

Hampstead (Rockingham)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Age-sex adjusted 1-year mortality rate		3.8%	[2.81% - 4.73%]	4.1%	[4.02% - 4.19%]
WELLNESS & PREVENTION					
% 60+ with any physical activity within last month		70.1%	[63.05% - 77.10%]	74.5%	[73.36% - 75.59%]
% 60+ met CDC guidelines for muscle-strengthening activity		27.2%	[21.36% - 33.08%]	26.0%	[24.93% - 27.14%]
% 60+ met CDC guidelines for aerobic physical activity		52.0%	[45.41% - 58.64%]	58.6%	[57.33% - 59.82%]
% 60+ met CDC guidelines for both types of physical activities		20.4%	[14.95% - 25.79%]	19.9%	[18.92% - 20.93%]
% 60+ getting recommended hours of sleep		67.5%	[60.64% - 74.30%]	66.4%	[65.16% - 67.60%]
% 60+ injured in a fall within last 12 months		12.3%	[6.99% - 17.64%]	10.4%	[9.65% - 11.16%]
% 65+ had hip fracture	B	2.4%	[1.83% - 2.94%]	3.3%	[3.19% - 3.34%]
% 60+ with self-reported fair or poor health status		13.2%	[8.89% - 17.60%]	16.5%	[15.54% - 17.40%]
% 60+ with 15+ physically unhealthy days last month		12.1%	[7.85% - 16.44%]	12.5%	[11.69% - 13.37%]
% 60+ with physical exam/check-up in past year		87.9%	[82.46% - 93.34%]	86.5%	[85.66% - 87.39%]
% 60+ met CDC preventive health screening goals		47.8%	[38.48% - 57.15%]	40.3%	[38.77% - 41.81%]
% 60+ flu shot past year		67.1%	[60.12% - 74.15%]	59.3%	[58.06% - 60.63%]
% 65+ with pneumonia vaccine		79.7%	[72.76% - 86.58%]	77.8%	[76.56% - 79.12%]
% 60+ with cholesterol screening		96.4%	[94.20% - 98.64%]	95.3%	[94.78% - 95.82%]
% 60+ women with a mammogram within last 2 years	B	88.9%	[82.68% - 95.06%]	79.3%	[77.96% - 80.69%]
% 60+ with colorectal cancer screening		82.5%	[76.01% - 88.90%]	77.0%	[75.92% - 78.16%]
% 60+ with HIV test		16.1%	[10.28% - 21.95%]	13.5%	[12.50% - 14.41%]
% 60+ current smokers		6.1%	[2.99% - 9.21%]	8.1%	[7.38% - 8.79%]
Oral Health					
% 60+ with loss of 6 or more teeth		30.8%	[23.46% - 38.12%]	29.0%	[27.79% - 30.12%]
% 60+ with annual dental exam		80.9%	[74.41% - 87.38%]	75.7%	[74.65% - 76.84%]
NUTRITION/DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		21.6%	[16.19% - 27.09%]	20.2%	[19.23% - 21.21%]
% 60+ self-reported obese		29.0%	[22.62% - 35.34%]	27.2%	[26.03% - 28.35%]
% 65+ clinically diagnosed obese	W	22.2%	[19.86% - 24.61%]	16.7%	[16.56% - 16.94%]
% 65+ with high cholesterol	W	81.2%	[79.06% - 83.42%]	72.2%	[72.01% - 72.44%]
% 60+ excessive drinking		7.8%	[4.08% - 11.48%]	9.2%	[8.45% - 9.94%]

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BEHAVIORAL HEALTH					
% 60+ with 15+ days poor mental health last month		9.4% [4.64% - 14.12%]	6.9% [6.29% - 7.61%]		
% 65+ with depression		27.3% [24.95% - 29.71%]	28.8% [28.59% - 29.01%]		
% 65+ with anxiety disorders		22.7% [20.34% - 24.98%]	21.9% [21.74% - 22.15%]		
% 65+ with bipolar disorders		2.8% [2.11% - 3.46%]	3.1% [2.97% - 3.14%]		
% 65+ with post-traumatic stress disorder		1.4% [0.86% - 1.86%]	1.4% [1.35% - 1.48%]		
% 65+ with schizophrenia & other psychotic disorders	B	3.8% [3.01% - 4.49%]	4.9% [4.81% - 5.02%]		
% 65+ with personality disorders		0.7% [0.31% - 1.01%]	1.1% [1.00% - 1.11%]		
% 65+ with substance use disorders (drug use +/- alcohol abuse)	B	4.0% [2.89% - 5.06%]	5.5% [5.41% - 5.64%]		
% 65+ with tobacco use disorders		9.1% [7.47% - 10.69%]	10.4% [10.23% - 10.54%]		
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	B	8.7% [7.24% - 10.20%]	12.0% [11.89% - 12.19%]		
% 65+ with diabetes		30.3% [27.72% - 32.87%]	28.2% [27.97% - 28.41%]		
% 65+ with stroke		11.2% [9.58% - 12.88%]	10.8% [10.64% - 10.92%]		
% 65+ with chronic obstructive pulmonary disease		22.7% [20.49% - 24.92%]	20.5% [20.36% - 20.73%]		
% 65+ with asthma		15.0% [13.10% - 16.90%]	13.0% [12.89% - 13.21%]		
% 65+ with hypertension	W	78.2% [75.96% - 80.52%]	70.2% [70.02% - 70.46%]		
% 65+ ever had a heart attack		3.7% [2.77% - 4.72%]	4.5% [4.37% - 4.56%]		
% 65+ with ischemic heart disease	W	38.7% [35.96% - 41.40%]	34.3% [34.12% - 34.58%]		
% 65+ with congestive heart failure		19.8% [17.65% - 22.03%]	17.7% [17.57% - 17.93%]		
% 65+ with atrial fibrillation		15.2% [13.29% - 17.06%]	14.4% [14.28% - 14.60%]		
% 65+ with peripheral vascular disease		15.7% [13.69% - 17.62%]	14.7% [14.51% - 14.84%]		
% 65+ with osteoarthritis/rheumatoid arthritis	W	54.3% [51.43% - 57.12%]	49.1% [48.82% - 49.32%]		
% 65+ with osteoporosis		16.3% [14.42% - 18.25%]	17.4% [17.22% - 17.57%]		
% 65+ with leukemias and lymphomas		2.0% [1.43% - 2.50%]	2.0% [1.91% - 2.05%]		
% 65+ with lung cancer		1.7% [1.19% - 2.15%]	1.6% [1.54% - 1.66%]		
% 65+ with colon cancer		2.1% [1.57% - 2.63%]	2.4% [2.37% - 2.51%]		
% 65+ women with breast cancer		8.6% [6.61% - 10.61%]	9.8% [9.59% - 9.96%]		
% 65+ women with endometrial cancer	B	1.0% [0.51% - 1.55%]	1.7% [1.60% - 1.76%]		
% 65+ men with prostate cancer		12.9% [10.27% - 15.52%]	11.5% [11.24% - 11.68%]		
% 65+ with benign prostatic hyperplasia	W	42.1% [38.13% - 46.03%]	36.8% [36.47% - 37.14%]		
% 65+ with HIV/AIDS		0.04% [0.02% - 0.07%]	0.05% [0.04% - 0.06%]		
% 65+ with hypothyroidism		22.5% [20.24% - 24.67%]	20.8% [20.62% - 20.99%]		
% 65+ with anemia	W	42.2% [39.55% - 44.85%]	37.3% [37.12% - 37.57%]		
% 65+ with chronic kidney disease	W	25.2% [22.85% - 27.62%]	22.3% [22.14% - 22.54%]		
% 65+ with liver diseases		8.4% [6.84% - 9.94%]	6.9% [6.75% - 6.99%]		
% 65+ with fibromyalgia, chronic pain and fatigue		20.0% [17.81% - 22.26%]	18.6% [18.42% - 18.80%]		
% 65+ with migraine and other chronic headache		3.4% [2.65% - 4.08%]	4.0% [3.95% - 4.15%]		
% 65+ with epilepsy		2.4% [1.77% - 3.02%]	2.1% [2.00% - 2.14%]		
% 65+ with traumatic brain injury		1.4% [0.93% - 1.87%]	1.1% [1.06% - 1.16%]		

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% 65+ with autism spectrum disorders			N/A	0.03%	[0.02% - 0.04%]
% 65+ with glaucoma	W	26.1%	[23.77% - 28.47%]	22.9%	[22.74% - 23.13%]
% 65+ with cataract		63.0%	[60.34% - 65.65%]	61.2%	[61.00% - 61.47%]
% 65+ with pressure ulcer or chronic ulcer		6.4%	[5.12% - 7.74%]	7.1%	[6.99% - 7.24%]
% 65+ with 4+ (out of 15) chronic conditions	W	59.0%	[56.35% - 61.72%]	54.4%	[54.19% - 54.66%]
% 65+ with 0 chronic conditions	W	6.0%	[4.66% - 7.40%]	10.3%	[10.12% - 10.42%]
LIVING WITH DISABILITY					
% 65+ with clinical diagnosis of deafness or hearing impairment		16.5%	[14.49% - 18.56%]	14.4%	[14.23% - 14.56%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.6%	[0.30% - 0.88%]	0.9%	[0.81% - 0.90%]
% 65+ with clinical diagnosis of mobility impairments		3.0%	[2.34% - 3.68%]	3.2%	[3.14% - 3.31%]
ACCESS TO CARE					
Medicare (65+ population)					
% Medicare managed care enrollees	*	12.2%	[10.73% - 13.74%]	7.9%	[7.8% - 8.02%]
% dually eligible for Medicare and Medicaid	*	3.8%	[2.94% - 4.70%]	7.5%	[7.40% - 7.62%]
% 60+ with a regular doctor		97.2%	[95.16% - 99.25%]	95.8%	[95.34% - 96.33%]
% 60+ who did not see doctor when needed due to cost		2.7%	[0.42% - 4.95%]	5.4%	[4.75% - 5.97%]
SERVICE UTILIZATION					
Physician visits per year	*	8.8	[8.3 - 9.2]	6.3	[6.2 - 6.3]
Emergency room visits/1000 persons 65+ years per year		553	[487 - 618]	572	[566 - 578]
Part D monthly prescription fills per person per year		49.6	[47.3 - 52.0]	49.1	[48.9 - 49.3]
Home health visits per year		2.7	[2.1 - 3.3]	2.5	[2.4 - 2.5]
Durable medical equipment claims per year		2.1	[1.8 - 2.4]	2.0	[2.0 - 2.0]
Inpatient hospital stays/1000 persons 65+ years per year		269	[228 - 309]	237	[234 - 241]
Medicare inpatient hospital readmissions (as % of admissions)		19.7%	[14.60% - 24.86%]	15.8%	[15.41% - 16.22%]
# skilled nursing facility stays/1000 persons 65+ years per year		73	[53 - 92]	76	[74 - 77]
% 65+ getting Medicaid long term services and supports	*	2.0%	[1.33% - 2.60%]	3.7%	[3.59% - 3.74%]
COMMUNITY VARIABLES & CIVIC ENGAGEMENT					
% 60+ who used Internet in last month		80.1%	[74.98% - 85.29%]	77.6%	[76.53% - 78.64%]
SAFETY & TRANSPORTATION					
% 60+ who always drive wearing a seatbelt		83.0%	[76.70% - 89.27%]	77.1%	[76.02% - 78.18%]

Notes. ¹ Community-state differences where the margin of error do not overlap each other are noted B, W, or *.

² All community and state margins of error are 95% confidence intervals.

³ The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

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