## **East Greenwich (Kent)**

East Greenwich is a town in Kent County with 2,329 residents aged 65 and older. Compared to state average rates, older residents fare better on some healthy aging indicators with lower rates of tooth loss, asthma, chronic obstructive pulmonary disease (COPD), colon cancer, diabetes, peripheral vascular disease, substance and tobacco use disorders, and schizophrenia. However, they have higher rates of anemia, benign prostatic hyperplasia, cataract, glaucoma, migraine, and stroke. They are more likely to take the health promotion steps of having dental insurance, an annual dental exam, a regular doctor, a shingles vaccine, getting adequate sleep, engaging in physical activity, and meeting the CDC guidelines for muscle-strengthening and aerobic activity. Community resources to support healthy aging include one public library, one senior center, one skilled nursing facility, two assisted living facilities, and 42 primary care providers.



POPULATION CHARACTERISTICS	Significantly different than state rate	Community estimate	State estimate
Total population (all ages)		14,285	1,094,250
Population 60 years or older as % of total population		24.5%	25.0%
Total population 60 years and older		3,505	273,831
Population 65 years or older as % of total population		16.3%	17.9%
Total population 65 years and older		2,329	195,378
% 65-74 years		54.3%	57.8%
% 75-84 years		26.6%	29.0%
% 85 years or older		19.1%	13.2%
% 65+ population who are female		51.6%	56.3%
% 85+ population who are female		59.0%	67.8%
Race and ethnicity of the population 65+			
% White		90.1%	88.6%
% African American		2.0%	3.1%
% Asian		6.7%	1.8%
% Other race(s)		1.2%	6.5%
% Hispanic	*	0.0%	5.9%
# 55+ who are Native American / Alaskan		15	832
Marital status of the population 65+			
% married		56.1%	51.6%
% divorced/separated		15.9%	16.9%
% widowed		22.2%	22.2%
% never married		5.8%	9.3%
Education of the population 65+			
% with less than high school education	*	2.5%	14.9%
% with high school or some college		44.7%	53.3%
% with college degree	*	26.4%	15.9%
% with graduate or professional degree	*	26.4%	16.0%
% 65+ population who speak only English at home		86.3%	83.3%
% 65+ population who are veterans of military service		19.9%	14.6%
% 60+ LGBT		3.8%	4.3%

POPULATION CHARACTERISTICS	Significantly different than state rate	Community estimate	State estimate
HOUSING	State Fate		
% 65+ population who live alone		28.2%	29.3%
Average household size (all ages)	*	2.6	2.4
Median house value (all ages)	*	\$568,700	\$343,100
% 60+ own home	*	82.0%	71.7%
% 60+ homeowners who have mortgage		48.7%	48.4%
% 65+ households (renter) spend >35% of income on housing		31.3%	38.9%
% 65+ households (owner) spend >35% of income on housing		17.6%	25.2%
% grandparents who live with grandchildren	*	0.9%	2.8%
# of assisted living sites		2	63
COST OF LIVING			
Elder Index			
Single, homeowner without mortgage, good health (County)	0.98	\$26,760	\$27,168
Single, renter, good health (County)	0.99	\$29,868	\$30,216
Couple, homeowner without mortgage, good health (County)	0.99	\$38,856	\$39,264
Couple, renter, good health (County)	0.99	\$41,964	\$42,312
ECONOMIC	0.33	φ+1,304	ψ+2,512
% 60+ receiving food stamps in past year	*	6.1%	14.7%
% 65+ employed in past year	*	28.3%	19.2%
% 65+ with income below the poverty line in past year	*	4.7%	10.7%
Median annual income for households with a householder age 65+	*	\$97,083	\$56,242
% 65+ households with annual income < \$20,000	*	8.9%	
% 65+ households with annual income \$20,000-\$49,999		24.1%	26.8%
% 65+ households with annual income \$50,000-\$99,999		17.7%	26.1%
% 65+ households with annual income \$100,000+	*	49.4%	28.0%
WELLNESS		49.470	20.070
% 60+ getting the recommended hours of sleep	В	71.5%	63.1%
% 60+ doing any physical activity in past month	B	82.8%	73.5%
% 60+ met CDC guidelines for muscle-strengthening activity	B	34.7%	26.1%
% 60+ met CDC guidelines for aerobic physical activity	B	67.3%	55.4%
% 60+ with fair or poor self-reported health status	B	12.6%	17.9%
% 60+ with 15+ physically unhealthy days in past month	D	12.3%	13.6%
% 60+ who reported being satisfied with life		95.8%	95.5%
COMMUNITY		00.070	00.070
Annual # unhealthy days due to air pollution for 65+ (County)		3	NA
AARP Age-Friendly Communities		Not yet	Not yet
# of public universities and community colleges		0	9
# of public libraries		1	72
# of senior centers		1	34
# of Osher Lifelong Learning Institutes (OLLI)		0	1
% households with a smartphone (all ages)		87.8%	85.8%
		07.070	00.070

SOCIAL DETERMINANTS OF HEALTH	Significantly different than state rate	Community estimate	State estimate
COMMUNITY			
% households without a computer (all ages)	*	4.1%	7.1%
% households with access to Broadband (all ages)	*	94.2%	89.2%
% households without access to the Internet (all ages)	*	5.2%	10.7%
% 60+ who used Internet in past month	*	84.5%	71.4%
Voter participation rate in 2020 election (age 18+)		73.4%	68.3%
Homicide rate/100,000 persons (County)		NA	2.1
# firearm fatalities (all ages) (County)		34	226
# 65+ deaths by suicide (County)		14	92
Age-sex adjusted 1-year mortality rate	В	3.4%	4.3%
TRANSPORTATION			
% householders 65+ who own a motor vehicle		88.2%	86.2%
% 60+ who always drive or ride wearing a seatbelt		93.4%	92.3%
% 60+ drove under influence		2.5%	1.9%
# fatal crashes involving adult age 60+ (County)		16	94
AllTransit Score		NA	2.85
HEALTH OUTCOMES			
FALLS			
% 60+ who fell in past year		23.5%	26.0%
% 60+ who were injured by a fall in past year		8.6%	10.0%
% 65+ with hip fracture		3.0%	3.1%
PREVENTION			
% 60+ with physical exam/check-up in past year		94.4%	93.0%
% 60+ flu shot in past year		72.6%	67.8%
% 60+ with pneumonia vaccine		65.0%	64.2%
% 60+ with shingles vaccine	В	48.1%	37.8%
% 60+ women with mammogram in past 2 years		85.5%	82.1%
% 60+ had colorectal cancer screening		73.7%	68.7%
% 60+ with HIV test		21.9%	23.5%
% 60+ with optimal preventive health		37.9%	32.3%
NUTRITION & DIET			
% 60+ with 5 or more servings of fruit or vegetables per day		21.5%	18.8%
% 60+ stressed about buying food in past month	В	6.4%	12.3%
% 60+ self-reported obese	В	19.4%	27.1%
% 65+ with high cholesterol		80.3%	79.3%
% 60+ with high cholesterol screening		97.1%	97.3%
ORAL HEALTH			
% 60+ with dental insurance	В	71.1%	65.1%
% 60+ with annual dental exam	В	85.5%	77.5%
# dentists per 100,000 persons (all ages) (County)		60.9	53.0
% 60+ with loss of 6+ teeth	В	19.1%	26.0%

HEALTH OUTCOMES	Significantly different than state rate	Community estimate	State estimate
CHRONIC DISEASE			
% 65+ with Alzheimer's disease or related dementias		12.9%	12.0%
% 65+ with anemia	W	50.2%	47.0%
% 65+ with asthma	В	12.6%	15.0%
% 65+ with atrial fibrillation		15.7%	14.3%
% 65+ with benign prostatic hyperplasia (men)	W	48.0%	43.3%
% 65+ with breast cancer (women)		12.5%	11.5%
% 65+ with cataract	W	68.5%	65.0%
% 65+ with chronic kidney disease		33.8%	34.0%
% 65+ with chronic obstructive pulmonary disease	В	17.6%	20.8%
% 65+ with colon cancer	В	1.7%	2.4%
% 65+ with congestive heart failure		19.4%	20.0%
% 65+ with diabetes	В	28.9%	32.4%
% 65+ with endometrial cancer (women)		2.0%	2.3%
% 65+ with fibromyalgia, chronic pain, and fatigue		32.8%	33.7%
% 65+ with glaucoma	W	30.5%	26.3%
% 65+ ever had a heart attack		5.0%	5.3%
% 65+ with HIV/AIDS		0.11%	0.19%
% 65+ with hypertension		75.0%	75.8%
% 65+ with ischemic heart disease		41.4%	39.4%
% 65+ with liver disease		13.1%	13.0%
% 65+ with lung cancer		1.7%	2.0%
% 65+ with migraine and other chronic headache	W	9.9%	8.3%
% 65+ with osteoarthritis or rheumatoid arthritis		58.0%	57.3%
% 65+ with osteoporosis		18.8%	18.9%
% 65+ with peripheral vascular disease	В	20.7%	23.1%
% 65+ with pressure ulcer or chronic ulcer		7.6%	7.7%
% 65+ with prostate cancer (men)		14.4%	13.4%
% 65+ with stroke	W	13.8%	11.6%
% 65+ with 4+ (out of 15) chronic conditions		61.8%	63.0%
% 65+ with 0 chronic conditions		6.7%	7.2%
BEHAVIORAL HEALTH			
# drug overdose deaths (all ages) (County)		276	1,699
% 65+ with substance use disorder	В	6.3%	8.4%
% 60+ who used marijuana in past month		5.0%	4.9%
% 60+ excessive drinking		12.3%	10.0%
% 65+ with tobacco use disorder	В	9.5%	12.1%
% 60+ current smokers	В	4.3%	8.8%
% 60+ ever used E-Cigarettes in past month		2.2%	1.6%

HEALTH OUTCOMES	Significantly different than state rate	Community estimate	State estimate
MENTAL HEALTH			
% 60+ who reported receiving adequate emotional support		81.6%	77.5%
% 60+ with 15+ days poor mental health in past month		6.1%	8.3%
% 65+ with depression		34.3%	34.5%
% 65+ with anxiety disorder		35.9%	34.3%
% 65+ with post-traumatic stress disorder		2.0%	2.2%
% 65+ with schizophrenia & other psychotic disorder	В	2.2%	3.1%
LIVING WITH DISABILITY			
% 65+ with self-reported hearing difficulty		10.4%	12.2%
% 65+ with self-reported vision difficulty		3.9%	5.1%
% 65+ with self-reported cognition difficulty		7.2%	7.0%
% 65+ with self-reported ambulatory difficulty		14.2%	18.7%
% 65+ with self-reported self-care difficulty		4.0%	7.1%
% 65+ with self-reported independent living difficulty		15.2%	13.0%
CAREGIVING			
# of Alzheimer's support groups		0	9
% 60+ who provide care to a family/friend in past month		19.1%	22.1%
% grandparents raising grandchildren	*	0.17%	0.71%
ACCESS TO CARE			
% 65+ dually eligible for Medicare and Medicaid	*	6.5%	15.0%
% 65+ Medicare managed care enrollees	*	45.4%	51.4%
% 60+ with a regular doctor	В	98.2%	96.6%
% 60+ who did not see a doctor when needed due to cost		3.4%	3.9%
# of primary care providers		42	1,176
# of hospitals		0	12
# of home health agencies		0	24
# of skilled nursing facilities		1	75
# of hospice agencies		0	9
# of community health centers		0	52
# of adult day health centers		0	31
SERVICE UTILIZATION			
# physician visits per year	*	8.5	7.8
# emergency room visits/1000 persons 65+ years annually	*	435.4	500.0
# Part D monthly prescription fills per person annually	*	50.3	54.2
# home health visits annually		2.5	3.0
# durable medical equipment claims annually		1.8	1.9
# inpatient hospital stays/1000 persons 65+ years annually		204.0	230.9
% Medicare inpatient hospital readmissions (as % of admissions)		12.6%	17.1%
# skilled nursing facility stays/1000 persons 65+ years annually		76.5	76.0
# skilled nursing home Medicare beds/1000 persons 65+ years		38.6	41.2
% 65+ getting Medicaid long term services and supports	*	2.5%	4.0%
% 65+ hospice users		3.5%	3.4%
% 65+ hospice users as % of decedents	*	62.0%	50.7%

## **TECHNICAL NOTES**

\*For more information on data sources, measures, and methodology used in the 2025 Rhode Island Healthy Aging Data Report see our technical documentation at (healthyagingdatareports.org). For most indicators, the community and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and community estimates may be due to chance associated with population sampling. We use the terms "Better" and "Worse" to highlight differences between community and state estimates that we are confident are not due to chance. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed, we used a hierarchical approach to reporting.

## Data Sources:

- Population Characteristics: The U.S. Census Bureau (American Community Survey (ACS)) 2018-2022; Rhode Island Department of Health (RIDOH) Behavioral Risk Factor Surveillance Survey (BRFSS), 2010-2022.
- Housing: ACS, 2018-2022; RIDOH, 2023.
- Cost of Living: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston, 2023.
- Economic: ACS, 2018-2022.
- Wellness: BRFSS, 2010-2022.
- Community: AARP, 2023; ACS, 2018-2022; AgeFriendly RI, 2023; BRFSS, 2010-2022; CDC WONDER, 2016-2020; The CMS Master Beneficiary Summary File ABCD/Other (CMS), 2020-2021; NECHE, 2023; OLLI, 2023; RI State Library, 2023; RI Secretary of State, 2023; U.S. EPA Air Compare, 2023.
- Transportation: ACS, 2018-2022; AllTransit™, 2023; BRFSS, 2010-2022; NHTSA, 2018-2022.
- Falls: CMS, 2020-2021; BRFSS, 2010-2022.
- Prevention: BRFSS, 2010-2022.
- Nutrition/Diet: BRFSS, 2010-2022; CMS, 2020-2021.
- Oral Health: BRFSS, 2010-2022; HRSA, 2023.
- Chronic Disease: CMS, 2020-2021.
- Behavioral Health: BRFSS, 2010-2022; CDC WONDER 2016-2020; CMS, 2020-2021.
- Mental Health: BRFSS, 2010-2022; CMS, 2020-2021.
- Living with Disability: ACS, 2018-2022.
- Caregiving: ACS, 2018-2022; Alzheimer's Association, 2023; BRFSS, 2010-2022.
- Access to Care: BRFSS, 2010-2022; CMS, 2020-2021; HRSA, 2023; Medicare.gov, 2023; RI Adult Day Services, 2023.
- Service Utilization: CMS, 2020-2021.

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