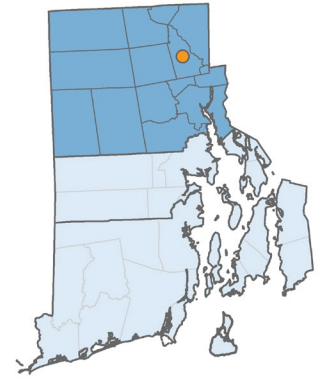


Lincoln (Providence)

Lincoln is a town in Providence County with 4,799 residents aged 65 and older. Compared to state average rates, older residents fare better on some healthy aging indicators with lower rates of falls and tobacco use disorder. They were more likely to always wear a seatbelt while driving or riding in a vehicle. However, they also are more likely to report being stressed about buying food. Community resources to support healthy aging include an adult day health center, one public university or community college, one public library, one senior center, one skilled nursing facility, two assisted living facilities, two home health agencies, and 31 primary care providers.



POPULATION CHARACTERISTICS	Significantly different than state rate	Community estimate	State estimate
Total population (all ages)		22,476	1,094,250
Population 60 years or older as % of total population		27.8%	25.0%
Total population 60 years and older		6,248	273,831
Population 65 years or older as % of total population		21.4%	17.9%
Total population 65 years and older		4,799	195,378
% 65-74 years		50.5%	57.8%
% 75-84 years		33.7%	29.0%
% 85 years or older		15.8%	13.2%
% 65+ population who are female		56.5%	56.3%
% 85+ population who are female		72.7%	67.8%
Race and ethnicity of the population 65+			
% White		93.9%	88.6%
% African American		1.0%	3.1%
% Asian		4.1%	1.8%
% Other race(s)	*	1.0%	6.5%
% Hispanic	*	1.0%	5.9%
# 55+ who are Native American / Alaskan		0	832
Marital status of the population 65+			
% married		56.4%	51.6%
% divorced/separated	*	11.3%	16.9%
% widowed		23.9%	22.2%
% never married		8.5%	9.3%
Education of the population 65+			
% with less than high school education		19.1%	14.9%
% with high school or some college	*	43.8%	53.3%
% with college degree		23.2%	15.9%
% with graduate or professional degree		13.9%	16.0%
% 65+ population who speak only English at home		78.5%	83.3%
% 65+ population who are veterans of military service		11.1%	14.6%
% 60+ LGBT		3.7%	4.3%

POPULATION CHARACTERISTICS

	Significantly different than state rate	Community estimate	State estimate
HOUSING			
% 65+ population who live alone		25.4%	29.3%
Average household size (all ages)	*	2.6	2.4
Median house value (all ages)	*	\$384,900	\$343,100
% 60+ own home		77.3%	71.7%
% 60+ homeowners who have mortgage		43.1%	48.4%
% 65+ households (renter) spend >35% of income on housing		50.5%	38.9%
% 65+ households (owner) spend >35% of income on housing		20.5%	25.2%
% grandparents who live with grandchildren		2.7%	2.8%
# of assisted living sites		2	63

SOCIAL DETERMINANTS OF HEALTH

COST OF LIVING

Elder Index			
Single, homeowner without mortgage, good health (County)	0.98	\$26,640	\$27,168
Single, renter, good health (County)	0.99	\$29,844	\$30,216
Couple, homeowner without mortgage, good health (County)	0.99	\$38,736	\$39,264
Couple, renter, good health (County)	0.99	\$41,940	\$42,312

ECONOMIC

% 60+ receiving food stamps in past year	*	6.4%	14.7%
% 65+ employed in past year		20.1%	19.2%
% 65+ with income below the poverty line in past year		8.2%	10.7%
Median annual income for households with a householder age 65+		\$68,796	\$56,242
% 65+ households with annual income < \$20,000		14.6%	19.1%
% 65+ households with annual income \$20,000-\$49,999		25.7%	26.8%
% 65+ households with annual income \$50,000-\$99,999		23.0%	26.1%
% 65+ households with annual income \$100,000+		36.7%	28.0%

WELLNESS

% 60+ getting the recommended hours of sleep		64.5%	63.1%
% 60+ doing any physical activity in past month		74.6%	73.5%
% 60+ met CDC guidelines for muscle-strengthening activity		24.9%	26.1%
% 60+ met CDC guidelines for aerobic physical activity		55.6%	55.4%
% 60+ with fair or poor self-reported health status		15.8%	17.9%
% 60+ with 15+ physically unhealthy days in past month		13.4%	13.6%
% 60+ who reported being satisfied with life		96.6%	95.5%

COMMUNITY

Annual # unhealthy days due to air pollution for 65+ (County)		4	NA
AARP Age-Friendly Communities		Not yet	Not yet
# of public universities and community colleges		1	9
# of public libraries		1	72
# of senior centers		1	34
# of Osher Lifelong Learning Institutes (OLLI)		0	1
% households with a smartphone (all ages)		83.8%	85.8%
% households with only a smartphone to access Internet (all ages)	*	5.3%	8.2%

SOCIAL DETERMINANTS OF HEALTH

	Significantly different than state rate	Community estimate	State estimate
COMMUNITY			
% households without a computer (all ages)		7.9%	7.1%
% households with access to Broadband (all ages)		88.5%	89.2%
% households without access to the Internet (all ages)		11.4%	10.7%
% 60+ who used Internet in past month		68.7%	71.4%
Voter participation rate in 2020 election (age 18+)		69.5%	68.3%
Homicide rate/100,000 persons (County)		3.0	2.1
# firearm fatalities (all ages) (County)		142	226
# 65+ deaths by suicide (County)		43	92
Age-sex adjusted 1-year mortality rate		3.8%	4.3%
TRANSPORTATION			
% householders 65+ who own a motor vehicle		86.4%	86.2%
% 60+ who always drive or ride wearing a seatbelt	B	94.8%	92.3%
% 60+ drove under influence		1.5%	1.9%
# fatal crashes involving adult age 60+ (County)		57	94
AllTransit Score		NA	2.85
HEALTH OUTCOMES			
FALLS			
% 60+ who fell in past year	B	22.0%	26.0%
% 60+ who were injured by a fall in past year		8.3%	10.0%
% 65+ with hip fracture		3.5%	3.1%
PREVENTION			
% 60+ with physical exam/check-up in past year		95.1%	93.0%
% 60+ flu shot in past year		70.7%	67.8%
% 60+ with pneumonia vaccine		63.7%	64.2%
% 60+ with shingles vaccine		37.7%	37.8%
% 60+ women with mammogram in past 2 years		82.7%	82.1%
% 60+ had colorectal cancer screening		68.3%	68.7%
% 60+ with HIV test	*	17.4%	23.5%
% 60+ with optimal preventive health		34.3%	32.3%
NUTRITION & DIET			
% 60+ with 5 or more servings of fruit or vegetables per day		18.1%	18.8%
% 60+ stressed about buying food in past month	B	8.9%	12.3%
% 60+ self-reported obese		26.9%	27.1%
% 65+ with high cholesterol		81.5%	79.3%
% 60+ with high cholesterol screening		98.1%	97.3%
ORAL HEALTH			
% 60+ with dental insurance		66.1%	65.1%
% 60+ with annual dental exam		80.8%	77.5%
# dentists per 100,000 persons (all ages) (County)		46.2	53.0
% 60+ with loss of 6+ teeth		24.1%	26.0%

HEALTH OUTCOMES

	Significantly different than state rate	Community estimate	State estimate
CHRONIC DISEASE			
% 65+ with Alzheimer's disease or related dementias		11.9%	12.0%
% 65+ with anemia		47.7%	47.0%
% 65+ with asthma		15.4%	15.0%
% 65+ with atrial fibrillation		15.3%	14.3%
% 65+ with benign prostatic hyperplasia (men)		42.3%	43.3%
% 65+ with breast cancer (women)		13.5%	11.5%
% 65+ with cataract		65.6%	65.0%
% 65+ with chronic kidney disease		36.3%	34.0%
% 65+ with chronic obstructive pulmonary disease		20.9%	20.8%
% 65+ with colon cancer		2.7%	2.4%
% 65+ with congestive heart failure		21.5%	20.0%
% 65+ with diabetes		32.1%	32.4%
% 65+ with endometrial cancer (women)		1.5%	2.3%
% 65+ with fibromyalgia, chronic pain, and fatigue		32.8%	33.7%
% 65+ with glaucoma		25.9%	26.3%
% 65+ ever had a heart attack		5.6%	5.3%
% 65+ with HIV/AIDS		0.21%	0.19%
% 65+ with hypertension		76.1%	75.8%
% 65+ with ischemic heart disease		40.7%	39.4%
% 65+ with liver disease		12.2%	13.0%
% 65+ with lung cancer		1.9%	2.0%
% 65+ with migraine and other chronic headache		8.3%	8.3%
% 65+ with osteoarthritis or rheumatoid arthritis		58.4%	57.3%
% 65+ with osteoporosis		19.9%	18.9%
% 65+ with peripheral vascular disease		24.6%	23.1%
% 65+ with pressure ulcer or chronic ulcer		7.0%	7.7%
% 65+ with prostate cancer (men)		12.4%	13.4%
% 65+ with stroke		11.1%	11.6%
% 65+ with 4+ (out of 15) chronic conditions		63.8%	63.0%
% 65+ with 0 chronic conditions	W	5.7%	7.2%
BEHAVIORAL HEALTH			
# drug overdose deaths (all ages) (County)		1,117	1,699
% 65+ with substance use disorder		7.8%	8.4%
% 60+ who used marijuana in past month		4.4%	4.9%
% 60+ excessive drinking		7.5%	10.0%
% 65+ with tobacco use disorder	B	9.7%	12.1%
% 60+ current smokers		8.8%	8.8%
% 60+ ever used E-Cigarettes in past month		1.9%	1.6%

HEALTH OUTCOMES

	Significantly different than state rate	Community estimate	State estimate
MENTAL HEALTH			
% 60+ who reported receiving adequate emotional support		79.0%	77.5%
% 60+ with 15+ days poor mental health in past month		8.0%	8.3%
% 65+ with depression		33.4%	34.5%
% 65+ with anxiety disorder		33.8%	34.3%
% 65+ with post-traumatic stress disorder		1.6%	2.2%
% 65+ with schizophrenia & other psychotic disorder		2.5%	3.1%
LIVING WITH DISABILITY			
% 65+ with self-reported hearing difficulty		15.2%	12.2%
% 65+ with self-reported vision difficulty		3.8%	5.1%
% 65+ with self-reported cognition difficulty		7.2%	7.0%
% 65+ with self-reported ambulatory difficulty		16.4%	18.7%
% 65+ with self-reported self-care difficulty		8.0%	7.1%
% 65+ with self-reported independent living difficulty		11.8%	13.0%
CAREGIVING			
# of Alzheimer's support groups		0	9
% 60+ who provide care to a family/friend in past month		17.3%	22.1%
% grandparents raising grandchildren		0.28%	0.71%
ACCESS TO CARE			
% 65+ dually eligible for Medicare and Medicaid	*	9.2%	15.0%
% 65+ Medicare managed care enrollees	*	54.0%	51.4%
% 60+ with a regular doctor		97.0%	96.6%
% 60+ who did not see a doctor when needed due to cost		3.8%	3.9%
# of primary care providers		31	1,176
# of hospitals		0	12
# of home health agencies		2	24
# of skilled nursing facilities		1	75
# of hospice agencies		0	9
# of community health centers		0	52
# of adult day health centers		1	31
SERVICE UTILIZATION			
# physician visits per year	*	8.4	7.8
# emergency room visits/1000 persons 65+ years annually		453.0	500.0
# Part D monthly prescription fills per person annually		53.7	54.2
# home health visits annually		3.4	3.0
# durable medical equipment claims annually		1.9	1.9
# inpatient hospital stays/1000 persons 65+ years annually		215.8	230.9
% Medicare inpatient hospital readmissions (as % of admissions)		14.6%	17.1%
# skilled nursing facility stays/1000 persons 65+ years annually		77.9	76.0
# skilled nursing home Medicare beds/1000 persons 65+ years		35.6	41.2
% 65+ getting Medicaid long term services and supports	*	3.1%	4.0%
% 65+ hospice users		3.3%	3.4%
% 65+ hospice users as % of decedents		57.0%	50.7%

TECHNICAL NOTES

*For more information on data sources, measures, and methodology used in the 2025 Rhode Island Healthy Aging Data Report see our technical documentation at (healthyagingdatareports.org). For most indicators, the community and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and community estimates may be due to chance associated with population sampling. We use the terms “Better” and “Worse” to highlight differences between community and state estimates that we are confident are not due to chance. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed, we used a hierarchical approach to reporting.

Data Sources:

- *Population Characteristics: The U.S. Census Bureau (American Community Survey (ACS)) 2018-2022; Rhode Island Department of Health (RIDOH) Behavioral Risk Factor Surveillance Survey (BRFSS), 2010-2022.*
- *Housing: ACS, 2018-2022; RIDOH, 2023.*
- *Cost of Living: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston, 2023.*
- *Economic: ACS, 2018-2022.*
- *Wellness: BRFSS, 2010-2022.*
- *Community: AARP, 2023; ACS, 2018-2022; AgeFriendly RI, 2023; BRFSS, 2010-2022; CDC WONDER, 2016-2020; The CMS Master Beneficiary Summary File ABCD/Other (CMS), 2020-2021; NECHE, 2023; OLLI, 2023; RI State Library, 2023; RI Secretary of State, 2023; U.S. EPA Air Compare, 2023.*
- *Transportation: ACS, 2018-2022; AllTransit™, 2023; BRFSS, 2010-2022; NHTSA, 2018-2022.*
- *Falls: CMS, 2020-2021; BRFSS, 2010-2022.*
- *Prevention: BRFSS, 2010-2022.*
- *Nutrition/Diet: BRFSS, 2010-2022; CMS, 2020-2021.*
- *Oral Health: BRFSS, 2010-2022; HRSA, 2023.*
- *Chronic Disease: CMS, 2020-2021.*
- *Behavioral Health: BRFSS, 2010-2022; CDC WONDER 2016-2020; CMS, 2020-2021.*
- *Mental Health: BRFSS, 2010-2022; CMS, 2020-2021.*
- *Living with Disability: ACS, 2018-2022.*
- *Caregiving: ACS, 2018-2022; Alzheimer’s Association, 2023; BRFSS, 2010-2022.*
- *Access to Care: BRFSS, 2010-2022; CMS, 2020-2021; HRSA, 2023; Medicare.gov, 2023; RI Adult Day Services, 2023.*
- *Service Utilization: CMS, 2020-2021.*

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