



South Hampton is a rural town in Rockingham County that is home to Cowden State Forest. There are 158 residents age 65 or older. Compared to state average rates, older residents fared better on some healthy aging indicators with lower rates of bipolar disorders, personality disorders, substance use and tobacco use disorders, Alzheimer's disease or related dementias, chronic obstructive pulmonary disease, and osteoporosis. However, they had higher rates of lung cancer, migraine and other chronic headache. Community resources to support healthy aging include 17 primary care providers and 2 nursing homes within 5 miles, 9 home health agencies, a public library, and access to broadband.



POPULATION CHARACTERISTICS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	STATE ESTIMATE
Total population all ages		804	1,327,503
Population 60 years or older as % of total population		28.5%	22.7%
Total population 60 years or older		229	301,630
Population 65 years or older as % of total population		19.7%	15.8%
Total population 65 years or older		158	210,385
% 65-74 years		60.1%	58.5%
% 75-84 years		31.0%	28.6%
% 85 years or older		8.9%	12.9%
Gender (65+ population)			
% female		50.0%	54.7%
Race/Ethnicity (65+ population)			
% White		100.0%	97.7%
% African American		0.0%	0.5%
% Asian		0.0%	0.9%
% Other		0.0%	0.9%
% Hispanic/Latino		0.0%	0.9%
Marital Status (65+ population)			
% married		63.3%	58.5%
% divorced/separated		5.7%	14.0%
% widowed		28.5%	22.9%
% never married		2.5%	4.6%
Education (65+ population)			
% with less than high school education		6.3%	12.3%
% with high school or some college		56.3%	57.1%
% with college degree		37.3%	30.6%
% of 65+ population living alone		19.0%	26.1%
% of 65+ population who speak only English at home		98.1%	91.3%
% of 65+ population who are veterans of military service		23.4%	24.8%
Age-sex adjusted 1-year mortality rate		4.0%	4.1%
			5.05.4

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	STATE ESTIMATE
Geographic Migration (65+ population) in the past 12 months			
% moved within same county		0.0%	3.6%
% moved from different county in New Hampshire		0.0%	1.0%
% moved from different state		0.0%	1.7%
WELLNESS & PREVENTION			
% 60+ with any physical activity within last month		69.1%	74.5%
% 60+ met CDC guidelines for muscle-strengthening activity		28.0%	26.0%
% 60+ met CDC guidelines for aerobic physical activity		55.5%	58.6%
% 60+ met CDC guidelines for both types of physical activities		22.3%	19.9%
% 60+ getting recommended hours of sleep		66.4%	66.4%
% 60+ injured in a fall within last 12 months		8.9%	10.4%
% 65+ had hip fracture		2.7%	3.3%
% 60+ with self-reported fair or poor health status		20.4%	16.5%
% 60+ with 15+ physically unhealthy days last month		13.4%	12.5%
% 60+ with physical exam/check-up in past year		90.1%	86.5%
% 60+ met CDC preventive health screening goals		37.9%	40.3%
% 60+ flu shot past year		63.1%	59.3%
% 65+ with pneumonia vaccine		83.2%	77.8%
% 60+ with cholesterol screening		97.0%	95.3%
% 60+ women with a mammogram within last 2 years		78.6%	79.3%
% 60+ with colorectal cancer screening		75.3%	77.0%
% 60+ with HIV test		13.5%	13.5%
% 60+ current smokers		12.1%	8.1%
Oral Health			
% 60+ with loss of 6 or more teeth		35.9%	29.0%
% 60+ with annual dental exam		72.4%	75.7%
# of dentists per 100,000 persons (all ages) (county)		72	72
NUTRITION/DIET			
% 60+ with 5 or more servings of fruit or vegetables per day		20.0%	20.2%
% 60+ self-reported obese		33.0%	27.2%
% 65+ clinically diagnosed obese		16.8%	16.7%
% 65+ with high cholesterol		76.2%	72.2%
% 60+ excessive drinking		7.1%	9.2%
% 65+ with poor supermarket access		0.0%	28.4%

BEHAVIORAL HEALTH         6.6+ with 4ches also poor mental health last month         10.1%         6.9%           6.6+ with depression         24.9%         28.8%           6.6+ with depression         21.7%         21.9%           6.6+ with depression         21.7%         21.9%           6.6+ with biolar disorders         8         2.1%         3.1%           6.6+ with charged in the preschalter disorders         8         2.1%         3.1%           6.6+ with charged in the strain and softer psychotic disorders         8         0.6%         1.1%           6.6+ with charged in the strain sold deaths (all ages) (county)         276         1.279           6.6+ with bobacco use disorders (drug use +/or alcohol abuse)         8         0.6%         1.04%           6.6+ with bobacco use disorders         8         8.0%         1.04%           CHRONIC DISEASE         8         8.0%         12.0%           6.6+ with diabetes         8         8.0%         12.0%           6.6+ with stroke         8.9         10.8%         6.5+ with stroke         8.9         10.8%           6.6+ with brownic obstructive pulmonary disease         8         15.7%         20.5%           6.6+ with brownic heart ditack         1.0%         4.5%           6.6+	HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	STATE ESTIMATE
% 65+ with depression         24.9%         28.8%           % 65+ with anxiety disorders         21.7%         21.9%           % 65+ with post-traumatic stress disorder         1.5%         3.1%           % 65+ with post-traumatic stress disorders         4.2%         4.9%           % 65+ with post-traumatic stress disorders         4.2%         4.9%           % 65+ with post-traumatic stress disorders         8         0.6%         1.1%           % 65+ with schizophrenia & other psychotic disorders         B         0.6%         1.1%           % 65+ with schizophrenia & other psychotic disorders         B         0.6%         1.1%           # opioid deaths (all ages) (county)         276         1.279           % 65+ with substance use disorders (drug use +/or alcohol abuse)         B         4.8%         0.5%           % 65+ with substance use disorders (drug use +/or alcohol abuse)         B         4.8%         0.5%           % 65+ with baster         B         4.8%         0.5%           % 65+ with baster         29.3%         2.2%           % 65+ with stroberes         B         8.0%         12.0%           % 65+ with brobere obstructive pulmonary disease         B         15.7%         65+ with obstructive pulmonary disease         B         15.7%         65+ wit	BEHAVIORAL HEALTH			
% 65+ with bipolar disorders         B         2.1 %         3.1 %           % 65+ with bipolar disorders         B         2.1 %         3.1 %           % 65+ with post-traumatic stress disorder         1.5 %         1.4 %           % 65+ with personality disorders         B         0.6 %         1.1 %           % 65+ with personality disorders         B         0.6 %         1.1 %           % 65+ with personality disorders         B         0.6 %         1.2 72           % 65+ with substance use disorders (drug use +/or alcohol abuse)         B         3.2 %         5.5 %           % 65+ with substance use disorders (drug use +/or alcohol abuse)         B         3.2 %         5.5 %           % 65+ with tobacco use disorders         B         3.8 %         10.4 %           65+ with substance use disorders         B         3.0 %         12.0 %           % 65+ with diabetes         29.3 %         28.2 %         65+ with diabetes         29.3 %         12.0 %           % 65+ with diabetes         8.9 %         10.8 %         65+ with diabetes         8.9 %         10.8 %           % 65+ with diabetes         19.3 %         65+ with diabetes         8.9 %         10.8 %           % 65+ with diabetes         15.0 %         15.7 %         20.5 %	% 60+ with 15+ days poor mental health last month		10.1%	6.9%
% 65+ with bipolar disorders         B         2.1%         3.1%           % 65+ with post-traumatic stress disorder         1.5%         1.4%           % 65+ with personality disorders         4.2%         4.9%           % 65+ with personality disorders         B         0.6%         1.1%           % 65+ with personality disorders         B         0.6%         1.1%           % 65+ with personality disorders (drug use +/or alcohol abuse)         B         3.2%         5.5%           65+ with substance use disorders (drug use +/or alcohol abuse)         B         3.2%         5.5%           65+ with tobacco use disorders         B         4.8%         10.4%           CHRONIC DISEASE         ************************************	% 65+ with depression		24.9%	28.8%
% 65+ with post-traumatic stress disorder         1.5%         1.4%           % 65+ with schizophrenia & other psychotic disorders         4.2%         4.9%           % 65+ with personality disorders         B         0.6%         1.1%           % 65+ with personality disorders         B         0.6%         1.1%           % 65+ with substance use disorders (drug use +/or alcohol abuse)         B         3.2%         5.5%           65+ with thobacco use disorders         B         4.8%         10.4%           CHRONIC DISEASE           % 65+ with Alzheimer's disease or related dementias         B         8.0%         12.0%           % 65+ with diabetes         29.3%         65.8%           % 65+ with stroke         8.9%         10.8%           % 65+ with obstructive pulmonary disease         B         15.7%         20.5%           % 65+ with personality personality disease         B         15.7%         20.5%           % 65+ with personality personality disease         B         15.7%         20.5%           % 65+ with personality disease         B         15.7%         20.5%           % 65+ with personality disease         3.0%         45.3%           % 65+ with congestive leart attack         4.0%         4.5%           %	% 65+ with anxiety disorders		21.7%	21.9%
% 65+ with schizophrenia & other psychotic disorders         B         0.6%         1.1%           % 65+ with personality disorders         B         0.6%         1.1%           # opioid deaths (all ages) (county)         276         1.279           % 65+ with substance use disorders (drug use +/or alcohol abuse)         B         3.2%         5.5%           % 65+ with tobacco use disorders         B         3.2%         10.4%           CHRONIC DISEASE           % 65+ with Alzheimer's disease or related dementias         B         8.0%         12.0%           % 65+ with diabetes         29.3%         28.2%           % 65+ with stroke         8.9%         10.8%           % 65+ with orbinic obstructive pulmonary disease         B         15.7%         20.5%           % 65+ with asthma         13.2%         13.2%         13.0%           % 65+ with appetension         73.4%         70.2%           % 65+ with toperension         73.4%         70.2%           % 65+ with togetemic heart disease         36.0%         34.3%           % 65+ with congestive heart failure         15.2%         17.7%           % 65+ with peripheral vascular disease         15.6%         14.7%           % 65+ with peripheral vascular disease         10.2%	% 65+ with bipolar disorders	В	2.1%	3.1%
% 65+ with personality disorders         B         0.6%         1.1%           # opioid deaths (all ages) (county)         276         1,279           % 65+ with substance use disorders (drug use +/or alcohol abuse)         B         3.2%         5.5%           % 65+ with tubacco use disorders         B         4.8%         10.4%           CHRONIC DISEASE           We 65+ with Alzheimer's disease or related dementias         B         8.0%         12.0%           % 65+ with alzheimer's disease or related dementias         B         8.0%         12.0%           % 65+ with Alzheimer's disease or related dementias         B         8.0%         12.0%           % 65+ with Alzheimer's disease or related dementias         B         8.0%         12.0%           % 65+ with Alzheimer's disease or related dementias         B         8.0%         12.0%           % 65+ with Alzheimer's disease or related dementias         B         8.0%         12.0%           % 65+ with Alzheimer's disease or related dementias         B         8.0%         12.0%           % 65+ with obstrate or districtive pulmonary disease         B         15.7%         20.5%           % 65+ with benemic beart datex         4.0%         4.5%         4.5%         4.5%         4.5%           % 65+	% 65+ with post-traumatic stress disorder		1.5%	1.4%
# opioid deaths (all ages) (county) % 65+ with substance use disorders (drug use +/or alcohol abuse) % 65+ with tobacco use disorders CHRONIC DISEASE  % 65+ with Alzheimer's disease or related dementias % 65+ with diabetes % 65+ with diabetes % 65+ with diabetes % 65+ with chronic obstructive pulmonary disease % 65+ with hypertension % 65+ with hypertension % 65+ with pypertension % 65+ with chronic obstructive pulmonary disease % 65+ with negative failure % 65+ with congestive heart failure % 65+ with congestive heart failure % 65+ with congestive heart failure % 65+ with osteographic alcohorisis % 65+ with osteographic alcohorisis % 65+ with osteographic alcohorisis % 65+ with use disease % 65+ with osteographic alcohorisis % 65+ with use of the properties	% 65+ with schizophrenia & other psychotic disorders		4.2%	4.9%
% 65+ with substance use disorders (drug use +/or alcohol abuse)         B         3.2%         5.5%           % 65+ with tobacco use disorders         B         4.8%         10.4%           CHRONIC DISEASE           % 65+ with Alzheimer's disease or related dementias         B         8.0%         12.0%           % 65+ with disbetes         29.3%         28.2%           % 65+ with stroke         8.9%         10.8%           % 65+ with chronic obstructive pulmonary disease         B         15.7%         20.5%           % 65+ with asthma         13.2%         13.0%           % 65+ with hypertension         73.4%         70.2%           % 65+ with by asthma         13.2%         13.0%           % 65+ with ischemic heart disease         36.0%         34.3%           % 65+ with congestive heart failure         15.2%         17.7%           % 65+ with atrial fibrillation         15.4%         14.4%           % 65+ with osteoparthritis/rheumatoid arthritis         48.7%         49.1%           % 65+ with osteoporosis         B         14.2%         17.4%           % 65+ with lung cancer         W         2.6%         2.0%           % 65+ with lung cancer         W         2.6%         2.4%         1.6%	% 65+ with personality disorders	В	0.6%	1.1%
% 65+ with tobacco use disorders         B         4.8%         10.4%           CHRONIC DISEASE         ***	# opioid deaths (all ages) (county)		276	1,279
CHRONIC DISEASE           % 65+ with Alzheimer's disease or related dementias         B         8.0%         12.0%           % 65+ with diabetes         29.3%         28.2%           % 65+ with stroke         8.9%         10.8%           % 65+ with chronic obstructive pulmonary disease         B         15.7%         20.5%           % 65+ with asthma         13.2%         13.0%           % 65+ with hypertension         73.4%         70.2%           % 65+ with pypertension         73.4%         70.2%           % 65+ with pypertension         4.0%         4.5%           % 65+ with pypertension         73.4%         70.2%           % 65+ with pypertension         15.6%         14.7%           % 65+ with congestive heart failure         15.6%         14.7%           % 65+ with atrial fibrillation         15.2%         17.7%           % 65+ with peripheral vascular disease         15.6%         14.7%           % 65+ with osteoparthritis/rheumatoid arthritis         48.7%         49.1%           % 65+ with lug cancer	% 65+ with substance use disorders (drug use +/or alcohol abuse)	В	3.2%	5.5%
% 65+ with Alzheimer's disease or related dementias       B       8.0%       12.0%         % 65+ with diabetes       29.3%       28.2%         % 65+ with stroke       8.9%       10.8%         % 65+ with chronic obstructive pulmonary disease       B       15.7%       20.5%         % 65+ with asthma       13.2%       13.0%       70.2%         % 65+ with hypertension       73.4%       70.2%         % 65+ ever had a heart attack       4.0%       4.5%         % 65+ with ischemic heart disease       36.0%       34.3%         % 65+ with congestive heart failure       15.2%       17.7%         % 65+ with paripheral vascular disease       15.6%       14.7%         % 65+ with osteoarthritis/rheumatoid arthritis       48.7%       49.1%         % 65+ with leukemias and lymphomas       2.0%       2.0%         % 65+ with lung cancer       W       2.6%       1.6%         % 65+ with properties and lymphomas       2.0%       2.4%       2.4%         % 65+ women with preast cancer       10.8%       9.8%         % 65+ women with prostate cancer       10.8%       9.8%         % 65+ with benign prostatic hyperplasia       43.0%       36.8%         % 65+ with HIV/AIDS       0.04%       0.05%	% 65+ with tobacco use disorders	В	4.8%	10.4%
% 65+ with diabetes       29.3%       28.2%         % 65+ with stroke       8.9%       10.8%         % 65+ with chronic obstructive pulmonary disease       B       15.7%       20.5%         % 65+ with asthma       13.2%       13.0%         % 65+ with hypertension       73.4%       70.2%         % 65+ ever had a heart attack       4.0%       4.5%         % 65+ with ischemic heart disease       36.0%       34.3%         % 65+ with congestive heart failure       15.2%       17.7%         % 65+ with peripheral vascular disease       15.6%       14.4%         % 65+ with peripheral vascular disease       15.6%       14.7%         % 65+ with osteoparthritis/rheumatoid arthritis       48.7%       49.1%         % 65+ with losteoporosis       B       14.2%       17.4%         % 65+ with lug cancer       W       2.6%       1.6%         % 65+ with blung cancer       W       2.6%       1.6%         % 65+ with colon cancer       2.4%       2.4%       2.4%         % 65+ with prostate cancer       10.8%       9.8%         % 65+ women with prostate cancer       12.4%       11.5%         % 65+ with benign prostatic hyperplasia       43.0%       36.8%         % 65+ with hypothyr	CHRONIC DISEASE			
% 65+ with stroke       8.9%       10.8%         % 65+ with chronic obstructive pulmonary disease       B       15.7%       20.5%         % 65+ with asthma       13.2%       13.0%         % 65+ with hypertension       73.4%       70.2%         % 65+ ever had a heart attack       4.0%       4.5%         % 65+ with ischemic heart disease       36.0%       34.3%         % 65+ with congestive heart failure       15.2%       17.7%         % 65+ with atrial fibrillation       15.4%       14.4%         % 65+ with peripheral vascular disease       15.6%       14.7%         % 65+ with osteoporosis       B       14.2%       17.4%         % 65+ with leukemias and lymphomas       2.0%       2.0%         % 65+ with lung cancer       W       2.6%       1.6%         % 65+ wornen with breast cancer       10.8%       9.8%         % 65+ wornen with prostate cancer       10.8%       9.8%         % 65+ wornen with prostate cancer       12.4%       11.5%         % 65+ with benign prostatic hyperplasia       43.0%       36.8%         % 65+ with hypothyroidism       21.8%       20.8%         % 65+ with nemia       37.6%       37.3%         % 65+ with chronic kidney disease       20.2%	% 65+ with Alzheimer's disease or related dementias	В	8.0%	12.0%
% 65+ with chronic obstructive pulmonary disease       B       15.7%       20.5%         % 65+ with asthma       13.2%       13.0%         % 65+ with hypertension       73.4%       70.2%         % 65+ ever had a heart attack       4.0%       4.5%         % 65+ with ischemic heart disease       36.0%       34.3%         % 65+ with congestive heart failure       15.2%       17.7%         % 65+ with atrial fibrillation       15.4%       14.4%         % 65+ with peripheral vascular disease       15.6%       14.7%         % 65+ with osteoarthritis/rheumatoid arthritis       48.7%       49.1%         % 65+ with leukemias and lymphomas       2.0%       2.0%         % 65+ with lung cancer       W       2.6%       1.6%         % 65+ with colon cancer       2.4%       2.4%         % 65+ women with breast cancer       2.4%       2.4%         % 65+ women with prostate cancer       10.8%       36.8%         % 65+ with beingn prostatic hyperplasia       33.0%       36.8%         % 65+ with hypothyroidism       21.8%       20.8%         % 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with chronic kidney disease       9.0%       6.9%	% 65+ with diabetes		29.3%	28.2%
% 65+ with asthma       13.2%       13.0%         % 65+ with hypertension       73.4%       70.2%         % 65+ ever had a heart attack       4.0%       4.5%         % 65+ with ischemic heart disease       36.0%       34.3%         % 65+ with congestive heart failure       15.2%       17.7%         % 65+ with atrial fibrillation       15.4%       14.4%         % 65+ with peripheral vascular disease       15.6%       14.7%         % 65+ with osteoporosis       8       14.2%       17.4%         % 65+ with osteoporosis       B       14.2%       17.4%         % 65+ with lung cancer       W       2.0%       2.0%         % 65+ with lung cancer       W       2.6%       1.6%         % 65+ with colon cancer       2.4%       2.4%         % 65+ women with breast cancer       10.8%       9.8%         % 65+ women with endometrial cancer       12.4%       11.5%         % 65+ men with prostate cancer       12.4%       11.5%         % 65+ with benign prostatic hyperplasia       43.0%       36.8%         % 65+ with hypothyroidism       21.8%       20.8%         % 65+ with nemia       37.6%       37.3%         % 65+ with chronic kidney disease       90.0%       6.9% <td>% 65+ with stroke</td> <td></td> <td>8.9%</td> <td>10.8%</td>	% 65+ with stroke		8.9%	10.8%
% 65+ with hypertension       73.4%       70.2%         % 65+ ever had a heart attack       4.0%       4.5%         % 65+ with ischemic heart disease       36.0%       34.3%         % 65+ with congestive heart failure       15.2%       17.7%         % 65+ with congestive heart failure       15.2%       17.7%         % 65+ with attail fibrillation       15.4%       14.4%         % 65+ with peripheral vascular disease       15.6%       14.7%         % 65+ with osteoprosis attail of the step o	% 65+ with chronic obstructive pulmonary disease	В	15.7%	20.5%
% 65+ ever had a heart attack       4.0%       4.5%         % 65+ with ischemic heart disease       36.0%       34.3%         % 65+ with congestive heart failure       15.2%       17.7%         % 65+ with atrial fibrillation       15.4%       14.4%         % 65+ with peripheral vascular disease       15.6%       14.7%         % 65+ with osteoarthritis/rheumatoid arthritis       48.7%       49.1%         % 65+ with osteoporosis       B       14.2%       17.4%         % 65+ with leukemias and lymphomas       2.0%       2.0%         % 65+ with lung cancer       W       2.6%       1.6%         % 65+ with colon cancer       2.4%       2.4%         % 65+ women with breast cancer       10.8%       9.8%         % 65+ women with endometrial cancer       2.4%       1.7%         % 65+ with benign prostatic hyperplasia       43.0%       36.8%         % 65+ with HIV/AIDS       0.04%       0.05%         % 65+ with hypothyroidism       21.8%       20.8%         % 65+ with henmia       37.6%       37.3%         % 65+ with liver diseases       9.0%       6.9%	% 65+ with asthma		13.2%	13.0%
% 65+ with ischemic heart disease       36.0%       34.3%         % 65+ with congestive heart failure       15.2%       17.7%         % 65+ with atrial fibrillation       15.4%       14.4%         % 65+ with peripheral vascular disease       15.6%       14.7%         % 65+ with osteoarthritis/rheumatoid arthritis       48.7%       49.1%         % 65+ with osteoporosis       B       14.2%       17.4%         % 65+ with leukemias and lymphomas       2.0%       2.0%         % 65+ with colon cancer       W       2.6%       1.6%         % 65+ with peripheral vascular disease       10.8%       9.8%         % 65+ women with prostate cancer       10.8%       9.8%         % 65+ women with prostate cancer       10.8%       9.8%         % 65+ with benign prostatic hyperplasia       43.0%       36.8%         % 65+ with hypothyroidism       21.8%       20.8%         % 65+ with anemia       37.6%       37.3%         % 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with liver diseases       9.0%       6.9%	% 65+ with hypertension		73.4%	70.2%
% 65+ with congestive heart failure       15.2%       17.7%         % 65+ with atrial fibrillation       15.4%       14.4%         % 65+ with peripheral vascular disease       15.6%       14.7%         % 65+ with osteoarthritis/rheumatoid arthritis       48.7%       49.1%         % 65+ with osteoporosis       B       14.2%       17.4%         % 65+ with leukemias and lymphomas       2.0%       2.0%         % 65+ with colon cancer       W       2.6%       1.6%         % 65+ with colon cancer       2.4%       2.4%         % 65+ women with breast cancer       10.8%       9.8%         % 65+ women with prostate cancer       10.8%       9.8%         % 65+ men with prostate cancer       12.4%       11.5%         % 65+ with benign prostatic hyperplasia       43.0%       36.8%         % 65+ with hypothyroidism       21.8%       20.8%         % 65+ with anemia       37.6%       37.3%         % 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with liver diseases       9.0%       6.9%	% 65+ ever had a heart attack		4.0%	4.5%
% 65+ with atrial fibrillation       15.4%       14.4%         % 65+ with peripheral vascular disease       15.6%       14.7%         % 65+ with osteoarthritis/rheumatoid arthritis       48.7%       49.1%         % 65+ with osteoporosis       B       14.2%       17.4%         % 65+ with leukemias and lymphomas       2.0%       2.0%         % 65+ with lung cancer       W       2.6%       1.6%         % 65+ with colon cancer       2.4%       2.4%         % 65+ women with breast cancer       10.8%       9.8%         % 65+ women with endometrial cancer       2.4%       1.7%         % 65+ men with prostate cancer       12.4%       11.5%         % 65+ with benign prostatic hyperplasia       43.0%       36.8%         % 65+ with HIV/AIDS       0.04%       0.05%         % 65+ with hypothyroidism       21.8%       20.8%         % 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with liver diseases       9.0%       6.9%	% 65+ with ischemic heart disease		36.0%	34.3%
% 65+ with peripheral vascular disease       15.6%       14.7%         % 65+ with osteoarthritis/rheumatoid arthritis       48.7%       49.1%         % 65+ with osteoporosis       B       14.2%       17.4%         % 65+ with leukemias and lymphomas       2.0%       2.0%         % 65+ with lung cancer       W       2.6%       1.6%         % 65+ with colon cancer       2.4%       2.4%         % 65+ women with breast cancer       10.8%       9.8%         % 65+ women with endometrial cancer       2.4%       1.7%         % 65+ men with prostate cancer       12.4%       11.5%         % 65+ with benign prostatic hyperplasia       43.0%       36.8%         % 65+ with hlV/AIDS       0.04%       0.05%         % 65+ with hypothyroidism       21.8%       20.8%         % 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with liver diseases       9.0%       6.9%	% 65+ with congestive heart failure		15.2%	17.7%
% 65+ with osteoarthritis/rheumatoid arthritis       48.7%       49.1%         % 65+ with osteoporosis       B       14.2%       17.4%         % 65+ with leukemias and lymphomas       2.0%       2.0%         % 65+ with lung cancer       W       2.6%       1.6%         % 65+ with colon cancer       2.4%       2.4%         % 65+ women with breast cancer       10.8%       9.8%         % 65+ women with endometrial cancer       2.4%       1.7%         % 65+ men with prostate cancer       12.4%       11.5%         % 65+ with benign prostatic hyperplasia       43.0%       36.8%         % 65+ with HIV/AIDS       0.04%       0.05%         % 65+ with hypothyroidism       21.8%       20.8%         % 65+ with anemia       37.6%       37.3%         % 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with liver diseases       9.0%       6.9%	% 65+ with atrial fibrillation		15.4%	14.4%
% 65+ with osteoporosis       B       14.2%       17.4%         % 65+ with leukemias and lymphomas       2.0%       2.0%         % 65+ with lung cancer       W       2.6%       1.6%         % 65+ with colon cancer       2.4%       2.4%         % 65+ women with breast cancer       10.8%       9.8%         % 65+ women with endometrial cancer       2.4%       1.7%         % 65+ men with prostate cancer       12.4%       11.5%         % 65+ with benign prostatic hyperplasia       43.0%       36.8%         % 65+ with HIV/AIDS       0.04%       0.05%         % 65+ with hypothyroidism       21.8%       20.8%         % 65+ with anemia       37.6%       37.3%         % 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with liver diseases       9.0%       6.9%	% 65+ with peripheral vascular disease		15.6%	14.7%
% 65+ with leukemias and lymphomas       2.0%       2.0%         % 65+ with lung cancer       W       2.6%       1.6%         % 65+ with colon cancer       2.4%       2.4%         % 65+ women with breast cancer       10.8%       9.8%         % 65+ women with endometrial cancer       2.4%       1.7%         % 65+ men with prostate cancer       12.4%       11.5%         % 65+ with benign prostatic hyperplasia       43.0%       36.8%         % 65+ with hypothyroidism       21.8%       20.8%         % 65+ with anemia       37.6%       37.3%         % 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with liver diseases       9.0%       6.9%	% 65+ with osteoarthritis/rheumatoid arthritis		48.7%	49.1%
% 65+ with lung cancer       W       2.6%       1.6%         % 65+ with colon cancer       2.4%       2.4%         % 65+ women with breast cancer       10.8%       9.8%         % 65+ women with endometrial cancer       2.4%       1.7%         % 65+ men with prostate cancer       12.4%       11.5%         % 65+ with benign prostatic hyperplasia       43.0%       36.8%         % 65+ with HIV/AIDS       0.04%       0.05%         % 65+ with hypothyroidism       21.8%       20.8%         % 65+ with anemia       37.6%       37.3%         % 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with liver diseases       9.0%       6.9%	% 65+ with osteoporosis	В	14.2%	17.4%
% 65+ with colon cancer       2.4%       2.4%         % 65+ women with breast cancer       10.8%       9.8%         % 65+ women with endometrial cancer       2.4%       1.7%         % 65+ men with prostate cancer       12.4%       11.5%         % 65+ with benign prostatic hyperplasia       43.0%       36.8%         % 65+ with HIV/AIDS       0.04%       0.05%         % 65+ with hypothyroidism       21.8%       20.8%         % 65+ with anemia       37.3%       37.3%         % 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with liver diseases       9.0%       6.9%	% 65+ with leukemias and lymphomas		2.0%	2.0%
% 65+ women with breast cancer       10.8%       9.8%         % 65+ women with endometrial cancer       2.4%       1.7%         % 65+ men with prostate cancer       12.4%       11.5%         % 65+ with benign prostatic hyperplasia       43.0%       36.8%         % 65+ with HIV/AIDS       0.04%       0.05%         % 65+ with hypothyroidism       21.8%       20.8%         % 65+ with anemia       37.6%       37.3%         % 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with liver diseases       9.0%       6.9%	% 65+ with lung cancer	W	2.6%	1.6%
% 65+ women with endometrial cancer       2.4%       1.7%         % 65+ men with prostate cancer       12.4%       11.5%         % 65+ with benign prostatic hyperplasia       43.0%       36.8%         % 65+ with HIV/AIDS       0.04%       0.05%         % 65+ with hypothyroidism       21.8%       20.8%         % 65+ with anemia       37.6%       37.3%         % 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with liver diseases       9.0%       6.9%	% 65+ with colon cancer		2.4%	2.4%
% 65+ men with prostate cancer       12.4%       11.5%         % 65+ with benign prostatic hyperplasia       43.0%       36.8%         % 65+ with HIV/AIDS       0.04%       0.05%         % 65+ with hypothyroidism       21.8%       20.8%         % 65+ with anemia       37.6%       37.3%         % 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with liver diseases       9.0%       6.9%	% 65+ women with breast cancer		10.8%	9.8%
% 65+ with benign prostatic hyperplasia       43.0%       36.8%         % 65+ with HIV/AIDS       0.04%       0.05%         % 65+ with hypothyroidism       21.8%       20.8%         % 65+ with anemia       37.6%       37.3%         % 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with liver diseases       9.0%       6.9%	% 65+ women with endometrial cancer		2.4%	1.7%
% 65+ with HIV/AIDS       0.04%       0.05%         % 65+ with hypothyroidism       21.8%       20.8%         % 65+ with anemia       37.6%       37.3%         % 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with liver diseases       9.0%       6.9%	% 65+ men with prostate cancer		12.4%	11.5%
% 65+ with hypothyroidism       21.8%       20.8%         % 65+ with anemia       37.6%       37.3%         % 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with liver diseases       9.0%       6.9%	% 65+ with benign prostatic hyperplasia		43.0%	36.8%
% 65+ with anemia       37.6%       37.3%         % 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with liver diseases       9.0%       6.9%	% 65+ with HIV/AIDS		0.04%	0.05%
% 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with liver diseases       9.0%       6.9%	% 65+ with hypothyroidism		21.8%	20.8%
% 65+ with chronic kidney disease       20.2%       22.3%         % 65+ with liver diseases       9.0%       6.9%			37.6%	37.3%
% 65+ with liver diseases 9.0% 6.9%	% 65+ with chronic kidney disease		20.2%	
% 65+ with fibromyalgia, chronic pain and fatigue 16.6% 18.6%			9.0%	6.9%
	% 65+ with fibromyalgia, chronic pain and fatigue		16.6%	

% 65+ with epilepsy         2.2%         2.19           % 65+ with traumatic brain injury         1.1%         1.19           % 65+ with traumatic brain injury         1.1%         0.039           % 65+ with autism spectrum disorders         N/A         0.039           % 65+ with glaucoma         20.9%         22.99           % 65+ with pressure ulcer or chronic ulcer         6.6%         7.19           % 65+ with pressure ulcer or chronic conditions         51.8%         54.49           % 65+ with 0 chronic conditions         8.0%         10.39           LIVING WITH DISABILITY           % 65+ with self-reported hearing difficulty         15.8%         15.09           % 65+ with clinical diagnosis of deafness or hearing impairment         16.3%         14.49           % 65+ with self-reported vision difficulty         1.9%         5.29           % 65+ with self-reported diagnosis of blindness or visual impairment         0.8%         0.99           % 65+ with self-reported ambulatory difficulty         8         5.1%         18.89           % 65+ with self-reported ambulatory difficulty         8         5.1%         18.89           % 65+ with self-reported self-care difficulty         1.9%         5.69           % 65+ with self-reported self-care difficulty         1.9%	HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	STATE ESTIMATE
% 65+ with traumatic brain injury         1.1%         1.19           % 65+ with autism spectrum disorders         N/A         0.03           % 65+ with glaucoma         20.9%         22.99           % 65+ with cataract         59.5%         61.29           % 65+ with cataract         59.5%         61.29           % 65+ with cut of 15) chronic conditions         51.8%         54.49           % 65+ with 0 chronic conditions         8.0%         10.39           LIVING WITH DISABILITY           % 65+ with self-reported hearing difficulty         15.8%         15.09           % 65+ with clinical diagnosis of deafness or hearing impairment         16.3%         14.49           % 65+ with self-reported vision difficulty         1.9%         5.29           % 65+ with self-reported self-care difficulty         1.9%         5.29           % 65+ with self-reported cognition difficulty         5.7%         6.99           % 65+ with self-reported ambulatory difficulty         8         5.1%         18.89           % 65+ with self-reported self-care difficulty         1.9%         5.6%           % 65+ with self-reported self-care difficulty         9.0%         7.9           % 65+ with self-reported self-care difficulty         9.0%         7.9           % 65+ with	% 65+ with migraine and other chronic headache	W	5.0%	4.0%
% 65+ with autism spectrum disorders         N/A         0.039           % 65+ with glaucoma         20.9%         22.99           % 65+ with cataract         59.5%         61.29           % 65+ with pressure ulcer or chronic ulcer         6.6%         7.19           % 65+ with pressure ulcer or chronic conditions         51.8%         54.49           % 65+ with 0 chronic conditions         8.0%         10.39           LIVING WITH DISABILITY           % 65+ with self-reported hearing difficulty         15.8%         15.09           % 65+ with self-reported hearing difficulty         19.9%         52.9           % 65+ with clinical diagnosis of deafness or hearing impairment         16.3%         14.49           % 65+ with self-reported vision difficulty         1.9%         5.29           % 65+ with self-reported cognition difficulty         5.7%         6.99           % 65+ with self-reported ambulatory difficulty         8         5.1%         18.89           % 65+ with self-reported ambulatory difficulty         8         5.1%         18.89           % 65+ with self-reported ambulatory difficulty         1.9%         5.6%           % 65+ with self-reported independent living difficulty         9         5.6%           % 65+ with self-reported endagencies living difficulty	% 65+ with epilepsy		2.2%	2.1%
% 65+ with glaucoma         20.9%         22.9%           % 65+ with cataract         59.5%         61.2%           % 65+ with pressure ulcer or chronic ulcer         6.6%         7.1%           % 65+ with 4+ (out of 15) chronic conditions         51.8%         54.4%           % 65+ with 0 chronic conditions         8.0%         10.39           LIVING WITH DISABILITY           % 65+ with self-reported hearing difficulty         15.8%         15.0%           % 65+ with self-reported hearing difficulty         19.3%         14.4%           % 65+ with clinical diagnosis of deafness or hearing impairment         18.3%         14.49           % 65+ with self-reported vision difficulty         1.9%         5.2%           % 65+ with self-reported original difficulty         5.7%         6.9%           % 65+ with self-reported ambulatory difficulty         8         5.1%         18.8%           % 65+ with self-reported ambulatory difficulty         8         5.1%         18.8%           % 65+ with self-reported independent living difficulty         1.9%         5.6%           % 65+ with self-reported difficulty         1.9%         5.6%           % 65+ with self-reported independent living difficulty         9         5.0%           % 65+ with self-reported independent living difficulty	% 65+ with traumatic brain injury		1.1%	1.1%
% 65+ with cataract         59.5%         61.29           % 65+ with pressure ulcer or chronic ulcer         6.6%         7.19           % 65+ with pressure ulcer or chronic conditions         51.8%         54.49           % 65+ with 10 chronic conditions         8.0%         10.39           LIVING WITH DISABILITY         ************************************	% 65+ with autism spectrum disorders		N/A	0.03%
% 65+ with pressure ulcer or chronic ulcer         6.6%         7.19           % 65+ with 4+ (out of 15) chronic conditions         51.8%         54.49           % 65+ with 0 chronic conditions         8.0%         10.39           LIVING WITH DISABILITY           % 65+ with self-reported hearing difficulty         15.8%         15.0%           % 65+ with clinical diagnosis of deafness or hearing impairment         16.3%         14.49           % 65+ with clinical diagnosis of blindness or visual impairment         0.8%         0.99           % 65+ with self-reported vision difficulty         5.7%         6.99           % 65+ with self-reported cognition difficulty         8         5.1%         18.89           % 65+ with self-reported ambulatory difficulty         8         5.1%         18.89           % 65+ with self-reported ambulatory difficulty         1.9%         5.69           % 65+ with self-reported self-care difficulty         1.9%         5.69           % 65+ with self-reported self-care difficulty         1.9%         5.69           % 65+ with self-reported managed care enrollees         9.0%         7.99           % Medicare managed care enrollees         9.0%         7.99           % 60+ with a regular doctor         97.5%         95.89           % 60+ who did not see doct	% 65+ with glaucoma		20.9%	22.9%
% 65+ with 4+ (out of 15) chronic conditions       51.8%       54.4%         % 65+ with 0 chronic conditions       8.0%       10.39         LIVING WITH DISABILITY         % 65+ with self-reported hearing difficulty       15.8%       15.0%         % 65+ with clinical diagnosis of deafness or hearing impairment       16.3%       14.4%         % 65+ with self-reported vision difficulty       1.9%       5.2%         % 65+ with clinical diagnosis of blindness or visual impairment       0.8%       0.9%         % 65+ with self-reported cognition difficulty       5.7%       6.9%         % 65+ with self-reported ambulatory difficulty       8       5.1%       18.8%         % 65+ with self-reported ambulatory difficulty       8       5.1%       18.8%         % 65+ with self-reported self-care difficulty       1.9%       5.6%         % 65+ with self-reported self-care difficulty       1.9%       5.6%         % 65+ with self-reported independent living difficulty       4.4%       11.3%         ACCESS TO CARE         Medicare (65+ population)       8       6.0%       7.9%         % 60+ with a regular doctor       97.5%       95.8%         % 60+ with a regular doctor       97.5%       95.8%         % 60+ with a regular doctor       97.5%<	% 65+ with cataract		59.5%	61.2%
% 65+ with 0 chronic conditions       8.0%       10.39         LIVING WITH DISABILITY         % 65+ with self-reported hearing difficulty       15.8%       15.0%         % 65+ with clinical diagnosis of deafness or hearing impairment       16.3%       14.49         % 65+ with self-reported vision difficulty       1.9%       5.29         % 65+ with self-reported cognition difficulty       5.7%       6.99         % 65+ with self-reported ambulatory difficulty       B       5.1%       18.89         % 65+ with self-reported ambulatory difficulty       B       5.1%       18.89         % 65+ with self-reported self-care difficulty       1.9%       5.69         % 65+ with self-reported independent living difficulty       4.4%       11.39         ACCESS TO CARE       4.4%       11.39         Medicare (65+ population)       5.6%       6.9       6.9         % 60+ with a regular doctor       97.5%       95.89         % 60+ who did not see doctor when needed due to cost       9.5       5.4%         # of primary care providers within 5 miles       17       2.96         # of nursing homes within 5 miles       2       7.         # of hospitals within 5 miles       2       7.         # of home health agencies       9       4 </td <td>% 65+ with pressure ulcer or chronic ulcer</td> <td></td> <td>6.6%</td> <td>7.1%</td>	% 65+ with pressure ulcer or chronic ulcer		6.6%	7.1%
LIVING WITH DISABILITY           % 65+ with self-reported hearing difficulty         15.8%         15.0%           % 65+ with clinical diagnosis of deafness or hearing impairment         16.3%         14.49           % 65+ with self-reported vision difficulty         1.9%         5.29           % 65+ with clinical diagnosis of blindness or visual impairment         0.8%         0.99           % 65+ with self-reported cognition difficulty         5.7%         6.99           % 65+ with self-reported ambulatory difficulty         B         5.1%         18.89           % 65+ with self-reported self-care difficulty         1.9%         5.69           % 65+ with self-reported independent living difficulty         4.4%         11.39           ACCESS TO CARE         4.4%         11.39           Medicare (65+ population)         9.0%         7.9%           % 60+ with a regular doctor         9.0%         7.5%           % 60+ with a regular doctor         97.5%         95.8%           % 60+ who did not see doctor when needed due to cost         9.5%         5.4%           # of primary care providers within 5 miles         17         2.96           # of inursing homes within 5 miles         2         7.5%           # of inursing homes within 5 miles         2         7.5%	% 65+ with 4+ (out of 15) chronic conditions		51.8%	54.4%
% 65+ with self-reported hearing difficulty       15.8%       15.0°         % 65+ with clinical diagnosis of deafness or hearing impairment       16.3%       14.49         % 65+ with self-reported vision difficulty       1.9%       5.2°         % 65+ with clinical diagnosis of blindness or visual impairment       0.8%       0.9°         % 65+ with self-reported cognition difficulty       5.7%       6.9°         % 65+ with self-reported ambulatory difficulty       B       5.1%       18.8°         % 65+ with clinical diagnosis of mobility impairments       3.0%       3.2°         % 65+ with self-reported self-care difficulty       1.9%       5.6°         % 65+ with self-reported independent living difficulty       4.4%       11.3°         ACCESS TO CARE         Medicare (65+ population)       9.0%       7.9°         % Medicare managed care enrollees       9.0%       7.5°         % 60+ with a regular doctor       97.5%       95.8°         % 60+ who did not see doctor when needed due to cost       9.5%       5.4°         % of primary care providers within 5 miles       17       2.96         # of nursing homes within 5 miles       2       7.         # of home health agencies       9       44         # of community health centers       0 <td>% 65+ with 0 chronic conditions</td> <td></td> <td>8.0%</td> <td>10.3%</td>	% 65+ with 0 chronic conditions		8.0%	10.3%
% 65+ with clinical diagnosis of deafness or hearing impairment       16.3%       14.49         % 65+ with self-reported vision difficulty       1.9%       5.29         % 65+ with clinical diagnosis of blindness or visual impairment       0.8%       0.99         % 65+ with self-reported cognition difficulty       5.7%       6.99         % 65+ with self-reported ambulatory difficulty       B       5.1%       18.89         % 65+ with clinical diagnosis of mobility impairments       3.0%       3.29         % 65+ with self-reported self-care difficulty       1.9%       5.69         % 65+ with self-reported independent living difficulty       4.4%       11.39         ACCESS TO CARE         Medicare (65+ population)       9.0%       7.99         % dually eligible for Medicare and Medicaid       2.2%       7.59         % 60+ with a regular doctor       97.5%       95.89         % 60+ who did not see doctor when needed due to cost       9.5%       5.49         # of primary care providers within 5 miles       17       2.96         # of nursing homes within 5 miles       2       7.         # of home health agencies       9       44         # of community health centers       0       2         # of adult day health centers       0	LIVING WITH DISABILITY			
% 65+ with self-reported vision difficulty       1.9%       5.29         % 65+ with clinical diagnosis of blindness or visual impairment       0.8%       0.99         % 65+ with self-reported cognition difficulty       5.7%       6.99         % 65+ with self-reported ambulatory difficulty       B       5.1%       18.89         % 65+ with clinical diagnosis of mobility impairments       3.0%       3.29         % 65+ with self-reported self-care difficulty       1.9%       5.69         % 65+ with self-reported independent living difficulty       4.4%       11.39         ACCESS TO CARE         Medicare (65+ population)       9.0%       7.99         % dually eligible for Medicare and Medicaid       2.2%       7.59         % 60+ with a regular doctor       97.5%       95.89         % 60+ who did not see doctor when needed due to cost       9.5%       5.49         # of primary care providers within 5 miles       17       2.96         # of nursing homes within 5 miles       2       7.4         # of nome health agencies       9       44         # of community health centers       0       2         # of adult day health centers       0       2         # of memory cafes       0       12	% 65+ with self-reported hearing difficulty		15.8%	15.0%
% 65+ with clinical diagnosis of blindness or visual impairment       0.8%       0.99         % 65+ with self-reported cognition difficulty       5.7%       6.99         % 65+ with self-reported ambulatory difficulty       B       5.1%       18.89         % 65+ with self-reported ambulatory difficulty       3.0%       3.29         % 65+ with clinical diagnosis of mobility impairments       3.0%       3.29         % 65+ with self-reported self-care difficulty       1.9%       5.69         % 65+ with self-reported independent living difficulty       4.4%       11.39         ACCESS TO CARE         Medicare (65+ population)       Valually eligible for Medicare and Medicaid       *       2.2%       7.59         % 60+ with a regular doctor       97.5%       95.89         % 60+ who did not see doctor when needed due to cost       9.5%       5.49         # of primary care providers within 5 miles       17       2,96         # of hospitals within 5 miles       2       7.4         # of home health agencies       9       44         # of community health centers       0       22         # of adult day health centers       0       2         # of memory cafes       0       12	% 65+ with clinical diagnosis of deafness or hearing impairment		16.3%	14.4%
% 65+ with self-reported cognition difficulty       5.7%       6.99         % 65+ with self-reported ambulatory difficulty       B       5.1%       18.89         % 65+ with clinical diagnosis of mobility impairments       3.0%       3.29         % 65+ with self-reported self-care difficulty       1.9%       5.69         % 65+ with self-reported independent living difficulty       4.4%       11.39         ACCESS TO CARE         Medicare (65+ population)       *       2.2%       7.59         % dually eligible for Medicare and Medicaid       *       2.2%       7.59         % 60+ with a regular doctor       97.5%       95.89         % 60+ who did not see doctor when needed due to cost       9.5%       5.49         # of primary care providers within 5 miles       17       2,96         # of nospitals within 5 miles       2       7.59         # of home health agencies       9       4         # of community health centers       0       2         # of adult day health centers       0       2         # of memory cafes       0       1	% 65+ with self-reported vision difficulty		1.9%	5.2%
% 65+ with self-reported ambulatory difficultyB5.1%18.89% 65+ with clinical diagnosis of mobility impairments3.0%3.29% 65+ with self-reported self-care difficulty1.9%5.69% 65+ with self-reported independent living difficulty4.4%11.39ACCESS TO CAREMedicare (65+ population)% Medicare managed care enrollees9.0%7.99% dually eligible for Medicare and Medicaid*2.2%7.59% 60+ with a regular doctor97.5%95.89% 60+ who did not see doctor when needed due to cost9.5%5.49# of primary care providers within 5 miles172,96# of hospitals within 5 miles020# of nursing homes within 5 miles270# of home health agencies944# of community health centers020# of adult day health centers020# of memory cafes013	% 65+ with clinical diagnosis of blindness or visual impairment		0.8%	0.9%
% 65+ with clinical diagnosis of mobility impairments       3.0%       3.2%         % 65+ with self-reported self-care difficulty       1.9%       5.6%         % 65+ with self-reported independent living difficulty       4.4%       11.39         ACCESS TO CARE         Medicare (65+ population)       *       2.2%       7.5%         % Medicare managed care enrollees       9.0%       7.9%       6.0+       with a regular doctor       97.5%       95.8%         % 60+ with a regular doctor       97.5%       95.8%       6.0+       4.0       4.0       4.0       4.0       4.0       4.0       4.0       4.0       4.0       4.0       4.0       5.8%       6.0       4.0       5.6%       5.4%       5.6%       5.6%       5.6%       5.6%       7.5%       5.6%       7.5%       5.8%       5.8%       5.6%       5.6%       7.5%       5.8%       5.8%       5.6%       5.6%       5.8%       5.6%       5.6%       5.8%       5.6%       5.8%       5.6%       5.8%       5.8%       5.6%       5.8%       5.6%       5.8%       5.8%       5.6%       5.8%       5.6%       5.8%       5.8%       5.4%       5.6%       5.4%       5.6%       5.4%       5.6%       5.4%	% 65+ with self-reported cognition difficulty		5.7%	6.9%
% 65+ with self-reported self-care difficulty       1.9%       5.6%         % 65+ with self-reported independent living difficulty       4.4%       11.3%         ACCESS TO CARE         Medicare (65+ population)       Very Medicare managed care enrollees       9.0%       7.9%         % dually eligible for Medicare and Medicaid       *       2.2%       7.5%         % 60+ with a regular doctor       97.5%       95.8%         % 60+ who did not see doctor when needed due to cost       9.5%       5.4%         # of primary care providers within 5 miles       17       2,96         # of hospitals within 5 miles       2       7         # of nursing homes within 5 miles       2       7         # of open health agencies       9       44         # of community health centers       0       2         # of adult day health centers       0       2         # of memory cafes       0       1	% 65+ with self-reported ambulatory difficulty	В	5.1%	18.8%
% 65+ with self-reported independent living difficulty       4.4%       11.39         ACCESS TO CARE         Medicare (65+ population)         % Medicare managed care enrollees       9.0%       7.99         % dually eligible for Medicare and Medicaid       *       2.2%       7.59         % 60+ with a regular doctor       97.5%       95.89         % 60+ who did not see doctor when needed due to cost       9.5%       5.49         # of primary care providers within 5 miles       17       2,96         # of hospitals within 5 miles       0       20         # of nursing homes within 5 miles       2       7         # of home health agencies       9       44         # of community health centers       0       22         # of adult day health centers       0       2         # of memory cafes       0       12	% 65+ with clinical diagnosis of mobility impairments		3.0%	3.2%
ACCESS TO CARE         Medicare (65+ population)         % Medicare managed care enrollees       9.0%       7.9%         % dually eligible for Medicare and Medicaid       *       2.2%       7.5%         % 60+ with a regular doctor       97.5%       95.8%         % 60+ who did not see doctor when needed due to cost       9.5%       5.4%         # of primary care providers within 5 miles       17       2,96         # of hospitals within 5 miles       0       20         # of nursing homes within 5 miles       2       7         # of home health agencies       9       49         # of community health centers       0       20         # of adult day health centers       0       2         # of memory cafes       0       12	% 65+ with self-reported self-care difficulty		1.9%	5.6%
Medicare (65+ population)       9.0%       7.9%         % Medicare managed care enrollees       9.0%       7.9%         % dually eligible for Medicare and Medicaid       *       2.2%       7.5%         % 60+ with a regular doctor       97.5%       95.8%         % 60+ who did not see doctor when needed due to cost       9.5%       5.4%         # of primary care providers within 5 miles       17       2,96         # of hospitals within 5 miles       0       20         # of nursing homes within 5 miles       2       74         # of home health agencies       9       44         # of community health centers       0       22         # of adult day health centers       0       2         # of memory cafes       0       12	% 65+ with self-reported independent living difficulty		4.4%	11.3%
% Medicare managed care enrollees       9.0%       7.9%         % dually eligible for Medicare and Medicaid       *       2.2%       7.5%         % 60+ with a regular doctor       97.5%       95.8%         % 60+ who did not see doctor when needed due to cost       9.5%       5.4%         # of primary care providers within 5 miles       17       2,96         # of hospitals within 5 miles       0       20         # of nursing homes within 5 miles       2       74         # of home health agencies       9       44         # of community health centers       0       22         # of adult day health centers       0       2         # of memory cafes       0       12	ACCESS TO CARE			
% dually eligible for Medicare and Medicaid  * 2.2% 7.5%  % 60+ with a regular doctor  97.5% 95.8%  % 60+ who did not see doctor when needed due to cost  # of primary care providers within 5 miles  17 2,96  # of nursing homes within 5 miles  0 20  # of home health agencies  # of community health centers  0 22  # of adult day health centers  # of memory cafes  0 12  # of memory cafes	Medicare (65+ population)			
% dually eligible for Medicale and Medicald       2.2%       7.37         % 60+ with a regular doctor       97.5%       95.8%         % 60+ who did not see doctor when needed due to cost       9.5%       5.4%         # of primary care providers within 5 miles       17       2,96         # of hospitals within 5 miles       0       20         # of nursing homes within 5 miles       2       74         # of home health agencies       9       44         # of community health centers       0       22         # of adult day health centers       0       22         # of memory cafes       0       12	% Medicare managed care enrollees		9.0%	7.9%
% 60+ who did not see doctor when needed due to cost9.5%5.4%# of primary care providers within 5 miles172,96# of hospitals within 5 miles020# of nursing homes within 5 miles274# of home health agencies949# of community health centers022# of adult day health centers022# of memory cafes012	% dually eligible for Medicare and Medicaid	*	2.2%	7.5%
# of primary care providers within 5 miles       17       2,96         # of hospitals within 5 miles       0       20         # of nursing homes within 5 miles       2       74         # of home health agencies       9       49         # of community health centers       0       22         # of adult day health centers       0       22         # of memory cafes       0       12	% 60+ with a regular doctor		97.5%	95.8%
# of hospitals within 5 miles 0 20 # of nursing homes within 5 miles 2 74 # of home health agencies 9 49 # of community health centers 0 22 # of adult day health centers 0 22 # of memory cafes 0 12	% 60+ who did not see doctor when needed due to cost		9.5%	5.4%
# of nursing homes within 5 miles 2 74 # of home health agencies 9 49 # of community health centers 0 22 # of adult day health centers 0 22 # of memory cafes 0 12	# of primary care providers within 5 miles		17	2,961
# of home health agencies 9 49 # of community health centers 0 22 # of adult day health centers 0 22 # of memory cafes 0 12	# of hospitals within 5 miles		0	26
# of community health centers 0 2: # of adult day health centers 0 2: # of memory cafes 0 1:	# of nursing homes within 5 miles		2	74
# of adult day health centers 0 2 2 4 of memory cafes 0 12	# of home health agencies		9	49
# of memory cafes 0 12	# of community health centers		0	22
·	# of adult day health centers		0	21
# of dementia-related support groups 0 14	# of memory cafes		0	12
	# of dementia-related support groups		0	14

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	STATE ESTIMATE
SERVICE UTILIZATION			
Physician visits per year	*	8.3	6.3
Emergency room visits/1000 persons 65+ years per year		562	572
Part D monthly prescription fills per person per year	*	45.5	49.1
Home health visits per year		1.9	2.5
Durable medical equipment claims per year		1.9	2.0
Inpatient hospital stays/1000 persons 65+ years per year		215	237
Medicare inpatient hospital readmissions (as % of admissions)		10.7%	15.8%
# skilled nursing facility stays/1000 persons 65+ years per year	*	35	76
# skilled nursing home Medicare beds/1000 persons 65+ years		0	33
% 65+ getting Medicaid long term services and supports	*	1.5%	3.7%
COMMUNITY VARIABLES & CIVIC ENGAGEMENT			
AARP Age-Friendly efforts in community		Not yet	Yes
# of senior centers		0	44
Air pollution: annual # of unhealthy days for 65+ (county)		2	N/A
% of grandparents raising grandchildren		0.0%	0.8%
% of grandparents who live with grandchildren		0.7%	2.5%
# of assisted living sites		0	134
% of vacant homes in community		27.1%	16.0%
# of universities and community colleges		0	41
# of public libraries		1	234
# of YMCAs		0	12
% in county with access to broadband (all ages)		99.0%	93.0%
% 60+ who used Internet in last month		78.2%	77.6%
Voter participation rate in 2018 election (age 18+)		73.5%	54.7%
SAFETY & TRANSPORTATION			
Violent crime rate /100,000 persons		0	207
Homicide rate /100,000 persons (county)		1	1
# firearm fatalities (county)		92	586
Property crime rate /100,000 persons		571	2,012
% 65+ who own a motor vehicle		100.0%	91.0%
% 60+ who always drive wearing a seatbelt		77.4%	77.1%
# of fatal crashes involving adult age 60+/town		0	151
# of fatal crashes involving adult age 60+/county		31	151

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	STATE ESTIMATE
ECONOMIC & HOUSING VARIABLES			
% 65+ with income below the poverty line past year		1.3%	5.4%
% 60+ receiving food stamps past year		0.7%	5.7%
% 65+ employed past year		23.4%	24.8%
Household income (65+ householder)			
% households with annual income < \$20,000		8.0%	18.2%
% households with annual income \$20,000-\$49,999		39.8%	36.5%
% households with annual income > \$50,000		52.3%	45.3%
% 60+ own home		95.4%	79.9%
% 60+ have mortgage on home		54.6%	35.3%
% 65+ households spend >35% of income on housing (renter)		0.0%	8.7%
% 65+ households spend >35% of income on housing (owner)		28.4%	21.2%
COST OF LIVING	\$ COUNTY ESTIMATE	\$ STATE ESTIMATE	RATIO (COUNTY/STATE)
Elder Economic Security Standard Index			
Single, homeowner without mortgage, good health	\$25,536	\$25,284	1.01
Single, renter, good health	\$26,712	\$26,400	1.01
Couple, homeowner without mortgage, good health	\$37,092	\$37,128	1.00
Couple, renter, good health	\$38,268	\$38,244	1.00

## TECHNICAL NOTES

\*See our technical report (online at https://healthyagingdatareports.org/) for more information on data sources, measures, methodology, and margin of errors. For most indicators the reported community and state values are both estimates derived from sample data. Thus, it is possible that some of the differences between state and community estimates may be due to chance associated with population sampling. We use the terms "better" and "worse" to highlight differences between community and state estimates that we are confident are not due to chance. "Better" is used where a higher/lower value has positive implications for the health of older residents. "Worse" is used where a higher/lower score has negative implications for the health of older people, and when the implication is unclear, we use an \*. We balance two goals. First, we aim to report data at very local levels because we believe change is often locally driven. Second, we vowed to protect the privacy of the people providing the information reported. Thus, given the constraints of the data analyzed we used a hierarchical approach to reporting. When possible we report estimates for 244 geographic units (i.e., every NH city/town and 5 Manchester neighborhoods, 4 Nashua neighborhoods). For example, the population characteristics were reported for all 244 units. For other data (i.e., highly prevalent chronic disease, health services utilization) we could report for 154 geographic units. For less prevalent conditions we report for 69 geographic units. For the BRFSS data we report for 28 geographic units, and for the lowest prevalence conditions (e.g., HIV) we report for 4 geographic units. The same estimate is reported for all cities/towns within aggregated geographic areas. Maps of the different geographic groupings and the rationale behind the groupings are in the Technical Report.

## Data Sources:

- Population Characteristics: The U.S. Census Bureau (American Community Survey 2012-2016).
- Wellness & Prevention: The Behavioral Risk Factor Surveillance System (2011-2016).
- Nutrition/Diet: BRFSS (2011-2016), CMS (2014-2015), and the U.S. Department of Agriculture Food Atlas (2017).
- Behavioral Health: BRFSS (2011-2016), CMS (2014-2015), CDC Wonder website (2014-2016).
- Chronic Disease: The Master Beneficiary Summary File ABCD/Other from CMS (2014-2015).
- Disability: CMS (2014-2015) for the clinical measures, and ACS (2012-2016) for the self-reported disability.
- Access to Care: BRFSS (2011-2016), CMS (2015), Medicare.gov (June-July 2018), the NH Division of Public Health Services (2018), National Adult Day Services Association (2018), memorycaredirectory.com (2018), and the Alzheimer's Association (July 2018).
- Service Utilization: CMS (2015), and Medicare Nursing Home Compare (December 2018).
- Community & Civic Engagement: AARP (2018 update; https://www.aarp.org/livable-communities/network-age-friendly-communities/info-2014/member-list.html), the Aging & Disability Resource Center, U.S. Environmental Protection Agency Air Compare (2016), assistedlivingfacilities.org, ACS (2012-2016), the NH Department of Business and Economic Affairs Division of Travel and Tourism Development (August 2018), NH YMCA (July 2018), the Federal Communications Commission (2016), BRFSS (2011-2016), and the NH Secretary of State.
- Safety & Transportation: U.S. Department of Justice Federal Bureau of Investigation (August 2017), the County Health Rankings (2018), BRFSS (2011-2016). ACS (2012-2016), and the National Highway Traffic Safety Administration (2011-2015).
- Economic & Housing, Cost of Living: ACS (2012-2016) and the Center for Social and Demographic Research on Aging at the University of Massachusetts Boston (August 2017).

<u>Healthy Aging Data Report Team.</u> Many people contributed to this research. The 2018 research team: Beth Dugan PhD, Frank Porell PhD, Nina Silverstein PhD, Chae Man Lee PhD, ShuangShuang Wang PhD, Bon Kim, Natalie Pitheckoff, Haowei Wang, Sae Hwang Han, Richard Chunga, & Shiva Prisad from the Gerontology Institute in the McCormack Graduate School of Policy and Global Studies at the University of Massachusetts Boston. The Tufts Health Plan Foundation supported the research and provided important guidance. Our Advisory Committees helped to make the Data Report best address the needs of New Hampshire. We thank JSI for their continued partnership. Questions? Beth.dugan@umb.edu Update: 05/2019