

Hinsdale (Cheshire)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Age-sex adjusted 1-year mortality rate		4.4%	[2.77% - 6.12%]	4.1%	[4.02% - 4.19%]
WELLNESS & PREVENTION					
% 60+ with any physical activity within last month		77.1%	[71.88% - 82.37%]	74.5%	[73.36% - 75.59%]
% 60+ met CDC guidelines for muscle-strengthening activity		25.6%	[20.21% - 30.99%]	26.0%	[24.93% - 27.14%]
% 60+ met CDC guidelines for aerobic physical activity		62.7%	[56.76% - 68.67%]	58.6%	[57.33% - 59.82%]
% 60+ met CDC guidelines for both types of physical activities		21.0%	[16.05% - 26.00%]	19.9%	[18.92% - 20.93%]
% 60+ getting recommended hours of sleep		65.4%	[59.50% - 71.24%]	66.4%	[65.16% - 67.60%]
% 60+ injured in a fall within last 12 months		8.0%	[4.71% - 11.25%]	10.4%	[9.65% - 11.16%]
% 65+ had hip fracture		3.0%	[2.38% - 3.72%]	3.3%	[3.19% - 3.34%]
% 60+ with self-reported fair or poor health status		18.1%	[13.14% - 23.05%]	16.5%	[15.54% - 17.40%]
% 60+ with 15+ physically unhealthy days last month		13.1%	[8.54% - 17.68%]	12.5%	[11.69% - 13.37%]
% 60+ with physical exam/check-up in past year	W	79.2%	[74.09% - 84.34%]	86.5%	[85.66% - 87.39%]
% 60+ met CDC preventive health screening goals		39.6%	[32.26% - 46.93%]	40.3%	[38.77% - 41.81%]
% 60+ flu shot past year		58.1%	[51.87% - 64.30%]	59.3%	[58.06% - 60.63%]
% 65+ with pneumonia vaccine		74.2%	[67.79% - 80.57%]	77.8%	[76.56% - 79.12%]
% 60+ with cholesterol screening		95.0%	[92.51% - 97.48%]	95.3%	[94.78% - 95.82%]
% 60+ women with a mammogram within last 2 years		75.0%	[68.54% - 81.41%]	79.3%	[77.96% - 80.69%]
% 60+ with colorectal cancer screening		71.4%	[65.66% - 77.21%]	77.0%	[75.92% - 78.16%]
% 60+ with HIV test		16.7%	[11.75% - 21.63%]	13.5%	[12.50% - 14.41%]
% 60+ current smokers		7.2%	[4.18% - 10.20%]	8.1%	[7.38% - 8.79%]
Oral Health					
% 60+ with loss of 6 or more teeth		29.6%	[24.15% - 35.05%]	29.0%	[27.79% - 30.12%]
% 60+ with annual dental exam	W	66.1%	[60.24% - 71.93%]	75.7%	[74.65% - 76.84%]
NUTRITION/DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		22.2%	[17.09% - 27.23%]	20.2%	[19.23% - 21.21%]
% 60+ self-reported obese		31.4%	[25.24% - 37.53%]	27.2%	[26.03% - 28.35%]
% 65+ clinically diagnosed obese		20.2%	[16.62% - 23.80%]	16.7%	[16.56% - 16.94%]
% 65+ with high cholesterol	B	61.2%	[57.04% - 65.40%]	72.2%	[72.01% - 72.44%]
% 60+ excessive drinking		10.1%	[6.62% - 13.64%]	9.2%	[8.45% - 9.94%]

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BEHAVIORAL HEALTH					
% 60+ with 15+ days poor mental health last month		9.9% [5.90% - 13.95%]	6.9% [6.29% - 7.61%]		
% 65+ with depression		27.0% [23.25% - 30.80%]	28.8% [28.59% - 29.01%]		
% 65+ with anxiety disorders		20.4% [16.80% - 24.04%]	21.9% [21.74% - 22.15%]		
% 65+ with bipolar disorders	B	1.7% [1.08% - 2.22%]	3.1% [2.97% - 3.14%]		
% 65+ with post-traumatic stress disorder		1.2% [0.70% - 1.72%]	1.4% [1.35% - 1.48%]		
% 65+ with schizophrenia & other psychotic disorders	B	2.6% [1.91% - 3.23%]	4.9% [4.81% - 5.02%]		
% 65+ with personality disorders		0.6% [0.26% - 1.01%]	1.1% [1.00% - 1.11%]		
% 65+ with substance use disorders (drug use +/- alcohol abuse)		5.3% [3.28% - 7.23%]	5.5% [5.41% - 5.64%]		
% 65+ with tobacco use disorders		11.8% [8.96% - 14.73%]	10.4% [10.23% - 10.54%]		
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		11.1% [8.46% - 13.80%]	12.0% [11.89% - 12.19%]		
% 65+ with diabetes	W	35.4% [31.10% - 39.67%]	28.2% [27.97% - 28.41%]		
% 65+ with stroke	B	6.8% [4.70% - 8.81%]	10.8% [10.64% - 10.92%]		
% 65+ with chronic obstructive pulmonary disease		19.7% [16.36% - 22.96%]	20.5% [20.36% - 20.73%]		
% 65+ with asthma		11.8% [9.08% - 14.42%]	13.0% [12.89% - 13.21%]		
% 65+ with hypertension		67.7% [63.61% - 71.71%]	70.2% [70.02% - 70.46%]		
% 65+ ever had a heart attack		3.4% [1.91% - 4.83%]	4.5% [4.37% - 4.56%]		
% 65+ with ischemic heart disease	B	28.4% [24.41% - 32.31%]	34.3% [34.12% - 34.58%]		
% 65+ with congestive heart failure		17.8% [14.52% - 21.10%]	17.7% [17.57% - 17.93%]		
% 65+ with atrial fibrillation		11.8% [9.18% - 14.47%]	14.4% [14.28% - 14.60%]		
% 65+ with peripheral vascular disease	B	10.0% [7.55% - 12.48%]	14.7% [14.51% - 14.84%]		
% 65+ with osteoarthritis/rheumatoid arthritis	B	44.0% [39.62% - 48.48%]	49.1% [48.82% - 49.32%]		
% 65+ with osteoporosis		16.9% [13.86% - 20.02%]	17.4% [17.22% - 17.57%]		
% 65+ with leukemias and lymphomas		1.5% [1.01% - 2.07%]	2.0% [1.91% - 2.05%]		
% 65+ with lung cancer		1.2% [0.72% - 1.59%]	1.6% [1.54% - 1.66%]		
% 65+ with colon cancer		2.5% [1.86% - 3.12%]	2.4% [2.37% - 2.51%]		
% 65+ women with breast cancer	B	6.4% [3.66% - 9.23%]	9.8% [9.59% - 9.96%]		
% 65+ women with endometrial cancer		2.0% [1.23% - 2.77%]	1.7% [1.60% - 1.76%]		
% 65+ men with prostate cancer	B	7.9% [4.63% - 11.19%]	11.5% [11.24% - 11.68%]		
% 65+ with benign prostatic hyperplasia	B	27.5% [22.00% - 32.99%]	36.8% [36.47% - 37.14%]		
% 65+ with HIV/AIDS		0.04% [0.02% - 0.07%]	0.05% [0.04% - 0.06%]		
% 65+ with hypothyroidism	W	24.9% [21.29% - 28.49%]	20.8% [20.62% - 20.99%]		
% 65+ with anemia	W	63.5% [59.32% - 67.68%]	37.3% [37.12% - 37.57%]		
% 65+ with chronic kidney disease		20.4% [16.91% - 23.97%]	22.3% [22.14% - 22.54%]		
% 65+ with liver diseases	B	4.6% [2.71% - 6.42%]	6.9% [6.75% - 6.99%]		
% 65+ with fibromyalgia, chronic pain and fatigue	B	13.1% [10.06% - 16.13%]	18.6% [18.42% - 18.80%]		
% 65+ with migraine and other chronic headache		3.9% [3.02% - 4.81%]	4.0% [3.95% - 4.15%]		
% 65+ with epilepsy		1.7% [1.09% - 2.22%]	2.1% [2.00% - 2.14%]		
% 65+ with traumatic brain injury	B	0.5% [0.19% - 0.77%]	1.1% [1.06% - 1.16%]		

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% 65+ with autism spectrum disorders			N/A	0.03%	[0.02% - 0.04%]
% 65+ with glaucoma	B	14.9%	[11.98% - 17.84%]	22.9%	[22.74% - 23.13%]
% 65+ with cataract	B	55.1%	[50.88% - 59.39%]	61.2%	[61.00% - 61.47%]
% 65+ with pressure ulcer or chronic ulcer		6.3%	[4.20% - 8.37%]	7.1%	[6.99% - 7.24%]
% 65+ with 4+ (out of 15) chronic conditions	B	49.4%	[45.14% - 53.63%]	54.4%	[54.19% - 54.66%]
% 65+ with 0 chronic conditions		11.2%	[8.42% - 14.05%]	10.3%	[10.12% - 10.42%]
LIVING WITH DISABILITY					
% 65+ with clinical diagnosis of deafness or hearing impairment	B	10.9%	[8.23% - 13.48%]	14.4%	[14.23% - 14.56%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.7%	[0.34% - 1.02%]	0.9%	[0.81% - 0.90%]
% 65+ with clinical diagnosis of mobility impairments		3.6%	[2.77% - 4.35%]	3.2%	[3.14% - 3.31%]
ACCESS TO CARE					
Medicare (65+ population)					
% Medicare managed care enrollees		9.3%	[7.18% - 11.46%]	7.9%	[7.8% - 8.02%]
% dually eligible for Medicare and Medicaid	*	11.2%	[8.84% - 13.48%]	7.5%	[7.40% - 7.62%]
% 60+ with a regular doctor		94.6%	[91.78% - 97.51%]	95.8%	[95.34% - 96.33%]
% 60+ who did not see doctor when needed due to cost		3.3%	[1.16% - 5.46%]	5.4%	[4.75% - 5.97%]
SERVICE UTILIZATION					
Physician visits per year		5.8	[5.3 - 6.3]	6.3	[6.2 - 6.3]
Emergency room visits/1000 persons 65+ years per year	*	417	[344 - 490]	572	[566 - 578]
Part D monthly prescription fills per person per year		49.2	[45.4 - 53.1]	49.1	[48.9 - 49.3]
Home health visits per year	*	1.2	[0.7 - 1.7]	2.5	[2.4 - 2.5]
Durable medical equipment claims per year		2.2	[1.6 - 2.7]	2.0	[2.0 - 2.0]
Inpatient hospital stays/1000 persons 65+ years per year	*	154	[113 - 196]	237	[234 - 241]
Medicare inpatient hospital readmissions (as % of admissions)	*	9.2%	[3.26% - 15.13%]	15.8%	[15.41% - 16.22%]
# skilled nursing facility stays/1000 persons 65+ years per year	*	43	[23 - 63]	76	[74 - 77]
% 65+ getting Medicaid long term services and supports		3.4%	[2.06% - 4.72%]	3.7%	[3.59% - 3.74%]
COMMUNITY VARIABLES & CIVIC ENGAGEMENT					
% 60+ who used Internet in last month		77.1%	[72.03% - 82.23%]	77.6%	[76.53% - 78.64%]
SAFETY & TRANSPORTATION					
% 60+ who always drive wearing a seatbelt		75.0%	[69.58% - 80.44%]	77.1%	[76.02% - 78.18%]

Notes. ¹ Community-state differences where the margin of error do not overlap each other are noted B, W, or *.

² All community and state margins of error are 95% confidence intervals.

³ The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

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