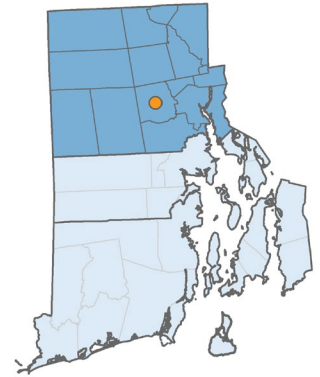


Johnston (Providence)

Johnston is a town in Providence County with 6,263 residents aged 65 and older. Compared to state average rates, older residents have lower rates of cataract but higher rates of anemia, chronic kidney disease, chronic obstructive pulmonary disease (COPD), diabetes, endometrial cancer, glaucoma, heart attack, hypertension, peripheral vascular disease, high cholesterol, tobacco use disorder, and anxiety disorder. They are less likely to take the health promotion steps of engaging in physical activity and have annual dental exams. However, they are more likely to smoke, and report being stressed about buying food. Community resources to support healthy aging include one public library, one senior center, one community health center, one adult day health center, three skilled nursing facilities, four assisted living facilities, and 27 primary care providers.



POPULATION CHARACTERISTICS	Significantly different than state rate	Community estimate	State estimate
Total population (all ages)		29,545	1,094,250
Population 60 years or older as % of total population		31.1%	25.0%
Total population 60 years and older		9,175	273,831
Population 65 years or older as % of total population		21.2%	17.9%
Total population 65 years and older		6,263	195,378
% 65-74 years		55.3%	57.8%
% 75-84 years		30.5%	29.0%
% 85 years or older		14.2%	13.2%
% 65+ population who are female		52.5%	56.3%
% 85+ population who are female	*	47.4%	67.8%
Race and ethnicity of the population 65+			
% White	*	95.1%	88.6%
% African American		1.6%	3.1%
% Asian		0.5%	1.8%
% Other race(s)	*	2.8%	6.5%
% Hispanic	*	3.1%	5.9%
# 55+ who are Native American / Alaskan		0	832
Marital status of the population 65+			
% married	*	44.4%	51.6%
% divorced/separated		19.4%	16.9%
% widowed		26.0%	22.2%
% never married		10.1%	9.3%
Education of the population 65+			
% with less than high school education		12.9%	14.9%
% with high school or some college	*	71.3%	53.3%
% with college degree		10.0%	15.9%
% with graduate or professional degree	*	5.7%	16.0%
% 65+ population who speak only English at home		88.3%	83.3%
% 65+ population who are veterans of military service		16.6%	14.6%
% 60+ LGBT		5.6%	4.3%

POPULATION CHARACTERISTICS	Significantly different than state rate	Community estimate	State estimate
HOUSING			
% 65+ population who live alone		27.7%	29.3%
Average household size (all ages)		2.5	2.4
Median house value (all ages)	*	\$290,100	\$343,100
% 60+ own home		74.2%	71.7%
% 60+ homeowners who have mortgage		52.5%	48.4%
% 65+ households (renter) spend >35% of income on housing		37.6%	38.9%
% 65+ households (owner) spend >35% of income on housing	*	17.0%	25.2%
% grandparents who live with grandchildren		4.0%	2.8%
# of assisted living sites		4	63
SOCIAL DETERMINANTS OF HEALTH			
COST OF LIVING			
Elder Index			
Single, homeowner without mortgage, good health (County)	0.98	\$26,640	\$27,168
Single, renter, good health (County)	0.99	\$29,844	\$30,216
Couple, homeowner without mortgage, good health (County)	0.99	\$38,736	\$39,264
Couple, renter, good health (County)	0.99	\$41,940	\$42,312
ECONOMIC			
% 60+ receiving food stamps in past year		16.7%	14.7%
% 65+ employed in past year		16.6%	19.2%
% 65+ with income below the poverty line in past year		8.5%	10.7%
Median annual income for households with a householder age 65+		\$60,283	\$56,242
% 65+ households with annual income < \$20,000		17.3%	19.1%
% 65+ households with annual income \$20,000-\$49,999		25.2%	26.8%
% 65+ households with annual income \$50,000-\$99,999		31.5%	26.1%
% 65+ households with annual income \$100,000+		26.1%	28.0%
WELLNESS			
% 60+ getting the recommended hours of sleep		57.6%	63.1%
% 60+ doing any physical activity in past month	W	63.5%	73.5%
% 60+ met CDC guidelines for muscle-strengthening activity		21.4%	26.1%
% 60+ met CDC guidelines for aerobic physical activity		49.9%	55.4%
% 60+ with fair or poor self-reported health status		20.1%	17.9%
% 60+ with 15+ physically unhealthy days in past month		17.3%	13.6%
% 60+ who reported being satisfied with life		92.8%	95.5%
COMMUNITY			
Annual # unhealthy days due to air pollution for 65+ (County)		4	NA
AARP Age-Friendly Communities		Not yet	Not yet
# of public universities and community colleges		0	9
# of public libraries		1	72
# of senior centers		1	34
# of Osher Lifelong Learning Institutes (OLLI)		0	1
% households with a smartphone (all ages)		86.3%	85.8%
% households with only a smartphone to access Internet (all ages)		5.9%	8.2%

SOCIAL DETERMINANTS OF HEALTH	Significantly different than state rate	Community estimate	State estimate
COMMUNITY			
% households without a computer (all ages)		7.4%	7.1%
% households with access to Broadband (all ages)		90.6%	89.2%
% households without access to the Internet (all ages)		9.4%	10.7%
% 60+ who used Internet in past month	*	63.5%	71.4%
Voter participation rate in 2020 election (age 18+)		64.3%	68.3%
Homicide rate/100,000 persons (County)		3.0	2.1
# firearm fatalities (all ages) (County)		142	226
# 65+ deaths by suicide (County)		43	92
Age-sex adjusted 1-year mortality rate		4.4%	4.3%
TRANSPORTATION			
% householders 65+ who own a motor vehicle	*	94.0%	86.2%
% 60+ who always drive or ride wearing a seatbelt		91.3%	92.3%
% 60+ drove under influence		1.5%	1.9%
# fatal crashes involving adult age 60+ (County)		57	94
AllTransit Score		NA	2.85
HEALTH OUTCOMES			
FALLS			
% 60+ who fell in past year		25.8%	26.0%
% 60+ who were injured by a fall in past year		10.2%	10.0%
% 65+ with hip fracture		3.9%	3.1%
PREVENTION			
% 60+ with physical exam/check-up in past year		93.8%	93.0%
% 60+ flu shot in past year		62.9%	67.8%
% 60+ with pneumonia vaccine		60.5%	64.2%
% 60+ with shingles vaccine		35.1%	37.8%
% 60+ women with mammogram in past 2 years		85.9%	82.1%
% 60+ had colorectal cancer screening		62.7%	68.7%
% 60+ with HIV test		23.7%	23.5%
% 60+ with optimal preventive health		28.1%	32.3%
NUTRITION & DIET			
% 60+ with 5 or more servings of fruit or vegetables per day		20.2%	18.8%
% 60+ stressed about buying food in past month	W	17.5%	12.3%
% 60+ self-reported obese	W	33.8%	27.1%
% 65+ with high cholesterol	W	81.7%	79.3%
% 60+ with high cholesterol screening		98.5%	97.3%
ORAL HEALTH			
% 60+ with dental insurance		64.3%	65.1%
% 60+ with annual dental exam	W	70.3%	77.5%
# dentists per 100,000 persons (all ages) (County)		46.2	53.0
% 60+ with loss of 6+ teeth		30.6%	26.0%

HEALTH OUTCOMES

	Significantly different than state rate	Community estimate	State estimate
CHRONIC DISEASE			
% 65+ with Alzheimer's disease or related dementias		12.8%	12.0%
% 65+ with anemia	W	54.3%	47.0%
% 65+ with asthma		16.5%	15.0%
% 65+ with atrial fibrillation		14.0%	14.3%
% 65+ with benign prostatic hyperplasia (men)		44.4%	43.3%
% 65+ with breast cancer (women)		12.4%	11.5%
% 65+ with cataract	B	61.7%	65.0%
% 65+ with chronic kidney disease	W	41.4%	34.0%
% 65+ with chronic obstructive pulmonary disease	W	25.4%	20.8%
% 65+ with colon cancer		2.6%	2.4%
% 65+ with congestive heart failure		22.1%	20.0%
% 65+ with diabetes	W	42.2%	32.4%
% 65+ with endometrial cancer (women)	W	3.7%	2.3%
% 65+ with fibromyalgia, chronic pain, and fatigue		34.0%	33.7%
% 65+ with glaucoma	W	32.4%	26.3%
% 65+ ever had a heart attack	W	7.6%	5.3%
% 65+ with HIV/AIDS		0.21%	0.19%
% 65+ with hypertension	W	80.4%	75.8%
% 65+ with ischemic heart disease		40.8%	39.4%
% 65+ with liver disease		13.6%	13.0%
% 65+ with lung cancer		2.6%	2.0%
% 65+ with migraine and other chronic headache		9.7%	8.3%
% 65+ with osteoarthritis or rheumatoid arthritis		59.7%	57.3%
% 65+ with osteoporosis		18.3%	18.9%
% 65+ with peripheral vascular disease	W	30.9%	23.1%
% 65+ with pressure ulcer or chronic ulcer		7.7%	7.7%
% 65+ with prostate cancer (men)		13.6%	13.4%
% 65+ with stroke		12.5%	11.6%
% 65+ with 4+ (out of 15) chronic conditions	W	67.3%	63.0%
% 65+ with 0 chronic conditions		7.2%	7.2%
BEHAVIORAL HEALTH			
# drug overdose deaths (all ages) (County)		1,117	1,699
% 65+ with substance use disorder		8.8%	8.4%
% 60+ who used marijuana in past month		4.4%	4.9%
% 60+ excessive drinking		7.1%	10.0%
% 65+ with tobacco use disorder	W	14.7%	12.1%
% 60+ current smokers	W	15.6%	8.8%
% 60+ ever used E-Cigarettes in past month		1.9%	1.6%

HEALTH OUTCOMES	Significantly different than state rate	Community estimate	State estimate
MENTAL HEALTH			
% 60+ who reported receiving adequate emotional support		76.1%	77.5%
% 60+ with 15+ days poor mental health in past month		9.0%	8.3%
% 65+ with depression		35.3%	34.5%
% 65+ with anxiety disorder	W	39.7%	34.3%
% 65+ with post-traumatic stress disorder		2.0%	2.2%
% 65+ with schizophrenia & other psychotic disorder		3.5%	3.1%
LIVING WITH DISABILITY			
% 65+ with self-reported hearing difficulty		9.3%	12.2%
% 65+ with self-reported vision difficulty		9.4%	5.1%
% 65+ with self-reported cognition difficulty		9.3%	7.0%
% 65+ with self-reported ambulatory difficulty		22.1%	18.7%
% 65+ with self-reported self-care difficulty	*	13.4%	7.1%
% 65+ with self-reported independent living difficulty	*	21.7%	13.0%
CAREGIVING			
# of Alzheimer's support groups		0	9
% 60+ who provide care to a family/friend in past month		25.1%	22.1%
% grandparents raising grandchildren		1.17%	0.71%
ACCESS TO CARE			
% 65+ dually eligible for Medicare and Medicaid		15.3%	15.0%
% 65+ Medicare managed care enrollees	*	57.9%	51.4%
% 60+ with a regular doctor		97.5%	96.6%
% 60+ who did not see a doctor when needed due to cost		5.5%	3.9%
# of primary care providers		27	1,176
# of hospitals		0	12
# of home health agencies		0	24
# of skilled nursing facilities		3	75
# of hospice agencies		0	9
# of community health centers		1	52
# of adult day health centers		1	31
SERVICE UTILIZATION			
# physician visits per year	*	8.5	7.8
# emergency room visits/1000 persons 65+ years annually		509.5	500.0
# Part D monthly prescription fills per person annually	*	56.7	54.2
# home health visits annually	*	4.1	3.0
# durable medical equipment claims annually		2.0	1.9
# inpatient hospital stays/1000 persons 65+ years annually		261.8	230.9
% Medicare inpatient hospital readmissions (as % of admissions)		18.8%	17.1%
# skilled nursing facility stays/1000 persons 65+ years annually	*	99.3	76.0
# skilled nursing home Medicare beds/1000 persons 65+ years		64.1	41.2
% 65+ getting Medicaid long term services and supports		3.6%	4.0%
% 65+ hospice users		3.7%	3.4%
% 65+ hospice users as % of decedents		49.8%	50.7%

TECHNICAL NOTES

*For more information on data sources, measures, and methodology used in the 2025 Rhode Island Healthy Aging Data Report see our technical documentation at (healthyagingdatareports.org). For most indicators, the community and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and community estimates may be due to chance associated with population sampling. We use the terms “Better” and “Worse” to highlight differences between community and state estimates that we are confident are not due to chance. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed, we used a hierarchical approach to reporting.

Data Sources:

- *Population Characteristics: The U.S. Census Bureau (American Community Survey (ACS)) 2018-2022; Rhode Island Department of Health (RIDOH) Behavioral Risk Factor Surveillance Survey (BRFSS), 2010-2022.*
- *Housing: ACS, 2018-2022; RIDOH, 2023.*
- *Cost of Living: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston, 2023.*
- *Economic: ACS, 2018-2022.*
- *Wellness: BRFSS, 2010-2022.*
- *Community: AARP, 2023; ACS, 2018-2022; AgeFriendly RI, 2023; BRFSS, 2010-2022; CDC WONDER, 2016-2020; The CMS Master Beneficiary Summary File ABCD/Other (CMS), 2020-2021; NECHE, 2023; OLLI, 2023; RI State Library, 2023; RI Secretary of State, 2023; U.S. EPA Air Compare, 2023.*
- *Transportation: ACS, 2018-2022; AllTransit™, 2023; BRFSS, 2010-2022; NHTSA, 2018-2022.*
- *Falls: CMS, 2020-2021; BRFSS, 2010-2022.*
- *Prevention: BRFSS, 2010-2022.*
- *Nutrition/Diet: BRFSS, 2010-2022; CMS, 2020-2021.*
- *Oral Health: BRFSS, 2010-2022; HRSA, 2023.*
- *Chronic Disease: CMS, 2020-2021.*
- *Behavioral Health: BRFSS, 2010-2022; CDC WONDER 2016-2020; CMS, 2020-2021.*
- *Mental Health: BRFSS, 2010-2022; CMS, 2020-2021.*
- *Living with Disability: ACS, 2018-2022.*
- *Caregiving: ACS, 2018-2022; Alzheimer’s Association, 2023; BRFSS, 2010-2022.*
- *Access to Care: BRFSS, 2010-2022; CMS, 2020-2021; HRSA, 2023; Medicare.gov, 2023; RI Adult Day Services, 2023.*
- *Service Utilization: CMS, 2020-2021.*

Healthy Aging Data Report Research Team (2025): Beth Dugan PhD, Nina Silverstein PhD, Chae Man Lee PhD, Taylor Jansen PhD, Yan-Jhu Su, Yan Lin, Shan Qu, Tiffany Tang & Qian Song PhD, from the Gerontology Institute at the University of Massachusetts Boston. The Point32Health Foundation supported the research and provided important guidance.

Suggested citation: Dugan E, Lee CM, Jansen T, Su YJ, Silverstein NM, & Song Q. (2025). The Rhode Island 2025 Healthy Aging Data Report. Retrieved from www.healthyagingdatareports.org

Questions or Ideas? Beth.dugan@umb.edu



Point32Health Foundation

In partnership with



Point32Health companies