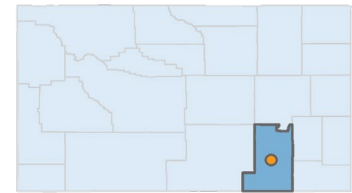


Albany

Albany is a county in Wyoming with 4,595 residents age 65 or older. There are approximately 24 Native American residents age 55 or older. Compared to state average rates, older residents in Albany County had significantly lower rates of tooth loss. However, they had higher rates of falls. The most prevalent chronic conditions among people age 65+ in Albany County are hypertension (45%), high cholesterol (35%), and arthritis (28%). They are more likely to take the health promotion steps of doing any physical activity within the last month, eating 5 or more servings of fruits or vegetables per day, and having an annual dental visit. Community resources to support healthy aging include 89% with a regular doctor, one hospital, 3 home health agencies, a community health center, a senior center, a nursing home, and a hospice agency.



POPULATION CHARACTERISTICS	County rate is significantly different than State rate	COUNTY ESTIMATE	STATE ESTIMATE
Total population all ages		38,664	581,348
Population 60 years or older as % of total population		16.7%	23.3%
Total population 60 years or older		6,455	135,237
Population 65 years or older as % of total population		11.9%	16.4%
Total population 65 years or older		4,595	95,566
% 65-74 years		64.4%	61.2%
% 75-84 years		27.3%	28.3%
% 85 years or older		8.3%	10.5%
% 65+ population who are female		51.4%	51.7%
% 85+ population who are female		58.7%	60.2%
Race and ethnicity of the population 65+			
% White		94.5%	95.6%
% African American		0.0%	0.3%
% Other race(s)		5.5%	4.1%
% Hispanic/Latino		8.6%	4.4%
# 55+ who are Native American / Alaskan		24	2,430
Marital status of the population 65+			
% married		62.8%	60.7%
% divorced/separated		16.6%	15.3%
% widowed		18.1%	20.8%
% never married		2.5%	3.3%
Education of the population 65+			
% with less than high school education		6.4%	7.6%
% with high school or some college	*	35.6%	64.1%
% with college degree	*	33.0%	16.4%
% with graduate or professional degree	*	25.1%	11.9%
% of 65+ population who speak only English at home		89.6%	95.3%
% of 65+ population who are veterans of military service		17.7%	22.4%
Life expectancy at birth		80.8	78.1

HEALTHY AGING INDICATORSBETTER / WORSE
STATE RATECOUNTY
ESTIMATESTATE
ESTIMATE**COVID-19**

Total COVID-19 cases March 2020 - January 2023		11,424	183,173
COVID-19 mortality rate per 100,000 people		139.7	340.4
% 65+ had one dose of COVID-19 vaccine		78.7%	95.0%
% 65+ had two doses of COVID-19 vaccine		72.8%	93.5%
% 65+ had bivalent booster of COVID-19 vaccine		20.9%	46.9%

WELLNESS

% 60+ getting the recommended hours of sleep		67.3%	65.9%
% 60+ doing any physical activity within last month	B	78.7%	71.5%
% 60+ met CDC guidelines for muscle-strengthening activity		33.8%	27.2%
% 60+ met CDC guidelines for aerobic physical activity		62.2%	55.7%
% 60+ with fair or poor health status		19.9%	19.5%
% 60+ with 15+ physically unhealthy days in last month		13.0%	13.6%

FALLS

% 60+ who fell within last year	W	40.2%	30.8%
% 60+ who were injured in a fall within last year		15.7%	10.7%

PREVENTION

% 60+ with physical exam/check-up in last year		82.6%	80.5%
% 60+ had flu shot in last year		60.1%	53.8%
% 60+ had pneumonia vaccine		59.9%	59.5%
% 60+ had shingles vaccine		45.1%	37.9%
% 60+ women with a mammogram within last 2 years		68.1%	67.6%
% 60+ with colorectal cancer screening		54.6%	51.9%
% 60+ with HIV test		18.1%	16.7%
% 60+ met CDC preventive health screening goals		21.6%	22.9%

CHRONIC DISEASE

% 65+ with Alzheimer's disease or related dementias		9.2%	8.2%
% 65+ with arthritis		27.7%	27.0%
% 65+ with asthma		3.4%	2.8%
% 65+ with atrial fibrillation		N/A	7.1%
% 65+ with cancer (breast, colorectal, lung, prostate)		N/A	7.1%
% 65+ with chronic kidney disease		18.6%	15.6%
% 65+ with chronic obstructive pulmonary disease (COPD)		9.3%	10.3%
% 65+ with diabetes		20.1%	19.7%
% 65+ with high cholesterol		35.2%	25.5%
% 65+ with heart failure		10.0%	11.2%
% 65+ with hypertension		44.5%	41.9%
% 65+ with ischemic heart disease		19.6%	21.1%
% 65+ with osteoporosis		5.4%	5.1%
% 65+ with stroke		N/A	2.2%

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE	COUNTY ESTIMATE	STATE ESTIMATE
NUTRITION & DIET			
% 60+ with 5 or more servings of fruits or vegetables per day	B	22.0%	15.6%
% 60+ self-reported obese		29.6%	28.4%
% 60+ with cholesterol screening		92.6%	93.0%
ORAL HEALTH			
% 60+ with annual dental exam	B	80.5%	69.4%
# of dentists per 100,000 persons (all ages)		45.2	52.8
% 60+ with loss of 6 or more teeth	B	21.0%	28.7%
BEHAVIORAL HEALTH			
# of drug overdose deaths (all ages)		54	1,225
% 60+ current smokers		10.1%	11.1%
% 60+ ever used E-Cigarettes in last Month		7.5%	8.3%
% 60+ who used marijuana in last month		2.5%	2.4%
% 60+ excessive drinking		7.9%	7.8%
% 65+ with alcohol abuse disorder		1.2%	1.3%
% 65+ with drug abuse/substance abuse disorder		1.0%	1.1%
MENTAL HEALTH			
% 60+ with 15+ days poor mental health in last month		6.5%	6.9%
% 65+ with depression		13.7%	12.9%
% 65+ with schizophrenia & other psychotic disorder		0.6%	0.7%
LIVING WITH DISABILITY			
% 65+ with self-reported hearing difficulty		13.1%	18.6%
% 65+ with self-reported vision difficulty		5.3%	6.1%
% 65+ with self-reported cognition difficulty		6.1%	6.5%
% 65+ with self-reported ambulatory difficulty		14.2%	19.2%
% 65+ with self-reported self-care difficulty		3.8%	4.8%
% 65+ with self-reported independent living difficulty		9.3%	9.4%
CAREGIVING			
% of grandparents raising grandchildren	*	0.2%	1.2%
% of grandparents who live with grandchildren	*	1.1%	2.5%
ACCESS TO CARE			
% 60+ with a regular doctor		88.7%	85.7%
% 60+ who did not see a doctor when needed due to cost		7.5%	6.4%
# of primary care providers in county		79	1,460
# of hospitals in county		1	29
# of home health agencies in county		3	31
# of nursing homes in county		1	35
# of community health centers in county		1	18
# of adult day health centers in county		0	10
# of hospice agencies in county		1	18

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE	COUNTY ESTIMATE	STATE ESTIMATE
COMMUNITY			
Particulate matter PM2.5		6.43	N/A
Ozone		0.049	N/A
Air pollution: annual # of unhealthy days for 65+		9	N/A
Age-friendly efforts in county		Yes	Not yet
# of senior centers in county		1	46
% 60+ who used Internet in last month		78.9%	73.0%
% households that have smartphone (all ages)	*	3.3%	7.2%
% households without computer (all ages)	*	3.8%	6.9%
% households with access to Broadband (all ages)		89.0%	85.9%
% households without access to Internet (all ages)		10.9%	13.8%
Voter participation rate in 2020 presidential election (age 18+)		60.3%	62.7%
SAFETY & CRIME			
Homicide rate/100,000 persons		0.0	3.7
# firearm fatalities (all ages)		30	625
# 60+ deaths by suicide		11	221
TRANSPORTATION			
% 65+ who own a motor vehicle		92.3%	94.6%
% 60+ who always drive or ride wearing a seatbelt		77.7%	78.7%
# of fatal crashes involving adult age 60+		7	146
HOUSING			
% 65+ population who live alone		29.2%	28.1%
Average household size (all ages)	*	2.3	2.4
Median house value		\$243,500	\$228,000
% 60+ who own home	*	80.4%	83.4%
% 60+ homeowners who have mortgage		38.3%	35.8%
% 65+ households(renter) who spend>35% of income on housing		32.0%	30.2%
% 65+ households(owner) who spend>35% of income on housing		13.9%	16.0%
ECONOMIC			
% 60+ receiving food benefits in last year		4.2%	3.8%
% 65+ employed in last year		24.7%	20.6%
% 65+ with income below the poverty line in last year		5.3%	8.0%
65+ median household income	*	\$57,672	\$47,223
% 65+ households with annual income < \$20,000		15.7%	18.7%
% 65+ households with annual income \$20,000-\$49,999		25.1%	33.9%
% 65+ households with annual income \$50,000-\$99,999		36.3%	29.6%
% 65+ households with annual income \$100,000+		23.0%	17.8%

HEALTHY AGING INDICATORS

ELDER INDEX: COST OF LIVING	RATIO OF COUNTY TO STATE	\$ COUNTY ESTIMATE	\$ STATE ESTIMATE
Single, homeowner without mortgage, good health	1.03	\$22,488	\$21,936
Single, renter, good health	0.98	\$24,516	\$25,032
Couple, homeowner without mortgage, good health	1.01	\$35,148	\$34,680
Couple, renter, good health	0.98	\$37,176	\$37,776

TECHNICAL NOTES

**See our technical report for more detailed information on data sources, measures, and methodology. For most indicators the county and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and county estimates may be due to chance associated with population sampling. We use the terms “Better” and “Worse” to highlight differences between county and state estimates that we are confident are not due to chance. “Better” is used where a higher/lower value has positive implications for the health of older residents. “Worse” is used where a higher/lower score has negative implications for the health of older people, and when the implication is unclear, we use an *. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed we used a hierarchical approach to reporting.*

Data Sources:

- *Population Characteristics: The U.S. Census Bureau (American Community Survey 2016-2020) & Robert Wood Johnson Foundation (2020).*
- *COVID-19: Vaccine data: Centers for Disease Control and Prevention (CDC; accessed 2/15/23) & Cases/Deaths: Wyoming Department of Health (WDH; accessed 2/3/23).*
- *Wellness, Falls, Prevention: The Behavioral Risk Factor Surveillance System (BRFSS; 2011-2020).*
- *Chronic Disease: The Centers for Medicare and Medicaid Services (CMS) Select Chronic Conditions Database (2018).*
- *Nutrition/Diet, Oral Health: BRFSS (2011-2020) & Health Resources and Services Administration (HRSA) Area Health Resources Files (AHRF; 2022).*
- *Behavioral Health, Mental Health: BRFSS (2011-2020), CMS (2018), & CDC WONDER (2016-2020).*
- *Living with Disability: ACS (2016-2020).*
- *Caregiving: ACS (2016-2020).*
- *Access to Care: BRFSS (2011-2020), CMS (2022), AgingCare (2022), Health Resources & Services Administration (HRSA; 2022).*
- *Community: ACS (2016-2020), State of Wyoming (2022), & U.S. Environmental Protection Agency (EPA, 2020).*
- *Safety & Crime: CDC WONDER (2016-2020).*
- *Transportation: ACS (2016-2020), BRFSS (2011-2020), & Fatality Analysis Reporting System (FARS; 2016-2020).*
- *Housing & Economic: ACS (2016-2020).*
- *Elder Index: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston (2022).*

Healthy Aging Data Report Team: Many people contributed to this research. The 2023 research team: Beth Dugan PhD, Nina Silverstein PhD, Qian Song PhD, Chae Man Lee PhD, Taylor Jansen PhD, Shu Xu, and Yanjhu Su from the Gerontology Institute at the University of Massachusetts Boston.

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