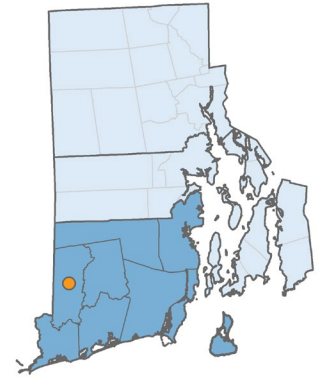


Hopkinton (Washington)

Hopkinton is a town in Washington County with 1,484 residents aged 65 and older. Compared to state average rates, older residents fare better on some healthy aging indicators with lower rates of anemia, benign prostatic hyperplasia, glaucoma, peripheral vascular disease, and anxiety disorder. However, they have a higher rate of PTSD. Community resources to support health aging include one senior center, one community health center, two public libraries, and two primary care providers.



POPULATION CHARACTERISTICS	Significantly different than state rate	Community estimate	State estimate
Total population (all ages)		8,402	1,094,250
Population 60 years or older as % of total population		29.4%	25.0%
Total population 60 years and older		2,466	273,831
Population 65 years or older as % of total population		17.7%	17.9%
Total population 65 years and older		1,484	195,378
% 65-74 years		64.4%	57.8%
% 75-84 years		25.4%	29.0%
% 85 years or older		10.2%	13.2%
% 65+ population who are female		54.6%	56.3%
% 85+ population who are female		56.3%	67.8%
Race and ethnicity of the population 65+			
% White		92.0%	88.6%
% African American		0.0%	3.1%
% Asian		4.4%	1.8%
% Other race(s)		3.6%	6.5%
% Hispanic	*	1.4%	5.9%
# 55+ who are Native American / Alaskan		0	832
Marital status of the population 65+			
% married	*	68.9%	51.6%
% divorced/separated		14.8%	16.9%
% widowed	*	7.9%	22.2%
% never married		8.4%	9.3%
Education of the population 65+			
% with less than high school education	*	6.1%	14.9%
% with high school or some college		63.2%	53.3%
% with college degree		18.1%	15.9%
% with graduate or professional degree		12.6%	16.0%
% 65+ population who speak only English at home	*	94.2%	83.3%
% 65+ population who are veterans of military service	*	28.5%	14.6%
% 60+ LGBT		2.8%	4.3%

POPULATION CHARACTERISTICS	Significantly different than state rate	Community estimate	State estimate
HOUSING			
% 65+ population who live alone		25.9%	29.3%
Average household size (all ages)	*	2.7	2.4
Median house value (all ages)		\$353,700	\$343,100
% 60+ own home	*	88.5%	71.7%
% 60+ homeowners who have mortgage		59.7%	48.4%
% 65+ households (renter) spend >35% of income on housing		31.6%	38.9%
% 65+ households (owner) spend >35% of income on housing		27.4%	25.2%
% grandparents who live with grandchildren		1.9%	2.8%
# of assisted living sites		0	63
SOCIAL DETERMINANTS OF HEALTH			
COST OF LIVING			
Elder Index			
Single, homeowner without mortgage, good health (County)	1.01	\$27,480	\$27,168
Single, renter, good health (County)	0.99	\$30,000	\$30,216
Couple, homeowner without mortgage, good health (County)	1.01	\$39,504	\$39,264
Couple, renter, good health (County)	0.99	\$42,024	\$42,312
ECONOMIC			
% 60+ receiving food stamps in past year		11.2%	14.7%
% 65+ employed in past year		15.4%	19.2%
% 65+ with income below the poverty line in past year		6.5%	10.7%
Median annual income for households with a householder age 65+		\$49,006	\$56,242
% 65+ households with annual income < \$20,000		14.5%	19.1%
% 65+ households with annual income \$20,000-\$49,999		37.1%	26.8%
% 65+ households with annual income \$50,000-\$99,999		30.6%	26.1%
% 65+ households with annual income \$100,000+		17.8%	28.0%
WELLNESS			
% 60+ getting the recommended hours of sleep		62.6%	63.1%
% 60+ doing any physical activity in past month		74.6%	73.5%
% 60+ met CDC guidelines for muscle-strengthening activity		29.3%	26.1%
% 60+ met CDC guidelines for aerobic physical activity		59.5%	55.4%
% 60+ with fair or poor self-reported health status	B	13.2%	17.9%
% 60+ with 15+ physically unhealthy days in past month	B	10.0%	13.6%
% 60+ who reported being satisfied with life		96.7%	95.5%
COMMUNITY			
Annual # unhealthy days due to air pollution for 65+ (County)		2	NA
AARP Age-Friendly Communities		Not yet	Not yet
# of public universities and community colleges		0	9
# of public libraries		2	72
# of senior centers		1	34
# of Osher Lifelong Learning Institutes (OLLI)		0	1
% households with a smartphone (all ages)		87.2%	85.8%
% households with only a smartphone to access Internet (all ages)	*	0.9%	8.2%

SOCIAL DETERMINANTS OF HEALTH	Significantly different than state rate	Community estimate	State estimate
COMMUNITY			
% households without a computer (all ages)		6.4%	7.1%
% households with access to Broadband (all ages)		92.2%	89.2%
% households without access to the Internet (all ages)		7.8%	10.7%
% 60+ who used Internet in past month	*	77.2%	71.4%
Voter participation rate in 2020 election (age 18+)		69.8%	68.3%
Homicide rate/100,000 persons (County)		NA	2.1
# firearm fatalities (all ages) (County)		34	226
# 65+ deaths by suicide (County)		19	92
Age-sex adjusted 1-year mortality rate		4.9%	4.3%
TRANSPORTATION			
% householders 65+ who own a motor vehicle		95.8%	86.2%
% 60+ who always drive or ride wearing a seatbelt		94.0%	92.3%
% 60+ drove under influence		1.9%	1.9%
# fatal crashes involving adult age 60+ (County)		17	94
AllTransit Score		0.466666667	2.85
HEALTH OUTCOMES			
FALLS			
% 60+ who fell in past year		27.0%	26.0%
% 60+ who were injured by a fall in past year		10.0%	10.0%
% 65+ with hip fracture		3.1%	3.1%
PREVENTION			
% 60+ with physical exam/check-up in past year		90.7%	93.0%
% 60+ flu shot in past year		62.5%	67.8%
% 60+ with pneumonia vaccine		58.8%	64.2%
% 60+ with shingles vaccine		34.3%	37.8%
% 60+ women with mammogram in past 2 years		80.1%	82.1%
% 60+ had colorectal cancer screening		69.0%	68.7%
% 60+ with HIV test		21.7%	23.5%
% 60+ with optimal preventive health		27.4%	32.3%
NUTRITION & DIET			
% 60+ with 5 or more servings of fruit or vegetables per day		18.6%	18.8%
% 60+ stressed about buying food in past month		10.8%	12.3%
% 60+ self-reported obese		26.9%	27.1%
% 65+ with high cholesterol		78.8%	79.3%
% 60+ with high cholesterol screening		98.2%	97.3%
ORAL HEALTH			
% 60+ with dental insurance		63.5%	65.1%
% 60+ with annual dental exam		78.1%	77.5%
# dentists per 100,000 persons (all ages) (County)		57.4	53.0
% 60+ with loss of 6+ teeth		24.4%	26.0%

HEALTH OUTCOMES

	Significantly different than state rate	Community estimate	State estimate
CHRONIC DISEASE			
% 65+ with Alzheimer's disease or related dementias		11.4%	12.0%
% 65+ with anemia	B	42.8%	47.0%
% 65+ with asthma		13.6%	15.0%
% 65+ with atrial fibrillation		15.2%	14.3%
% 65+ with benign prostatic hyperplasia (men)	B	37.9%	43.3%
% 65+ with breast cancer (women)		9.0%	11.5%
% 65+ with cataract		65.1%	65.0%
% 65+ with chronic kidney disease		33.3%	34.0%
% 65+ with chronic obstructive pulmonary disease		22.9%	20.8%
% 65+ with colon cancer		2.3%	2.4%
% 65+ with congestive heart failure		22.9%	20.0%
% 65+ with diabetes		30.1%	32.4%
% 65+ with endometrial cancer (women)		2.1%	2.3%
% 65+ with fibromyalgia, chronic pain, and fatigue		31.9%	33.7%
% 65+ with glaucoma	B	23.2%	26.3%
% 65+ ever had a heart attack		4.8%	5.3%
% 65+ with HIV/AIDS		0.11%	0.19%
% 65+ with hypertension		77.6%	75.8%
% 65+ with ischemic heart disease		38.9%	39.4%
% 65+ with liver disease		13.8%	13.0%
% 65+ with lung cancer		2.0%	2.0%
% 65+ with migraine and other chronic headache		6.9%	8.3%
% 65+ with osteoarthritis or rheumatoid arthritis		54.8%	57.3%
% 65+ with osteoporosis		17.3%	18.9%
% 65+ with peripheral vascular disease	B	19.6%	23.1%
% 65+ with pressure ulcer or chronic ulcer		7.4%	7.7%
% 65+ with prostate cancer (men)		12.4%	13.4%
% 65+ with stroke		10.9%	11.6%
% 65+ with 4+ (out of 15) chronic conditions		61.2%	63.0%
% 65+ with 0 chronic conditions		8.6%	7.2%
BEHAVIORAL HEALTH			
# drug overdose deaths (all ages) (County)		130	1,699
% 65+ with substance use disorder		8.5%	8.4%
% 60+ who used marijuana in past month		7.5%	4.9%
% 60+ excessive drinking		10.1%	10.0%
% 65+ with tobacco use disorder		13.4%	12.1%
% 60+ current smokers		11.5%	8.8%
% 60+ ever used E-Cigarettes in past month		1.3%	1.6%

HEALTH OUTCOMES	Significantly different than state rate	Community estimate	State estimate
MENTAL HEALTH			
% 60+ who reported receiving adequate emotional support		76.4%	77.5%
% 60+ with 15+ days poor mental health in past month		7.6%	8.3%
% 65+ with depression		32.5%	34.5%
% 65+ with anxiety disorder	B	29.9%	34.3%
% 65+ with post-traumatic stress disorder	W	3.9%	2.2%
% 65+ with schizophrenia & other psychotic disorder		2.4%	3.1%
LIVING WITH DISABILITY			
% 65+ with self-reported hearing difficulty		25.7%	12.2%
% 65+ with self-reported vision difficulty		9.8%	5.1%
% 65+ with self-reported cognition difficulty		6.0%	7.0%
% 65+ with self-reported ambulatory difficulty		22.4%	18.7%
% 65+ with self-reported self-care difficulty		4.5%	7.1%
% 65+ with self-reported independent living difficulty		9.0%	13.0%
CAREGIVING			
# of Alzheimer's support groups		0	9
% 60+ who provide care to a family/friend in past month		21.9%	22.1%
% grandparents raising grandchildren		1.11%	0.71%
ACCESS TO CARE			
% 65+ dually eligible for Medicare and Medicaid	*	8.0%	15.0%
% 65+ Medicare managed care enrollees	*	48.1%	51.4%
% 60+ with a regular doctor		96.0%	96.6%
% 60+ who did not see a doctor when needed due to cost		2.6%	3.9%
# of primary care providers		2	1,176
# of hospitals		0	12
# of home health agencies		0	24
# of skilled nursing facilities		0	75
# of hospice agencies		0	9
# of community health centers		1	52
# of adult day health centers		0	31
SERVICE UTILIZATION			
# physician visits per year	*	7.3	7.8
# emergency room visits/1000 persons 65+ years annually		524.6	500.0
# Part D monthly prescription fills per person annually	*	52.1	54.2
# home health visits annually	*	2.3	3.0
# durable medical equipment claims annually		2.0	1.9
# inpatient hospital stays/1000 persons 65+ years annually		251.2	230.9
% Medicare inpatient hospital readmissions (as % of admissions)		18.7%	17.1%
# skilled nursing facility stays/1000 persons 65+ years annually	*	45.4	76.0
# skilled nursing home Medicare beds/1000 persons 65+ years		0.0	41.2
% 65+ getting Medicaid long term services and supports	*	1.9%	4.0%
% 65+ hospice users		3.4%	3.4%
% 65+ hospice users as % of decedents		51.7%	50.7%

TECHNICAL NOTES

*For more information on data sources, measures, and methodology used in the 2025 Rhode Island Healthy Aging Data Report see our technical documentation at (healthyagingdatareports.org). For most indicators, the community and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and community estimates may be due to chance associated with population sampling. We use the terms “Better” and “Worse” to highlight differences between community and state estimates that we are confident are not due to chance. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed, we used a hierarchical approach to reporting.

Data Sources:

- *Population Characteristics: The U.S. Census Bureau (American Community Survey (ACS)) 2018-2022; Rhode Island Department of Health (RIDOH) Behavioral Risk Factor Surveillance Survey (BRFSS), 2010-2022.*
- *Housing: ACS, 2018-2022; RIDOH, 2023.*
- *Cost of Living: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston, 2023.*
- *Economic: ACS, 2018-2022.*
- *Wellness: BRFSS, 2010-2022.*
- *Community: AARP, 2023; ACS, 2018-2022; AgeFriendly RI, 2023; BRFSS, 2010-2022; CDC WONDER, 2016-2020; The CMS Master Beneficiary Summary File ABCD/Other (CMS), 2020-2021; NECHE, 2023; OLLI, 2023; RI State Library, 2023; RI Secretary of State, 2023; U.S. EPA Air Compare, 2023.*
- *Transportation: ACS, 2018-2022; AllTransit™, 2023; BRFSS, 2010-2022; NHTSA, 2018-2022.*
- *Falls: CMS, 2020-2021; BRFSS, 2010-2022.*
- *Prevention: BRFSS, 2010-2022.*
- *Nutrition/Diet: BRFSS, 2010-2022; CMS, 2020-2021.*
- *Oral Health: BRFSS, 2010-2022; HRSA, 2023.*
- *Chronic Disease: CMS, 2020-2021.*
- *Behavioral Health: BRFSS, 2010-2022; CDC WONDER 2016-2020; CMS, 2020-2021.*
- *Mental Health: BRFSS, 2010-2022; CMS, 2020-2021.*
- *Living with Disability: ACS, 2018-2022.*
- *Caregiving: ACS, 2018-2022; Alzheimer’s Association, 2023; BRFSS, 2010-2022.*
- *Access to Care: BRFSS, 2010-2022; CMS, 2020-2021; HRSA, 2023; Medicare.gov, 2023; RI Adult Day Services, 2023.*
- *Service Utilization: CMS, 2020-2021.*

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