

## Hanover (Grafton)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Age-sex adjusted 1-year mortality rate	B	2.6%	[ 1.82% - 3.35% ]	4.1%	[ 4.02% - 4.19% ]
<b>WELLNESS &amp; PREVENTION</b>					
% 60+ with any physical activity within last month	B	84.4%	[ 80.13% - 88.61% ]	74.5%	[ 73.36% - 75.59% ]
% 60+ met CDC guidelines for muscle-strengthening activity		29.9%	[ 24.26% - 35.50% ]	26.0%	[ 24.93% - 27.14% ]
% 60+ met CDC guidelines for aerobic physical activity	B	69.6%	[ 64.21% - 75.03% ]	58.6%	[ 57.33% - 59.82% ]
% 60+ met CDC guidelines for both types of physical activities		23.4%	[ 18.23% - 28.59% ]	19.9%	[ 18.92% - 20.93% ]
% 60+ getting recommended hours of sleep	B	73.6%	[ 68.03% - 79.09% ]	66.4%	[ 65.16% - 67.60% ]
% 60+ injured in a fall within last 12 months		11.4%	[ 7.65% - 15.05% ]	10.4%	[ 9.65% - 11.16% ]
% 65+ had hip fracture		3.2%	[ 2.60% - 3.87% ]	3.3%	[ 3.19% - 3.34% ]
% 60+ with self-reported fair or poor health status		13.9%	[ 9.85% - 17.88% ]	16.5%	[ 15.54% - 17.40% ]
% 60+ with 15+ physically unhealthy days last month		10.4%	[ 6.79% - 14.02% ]	12.5%	[ 11.69% - 13.37% ]
% 60+ with physical exam/check-up in past year		80.9%	[ 75.71% - 86.17% ]	86.5%	[ 85.66% - 87.39% ]
% 60+ met CDC preventive health screening goals		39.7%	[ 32.65% - 46.81% ]	40.3%	[ 38.77% - 41.81% ]
% 60+ flu shot past year		66.1%	[ 60.12% - 72.05% ]	59.3%	[ 58.06% - 60.63% ]
% 65+ with pneumonia vaccine		81.0%	[ 75.06% - 86.92% ]	77.8%	[ 76.56% - 79.12% ]
% 60+ with cholesterol screening		94.5%	[ 91.80% - 97.16% ]	95.3%	[ 94.78% - 95.82% ]
% 60+ women with a mammogram within last 2 years		70.6%	[ 62.98% - 78.20% ]	79.3%	[ 77.96% - 80.69% ]
% 60+ with colorectal cancer screening		74.2%	[ 68.35% - 80.03% ]	77.0%	[ 75.92% - 78.16% ]
% 60+ with HIV test		14.4%	[ 9.70% - 19.14% ]	13.5%	[ 12.50% - 14.41% ]
% 60+ current smokers	B	3.9%	[ 1.43% - 6.34% ]	8.1%	[ 7.38% - 8.79% ]
<b>Oral Health</b>					
% 60+ with loss of 6 or more teeth	B	18.5%	[ 13.84% - 23.18% ]	29.0%	[ 27.79% - 30.12% ]
% 60+ with annual dental exam	B	83.6%	[ 79.11% - 88.06% ]	75.7%	[ 74.65% - 76.84% ]
<b>NUTRITION/DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		25.4%	[ 20.15% - 30.59% ]	20.2%	[ 19.23% - 21.21% ]
% 60+ self-reported obese	B	19.5%	[ 14.37% - 24.68% ]	27.2%	[ 26.03% - 28.35% ]
% 65+ clinically diagnosed obese	B	8.8%	[ 7.10% - 10.55% ]	16.7%	[ 16.56% - 16.94% ]
% 65+ with high cholesterol	B	54.7%	[ 51.91% - 57.43% ]	72.2%	[ 72.01% - 72.44% ]
% 60+ excessive drinking		9.8%	[ 6.28% - 13.25% ]	9.2%	[ 8.45% - 9.94% ]

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<b>BEHAVIORAL HEALTH</b>					
% 60+ with 15+ days poor mental health last month		5.0% [ 2.49% - 7.41% ]	6.9% [ 6.29% - 7.61% ]		
% 65+ with depression		29.5% [ 27.07% - 32.02% ]	28.8% [ 28.59% - 29.01% ]		
% 65+ with anxiety disorders		22.2% [ 19.81% - 24.57% ]	21.9% [ 21.74% - 22.15% ]		
% 65+ with bipolar disorders		2.5% [ 1.85% - 3.18% ]	3.1% [ 2.97% - 3.14% ]		
% 65+ with post-traumatic stress disorder	B	0.7% [ 0.35% - 1.03% ]	1.4% [ 1.35% - 1.48% ]		
% 65+ with schizophrenia & other psychotic disorders	B	3.9% [ 3.18% - 4.67% ]	4.9% [ 4.81% - 5.02% ]		
% 65+ with personality disorders		0.9% [ 0.50% - 1.31% ]	1.1% [ 1.00% - 1.11% ]		
% 65+ with substance use disorders (drug use +/- alcohol abuse)		6.3% [ 4.89% - 7.79% ]	5.5% [ 5.41% - 5.64% ]		
% 65+ with tobacco use disorders	B	3.9% [ 2.83% - 5.07% ]	10.4% [ 10.23% - 10.54% ]		
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias	W	15.9% [ 13.97% - 17.89% ]	12.0% [ 11.89% - 12.19% ]		
% 65+ with diabetes	B	13.7% [ 11.74% - 15.73% ]	28.2% [ 27.97% - 28.41% ]		
% 65+ with stroke		12.5% [ 10.72% - 14.20% ]	10.8% [ 10.64% - 10.92% ]		
% 65+ with chronic obstructive pulmonary disease	B	11.4% [ 9.73% - 13.08% ]	20.5% [ 20.36% - 20.73% ]		
% 65+ with asthma	B	10.7% [ 9.00% - 12.31% ]	13.0% [ 12.89% - 13.21% ]		
% 65+ with hypertension	B	58.5% [ 55.79% - 61.30% ]	70.2% [ 70.02% - 70.46% ]		
% 65+ ever had a heart attack	B	2.6% [ 1.74% - 3.39% ]	4.5% [ 4.37% - 4.56% ]		
% 65+ with ischemic heart disease	B	25.0% [ 22.54% - 27.38% ]	34.3% [ 34.12% - 34.58% ]		
% 65+ with congestive heart failure	B	13.5% [ 11.61% - 15.38% ]	17.7% [ 17.57% - 17.93% ]		
% 65+ with atrial fibrillation		16.1% [ 14.22% - 18.06% ]	14.4% [ 14.28% - 14.60% ]		
% 65+ with peripheral vascular disease		14.4% [ 12.48% - 16.22% ]	14.7% [ 14.51% - 14.84% ]		
% 65+ with osteoarthritis/rheumatoid arthritis	W	54.4% [ 51.45% - 57.44% ]	49.1% [ 48.82% - 49.32% ]		
% 65+ with osteoporosis	W	20.8% [ 18.67% - 22.93% ]	17.4% [ 17.22% - 17.57% ]		
% 65+ with leukemias and lymphomas	W	3.4% [ 2.69% - 4.05% ]	2.0% [ 1.91% - 2.05% ]		
% 65+ with lung cancer	B	1.1% [ 0.70% - 1.48% ]	1.6% [ 1.54% - 1.66% ]		
% 65+ with colon cancer		2.0% [ 1.48% - 2.51% ]	2.4% [ 2.37% - 2.51% ]		
% 65+ women with breast cancer	W	14.2% [ 11.68% - 16.71% ]	9.8% [ 9.59% - 9.96% ]		
% 65+ women with endometrial cancer		1.5% [ 0.90% - 2.10% ]	1.7% [ 1.60% - 1.76% ]		
% 65+ men with prostate cancer	W	16.8% [ 13.78% - 19.92% ]	11.5% [ 11.24% - 11.68% ]		
% 65+ with benign prostatic hyperplasia		36.8% [ 32.79% - 40.78% ]	36.8% [ 36.47% - 37.14% ]		
% 65+ with HIV/AIDS		0.05% [ 0.02% - 0.08% ]	0.05% [ 0.04% - 0.06% ]		
% 65+ with hypothyroidism	W	25.6% [ 23.26% - 27.94% ]	20.8% [ 20.62% - 20.99% ]		
% 65+ with anemia		38.4% [ 35.77% - 41.04% ]	37.3% [ 37.12% - 37.57% ]		
% 65+ with chronic kidney disease	B	14.6% [ 12.62% - 16.60% ]	22.3% [ 22.14% - 22.54% ]		
% 65+ with liver diseases		6.4% [ 4.87% - 7.85% ]	6.9% [ 6.75% - 6.99% ]		
% 65+ with fibromyalgia, chronic pain and fatigue		19.4% [ 17.18% - 21.66% ]	18.6% [ 18.42% - 18.80% ]		
% 65+ with migraine and other chronic headache		4.4% [ 3.55% - 5.23% ]	4.0% [ 3.95% - 4.15% ]		
% 65+ with epilepsy		1.6% [ 1.08% - 2.11% ]	2.1% [ 2.00% - 2.14% ]		
% 65+ with traumatic brain injury		1.0% [ 0.61% - 1.41% ]	1.1% [ 1.06% - 1.16% ]		

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% 65+ with autism spectrum disorders			N/A	0.03%	[ 0.02% - 0.04% ]
% 65+ with glaucoma	W	29.2%	[ 26.71% - 31.62% ]	22.9%	[ 22.74% - 23.13% ]
% 65+ with cataract	W	75.3%	[ 72.73% - 77.82% ]	61.2%	[ 61.00% - 61.47% ]
% 65+ with pressure ulcer or chronic ulcer		7.9%	[ 6.37% - 9.35% ]	7.1%	[ 6.99% - 7.24% ]
% 65+ with 4+ (out of 15) chronic conditions	B	46.9%	[ 44.13% - 49.61% ]	54.4%	[ 54.19% - 54.66% ]
% 65+ with 0 chronic conditions		11.1%	[ 9.26% - 13.03% ]	10.3%	[ 10.12% - 10.42% ]
<b>LIVING WITH DISABILITY</b>					
% 65+ with clinical diagnosis of deafness or hearing impairment	W	26.1%	[ 23.63% - 28.60% ]	14.4%	[ 14.23% - 14.56% ]
% 65+ with clinical diagnosis of blindness or visual impairment		0.6%	[ 0.29% - 0.83% ]	0.9%	[ 0.81% - 0.90% ]
% 65+ with clinical diagnosis of mobility impairments		2.6%	[ 1.95% - 3.20% ]	3.2%	[ 3.14% - 3.31% ]
<b>ACCESS TO CARE</b>					
Medicare (65+ population)					
% Medicare managed care enrollees	*	4.6%	[ 3.58% - 5.61% ]	7.9%	[ 7.8% - 8.02% ]
% dually eligible for Medicare and Medicaid	*	2.5%	[ 1.75% - 3.27% ]	7.5%	[ 7.40% - 7.62% ]
% 60+ with a regular doctor		94.4%	[ 91.46% - 97.40% ]	95.8%	[ 95.34% - 96.33% ]
% 60+ who did not see doctor when needed due to cost		3.8%	[ 1.63% - 5.94% ]	5.4%	[ 4.75% - 5.97% ]
<b>SERVICE UTILIZATION</b>					
Physician visits per year	*	6.7	[ 6.3 - 7.0 ]	6.3	[ 6.2 - 6.3 ]
Emergency room visits/1000 persons 65+ years per year	*	354	[ 305 - 404 ]	572	[ 566 - 578 ]
Part D monthly prescription fills per person per year	*	39.7	[ 37.5 - 41.8 ]	49.1	[ 48.9 - 49.3 ]
Home health visits per year	*	1.3	[ 0.8 - 1.7 ]	2.5	[ 2.4 - 2.5 ]
Durable medical equipment claims per year	*	1.0	[ 0.8 - 1.2 ]	2.0	[ 2.0 - 2.0 ]
Inpatient hospital stays/1000 persons 65+ years per year	*	167	[ 137 - 197 ]	237	[ 234 - 241 ]
Medicare inpatient hospital readmissions (as % of admissions)		14.2%	[ 8.42% - 19.90% ]	15.8%	[ 15.41% - 16.22% ]
# skilled nursing facility stays/1000 persons 65+ years per year		63	[ 46 - 81 ]	76	[ 74 - 77 ]
% 65+ getting Medicaid long term services and supports	*	1.6%	[ 0.98% - 2.20% ]	3.7%	[ 3.59% - 3.74% ]
<b>COMMUNITY VARIABLES &amp; CIVIC ENGAGEMENT</b>					
% 60+ who used Internet in last month	*	84.8%	[ 80.63% - 89.00% ]	77.6%	[ 76.53% - 78.64% ]
<b>SAFETY &amp; TRANSPORTATION</b>					
% 60+ who always drive wearing a seatbelt		82.9%	[ 78.03% - 87.79% ]	77.1%	[ 76.02% - 78.18% ]

Notes. <sup>1</sup> Community-state differences where the margin of error do not overlap each other are noted B, W, or \*.

<sup>2</sup> All community and state margins of error are 95% confidence intervals.

<sup>3</sup> The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

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