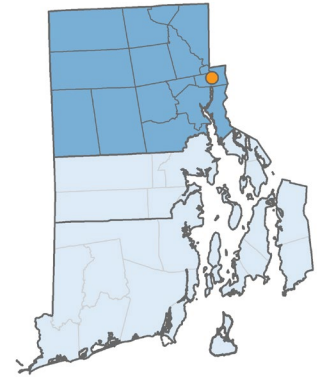


## Pawtucket (Providence)

Pawtucket is a city in Providence County with 9,825 residents aged 65 and older. Compared to state average rates, older residents fare better on some healthy aging indicators with lower rates of benign prostatic hyperplasia, breast cancer, cataract, glaucoma, high cholesterol and osteoarthritis/rheumatoid arthritis. However, they have higher rates of tooth loss, asthma, diabetes, depression, and substance and tobacco use disorders. They are less likely to take the health promotion steps of engaging in physical activity, meeting the CDC guidelines for strength training and aerobic activity, receiving flu and shingles shots, or being screened for colorectal cancer. In addition, they are more likely to smoke. Community resources to support healthy aging include one public library, one senior center, an Alzheimer's caregiver support group, one hospice agency, two home health agencies, three skilled nursing facilities, three community health centers, three adult day health centers, four assisted living facilities, and 58 primary care providers.



POPULATION CHARACTERISTICS	Significantly different than state rate	Community estimate	State estimate
Total population (all ages)		75,176	1,094,250
Population 60 years or older as % of total population		19.3%	25.0%
Total population 60 years and older		14,532	273,831
Population 65 years or older as % of total population		13.1%	17.9%
Total population 65 years and older		9,825	195,378
% 65-74 years		59.3%	57.8%
% 75-84 years		27.0%	29.0%
% 85 years or older		13.7%	13.2%
% 65+ population who are female		54.2%	56.3%
% 85+ population who are female		72.3%	67.8%
Race and ethnicity of the population 65+			
% White	*	76.5%	88.6%
% African American		4.9%	3.1%
% Asian	*	0.7%	1.8%
% Other race(s)	*	17.9%	6.5%
% Hispanic	*	8.7%	5.9%
# 55+ who are Native American / Alaskan		65	832
Marital status of the population 65+			
% married	*	41.4%	51.6%
% divorced/separated		19.1%	16.9%
% widowed		25.2%	22.2%
% never married	*	14.3%	9.3%
Education of the population 65+			
% with less than high school education	*	30.2%	14.9%
% with high school or some college		53.6%	53.3%
% with college degree	*	9.2%	15.9%
% with graduate or professional degree	*	7.0%	16.0%
% 65+ population who speak only English at home	*	67.2%	83.3%
% 65+ population who are veterans of military service		12.7%	14.6%
% 60+ LGBT		5.1%	4.3%

<b>POPULATION CHARACTERISTICS</b>	<b>Significantly different than state rate</b>	<b>Community estimate</b>	<b>State estimate</b>
<b>HOUSING</b>			
% 65+ population who live alone	*	38.2%	29.3%
Average household size (all ages)		2.4	2.4
Median house value (all ages)	*	\$266,300	\$343,100
% 60+ own home	*	56.8%	71.7%
% 60+ homeowners who have mortgage		50.1%	48.4%
% 65+ households (renter) spend >35% of income on housing		36.6%	38.9%
% 65+ households (owner) spend >35% of income on housing		32.1%	25.2%
% grandparents who live with grandchildren		3.0%	2.8%
# of assisted living sites		4	63
<b>SOCIAL DETERMINANTS OF HEALTH</b>			
<b>COST OF LIVING</b>			
Elder Index			
Single, homeowner without mortgage, good health (County)	0.98	\$26,640	\$27,168
Single, renter, good health (County)	0.99	\$29,844	\$30,216
Couple, homeowner without mortgage, good health (County)	0.99	\$38,736	\$39,264
Couple, renter, good health (County)	0.99	\$41,940	\$42,312
<b>ECONOMIC</b>			
% 60+ receiving food stamps in past year	*	21.6%	14.7%
% 65+ employed in past year		20.0%	19.2%
% 65+ with income below the poverty line in past year	*	15.9%	10.7%
Median annual income for households with a householder age 65+	*	\$38,248	\$56,242
% 65+ households with annual income < \$20,000	*	27.1%	19.1%
% 65+ households with annual income \$20,000-\$49,999	*	35.4%	26.8%
% 65+ households with annual income \$50,000-\$99,999		23.4%	26.1%
% 65+ households with annual income \$100,000+	*	14.0%	28.0%
<b>WELLNESS</b>			
% 60+ getting the recommended hours of sleep		59.0%	63.1%
% 60+ doing any physical activity in past month	W	63.1%	73.5%
% 60+ met CDC guidelines for muscle-strengthening activity	W	20.1%	26.1%
% 60+ met CDC guidelines for aerobic physical activity	W	46.8%	55.4%
% 60+ with fair or poor self-reported health status	W	24.6%	17.9%
% 60+ with 15+ physically unhealthy days in past month	W	17.7%	13.6%
% 60+ who reported being satisfied with life	W	92.9%	95.5%
<b>COMMUNITY</b>			
Annual # unhealthy days due to air pollution for 65+ (County)		4	NA
AARP Age-Friendly Communities		Not yet	Not yet
# of public universities and community colleges		0	9
# of public libraries		1	72
# of senior centers		1	34
# of Osher Lifelong Learning Institutes (OLLI)		0	1
% households with a smartphone (all ages)		85.4%	85.8%
% households with only a smartphone to access Internet (all ages)	*	14.6%	8.2%

<b>SOCIAL DETERMINANTS OF HEALTH</b>	<b>Significantly different than state rate</b>	<b>Community estimate</b>	<b>State estimate</b>
<b>COMMUNITY</b>			
% households without a computer (all ages)		8.0%	7.1%
% households with access to Broadband (all ages)	*	86.3%	89.2%
% households without access to the Internet (all ages)	*	13.5%	10.7%
% 60+ who used Internet in past month	*	58.6%	71.4%
Voter participation rate in 2020 election (age 18+)		55.0%	68.3%
Homicide rate/100,000 persons (County)		3.0	2.1
# firearm fatalities (all ages) (County)		142	226
# 65+ deaths by suicide (County)		43	92
Age-sex adjusted 1-year mortality rate		4.5%	4.3%
<b>TRANSPORTATION</b>			
% householders 65+ who own a motor vehicle	*	77.0%	86.2%
% 60+ who always drive or ride wearing a seatbelt		91.4%	92.3%
% 60+ drove under influence		1.5%	1.9%
# fatal crashes involving adult age 60+ (County)		57	94
AllTransit Score		6.4	2.85
<b>HEALTH OUTCOMES</b>			
<b>FALLS</b>			
% 60+ who fell in past year		23.5%	26.0%
% 60+ who were injured by a fall in past year		11.5%	10.0%
% 65+ with hip fracture		3.2%	3.1%
<b>PREVENTION</b>			
% 60+ with physical exam/check-up in past year		92.1%	93.0%
% 60+ flu shot in past year	W	60.3%	67.8%
% 60+ with pneumonia vaccine		62.7%	64.2%
% 60+ with shingles vaccine	W	31.2%	37.8%
% 60+ women with mammogram in past 2 years		80.8%	82.1%
% 60+ had colorectal cancer screening	W	63.7%	68.7%
% 60+ with HIV test	*	31.8%	23.5%
% 60+ with optimal preventive health		29.2%	32.3%
<b>NUTRITION &amp; DIET</b>			
% 60+ with 5 or more servings of fruit or vegetables per day		16.7%	18.8%
% 60+ stressed about buying food in past month	W	20.7%	12.3%
% 60+ self-reported obese	W	34.0%	27.1%
% 65+ with high cholesterol	B	76.7%	79.3%
% 60+ with high cholesterol screening		95.9%	97.3%
<b>ORAL HEALTH</b>			
% 60+ with dental insurance		62.6%	65.1%
% 60+ with annual dental exam	W	65.7%	77.5%
# dentists per 100,000 persons (all ages) (County)		46.2	53.0
% 60+ with loss of 6+ teeth	W	38.5%	26.0%

## HEALTH OUTCOMES

	Significantly different than state rate	Community estimate	State estimate
<b>CHRONIC DISEASE</b>			
% 65+ with Alzheimer's disease or related dementias		13.6%	12.0%
% 65+ with anemia		46.0%	47.0%
% 65+ with asthma	W	17.1%	15.0%
% 65+ with atrial fibrillation		13.8%	14.3%
% 65+ with benign prostatic hyperplasia (men)	B	37.8%	43.3%
% 65+ with breast cancer (women)	B	9.4%	11.5%
% 65+ with cataract	B	58.1%	65.0%
% 65+ with chronic kidney disease		34.9%	34.0%
% 65+ with chronic obstructive pulmonary disease		21.5%	20.8%
% 65+ with colon cancer		2.4%	2.4%
% 65+ with congestive heart failure		21.5%	20.0%
% 65+ with diabetes	W	36.8%	32.4%
% 65+ with endometrial cancer (women)		2.2%	2.3%
% 65+ with fibromyalgia, chronic pain, and fatigue		32.2%	33.7%
% 65+ with glaucoma	B	22.9%	26.3%
% 65+ ever had a heart attack		6.1%	5.3%
% 65+ with HIV/AIDS		0.21%	0.19%
% 65+ with hypertension		77.4%	75.8%
% 65+ with ischemic heart disease		39.3%	39.4%
% 65+ with liver disease		12.2%	13.0%
% 65+ with lung cancer		2.2%	2.0%
% 65+ with migraine and other chronic headache		7.4%	8.3%
% 65+ with osteoarthritis or rheumatoid arthritis	B	52.6%	57.3%
% 65+ with osteoporosis		17.6%	18.9%
% 65+ with peripheral vascular disease		24.8%	23.1%
% 65+ with pressure ulcer or chronic ulcer		7.5%	7.7%
% 65+ with prostate cancer (men)		11.8%	13.4%
% 65+ with stroke		11.7%	11.6%
% 65+ with 4+ (out of 15) chronic conditions		64.3%	63.0%
% 65+ with 0 chronic conditions	B	9.9%	7.2%
<b>BEHAVIORAL HEALTH</b>			
# drug overdose deaths (all ages) (County)		1,117	1,699
% 65+ with substance use disorder	W	10.6%	8.4%
% 60+ who used marijuana in past month		3.8%	4.9%
% 60+ excessive drinking		7.6%	10.0%
% 65+ with tobacco use disorder	W	15.4%	12.1%
% 60+ current smokers	W	13.4%	8.8%
% 60+ ever used E-Cigarettes in past month		1.9%	1.6%

<b>HEALTH OUTCOMES</b>	<b>Significantly different than state rate</b>	<b>Community estimate</b>	<b>State estimate</b>
<b>MENTAL HEALTH</b>			
% 60+ who reported receiving adequate emotional support	W	66.8%	77.5%
% 60+ with 15+ days poor mental health in past month		11.2%	8.3%
% 65+ with depression	W	36.8%	34.5%
% 65+ with anxiety disorder		34.0%	34.3%
% 65+ with post-traumatic stress disorder		2.3%	2.2%
% 65+ with schizophrenia & other psychotic disorder		4.0%	3.1%
<b>LIVING WITH DISABILITY</b>			
% 65+ with self-reported hearing difficulty		13.5%	12.2%
% 65+ with self-reported vision difficulty	*	8.2%	5.1%
% 65+ with self-reported cognition difficulty		8.7%	7.0%
% 65+ with self-reported ambulatory difficulty	*	24.6%	18.7%
% 65+ with self-reported self-care difficulty		10.1%	7.1%
% 65+ with self-reported independent living difficulty	*	17.3%	13.0%
<b>CAREGIVING</b>			
# of Alzheimer's support groups		1	9
% 60+ who provide care to a family/friend in past month		18.2%	22.1%
% grandparents raising grandchildren		0.88%	0.71%
<b>ACCESS TO CARE</b>			
% 65+ dually eligible for Medicare and Medicaid	*	27.8%	15.0%
% 65+ Medicare managed care enrollees	*	59.8%	51.4%
% 60+ with a regular doctor		95.4%	96.6%
% 60+ who did not see a doctor when needed due to cost	W	6.3%	3.9%
# of primary care providers		58	1,176
# of hospitals		0	12
# of home health agencies		2	24
# of skilled nursing facilities		3	75
# of hospice agencies		1	9
# of community health centers		3	52
# of adult day health centers		3	31
<b>SERVICE UTILIZATION</b>			
# physician visits per year	*	6.8	7.8
# emergency room visits/1000 persons 65+ years annually		523.5	500.0
# Part D monthly prescription fills per person annually	*	59.4	54.2
# home health visits annually		3.4	3.0
# durable medical equipment claims annually		1.9	1.9
# inpatient hospital stays/1000 persons 65+ years annually		247.1	230.9
% Medicare inpatient hospital readmissions (as % of admissions)		18.3%	17.1%
# skilled nursing facility stays/1000 persons 65+ years annually		77.4	76.0
# skilled nursing home Medicare beds/1000 persons 65+ years		31.7	41.2
% 65+ getting Medicaid long term services and supports	*	6.2%	4.0%
% 65+ hospice users		3.3%	3.4%
% 65+ hospice users as % of decedents		49.4%	50.7%

## TECHNICAL NOTES

\*For more information on data sources, measures, and methodology used in the 2025 Rhode Island Healthy Aging Data Report see our technical documentation at ([healthyagingdatareports.org](http://healthyagingdatareports.org)). For most indicators, the community and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and community estimates may be due to chance associated with population sampling. We use the terms “Better” and “Worse” to highlight differences between community and state estimates that we are confident are not due to chance. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed, we used a hierarchical approach to reporting.

### Data Sources:

- *Population Characteristics: The U.S. Census Bureau (American Community Survey (ACS)) 2018-2022; Rhode Island Department of Health (RIDOH) Behavioral Risk Factor Surveillance Survey (BRFSS), 2010-2022.*
- *Housing: ACS, 2018-2022; RIDOH, 2023.*
- *Cost of Living: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston, 2023.*
- *Economic: ACS, 2018-2022.*
- *Wellness: BRFSS, 2010-2022.*
- *Community: AARP, 2023; ACS, 2018-2022; AgeFriendly RI, 2023; BRFSS, 2010-2022; CDC WONDER, 2016-2020; The CMS Master Beneficiary Summary File ABCD/Other (CMS), 2020-2021; NECHE, 2023; OLLI, 2023; RI State Library, 2023; RI Secretary of State, 2023; U.S. EPA Air Compare, 2023.*
- *Transportation: ACS, 2018-2022; AllTransit™, 2023; BRFSS, 2010-2022; NHTSA, 2018-2022.*
- *Falls: CMS, 2020-2021; BRFSS, 2010-2022.*
- *Prevention: BRFSS, 2010-2022.*
- *Nutrition/Diet: BRFSS, 2010-2022; CMS, 2020-2021.*
- *Oral Health: BRFSS, 2010-2022; HRSA, 2023.*
- *Chronic Disease: CMS, 2020-2021.*
- *Behavioral Health: BRFSS, 2010-2022; CDC WONDER 2016-2020; CMS, 2020-2021.*
- *Mental Health: BRFSS, 2010-2022; CMS, 2020-2021.*
- *Living with Disability: ACS, 2018-2022.*
- *Caregiving: ACS, 2018-2022; Alzheimer’s Association, 2023; BRFSS, 2010-2022.*
- *Access to Care: BRFSS, 2010-2022; CMS, 2020-2021; HRSA, 2023; Medicare.gov, 2023; RI Adult Day Services, 2023.*
- *Service Utilization: CMS, 2020-2021.*

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