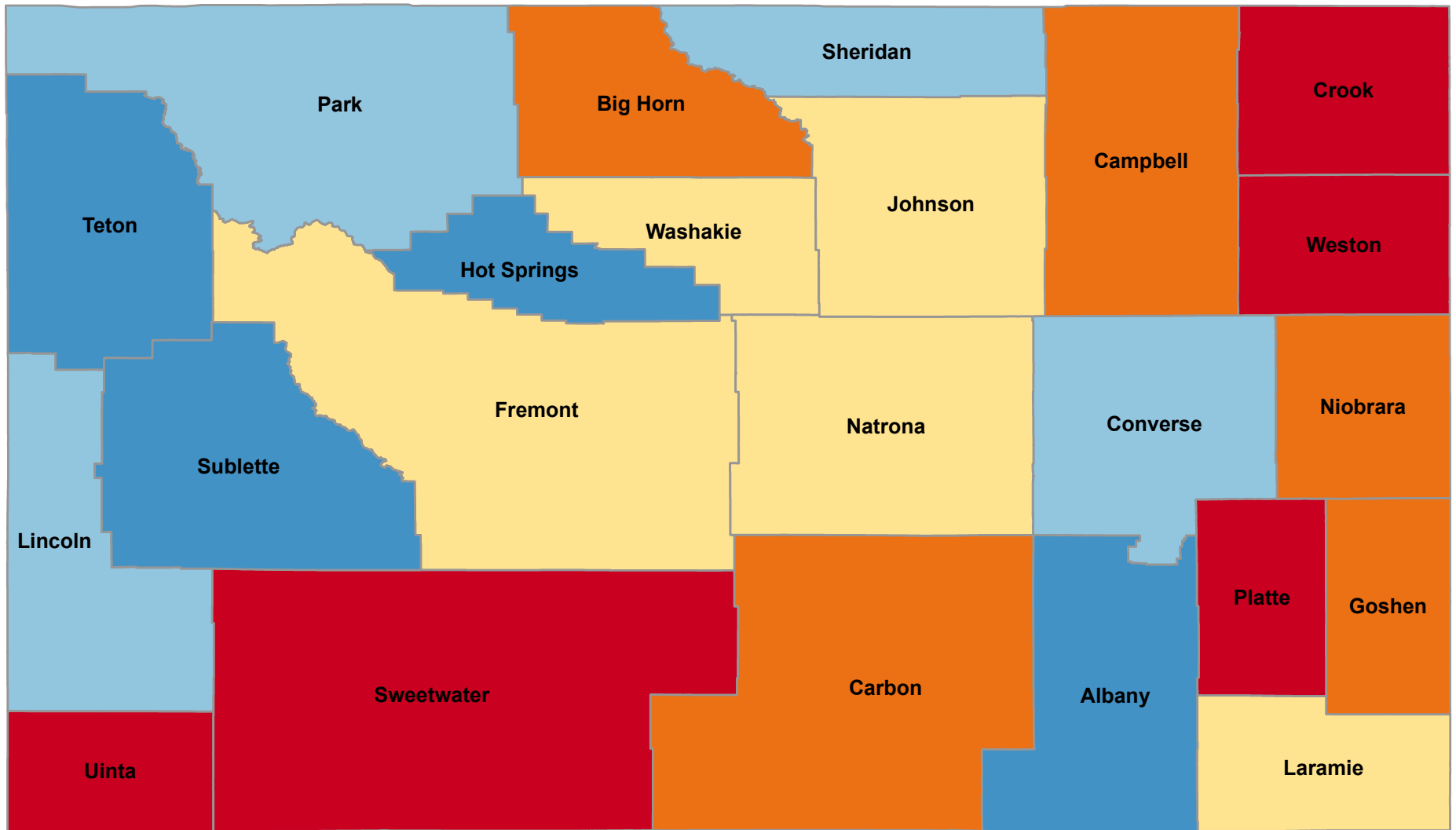
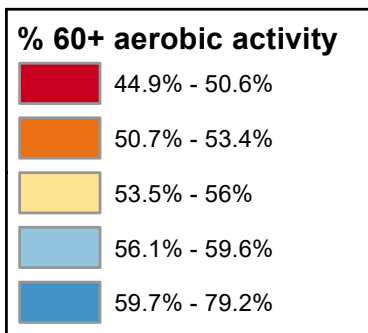


Percentage of Persons Age 60+ Years who Met Guidelines for Aerobic Activity



State Average: 55.7%

Source: BRFSS, 2011-2020



% 60+ Met CDC Guidelines for Aerobic Physical Activity

<u>Alphabetical Order of County</u>		<u>Ranked High to Low</u>	
Albany	62.22%	Teton	79.16%
Big Horn	53.39%	Sublette	69.06%
Campbell	50.89%	Hot Springs	66.57%
Carbon	52.85%	Albany	62.22%
Converse	57.93%	Lincoln	59.59%
Crook	49.17%	Sheridan	59.56%
Fremont	55.39%	Park	57.98%
Goshen	50.69%	Converse	57.93%
Hot Springs	66.57%	Washakie	55.96%
Johnson	54.86%	Natrona	55.62%
Laramie	54.32%	Fremont	55.39%
Lincoln	59.59%	Johnson	54.86%
Natrona	55.62%	Laramie	54.32%
Niobrara	52.67%	Big Horn	53.39%
Park	57.98%	Carbon	52.85%
Platte	50.49%	Niobrara	52.67%
Sheridan	59.56%	Campbell	50.89%
Sublette	69.06%	Goshen	50.69%
Sweetwater	49.59%	Uinta	50.62%
Teton	79.16%	Platte	50.49%
Uinta	50.62%	Sweetwater	49.59%
Washakie	55.96%	Crook	49.17%
Weston	44.93%	Weston	44.93%

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