Map 103

Percentage of Persons Age 60+ Years
who Had 15+ Days with Poor Mental Health Last Month
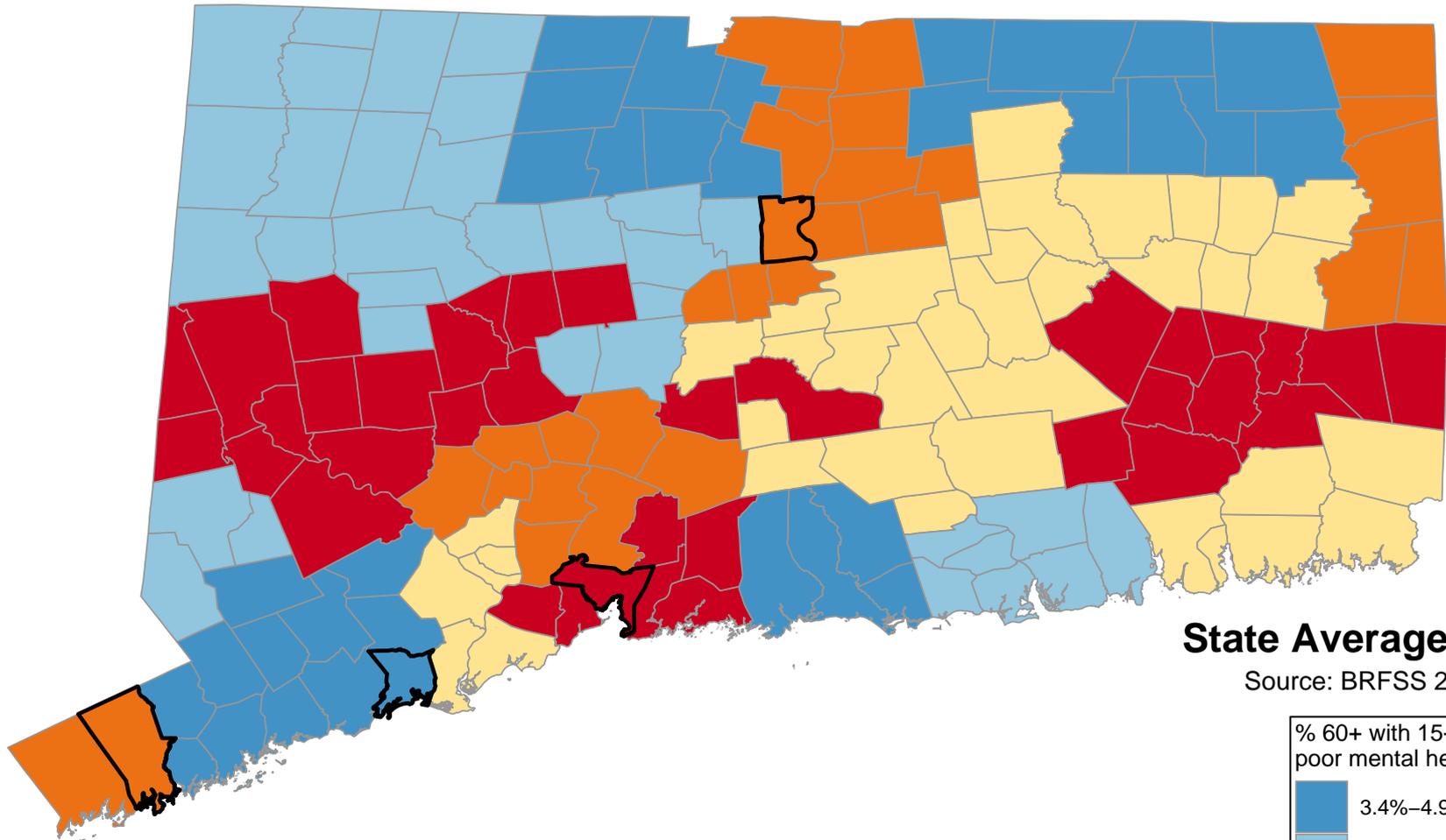
State Average: 6.9%

Source: BRFSS 2016–2018

% 60+ with 15+ days poor mental health

- 3.4%–4.9%
- 4.9%–5.6%
- 5.6%–6.6%
- 6.6%–8.3%
- 8.3%–13.0%

Stamford

Bridgeport

New Haven

Hartford
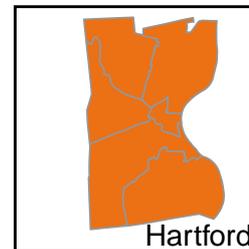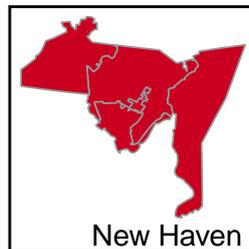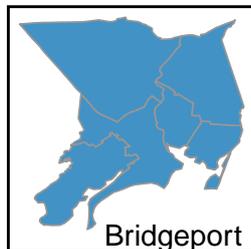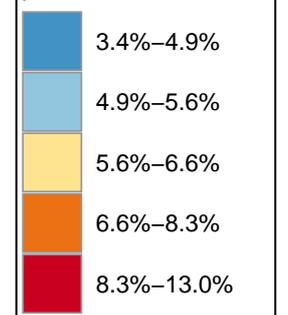
Questions or ideas?
Beth.Dugan@umb.edu
12/2020

TUFTS Health Plan FOUNDATION

UMASS BOSTON

% 60+ with 15+ Days Poor Mental Health in Last Month

Town	%	Town	%	Town	%	Town	%	Town	%
Andover	5.62%	Durham	5.75%	Lyme	5.41%	Pomfret	4.64%	Warren	4.98%
Ansonia	6.57%	East Granby	3.47%	Madison	4.77%	Portland	5.75%	Washington	8.25%
Ashford	4.64%	East Haddam	5.75%	Manchester	7.96%	Preston	9.62%	Waterbury	10.66%
Avon	5.56%	East Hampton	5.75%	Mansfield	5.62%	Prospect	6.60%	Waterford	6.48%
Barkhamsted	3.47%	East Hartford	7.96%	Marlborough	5.75%	Putnam	7.96%	Watertown	10.88%
Beacon Falls	7.32%	East Haven	8.52%	Meriden	11.63%	Redding	4.73%	West Hartford	5.56%
Berlin	6.54%	East Lyme	5.41%	Middlebury	10.66%	Ridgefield	4.88%	West Haven	12.93%
Bethany	7.32%	East Windsor	6.62%	Middlefield	5.75%	Rocky Hill	6.54%	Westbrook	5.41%
Bethel	4.88%	Eastford	4.64%	Middletown	11.63%	Roxbury	8.25%	Weston	4.46%
Bethlehem	4.98%	Easton	4.73%	Milford	5.77%	Salem	9.62%	Westport	4.46%
Bloomfield	3.47%	Ellington	4.64%	Monroe	4.73%	Salisbury	4.98%	Wethersfield	7.14%
Bolton	5.62%	Enfield	6.62%	Montville	9.62%	Scotland	5.62%	Willington	4.64%
Bozrah	9.62%	Essex	5.41%	Morris	4.98%	Seymour	6.57%	Wilton	4.46%
Branford	8.52%	Fairfield	4.73%	Naugatuck	6.60%	Sharon	4.98%	Winchester	4.98%
Bridgeport	3.83%	Farmington	5.56%	New Britain	7.14%	Shelton	6.57%	Windham	5.62%
Bridgewater	8.25%	Franklin	9.62%	New Canaan	4.46%	Sherman	8.25%	Windsor	6.62%
Bristol	10.88%	Glastonbury	6.54%	New Fairfield	8.25%	Simsbury	3.47%	Windsor Locks	6.62%
Brookfield	8.25%	Goshen	4.98%	New Hartford	3.47%	Somers	4.64%	Wolcott	5.51%
Brooklyn	5.62%	Granby	3.47%	New Haven	10.39%	South Windsor	6.62%	Woodbridge	7.32%
Burlington	5.56%	Greenwich	7.90%	New London	6.48%	Southbury	10.66%	Woodbury	10.66%
Canaan	4.98%	Griswold	9.62%	New Milford	8.25%	Southington	5.51%	Woodstock	4.64%
Canterbury	5.62%	Groton	6.48%	Newington	7.14%	Sprague	9.62%	**Neighborhoods**	
Canton	3.47%	Guilford	4.77%	Newtown	8.25%	Stafford	4.64%	Bridgeport Area1	3.83%
Chaplin	5.62%	Haddam	5.75%	Norfolk	4.98%	Stamford	7.90%	Bridgeport Area2	3.83%
Cheshire	6.60%	Hamden	7.32%	North Branford	8.52%	Sterling	7.96%	Bridgeport Area3	3.83%
Chester	5.75%	Hampton	5.62%	North Canaan	4.98%	Stonington	6.48%	Hartford Area1	6.83%
Clinton	4.77%	Hartford	6.83%	North Haven	8.52%	Stratford	5.77%	Hartford Area2	6.83%
Colchester	5.75%	Hartland	3.47%	North Stonington	6.48%	Suffield	6.62%	Hartford Area3	6.83%
Colebrook	4.98%	Harwinton	5.56%	Norwalk	4.46%	Thomaston	10.88%	New Haven Area1	10.39%
Columbia	5.62%	Hebron	5.75%	Norwich	9.62%	Thompson	7.96%	New Haven Area2	10.39%
Cornwall	4.98%	Kent	4.98%	Old Lyme	5.41%	Tolland	5.62%	New Haven Area3	10.39%
Coventry	5.62%	Killingly	7.96%	Old Saybrook	5.41%	Torrington	4.98%	Stamford Area1	8.74%
Cromwell	6.54%	Killingworth	4.77%	Orange	12.93%	Trumbull	4.73%	Stamford Area2	8.74%
Danbury	4.88%	Lebanon	9.62%	Oxford	7.32%	Union	4.64%	Stamford Area3	8.74%
Darien	4.46%	Ledyard	6.48%	Plainfield	7.96%	Vernon	7.96%		
Deep River	5.41%	Lisbon	9.62%	Plainville	5.51%	Voluntown	9.62%		
Derby	6.57%	Litchfield	4.98%	Plymouth	10.88%	Wallingford	6.60%		

TUFTS Health Plan FOUNDATION

UMASS BOSTON

% 60+ with 15+ Days Poor Mental Health in Last Month (Ranked)

Town	%	Town	%	Town	%	Town	%	Town	%
Orange	12.93%	Manchester	7.96%	Ledyard	6.48%	Deep River	5.41%	Pomfret	4.64%
West Haven	12.93%	Vernon	7.96%	New London	6.48%	East Lyme	5.41%	Somers	4.64%
Meriden	11.63%	Killingly	7.96%	North Stonington	6.48%	Essex	5.41%	Stafford	4.64%
Middletown	11.63%	Plainfield	7.96%	Stonington	6.48%	Lyme	5.41%	Union	4.64%
Bristol	10.88%	Putnam	7.96%	Waterford	6.48%	Old Lyme	5.41%	Willington	4.64%
Plymouth	10.88%	Sterling	7.96%	Milford	5.77%	Old Saybrook	5.41%	Woodstock	4.64%
Thomaston	10.88%	Thompson	7.96%	Stratford	5.77%	Westbrook	5.41%	Darien	4.46%
Watertown	10.88%	Greenwich	7.90%	Chester	5.75%	Bethlehem	4.98%	New Canaan	4.46%
Middlebury	10.66%	Stamford	7.90%	Colchester	5.75%	Canaan	4.98%	Norwalk	4.46%
Southbury	10.66%	Beacon Falls	7.32%	Durham	5.75%	Colebrook	4.98%	Weston	4.46%
Waterbury	10.66%	Bethany	7.32%	East Haddam	5.75%	Cornwall	4.98%	Westport	4.46%
Woodbury	10.66%	Hamden	7.32%	East Hampton	5.75%	Goshen	4.98%	Wilton	4.46%
New Haven	10.39%	Oxford	7.32%	Haddam	5.75%	Kent	4.98%	Bridgeport	3.83%
Bozrah	9.62%	Woodbridge	7.32%	Hebron	5.75%	Litchfield	4.98%	Barkhamsted	3.47%
Franklin	9.62%	New Britain	7.14%	Marlborough	5.75%	Morris	4.98%	Bloomfield	3.47%
Griswold	9.62%	Newington	7.14%	Middlefield	5.75%	Norfolk	4.98%	Canton	3.47%
Lebanon	9.62%	Wethersfield	7.14%	Portland	5.75%	North Canaan	4.98%	East Granby	3.47%
Lisbon	9.62%	Hartford	6.83%	Andover	5.62%	Salisbury	4.98%	Granby	3.47%
Montville	9.62%	East Windsor	6.62%	Bolton	5.62%	Sharon	4.98%	Hartland	3.47%
Norwich	9.62%	Enfield	6.62%	Brooklyn	5.62%	Torrington	4.98%	New Hartford	3.47%
Preston	9.62%	South Windsor	6.62%	Canterbury	5.62%	Warren	4.98%	Simsbury	3.47%
Salem	9.62%	Suffield	6.62%	Chaplin	5.62%	Winchester	4.98%	**_Neighborhoods_**	
Sprague	9.62%	Windsor	6.62%	Columbia	5.62%	Bethel	4.88%	New Haven Area1	10.39%
Voluntown	9.62%	Windsor Locks	6.62%	Coventry	5.62%	Danbury	4.88%	New Haven Area2	10.39%
Branford	8.52%	Cheshire	6.60%	Hampton	5.62%	Ridgefield	4.88%	New Haven Area3	10.39%
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Washington	8.25%	Rocky Hill	6.54%	Southington	5.51%	Eastford	4.64%	Questions ? Beth.Dugan@umb.edu	
East Hartford	7.96%	Groton	6.48%	Wolcott	5.51%	Ellington	4.64%	https://healthyagingdatareports.org	