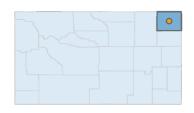
Crook

Crook is a county in Wyoming with 1,502 residents age 65 or older. Compared to state average rates, older residents in Crook County are less likely to have a graduate or professional degree. The most prevalent chronic conditions among people age 65+ in Crook County are hypertension (35%), arthritis (23%), and high cholesterol (23%). They are less likely to take the health promotion step of meeting the CDC guidelines for muscle-strengthening activity. Community resources to support healthy aging include 82% with a regular doctor, a hospital, a nursing home, and 3 senior centers.



POPULATION CHARACTERISTICS	County rate is significantly different than State rate	COUNTY ESTIMATE	STATE ESTIMATE
Total population all ages		7,502	581,348
Population 60 years or older as % of total population		28.7%	23.3%
Total population 60 years or older		2,155	135,237
Population 65 years or older as % of total population		20.0%	16.4%
Total population 65 years or older		1,502	95,566
% 65-74 years		61.2%	61.2%
% 75-84 years		25.6%	28.3%
% 85 years or older		13.2%	10.5%
% 65+ population who are female		49.6%	51.7%
% 85+ population who are female		75.3%	60.2%
Race and ethnicity of the population 65+			
% White		99.6%	95.6%
% African American		0.0%	0.3%
% Other race(s)		0.4%	4.1%
% Hispanic/Latino		0.0%	4.4%
# 55+ who are Native American / Alaskan		3	2,430
Marital status of the population 65+			
% married		68.2%	60.7%
% divorced/separated		12.8%	15.3%
% widowed		17.4%	20.8%
% never married		1.6%	3.3%
Education of the population 65+			
% with less than high school education		10.2%	7.6%
% with high school or some college		68.9%	64.1%
% with college degree		19.3%	16.4%
% with graduate or professional degree	*	1.6%	11.9%
% of 65+ population who speak only English at home		97.9%	95.3%
% of 65+ population who are veterans of military service		28.4%	22.4%
Life expectancy at birth		78.8	78.1

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE	COUNTY ESTIMATE	STATE ESTIMATE
COVID-19			
Total COVID-19 cases March 2020 - January 2023		1,544	183,173
COVID-19 mortality rate per 100,000 people		413.2	340.4
% 65+ had one dose of COVID-19 vaccine		95.0%	95.0%
% 65+ had two doses of COVID-19 vaccine		84.9%	93.5%
% 65+ had bivalent booster of COVID-19 vaccine		35.8%	46.9%
WELLNESS			
% 60+ getting the recommended hours of sleep		62.1%	65.9%
% 60+ doing any physical activity within last month		64.5%	71.5%
% 60+ met CDC guidelines for muscle-strengthening activity	W	17.0%	27.2%
% 60+ met CDC guidelines for aerobic physical activity		49.2%	55.7%
% 60+ with fair or poor health status		21.7%	19.5%
% 60+ with 15+ physically unhealthy days in last month		10.6%	13.6%
FALLS			
% 60+ who fell within last year		29.9%	30.8%
% 60+ who were injured in a fall within last year		12.6%	10.7%
PREVENTION			
% 60+ with physical exam/check-up in last year		79.9%	80.5%
% 60+ had flu shot in last year		45.4%	53.8%
% 60+ had pneumonia vaccine		61.5%	59.5%
% 60+ had shingles vaccine		28.3%	37.9%
% 60+ women with a mammogram within last 2 years		52.2%	67.6%
% 60+ with colorectal cancer screening		48.7%	51.9%
% 60+ with HIV test		12.8%	16.7%
% 60+ met CDC preventive health screening goals		26.0%	22.9%
CHRONIC DISEASE			
% 65+ with Alzheimer's disease or related dementias		N/A	8.2%
% 65+ with arthritis		23.4%	27.0%
% 65+ with asthma		N/A	2.8%
% 65+ with atrial fibrillation		N/A	7.1%
% 65+ with cancer (breast, colorectal, lung, prostate)		N/A	7.1%
% 65+ with chronic kidney disease		10.2%	15.6%
% 65+ with chronic obstructive pulmonary disease (COPD)		N/A	10.3%
% 65+ with diabetes		13.5%	19.7%
% 65+ with high cholesterol		23.4%	25.5%
% 65+ with heart failure		10.1%	11.2%
% 65+ with hypertension		35.4%	41.9%
% 65+ with ischemic heart disease		N/A	21.1%
% 65+ with osteoporosis		N/A	5.1%
% 65+ with stroke		N/A	2.2%

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE	COUNTY ESTIMATE	STATE ESTIMATE
NUTRITION & DIET			
% 60+ with 5 or more servings of fruits or vegetables per day		12.7%	15.6%
% 60+ self-reported obese		32.5%	28.4%
% 60+ with cholesterol screening		95.5%	93.0%
ORAL HEALTH			
% 60+ with annual dental exam		71.7%	69.4%
# of dentists per 100,000 persons (all ages)		27.3	52.8
% 60+ with loss of 6 or more teeth		34.1%	28.7%
BEHAVIORAL HEALTH			
# of drug overdose deaths (all ages)		0	1,225
% 60+ current smokers		13.3%	11.1%
% 60+ ever used E-Cigarettes in last Month		9.9%	8.3%
% 60+ who used marijuana in last month		2.1%	2.4%
% 60+ excessive drinking		5.9%	7.8%
% 65+ with alcohol abuse disorder		N/A	1.3%
% 65+ with drug abuse/substance abuse disorder		N/A	1.1%
MENTAL HEALTH			
% 60+ with 15+ days poor mental health in last month		7.4%	6.9%
% 65+ with depression		11.8%	12.9%
% 65+ with schizophrenia & other psychotic disorder		N/A	0.7%
LIVING WITH DISABILITY			
% 65+ with self-reported hearing difficulty		18.5%	18.6%
% 65+ with self-reported vision difficulty		9.2%	6.1%
% 65+ with self-reported cognition difficulty		7.5%	6.5%
% 65+ with self-reported ambulatory difficulty		15.6%	19.2%
% 65+ with self-reported self-care difficulty		3.8%	4.8%
% 65+ with self-reported independent living difficulty		7.8%	9.4%
CAREGIVING			
% of grandparents raising grandchildren		0.6%	1.2%
% of grandparents who live with grandchildren		2.2%	2.5%
ACCESS TO CARE			
% 60+ with a regular doctor		81.6%	85.7%
% 60+ who did not see a doctor when needed due to cost		7.2%	6.4%
# of primary care providers in county		6	1,460
# of hospitals in county		1	29
# of home health agencies in county		0	31
# of nursing homes in county		1	35
# of community health centers in county		0	18
# of adult day health centers in county		0	10
# of hospice agencies in county		0	18

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE	COUNTY ESTIMATE	STATE ESTIMATE
COMMUNITY			
Particulate matter PM2.5		N/A	N/A
Ozone		N/A	N/A
Air pollution: annual # of unhealthy days for 65+		N/A	N/A
Age-friendly efforts in county		Not yet	Not yet
# of senior centers in county		3	46
% 60+ who used Internet in last month		72.4%	73.0%
% households that have smartphone (all ages)		10.1%	7.2%
% households without computer (all ages)		6.3%	6.9%
% households with access to Broadband (all ages)		79.5%	85.9%
% households without access to Internet (all ages)		20.5%	13.8%
Voter participation rate in 2020 presidential election (age 18+)		75.8%	62.7%
SAFETY & CRIME			
Homicide rate/100,000 persons		0.0	3.7
# firearm fatalities (all ages)		0	625
# 60+ deaths by suicide		0	221
TRANSPORTATION			
% 65+ who own a motor vehicle		99.8%	94.6%
% 60+ who always drive or ride wearing a seatbelt		71.6%	78.7%
# of fatal crashes involving adult age 60+		7	146
HOUSING			
% 65+ population who live alone		20.5%	28.1%
Average household size (all ages)	*	2.6	2.4
Median house value		\$239,300	\$228,000
% 60+ who own home		84.3%	83.4%
% 60+ homeowners who have mortgage		40.1%	35.8%
% 65+ households(renter) who spend>35% of income on housing		58.3%	30.2%
% 65+ households(owner) who spend>35% of income on housing		26.8%	16.0%
ECONOMIC			
% 60+ receiving food benefits in last year	*	0.4%	3.8%
% 65+ employed in last year		16.7%	20.6%
% 65+ with income below the poverty line in last year		14.0%	8.0%
65+ median household income	*	\$32,439	\$47,223
% 65+ households with annual income < \$20,000		23.3%	18.7%
% 65+ households with annual income \$20,000-\$49,999		45.3%	33.9%
% 65+ households with annual income \$50,000-\$99,999		20.9%	29.6%
% 65+ households with annual income \$100,000+		10.5%	17.8%

HEALTHY AGING INDICATORS

ELDER INDEX: COST OF LIVING	RATIO OF COUNTY TO STATE	\$ COUNTY ESTIMATE	\$ STATE ESTIMATE
Single, homeowner without mortgage, good health	0.99	\$21,672	\$21,936
Single, renter, good health	0.97	\$24,300	\$25,032
Couple, homeowner without mortgage, good health	0.99	\$34,332	\$34,680
Couple, renter, good health	0.98	\$36,960	\$37,776

TECHNICAL NOTES

*See our technical report for more detailed information on data sources, measures, and methodology. For most indicators the county and state values are estimates derived from sample data. Thus, it is possible that some of the differences between state and county estimates may be due to chance associated with population sampling. We use the terms "Better" and "Worse" to highlight differences between county and state estimates that we are confident are not due to chance. "Better" is used where a higher/lower value has positive implications for the health of older residents. "Worse" is used where a higher/lower score has negative implications for the health of older people, and when the implication is unclear, we use an *. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed we used a hierarchical approach to reporting.

Data Sources:

- Population Characteristics: The U.S. Census Bureau (American Community Survey 2016-2020) & Robert Wood Johnson Foundation (2020).
- COVID-19: Vaccine data: Centers for Disease Control and Prevention (CDC; accessed 2/15/23) & Cases/Deaths: Wyoming Department of Health (WDH; accessed 2/3/23).
- Wellness, Falls, Prevention: The Behavioral Risk Factor Surveillance System (BRFSS; 2011-2020).
- Chronic Disease: The Centers for Medicare and Medicaid Services (CMS) Select Chronic Conditions Database (2018).
- Nutrition/Diet, Oral Health: BRFSS (2011-2020) & Health Resources and Services Administration (HRSA) Area Health Resources Files (AHRF; 2022).
- Behavioral Health, Mental Health: BRFSS (2011-2020), CMS (2018), & CDC WONDER (2016-2020).
- Living with Disability: ACS (2016-2020).
- Caregiving: ACS (2016-2020).
- Access to Care: BRFSS (2011-2020), CMS (2022), AgingCare (2022), Health Resources & Services Administration (HRSA; 2022).
- Community: ACS (2016-2020), State of Wyoming (2022), & U.S. Environmental Protection Agency (EPA, 2020).
- Safety & Crime: CDC WONDER (2016-2020).
- Transportation: ACS (2016-2020), BRFSS (2011-2020), & Fatality Analysis Reporting System (FARS; 2016-2020).
- Housing & Economic: ACS (2016-2020).
- Elder Index: Center for Social and Demographic Research on Aging at the University of Massachusetts Boston (2022).

<u>Healthy Aging Data Report Team</u>: Many people contributed to this research. The 2023 research team: Beth Dugan PhD, Nina Silverstein PhD, Qian Song PhD, Chae Man Lee PhD, Taylor Jansen PhD, Shu Xu, and Yanjhu Su from the Gerontology Institute at the University of Massachusetts Boston.





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