Older Adult Health in Every County

125 indicators for 82 counties

The older population is increasing, while the Mississippi state population is declining
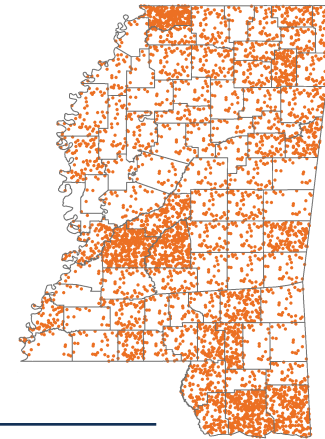
29.3%
65+

Increase in Mississippi population of adults 65+ between 2010 and 2021

15.9%
Of Mississippi over 65+

In some counties older adults make up nearly 25% of the population

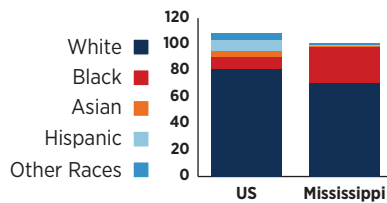### Aging Population Density

- 1 Dot = 100 People Age 65+

State Total: 474,270

Social Determinants of Health

Race Matters

Accumulated inequities cause health disparities that age-friendly communities can help mitigate

White
Black
Asian
Hispanic
Other Races

US   Mississippi

3X

as many older Black adults (65+) in Mississippi compared to national average

Older Black adults (65+) in Mississippi are more likely to...

- report higher rates of Alzheimer's disease and related dementias
- report lower average income than 65+ white households ($20k less)
- report less than a high school education

Place Matters

Compared to urban counties, rural counties...

17.6% **Are older**
Population 65+ (vs. 15.5%)

15.4% **Are poorer**
Population 65+ with income below the poverty line in last year (vs. 11.3%)

6.5X **Have less access to care**
Fewer primary care physicians and hospitals (20 vs 120)

80%
of counties are rural

▢ Rural ▢ Urban

U.S. Department of Agriculture's Economic Research Service Rural-Urban continuum codes (RUCA)

Together We Can Create Change

Understand

- Download your Community Profile at **healthyms.com**
- Educate yourself and others about the older people who live in your city or town.
- Compare your community to state averages.

Engage

- Start a conversation.
- Bring together older people and community organizations to discuss how to address opportunities and challenges.
- Connect with the MSDH Age-Friendly Public Health System to learn from others who care about aging.

Act

- Identify what's working.
- Use the data to prioritize needs.
- Collaborate with diverse partners and funders.
- Join the age-friendly movement.

LEARN MORE

MISSISSIPPI STATE DEPARTMENT OF HEALTH

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John W. McCormack Graduate School of Policy and Global Studies
UMASS BOSTON