

## Langdon (Sullivan)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Age-sex adjusted 1-year mortality rate		3.1%	[ 1.91% - 4.37% ]	4.1%	[ 4.02% - 4.19% ]
<b>WELLNESS &amp; PREVENTION</b>					
% 60+ with any physical activity within last month		71.7%	[ 67.23% - 76.10% ]	74.5%	[ 73.36% - 75.59% ]
% 60+ met CDC guidelines for muscle-strengthening activity		26.4%	[ 21.62% - 31.13% ]	26.0%	[ 24.93% - 27.14% ]
% 60+ met CDC guidelines for aerobic physical activity		59.6%	[ 54.26% - 64.88% ]	58.6%	[ 57.33% - 59.82% ]
% 60+ met CDC guidelines for both types of physical activities		20.1%	[ 15.76% - 24.39% ]	19.9%	[ 18.92% - 20.93% ]
% 60+ getting recommended hours of sleep		70.6%	[ 66.26% - 75.03% ]	66.4%	[ 65.16% - 67.60% ]
% 60+ injured in a fall within last 12 months		11.2%	[ 8.63% - 13.84% ]	10.4%	[ 9.65% - 11.16% ]
% 65+ had hip fracture	B	2.5%	[ 1.89% - 3.07% ]	3.3%	[ 3.19% - 3.34% ]
% 60+ with self-reported fair or poor health status		18.1%	[ 14.47% - 21.72% ]	16.5%	[ 15.54% - 17.40% ]
% 60+ with 15+ physically unhealthy days last month		13.5%	[ 10.20% - 16.74% ]	12.5%	[ 11.69% - 13.37% ]
% 60+ with physical exam/check-up in past year		84.8%	[ 81.54% - 88.14% ]	86.5%	[ 85.66% - 87.39% ]
% 60+ met CDC preventive health screening goals		40.7%	[ 34.84% - 46.59% ]	40.3%	[ 38.77% - 41.81% ]
% 60+ flu shot past year		60.6%	[ 55.62% - 65.57% ]	59.3%	[ 58.06% - 60.63% ]
% 65+ with pneumonia vaccine		78.0%	[ 73.23% - 82.81% ]	77.8%	[ 76.56% - 79.12% ]
% 60+ with cholesterol screening		94.1%	[ 91.70% - 96.56% ]	95.3%	[ 94.78% - 95.82% ]
% 60+ women with a mammogram within last 2 years		76.7%	[ 71.52% - 81.92% ]	79.3%	[ 77.96% - 80.69% ]
% 60+ with colorectal cancer screening		73.1%	[ 68.64% - 77.52% ]	77.0%	[ 75.92% - 78.16% ]
% 60+ with HIV test		13.1%	[ 9.92% - 16.36% ]	13.5%	[ 12.50% - 14.41% ]
% 60+ current smokers		7.4%	[ 5.03% - 9.72% ]	8.1%	[ 7.38% - 8.79% ]
<b>Oral Health</b>					
% 60+ with loss of 6 or more teeth		32.8%	[ 28.12% - 37.48% ]	29.0%	[ 27.79% - 30.12% ]
% 60+ with annual dental exam		73.2%	[ 69.17% - 77.29% ]	75.7%	[ 74.65% - 76.84% ]
<b>NUTRITION/DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		18.2%	[ 14.27% - 22.19% ]	20.2%	[ 19.23% - 21.21% ]
% 60+ self-reported obese		31.5%	[ 26.65% - 36.42% ]	27.2%	[ 26.03% - 28.35% ]
% 65+ clinically diagnosed obese		16.7%	[ 13.89% - 19.49% ]	16.7%	[ 16.56% - 16.94% ]
% 65+ with high cholesterol	B	59.8%	[ 56.31% - 63.24% ]	72.2%	[ 72.01% - 72.44% ]
% 60+ excessive drinking		8.2%	[ 5.57% - 10.86% ]	9.2%	[ 8.45% - 9.94% ]

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<b>BEHAVIORAL HEALTH</b>					
% 60+ with 15+ days poor mental health last month		5.6%	[ 3.68% - 7.60% ]	6.9%	[ 6.29% - 7.61% ]
% 65+ with depression		28.3%	[ 25.13% - 31.37% ]	28.8%	[ 28.59% - 29.01% ]
% 65+ with anxiety disorders	B	17.2%	[ 14.44% - 20.06% ]	21.9%	[ 21.74% - 22.15% ]
% 65+ with bipolar disorders	B	2.2%	[ 1.54% - 2.79% ]	3.1%	[ 2.97% - 3.14% ]
% 65+ with post-traumatic stress disorder	B	0.8%	[ 0.38% - 1.16% ]	1.4%	[ 1.35% - 1.48% ]
% 65+ with schizophrenia & other psychotic disorders	B	3.8%	[ 3.06% - 4.61% ]	4.9%	[ 4.81% - 5.02% ]
% 65+ with personality disorders		0.7%	[ 0.34% - 1.06% ]	1.1%	[ 1.00% - 1.11% ]
% 65+ with substance use disorders (drug use +/- alcohol abuse)		4.4%	[ 2.79% - 6.03% ]	5.5%	[ 5.41% - 5.64% ]
% 65+ with tobacco use disorders		9.2%	[ 7.02% - 11.28% ]	10.4%	[ 10.23% - 10.54% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias	W	19.2%	[ 16.37% - 21.96% ]	12.0%	[ 11.89% - 12.19% ]
% 65+ with diabetes	B	23.8%	[ 20.63% - 27.05% ]	28.2%	[ 27.97% - 28.41% ]
% 65+ with stroke		10.1%	[ 8.08% - 12.16% ]	10.8%	[ 10.64% - 10.92% ]
% 65+ with chronic obstructive pulmonary disease	B	15.8%	[ 13.32% - 18.31% ]	20.5%	[ 20.36% - 20.73% ]
% 65+ with asthma	B	9.5%	[ 7.45% - 11.51% ]	13.0%	[ 12.89% - 13.21% ]
% 65+ with hypertension	B	61.6%	[ 58.18% - 65.07% ]	70.2%	[ 70.02% - 70.46% ]
% 65+ ever had a heart attack		4.8%	[ 3.37% - 6.23% ]	4.5%	[ 4.37% - 4.56% ]
% 65+ with ischemic heart disease	B	29.6%	[ 26.23% - 32.91% ]	34.3%	[ 34.12% - 34.58% ]
% 65+ with congestive heart failure		15.9%	[ 13.32% - 18.48% ]	17.7%	[ 17.57% - 17.93% ]
% 65+ with atrial fibrillation		12.8%	[ 10.46% - 15.05% ]	14.4%	[ 14.28% - 14.60% ]
% 65+ with peripheral vascular disease	B	10.3%	[ 8.22% - 12.43% ]	14.7%	[ 14.51% - 14.84% ]
% 65+ with osteoarthritis/rheumatoid arthritis	B	43.7%	[ 40.05% - 47.44% ]	49.1%	[ 48.82% - 49.32% ]
% 65+ with osteoporosis	B	10.3%	[ 8.26% - 12.34% ]	17.4%	[ 17.22% - 17.57% ]
% 65+ with leukemias and lymphomas		1.6%	[ 1.07% - 2.16% ]	2.0%	[ 1.91% - 2.05% ]
% 65+ with lung cancer		1.3%	[ 0.80% - 1.71% ]	1.6%	[ 1.54% - 1.66% ]
% 65+ with colon cancer	B	1.8%	[ 1.27% - 2.31% ]	2.4%	[ 2.37% - 2.51% ]
% 65+ women with breast cancer		7.3%	[ 4.83% - 9.86% ]	9.8%	[ 9.59% - 9.96% ]
% 65+ women with endometrial cancer		1.9%	[ 1.12% - 2.66% ]	1.7%	[ 1.60% - 1.76% ]
% 65+ men with prostate cancer	B	7.5%	[ 4.95% - 10.02% ]	11.5%	[ 11.24% - 11.68% ]
% 65+ with benign prostatic hyperplasia		33.7%	[ 29.12% - 38.34% ]	36.8%	[ 36.47% - 37.14% ]
% 65+ with HIV/AIDS		0.04%	[ 0.02% - 0.07% ]	0.05%	[ 0.04% - 0.06% ]
% 65+ with hypothyroidism	B	17.4%	[ 14.74% - 19.97% ]	20.8%	[ 20.62% - 20.99% ]
% 65+ with anemia	B	32.5%	[ 29.23% - 35.67% ]	37.3%	[ 37.12% - 37.57% ]
% 65+ with chronic kidney disease		22.6%	[ 19.57% - 25.69% ]	22.3%	[ 22.14% - 22.54% ]
% 65+ with liver diseases		6.2%	[ 4.45% - 7.99% ]	6.9%	[ 6.75% - 6.99% ]
% 65+ with fibromyalgia, chronic pain and fatigue	B	14.6%	[ 11.95% - 17.24% ]	18.6%	[ 18.42% - 18.80% ]
% 65+ with migraine and other chronic headache		3.3%	[ 2.52% - 4.07% ]	4.0%	[ 3.95% - 4.15% ]
% 65+ with epilepsy		1.5%	[ 1.04% - 2.01% ]	2.1%	[ 2.00% - 2.14% ]
% 65+ with traumatic brain injury		0.8%	[ 0.44% - 1.15% ]	1.1%	[ 1.06% - 1.16% ]

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% 65+ with autism spectrum disorders			N/A	0.03%	[ 0.02% - 0.04% ]
% 65+ with glaucoma	B	17.1%	[ 14.54% - 19.69% ]	22.9%	[ 22.74% - 23.13% ]
% 65+ with cataract		59.1%	[ 55.65% - 62.63% ]	61.2%	[ 61.00% - 61.47% ]
% 65+ with pressure ulcer or chronic ulcer	B	5.1%	[ 3.49% - 6.70% ]	7.1%	[ 6.99% - 7.24% ]
% 65+ with 4+ (out of 15) chronic conditions	B	45.2%	[ 41.72% - 48.65% ]	54.4%	[ 54.19% - 54.66% ]
% 65+ with 0 chronic conditions	B	14.4%	[ 11.81% - 16.97% ]	10.3%	[ 10.12% - 10.42% ]
<b>LIVING WITH DISABILITY</b>					
% 65+ with clinical diagnosis of deafness or hearing impairment	B	11.6%	[ 9.35% - 13.81% ]	14.4%	[ 14.23% - 14.56% ]
% 65+ with clinical diagnosis of blindness or visual impairment		0.7%	[ 0.39% - 1.04% ]	0.9%	[ 0.81% - 0.90% ]
% 65+ with clinical diagnosis of mobility impairments		3.7%	[ 2.88% - 4.43% ]	3.2%	[ 3.14% - 3.31% ]
<b>ACCESS TO CARE</b>					
Medicare (65+ population)					
% Medicare managed care enrollees		7.3%	[ 5.75% - 8.93% ]	7.9%	[ 7.8% - 8.02% ]
% dually eligible for Medicare and Medicaid	*	5.7%	[ 4.29% - 7.11% ]	7.5%	[ 7.40% - 7.62% ]
% 60+ with a regular doctor		94.3%	[ 92.11% - 96.48% ]	95.8%	[ 95.34% - 96.33% ]
% 60+ who did not see doctor when needed due to cost		4.5%	[ 2.77% - 6.18% ]	5.4%	[ 4.75% - 5.97% ]
<b>SERVICE UTILIZATION</b>					
Physician visits per year	*	5.1	[ 4.7 - 5.5 ]	6.3	[ 6.2 - 6.3 ]
Emergency room visits/1000 persons 65+ years per year		504	[ 429 - 579 ]	572	[ 566 - 578 ]
Part D monthly prescription fills per person per year	*	42.1	[ 39.0 - 45.2 ]	49.1	[ 48.9 - 49.3 ]
Home health visits per year		2.5	[ 1.8 - 3.3 ]	2.5	[ 2.4 - 2.5 ]
Durable medical equipment claims per year		1.8	[ 1.4 - 2.2 ]	2.0	[ 2.0 - 2.0 ]
Inpatient hospital stays/1000 persons 65+ years per year	*	180	[ 143 - 217 ]	237	[ 234 - 241 ]
Medicare inpatient hospital readmissions (as % of admissions)		13.0%	[ 5.76% - 20.27% ]	15.8%	[ 15.41% - 16.22% ]
# skilled nursing facility stays/1000 persons 65+ years per year	*	40	[ 24 - 55 ]	76	[ 74 - 77 ]
% 65+ getting Medicaid long term services and supports	*	1.4%	[ 0.65% - 2.06% ]	3.7%	[ 3.59% - 3.74% ]
<b>COMMUNITY VARIABLES &amp; CIVIC ENGAGEMENT</b>					
% 60+ who used Internet in last month		76.5%	[ 72.56% - 80.42% ]	77.6%	[ 76.53% - 78.64% ]
<b>SAFETY &amp; TRANSPORTATION</b>					
% 60+ who always drive wearing a seatbelt		72.2%	[ 67.81% - 76.57% ]	77.1%	[ 76.02% - 78.18% ]

Notes. <sup>1</sup> Community-state differences where the margin of error do not overlap each other are noted B, W, or \*.

<sup>2</sup> All community and state margins of error are 95% confidence intervals.

<sup>3</sup> The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

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