6.5%
% Hispanic	*	1.3%	5.9%
# 55+ who are Native American / Alaskan		39	832
Marital status of the population 65+			
% married	*	44.8%	51.6%
% divorced/separated		21.4%	16.9%
% widowed		25.2%	22.2%
% never married		8.6%	9.3%
Education of the population 65+			
% with less than high school education	*	20.5%	14.9%
% with high school or some college		59.1%	53.3%
% with college degree	*	11.7%	15.9%
% with graduate or professional degree	*	8.7%	16.0%
% 65+ population who speak only English at home		79.5%	83.3%
% 65+ population who are veterans of military service		15.3%	14.6%
% 60+ LGBT		3.5%	4.3%

POPULATION CHARACTERISTICS	Significantly different than state rate	Community estimate	State estimate
HOUSING			
% 65+ population who live alone	*	36.0%	29.3%
Average household size (all ages)	*	2.3	2.4
Median house value (all ages)	*	\$286,400	\$343,100
% 60+ own home	*	63.2%	71.7%
% 60+ homeowners who have mortgage		50.4%	48.4%
% 65+ households (renter) spend >35% of income on housing		37.1%	38.9%
% 65+ households (owner) spend >35% of income on housing		31.0%	25.2%
% grandparents who live with grandchildren		2.0%	2.8%
# of assisted living sites		4	63
SOCIAL DETERMINANTS OF HEALTH			
COST OF LIVING			
Elder Index			
Single, homeowner without mortgage, good health (County)	0.98	\$26,640	\$27,168
Single, renter, good health (County)	0.99	\$29,844	\$30,216
Couple, homeowner without mortgage, good health (County)	0.99	\$38,736	\$39,264
Couple, renter, good health (County)	0.99	\$41,940	\$42,312
ECONOMIC			
% 60+ receiving food stamps in past year		11.8%	14.7%
% 65+ employed in past year		17.9%	19.2%
% 65+ with income below the poverty line in past year		11.7%	10.7%
Median annual income for households with a householder age 65+	*	\$39,596	\$56,242
% 65+ households with annual income < \$20,000		22.0%	19.1%
% 65+ households with annual income \$20,000-\$49,999	*	35.6%	26.8%
% 65+ households with annual income \$50,000-\$99,999		25.8%	26.1%
% 65+ households with annual income \$100,000+	*	16.6%	28.0%
WELLNESS			
% 60+ getting the recommended hours of sleep		61.2%	63.1%
% 60+ doing any physical activity in past month		71.1%	73.5%
% 60+ met CDC guidelines for muscle-strengthening activity		26.1%	26.1%
% 60+ met CDC guidelines for aerobic physical activity		50.5%	55.4%
% 60+ with fair or poor self-reported health status		20.5%	17.9%
% 60+ with 15+ physically unhealthy days in past month		15.2%	13.6%
% 60+ who reported being satisfied with life		94.9%	95.5%
COMMUNITY			
Annual # unhealthy days due to air pollution for 65+ (County)		4	NA
AARP Age-Friendly Communities		Not yet	Not yet
# of public universities and community colleges		0	9
# of public libraries		3	72
# of senior centers		1	34
# of Osher Lifelong Learning Institutes (OLLI)		0	1
% households with a smartphone (all ages)	*	80.7%	85.8%
% households with only a smartphone to access Internet (all ages)		10.2%	8.2%

SOCIAL DETERMINANTS OF HEALTH	Significantly different than state rate	Community estimate	State estimate
COMMUNITY			
% households without a computer (all ages)		8.1%	7.1%
% households with access to Broadband (all ages)		86.2%	89.2%
% households without access to the Internet (all ages)	*	13.5%	10.7%
% 60+ who used Internet in past month	*	64.3%	71.4%
Voter participation rate in 2020 election (age 18+)		64.3%	68.3%
Homicide rate/100,000 persons (County)		3.0	2.1
# firearm fatalities (all ages) (County)		142	226
# 65+ deaths by suicide (County)		43	92
Age-sex adjusted 1-year mortality rate		4.5%	4.3%
TRANSPORTATION			
% householders 65+ who own a motor vehicle		83.8%	86.2%
% 60+ who always drive or ride wearing a seatbelt		91.6%	92.3%
% 60+ drove under influence		1.5%	1.9%
# fatal crashes involving adult age 60+ (County)		57	94
AllTransit Score		5.1	2.85
HEALTH OUTCOMES			
FALLS			
% 60+ who fell in past year		29.4%	26.0%
% 60+ who were injured by a fall in past year		11.2%	10.0%
% 65+ with hip fracture		3.3%	3.1%
PREVENTION			
% 60+ with physical exam/check-up in past year		91.1%	93.0%
% 60+ flu shot in past year		69.0%	67.8%
% 60+ with pneumonia vaccine		69.0%	64.2%
% 60+ with shingles vaccine		40.2%	37.8%
% 60+ women with mammogram in past 2 years		82.5%	82.1%
% 60+ had colorectal cancer screening		70.1%	68.7%
% 60+ with HIV test		22.4%	23.5%
% 60+ with optimal preventive health		33.6%	32.3%
NUTRITION & DIET			
% 60+ with 5 or more servings of fruit or vegetables per day		16.2%	18.8%
% 60+ stressed about buying food in past month		15.5%	12.3%
% 60+ self-reported obese		29.7%	27.1%
% 65+ with high cholesterol		80.2%	79.3%
% 60+ with high cholesterol screening		97.8%	97.3%
ORAL HEALTH			
% 60+ with dental insurance		60.3%	65.1%
% 60+ with annual dental exam	W	72.3%	77.5%
# dentists per 100,000 persons (all ages) (County)		46.2	53.0
% 60+ with loss of 6+ teeth		26.8%	26.0%

HEALTH OUTCOMES

	Significantly different than state rate	Community estimate	State estimate
CHRONIC DISEASE			
% 65+ with Alzheimer's disease or related dementias	W	14.2%	12.0%
% 65+ with anemia	W	52.0%	47.0%
% 65+ with asthma	W	17.3%	15.0%
% 65+ with atrial fibrillation		14.7%	14.3%
% 65+ with benign prostatic hyperplasia (men)		42.6%	43.3%
% 65+ with breast cancer (women)		12.0%	11.5%
% 65+ with cataract		64.3%	65.0%
% 65+ with chronic kidney disease	W	37.9%	34.0%
% 65+ with chronic obstructive pulmonary disease	W	23.2%	20.8%
% 65+ with colon cancer		2.3%	2.4%
% 65+ with congestive heart failure	W	23.2%	20.0%
% 65+ with diabetes	W	38.2%	32.4%
% 65+ with endometrial cancer (women)		2.3%	2.3%
% 65+ with fibromyalgia, chronic pain, and fatigue		34.7%	33.7%
% 65+ with glaucoma		26.4%	26.3%
% 65+ ever had a heart attack	W	6.8%	5.3%
% 65+ with HIV/AIDS		0.11%	0.19%
% 65+ with hypertension	W	78.2%	75.8%
% 65+ with ischemic heart disease		41.6%	39.4%
% 65+ with liver disease		14.4%	13.0%
% 65+ with lung cancer		2.5%	2.0%
% 65+ with migraine and other chronic headache		9.6%	8.3%
% 65+ with osteoarthritis or rheumatoid arthritis		57.8%	57.3%
% 65+ with osteoporosis		19.4%	18.9%
% 65+ with peripheral vascular disease	W	26.6%	23.1%
% 65+ with pressure ulcer or chronic ulcer	W	9.8%	7.7%
% 65+ with prostate cancer (men)		13.5%	13.4%
% 65+ with stroke		12.6%	11.6%
% 65+ with 4+ (out of 15) chronic conditions	W	67.9%	63.0%
% 65+ with 0 chronic conditions		7.5%	7.2%
BEHAVIORAL HEALTH			
# drug overdose deaths (all ages) (County)		1,117	1,699
% 65+ with substance use disorder	W	12.3%	8.4%
% 60+ who used marijuana in past month		4.4%	4.9%
% 60+ excessive drinking		9.4%	10.0%
% 65+ with tobacco use disorder		13.6%	12.1%
% 60+ current smokers		12.2%	8.8%
% 60+ ever used E-Cigarettes in past month		1.9%	1.6%

HEALTH OUTCOMES	Significantly different than state rate	Community estimate	State estimate
MENTAL HEALTH			
% 60+ who reported receiving adequate emotional support		76.0%	77.5%
% 60+ with 15+ days poor mental health in past month		10.0%	8.3%
% 65+ with depression	W	40.3%	34.5%
% 65+ with anxiety disorder	W	41.1%	34.3%
% 65+ with post-traumatic stress disorder		2.5%	2.2%
% 65+ with schizophrenia & other psychotic disorder	W	4.0%	3.1%
LIVING WITH DISABILITY			
% 65+ with self-reported hearing difficulty		9.3%	12.2%
% 65+ with self-reported vision difficulty		5.5%	5.1%
% 65+ with self-reported cognition difficulty		7.5%	7.0%
% 65+ with self-reported ambulatory difficulty		20.8%	18.7%
% 65+ with self-reported self-care difficulty		7.8%	7.1%
% 65+ with self-reported independent living difficulty		15.1%	13.0%
CAREGIVING			
# of Alzheimer's support groups		0	9
% 60+ who provide care to a family/friend in past month		23.3%	22.1%
% grandparents raising grandchildren	*	0.20%	0.71%
ACCESS TO CARE			
% 65+ dually eligible for Medicare and Medicaid		15.5%	15.0%
% 65+ Medicare managed care enrollees	*	59.1%	51.4%
% 60+ with a regular doctor		96.0%	96.6%
% 60+ who did not see a doctor when needed due to cost		2.4%	3.9%
# of primary care providers		103	1,176
# of hospitals		1	12
# of home health agencies		0	24
# of skilled nursing facilities		8	75
# of hospice agencies		1	9
# of community health centers		2	52
# of adult day health centers		2	31
SERVICE UTILIZATION			
# physician visits per year		7.7	7.8
# emergency room visits/1000 persons 65+ years annually		501.6	500.0
# Part D monthly prescription fills per person annually	*	59.4	54.2
# home health visits annually		3.1	3.0
# durable medical equipment claims annually		2.0	1.9
# inpatient hospital stays/1000 persons 65+ years annually	*	267.4	230.9
% Medicare inpatient hospital readmissions (as % of admissions)		17.7%	17.1%
# skilled nursing facility stays/1000 persons 65+ years annually	*	105.5	76.0
# skilled nursing home Medicare beds/1000 persons 65+ years		72.1	41.2
% 65+ getting Medicaid long term services and supports	*	4.8%	4.0%
% 65+ hospice users		3.8%	3.4%
% 65+ hospice users as % of decedents		49.4%	50.7%

TECHNICAL NOTES

*For more information on data sources, measures, and methodology used in the 2025 Rhode Island Healthy Aging Data Report see our technical documentation at (healthyagingdatareports.org). For most indicators, the community and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and community estimates may be due to chance associated with population sampling. We use the terms “Better” and “Worse” to highlight differences between community and state estimates that we are confident are not due to chance. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed, we used a hierarchical approach to reporting.

Data Sources:

- *Population Characteristics: The U.S. Census Bureau (American Community Survey (ACS)) 2018-2022; Rhode Island Department of Health (RIDOH) Behavioral Risk Factor Surveillance Survey (BRFSS), 2010-2022.*
- *Housing: ACS, 2018-2022; RIDOH, 2023.*
- *Cost of Living: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston, 2023.*
- *Economic: ACS, 2018-2022.*
- *Wellness: BRFSS, 2010-2022.*
- *Community: AARP, 2023; ACS, 2018-2022; AgeFriendly RI, 2023; BRFSS, 2010-2022; CDC WONDER, 2016-2020; The CMS Master Beneficiary Summary File ABCD/Other (CMS), 2020-2021; NECHE, 2023; OLLI, 2023; RI State Library, 2023; RI Secretary of State, 2023; U.S. EPA Air Compare, 2023.*
- *Transportation: ACS, 2018-2022; AllTransit™, 2023; BRFSS, 2010-2022; NHTSA, 2018-2022.*
- *Falls: CMS, 2020-2021; BRFSS, 2010-2022.*
- *Prevention: BRFSS, 2010-2022.*
- *Nutrition/Diet: BRFSS, 2010-2022; CMS, 2020-2021.*
- *Oral Health: BRFSS, 2010-2022; HRSA, 2023.*
- *Chronic Disease: CMS, 2020-2021.*
- *Behavioral Health: BRFSS, 2010-2022; CDC WONDER 2016-2020; CMS, 2020-2021.*
- *Mental Health: BRFSS, 2010-2022; CMS, 2020-2021.*
- *Living with Disability: ACS, 2018-2022.*
- *Caregiving: ACS, 2018-2022; Alzheimer’s Association, 2023; BRFSS, 2010-2022.*
- *Access to Care: BRFSS, 2010-2022; CMS, 2020-2021; HRSA, 2023; Medicare.gov, 2023; RI Adult Day Services, 2023.*
- *Service Utilization: CMS, 2020-2021.*

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