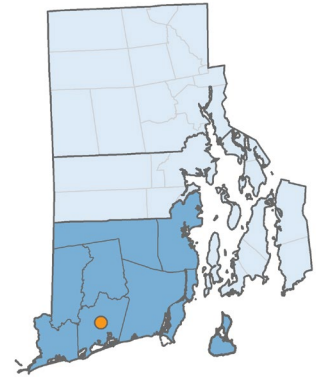


Charlestown (Washington)

Charlestown is a town in Washington County with 2,092 residents aged 65 and older. Compared to state average rates, older residents fare better on some healthy aging indicators with lower rates of tooth loss, Alzheimer's disease or related dementias, anemia, asthma, chronic kidney disease, congestive heart failure (CHF), diabetes, hypertension, osteoporosis, peripheral vascular disease, depression, and anxiety disorder. They are more likely to take the health promotion steps of getting adequate sleep, engaging in physical activity, meeting the CDC guidelines for aerobic activity, receiving a flu shot, and having annual dental exams. However, they were more likely to report excessive drinking. Community resources to support healthy aging include one public library, one senior center, and one primary care provider.



POPULATION CHARACTERISTICS	Significantly different than state rate	Community estimate	State estimate
Total population (all ages)		7,998	1,094,250
Population 60 years or older as % of total population		37.5%	25.0%
Total population 60 years and older		2,998	273,831
Population 65 years or older as % of total population		26.2%	17.9%
Total population 65 years and older		2,092	195,378
% 65-74 years		62.7%	57.8%
% 75-84 years		29.3%	29.0%
% 85 years or older	*	8.0%	13.2%
% 65+ population who are female		50.9%	56.3%
% 85+ population who are female		45.8%	67.8%
Race and ethnicity of the population 65+			
% White	*	96.9%	88.6%
% African American	*	0.0%	3.1%
% Asian		0.0%	1.8%
% Other race(s)		3.1%	6.5%
% Hispanic	*	0.9%	5.9%
# 55+ who are Native American / Alaskan		0	832
Marital status of the population 65+			
% married	*	74.6%	51.6%
% divorced/separated	*	9.0%	16.9%
% widowed	*	13.5%	22.2%
% never married	*	3.0%	9.3%
Education of the population 65+			
% with less than high school education	*	8.2%	14.9%
% with high school or some college		49.7%	53.3%
% with college degree		18.5%	15.9%
% with graduate or professional degree	*	23.7%	16.0%
% 65+ population who speak only English at home	*	97.3%	83.3%
% 65+ population who are veterans of military service		15.9%	14.6%
% 60+ LGBT		3.2%	4.3%

POPULATION CHARACTERISTICS	Significantly different than state rate	Community estimate	State estimate
HOUSING			
% 65+ population who live alone	*	18.1%	29.3%
Average household size (all ages)		2.3	2.4
Median house value (all ages)	*	\$418,500	\$343,100
% 60+ own home	*	92.8%	71.7%
% 60+ homeowners who have mortgage		44.2%	48.4%
% 65+ households (renter) spend >35% of income on housing		63.6%	38.9%
% 65+ households (owner) spend >35% of income on housing		16.9%	25.2%
% grandparents who live with grandchildren		1.5%	2.8%
# of assisted living sites		0	63
SOCIAL DETERMINANTS OF HEALTH			
COST OF LIVING			
Elder Index			
Single, homeowner without mortgage, good health (County)	1.01	\$27,480	\$27,168
Single, renter, good health (County)	0.99	\$30,000	\$30,216
Couple, homeowner without mortgage, good health (County)	1.01	\$39,504	\$39,264
Couple, renter, good health (County)	0.99	\$42,024	\$42,312
ECONOMIC			
% 60+ receiving food stamps in past year	*	7.4%	14.7%
% 65+ employed in past year		23.4%	19.2%
% 65+ with income below the poverty line in past year	*	2.6%	10.7%
Median annual income for households with a householder age 65+	*	\$89,318	\$56,242
% 65+ households with annual income < \$20,000	*	4.0%	19.1%
% 65+ households with annual income \$20,000-\$49,999		23.3%	26.8%
% 65+ households with annual income \$50,000-\$99,999		28.2%	26.1%
% 65+ households with annual income \$100,000+	*	44.5%	28.0%
WELLNESS			
% 60+ getting the recommended hours of sleep	B	69.4%	63.1%
% 60+ doing any physical activity in past month	B	81.4%	73.5%
% 60+ met CDC guidelines for muscle-strengthening activity		30.3%	26.1%
% 60+ met CDC guidelines for aerobic physical activity	B	63.7%	55.4%
% 60+ with fair or poor self-reported health status		14.7%	17.9%
% 60+ with 15+ physically unhealthy days in past month	B	10.2%	13.6%
% 60+ who reported being satisfied with life	B	98.0%	95.5%
COMMUNITY			
Annual # unhealthy days due to air pollution for 65+ (County)		2	NA
AARP Age-Friendly Communities		Not yet	Not yet
# of public universities and community colleges		0	9
# of public libraries		1	72
# of senior centers		1	34
# of Osher Lifelong Learning Institutes (OLLI)		0	1
% households with a smartphone (all ages)		86.8%	85.8%
% households with only a smartphone to access Internet (all ages)		5.2%	8.2%

SOCIAL DETERMINANTS OF HEALTH	Significantly different than state rate	Community estimate	State estimate
COMMUNITY			
% households without a computer (all ages)	*	3.1%	7.1%
% households with access to Broadband (all ages)	*	94.7%	89.2%
% households without access to the Internet (all ages)	*	5.3%	10.7%
% 60+ who used Internet in past month	*	83.3%	71.4%
Voter participation rate in 2020 election (age 18+)		74.5%	68.3%
Homicide rate/100,000 persons (County)		NA	2.1
# firearm fatalities (all ages) (County)		34	226
# 65+ deaths by suicide (County)		19	92
Age-sex adjusted 1-year mortality rate		3.8%	4.3%
TRANSPORTATION			
% householders 65+ who own a motor vehicle	*	96.2%	86.2%
% 60+ who always drive or ride wearing a seatbelt		92.8%	92.3%
% 60+ drove under influence		1.9%	1.9%
# fatal crashes involving adult age 60+ (County)		17	94
AllTransit Score		0	2.85
HEALTH OUTCOMES			
FALLS			
% 60+ who fell in past year		28.7%	26.0%
% 60+ who were injured by a fall in past year		10.5%	10.0%
% 65+ with hip fracture		2.3%	3.1%
PREVENTION			
% 60+ with physical exam/check-up in past year		93.9%	93.0%
% 60+ flu shot in past year	B	74.7%	67.8%
% 60+ with pneumonia vaccine		67.6%	64.2%
% 60+ with shingles vaccine		41.5%	37.8%
% 60+ women with mammogram in past 2 years		84.8%	82.1%
% 60+ had colorectal cancer screening		71.9%	68.7%
% 60+ with HIV test		20.3%	23.5%
% 60+ with optimal preventive health		36.9%	32.3%
NUTRITION & DIET			
% 60+ with 5 or more servings of fruit or vegetables per day		21.8%	18.8%
% 60+ stressed about buying food in past month	B	8.2%	12.3%
% 60+ self-reported obese	B	21.4%	27.1%
% 65+ with high cholesterol		77.2%	79.3%
% 60+ with high cholesterol screening		97.9%	97.3%
ORAL HEALTH			
% 60+ with dental insurance		67.8%	65.1%
% 60+ with annual dental exam	B	86.0%	77.5%
# dentists per 100,000 persons (all ages) (County)		57.4	53.0
% 60+ with loss of 6+ teeth	B	20.1%	26.0%

HEALTH OUTCOMES

	Significantly different than state rate	Community estimate	State estimate
CHRONIC DISEASE			
% 65+ with Alzheimer's disease or related dementias	B	9.5%	12.0%
% 65+ with anemia	B	42.1%	47.0%
% 65+ with asthma	B	11.7%	15.0%
% 65+ with atrial fibrillation		15.1%	14.3%
% 65+ with benign prostatic hyperplasia (men)		47.8%	43.3%
% 65+ with breast cancer (women)		10.3%	11.5%
% 65+ with cataract		68.1%	65.0%
% 65+ with chronic kidney disease	B	27.2%	34.0%
% 65+ with chronic obstructive pulmonary disease		18.5%	20.8%
% 65+ with colon cancer		2.0%	2.4%
% 65+ with congestive heart failure	B	16.6%	20.0%
% 65+ with diabetes	B	25.6%	32.4%
% 65+ with endometrial cancer (women)		2.1%	2.3%
% 65+ with fibromyalgia, chronic pain, and fatigue		34.7%	33.7%
% 65+ with glaucoma		25.7%	26.3%
% 65+ ever had a heart attack		4.3%	5.3%
% 65+ with HIV/AIDS		0.11%	0.19%
% 65+ with hypertension	B	71.8%	75.8%
% 65+ with ischemic heart disease		36.2%	39.4%
% 65+ with liver disease		11.6%	13.0%
% 65+ with lung cancer		2.1%	2.0%
% 65+ with migraine and other chronic headache		6.5%	8.3%
% 65+ with osteoarthritis or rheumatoid arthritis		58.9%	57.3%
% 65+ with osteoporosis	B	15.9%	18.9%
% 65+ with peripheral vascular disease	B	18.6%	23.1%
% 65+ with pressure ulcer or chronic ulcer		8.8%	7.7%
% 65+ with prostate cancer (men)		13.4%	13.4%
% 65+ with stroke		11.4%	11.6%
% 65+ with 4+ (out of 15) chronic conditions	B	55.5%	63.0%
% 65+ with 0 chronic conditions		8.1%	7.2%
BEHAVIORAL HEALTH			
# drug overdose deaths (all ages) (County)		130	1,699
% 65+ with substance use disorder		7.8%	8.4%
% 60+ who used marijuana in past month		6.0%	4.9%
% 60+ excessive drinking	W	13.7%	10.0%
% 65+ with tobacco use disorder		11.1%	12.1%
% 60+ current smokers	B	5.5%	8.8%
% 60+ ever used E-Cigarettes in past month		1.3%	1.6%

HEALTH OUTCOMES	Significantly different than state rate	Community estimate	State estimate
MENTAL HEALTH			
% 60+ who reported receiving adequate emotional support	B	82.3%	77.5%
% 60+ with 15+ days poor mental health in past month	B	4.5%	8.3%
% 65+ with depression	B	28.3%	34.5%
% 65+ with anxiety disorder	B	28.7%	34.3%
% 65+ with post-traumatic stress disorder		1.8%	2.2%
% 65+ with schizophrenia & other psychotic disorder		2.0%	3.1%
LIVING WITH DISABILITY			
% 65+ with self-reported hearing difficulty		9.6%	12.2%
% 65+ with self-reported vision difficulty	*	1.2%	5.1%
% 65+ with self-reported cognition difficulty		4.5%	7.0%
% 65+ with self-reported ambulatory difficulty		13.9%	18.7%
% 65+ with self-reported self-care difficulty	*	3.3%	7.1%
% 65+ with self-reported independent living difficulty	*	6.6%	13.0%
CAREGIVING			
# of Alzheimer's support groups		0	9
% 60+ who provide care to a family/friend in past month		24.0%	22.1%
% grandparents raising grandchildren	*	0.00%	0.71%
ACCESS TO CARE			
% 65+ dually eligible for Medicare and Medicaid	*	4.9%	15.0%
% 65+ Medicare managed care enrollees	*	44.9%	51.4%
% 60+ with a regular doctor		96.8%	96.6%
% 60+ who did not see a doctor when needed due to cost		2.5%	3.9%
# of primary care providers		1	1,176
# of hospitals		0	12
# of home health agencies		0	24
# of skilled nursing facilities		0	75
# of hospice agencies		0	9
# of community health centers		0	52
# of adult day health centers		0	31
SERVICE UTILIZATION			
# physician visits per year		7.9	7.8
# emergency room visits/1000 persons 65+ years annually		458.5	500.0
# Part D monthly prescription fills per person annually	*	47.1	54.2
# home health visits annually		2.5	3.0
# durable medical equipment claims annually		2.1	1.9
# inpatient hospital stays/1000 persons 65+ years annually		221.2	230.9
% Medicare inpatient hospital readmissions (as % of admissions)		12.7%	17.1%
# skilled nursing facility stays/1000 persons 65+ years annually	*	51.1	76.0
# skilled nursing home Medicare beds/1000 persons 65+ years		0.0	41.2
% 65+ getting Medicaid long term services and supports	*	1.8%	4.0%
% 65+ hospice users		3.0%	3.4%
% 65+ hospice users as % of decedents		50.6%	50.7%

TECHNICAL NOTES

*For more information on data sources, measures, and methodology used in the 2025 Rhode Island Healthy Aging Data Report see our technical documentation at (healthyagingdatareports.org). For most indicators, the community and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and community estimates may be due to chance associated with population sampling. We use the terms “Better” and “Worse” to highlight differences between community and state estimates that we are confident are not due to chance. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed, we used a hierarchical approach to reporting.

Data Sources:

- *Population Characteristics: The U.S. Census Bureau (American Community Survey (ACS)) 2018-2022; Rhode Island Department of Health (RIDOH) Behavioral Risk Factor Surveillance Survey (BRFSS), 2010-2022.*
- *Housing: ACS, 2018-2022; RIDOH, 2023.*
- *Cost of Living: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston, 2023.*
- *Economic: ACS, 2018-2022.*
- *Wellness: BRFSS, 2010-2022.*
- *Community: AARP, 2023; ACS, 2018-2022; AgeFriendly RI, 2023; BRFSS, 2010-2022; CDC WONDER, 2016-2020; The CMS Master Beneficiary Summary File ABCD/Other (CMS), 2020-2021; NECHE, 2023; OLLI, 2023; RI State Library, 2023; RI Secretary of State, 2023; U.S. EPA Air Compare, 2023.*
- *Transportation: ACS, 2018-2022; AllTransit™, 2023; BRFSS, 2010-2022; NHTSA, 2018-2022.*
- *Falls: CMS, 2020-2021; BRFSS, 2010-2022.*
- *Prevention: BRFSS, 2010-2022.*
- *Nutrition/Diet: BRFSS, 2010-2022; CMS, 2020-2021.*
- *Oral Health: BRFSS, 2010-2022; HRSA, 2023.*
- *Chronic Disease: CMS, 2020-2021.*
- *Behavioral Health: BRFSS, 2010-2022; CDC WONDER 2016-2020; CMS, 2020-2021.*
- *Mental Health: BRFSS, 2010-2022; CMS, 2020-2021.*
- *Living with Disability: ACS, 2018-2022.*
- *Caregiving: ACS, 2018-2022; Alzheimer’s Association, 2023; BRFSS, 2010-2022.*
- *Access to Care: BRFSS, 2010-2022; CMS, 2020-2021; HRSA, 2023; Medicare.gov, 2023; RI Adult Day Services, 2023.*
- *Service Utilization: CMS, 2020-2021.*

Healthy Aging Data Report Research Team (2025): Beth Dugan PhD, Nina Silverstein PhD, Chae Man Lee PhD, Taylor Jansen PhD, Yan-Jhu Su, Yan Lin, Shan Qu, Tiffany Tang & Qian Song PhD, from the Gerontology Institute at the University of Massachusetts Boston. The Point32Health Foundation supported the research and provided important guidance.

Suggested citation: Dugan E, Lee CM, Jansen T, Su YJ, Silverstein NM, & Song Q. (2025). The Rhode Island 2025 Healthy Aging Data Report. Retrieved from www.healthyagingdatareports.org

Questions or Ideas? Beth.dugan@umb.edu



Point32Health Foundation

In partnership with



Point32Health companies