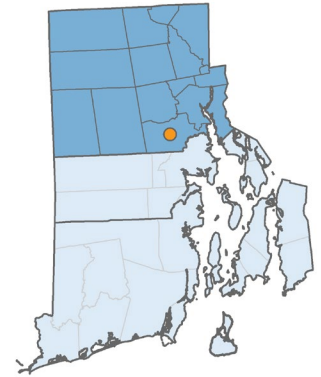


## Cranston (Providence)

Cranston is a city in Providence County with 13,642 residents aged 65 and older. Compared to state average rates, older residents have a lower rate of cataract. However, they have higher rates of anemia, chronic kidney disease, diabetes, peripheral vascular disease, stroke, and anxiety disorder. Older residents are less likely to take the health promotion step of meeting the CDC guidelines for aerobic activity. Community resources to support healthy aging include one senior center, two assisted living facilities, two community health centers, three skilled nursing facilities, four home health agencies, four adult day health centers, six public libraries, and 44 primary care providers. Cranston is a designated AARP Age-Friendly Community.



POPULATION CHARACTERISTICS	Significantly different than state rate	Community estimate	State estimate
Total population (all ages)		82,691	1,094,250
Population 60 years or older as % of total population		24.8%	25.0%
Total population 60 years and older		20,468	273,831
Population 65 years or older as % of total population		16.5%	17.9%
Total population 65 years and older		13,642	195,378
% 65-74 years		57.4%	57.8%
% 75-84 years		26.0%	29.0%
% 85 years or older		16.6%	13.2%
% 65+ population who are female		57.5%	56.3%
% 85+ population who are female		64.7%	67.8%
Race and ethnicity of the population 65+			
% White		88.4%	88.6%
% African American		1.8%	3.1%
% Asian	*	4.4%	1.8%
% Other race(s)		5.4%	6.5%
% Hispanic		7.3%	5.9%
# 55+ who are Native American / Alaskan		42	832
Marital status of the population 65+			
% married	*	47.5%	51.6%
% divorced/separated		17.1%	16.9%
% widowed	*	27.1%	22.2%
% never married		8.2%	9.3%
Education of the population 65+			
% with less than high school education		15.1%	14.9%
% with high school or some college		56.2%	53.3%
% with college degree		14.5%	15.9%
% with graduate or professional degree		14.3%	16.0%
% 65+ population who speak only English at home		79.2%	83.3%
% 65+ population who are veterans of military service	*	11.0%	14.6%
% 60+ LGBT	*	2.3%	4.3%

<b>POPULATION CHARACTERISTICS</b>	<b>Significantly different than state rate</b>	<b>Community estimate</b>	<b>State estimate</b>
<b>HOUSING</b>			
% 65+ population who live alone		32.8%	29.3%
Average household size (all ages)		2.4	2.4
Median house value (all ages)	*	\$326,000	\$343,100
% 60+ own home		70.9%	71.7%
% 60+ homeowners who have mortgage		46.8%	48.4%
% 65+ households (renter) spend >35% of income on housing		40.9%	38.9%
% 65+ households (owner) spend >35% of income on housing		24.5%	25.2%
% grandparents who live with grandchildren		2.2%	2.8%
# of assisted living sites		2	63
<b>SOCIAL DETERMINANTS OF HEALTH</b>			
<b>COST OF LIVING</b>			
Elder Index			
Single, homeowner without mortgage, good health (County)	0.98	\$26,640	\$27,168
Single, renter, good health (County)	0.99	\$29,844	\$30,216
Couple, homeowner without mortgage, good health (County)	0.99	\$38,736	\$39,264
Couple, renter, good health (County)	0.99	\$41,940	\$42,312
<b>ECONOMIC</b>			
% 60+ receiving food stamps in past year		14.8%	14.7%
% 65+ employed in past year		20.0%	19.2%
% 65+ with income below the poverty line in past year		13.3%	10.7%
Median annual income for households with a householder age 65+		\$54,910	\$56,242
% 65+ households with annual income < \$20,000		19.5%	19.1%
% 65+ households with annual income \$20,000-\$49,999		27.3%	26.8%
% 65+ households with annual income \$50,000-\$99,999		25.7%	26.1%
% 65+ households with annual income \$100,000+		27.5%	28.0%
<b>WELLNESS</b>			
% 60+ getting the recommended hours of sleep		58.8%	63.1%
% 60+ doing any physical activity in past month		70.0%	73.5%
% 60+ met CDC guidelines for muscle-strengthening activity		21.9%	26.1%
% 60+ met CDC guidelines for aerobic physical activity	W	48.5%	55.4%
% 60+ with fair or poor self-reported health status		18.4%	17.9%
% 60+ with 15+ physically unhealthy days in past month		13.5%	13.6%
% 60+ who reported being satisfied with life		95.5%	95.5%
<b>COMMUNITY</b>			
Annual # unhealthy days due to air pollution for 65+ (County)		4	NA
AARP Age-Friendly Communities		Yes	Not yet
# of public universities and community colleges		0	9
# of public libraries		6	72
# of senior centers		1	34
# of Osher Lifelong Learning Institutes (OLLI)		0	1
% households with a smartphone (all ages)		83.9%	85.8%
% households with only a smartphone to access Internet (all ages)		6.5%	8.2%

## SOCIAL DETERMINANTS OF HEALTH

	Significantly different than state rate	Community estimate	State estimate
<b>COMMUNITY</b>			
% households without a computer (all ages)		8.9%	7.1%
% households with access to Broadband (all ages)		88.9%	89.2%
% households without access to the Internet (all ages)		10.9%	10.7%
% 60+ who used Internet in past month		68.2%	71.4%
Voter participation rate in 2020 election (age 18+)		69.2%	68.3%
Homicide rate/100,000 persons (County)		3.0	2.1
# firearm fatalities (all ages) (County)		142	226
# 65+ deaths by suicide (County)		43	92
Age-sex adjusted 1-year mortality rate		4.1%	4.3%
<b>TRANSPORTATION</b>			
% householders 65+ who own a motor vehicle		89.1%	86.2%
% 60+ who always drive or ride wearing a seatbelt		91.8%	92.3%
% 60+ drove under influence		1.5%	1.9%
# fatal crashes involving adult age 60+ (County)		57	94
AllTransit Score		4.9	2.85
<b>HEALTH OUTCOMES</b>			
<b>FALLS</b>			
% 60+ who fell in past year		25.3%	26.0%
% 60+ who were injured by a fall in past year		11.8%	10.0%
% 65+ with hip fracture		3.1%	3.1%
<b>PREVENTION</b>			
% 60+ with physical exam/check-up in past year		95.2%	93.0%
% 60+ flu shot in past year		67.0%	67.8%
% 60+ with pneumonia vaccine		58.2%	64.2%
% 60+ with shingles vaccine		32.2%	37.8%
% 60+ women with mammogram in past 2 years		84.0%	82.1%
% 60+ had colorectal cancer screening		70.8%	68.7%
% 60+ with HIV test		22.4%	23.5%
% 60+ with optimal preventive health		29.9%	32.3%
<b>NUTRITION &amp; DIET</b>			
% 60+ with 5 or more servings of fruit or vegetables per day		16.8%	18.8%
% 60+ stressed about buying food in past month		13.3%	12.3%
% 60+ self-reported obese		28.6%	27.1%
% 65+ with high cholesterol		80.2%	79.3%
% 60+ with high cholesterol screening		97.5%	97.3%
<b>ORAL HEALTH</b>			
% 60+ with dental insurance		65.6%	65.1%
% 60+ with annual dental exam		77.6%	77.5%
# dentists per 100,000 persons (all ages) (County)		46.2	53.0
% 60+ with loss of 6+ teeth		29.8%	26.0%

## HEALTH OUTCOMES

	Significantly different than state rate	Community estimate	State estimate
<b>CHRONIC DISEASE</b>			
% 65+ with Alzheimer's disease or related dementias		12.5%	12.0%
% 65+ with anemia	W	51.2%	47.0%
% 65+ with asthma		15.3%	15.0%
% 65+ with atrial fibrillation		13.6%	14.3%
% 65+ with benign prostatic hyperplasia (men)		43.9%	43.3%
% 65+ with breast cancer (women)		12.3%	11.5%
% 65+ with cataract	B	60.9%	65.0%
% 65+ with chronic kidney disease	W	37.2%	34.0%
% 65+ with chronic obstructive pulmonary disease		20.6%	20.8%
% 65+ with colon cancer		2.4%	2.4%
% 65+ with congestive heart failure		21.4%	20.0%
% 65+ with diabetes	W	36.5%	32.4%
% 65+ with endometrial cancer (women)		2.3%	2.3%
% 65+ with fibromyalgia, chronic pain, and fatigue		34.1%	33.7%
% 65+ with glaucoma		26.9%	26.3%
% 65+ ever had a heart attack		5.7%	5.3%
% 65+ with HIV/AIDS		0.11%	0.19%
% 65+ with hypertension		77.2%	75.8%
% 65+ with ischemic heart disease		40.3%	39.4%
% 65+ with liver disease		14.1%	13.0%
% 65+ with lung cancer		2.4%	2.0%
% 65+ with migraine and other chronic headache		8.8%	8.3%
% 65+ with osteoarthritis or rheumatoid arthritis		56.7%	57.3%
% 65+ with osteoporosis		19.8%	18.9%
% 65+ with peripheral vascular disease	W	27.3%	23.1%
% 65+ with pressure ulcer or chronic ulcer		8.0%	7.7%
% 65+ with prostate cancer (men)		11.9%	13.4%
% 65+ with stroke	W	12.7%	11.6%
% 65+ with 4+ (out of 15) chronic conditions	W	65.6%	63.0%
% 65+ with 0 chronic conditions		6.8%	7.2%
<b>BEHAVIORAL HEALTH</b>			
# drug overdose deaths (all ages) (County)		1,117	1,699
% 65+ with substance use disorder		8.0%	8.4%
% 60+ who used marijuana in past month		6.1%	4.9%
% 60+ excessive drinking		8.4%	10.0%
% 65+ with tobacco use disorder		10.9%	12.1%
% 60+ current smokers		8.2%	8.8%
% 60+ ever used E-Cigarettes in past month		1.9%	1.6%

## HEALTH OUTCOMES

	Significantly different than state rate	Community estimate	State estimate
<b>MENTAL HEALTH</b>			
% 60+ who reported receiving adequate emotional support		76.3%	77.5%
% 60+ with 15+ days poor mental health in past month		9.4%	8.3%
% 65+ with depression		35.8%	34.5%
% 65+ with anxiety disorder	W	38.0%	34.3%
% 65+ with post-traumatic stress disorder		2.3%	2.2%
% 65+ with schizophrenia & other psychotic disorder		3.3%	3.1%
<b>LIVING WITH DISABILITY</b>			
% 65+ with self-reported hearing difficulty		11.2%	12.2%
% 65+ with self-reported vision difficulty		5.1%	5.1%
% 65+ with self-reported cognition difficulty		7.8%	7.0%
% 65+ with self-reported ambulatory difficulty		17.0%	18.7%
% 65+ with self-reported self-care difficulty		6.3%	7.1%
% 65+ with self-reported independent living difficulty		12.8%	13.0%
<b>CAREGIVING</b>			
# of Alzheimer's support groups		0	9
% 60+ who provide care to a family/friend in past month		22.3%	22.1%
% grandparents raising grandchildren		0.71%	0.71%
<b>ACCESS TO CARE</b>			
% 65+ dually eligible for Medicare and Medicaid		15.1%	15.0%
% 65+ Medicare managed care enrollees	*	53.1%	51.4%
% 60+ with a regular doctor		95.3%	96.6%
% 60+ who did not see a doctor when needed due to cost		4.9%	3.9%
# of primary care providers		44	1,176
# of hospitals		0	12
# of home health agencies		4	24
# of skilled nursing facilities		3	75
# of hospice agencies		0	9
# of community health centers		2	52
# of adult day health centers		4	31
<b>SERVICE UTILIZATION</b>			
# physician visits per year	*	8.5	7.8
# emergency room visits/1000 persons 65+ years annually		476.4	500.0
# Part D monthly prescription fills per person annually		53.9	54.2
# home health visits annually	*	3.7	3.0
# durable medical equipment claims annually		1.9	1.9
# inpatient hospital stays/1000 persons 65+ years annually		236.8	230.9
% Medicare inpatient hospital readmissions (as % of admissions)		15.7%	17.1%
# skilled nursing facility stays/1000 persons 65+ years annually		83.1	76.0
# skilled nursing home Medicare beds/1000 persons 65+ years		17.4	41.2
% 65+ getting Medicaid long term services and supports		3.7%	4.0%
% 65+ hospice users		3.4%	3.4%
% 65+ hospice users as % of decedents		48.9%	50.7%

## TECHNICAL NOTES

\*For more information on data sources, measures, and methodology used in the 2025 Rhode Island Healthy Aging Data Report see our technical documentation at ([healthyagingdatareports.org](http://healthyagingdatareports.org)). For most indicators, the community and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and community estimates may be due to chance associated with population sampling. We use the terms “Better” and “Worse” to highlight differences between community and state estimates that we are confident are not due to chance. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed, we used a hierarchical approach to reporting.

### Data Sources:

- *Population Characteristics: The U.S. Census Bureau (American Community Survey (ACS)) 2018-2022; Rhode Island Department of Health (RIDOH) Behavioral Risk Factor Surveillance Survey (BRFSS), 2010-2022.*
- *Housing: ACS, 2018-2022; RIDOH, 2023.*
- *Cost of Living: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston, 2023.*
- *Economic: ACS, 2018-2022.*
- *Wellness: BRFSS, 2010-2022.*
- *Community: AARP, 2023; ACS, 2018-2022; AgeFriendly RI, 2023; BRFSS, 2010-2022; CDC WONDER, 2016-2020; The CMS Master Beneficiary Summary File ABCD/Other (CMS), 2020-2021; NECHE, 2023; OLLI, 2023; RI State Library, 2023; RI Secretary of State, 2023; U.S. EPA Air Compare, 2023.*
- *Transportation: ACS, 2018-2022; AllTransit™, 2023; BRFSS, 2010-2022; NHTSA, 2018-2022.*
- *Falls: CMS, 2020-2021; BRFSS, 2010-2022.*
- *Prevention: BRFSS, 2010-2022.*
- *Nutrition/Diet: BRFSS, 2010-2022; CMS, 2020-2021.*
- *Oral Health: BRFSS, 2010-2022; HRSA, 2023.*
- *Chronic Disease: CMS, 2020-2021.*
- *Behavioral Health: BRFSS, 2010-2022; CDC WONDER 2016-2020; CMS, 2020-2021.*
- *Mental Health: BRFSS, 2010-2022; CMS, 2020-2021.*
- *Living with Disability: ACS, 2018-2022.*
- *Caregiving: ACS, 2018-2022; Alzheimer’s Association, 2023; BRFSS, 2010-2022.*
- *Access to Care: BRFSS, 2010-2022; CMS, 2020-2021; HRSA, 2023; Medicare.gov, 2023; RI Adult Day Services, 2023.*
- *Service Utilization: CMS, 2020-2021.*

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