

Monroe (Grafton)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Age-sex adjusted 1-year mortality rate		5.8%	[3.42% - 8.19%]	4.1%	[4.02% - 4.19%]
WELLNESS & PREVENTION					
% 60+ with any physical activity within last month		73.6%	[65.84% - 81.31%]	74.5%	[73.36% - 75.59%]
% 60+ met CDC guidelines for muscle-strengthening activity		23.8%	[16.42% - 31.24%]	26.0%	[24.93% - 27.14%]
% 60+ met CDC guidelines for aerobic physical activity		55.3%	[46.49% - 64.01%]	58.6%	[57.33% - 59.82%]
% 60+ met CDC guidelines for both types of physical activities		17.3%	[10.93% - 23.67%]	19.9%	[18.92% - 20.93%]
% 60+ getting recommended hours of sleep		64.8%	[56.58% - 73.06%]	66.4%	[65.16% - 67.60%]
% 60+ injured in a fall within last 12 months		9.6%	[4.98% - 14.31%]	10.4%	[9.65% - 11.16%]
% 65+ had hip fracture		3.5%	[2.60% - 4.30%]	3.3%	[3.19% - 3.34%]
% 60+ with self-reported fair or poor health status		18.0%	[11.61% - 24.32%]	16.5%	[15.54% - 17.40%]
% 60+ with 15+ physically unhealthy days last month		16.6%	[10.00% - 23.16%]	12.5%	[11.69% - 13.37%]
% 60+ with physical exam/check-up in past year		83.2%	[76.56% - 89.85%]	86.5%	[85.66% - 87.39%]
% 60+ met CDC preventive health screening goals		38.2%	[28.68% - 47.64%]	40.3%	[38.77% - 41.81%]
% 60+ flu shot past year		52.1%	[43.69% - 60.52%]	59.3%	[58.06% - 60.63%]
% 65+ with pneumonia vaccine		74.9%	[67.21% - 82.59%]	77.8%	[76.56% - 79.12%]
% 60+ with cholesterol screening		92.9%	[88.51% - 97.35%]	95.3%	[94.78% - 95.82%]
% 60+ women with a mammogram within last 2 years		77.0%	[67.08% - 86.85%]	79.3%	[77.96% - 80.69%]
% 60+ with colorectal cancer screening		80.9%	[75.27% - 86.56%]	77.0%	[75.92% - 78.16%]
% 60+ with HIV test		16.2%	[9.42% - 23.00%]	13.5%	[12.50% - 14.41%]
% 60+ current smokers		10.6%	[5.99% - 15.25%]	8.1%	[7.38% - 8.79%]
Oral Health					
% 60+ with loss of 6 or more teeth		33.6%	[26.22% - 40.88%]	29.0%	[27.79% - 30.12%]
% 60+ with annual dental exam		69.2%	[62.16% - 76.20%]	75.7%	[74.65% - 76.84%]
NUTRITION/DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		15.2%	[9.62% - 20.72%]	20.2%	[19.23% - 21.21%]
% 60+ self-reported obese		27.6%	[19.69% - 35.47%]	27.2%	[26.03% - 28.35%]
% 65+ clinically diagnosed obese		20.0%	[15.26% - 24.76%]	16.7%	[16.56% - 16.94%]
% 65+ with high cholesterol	B	65.4%	[60.01% - 70.86%]	72.2%	[72.01% - 72.44%]
% 60+ excessive drinking		7.6%	[3.22% - 12.07%]	9.2%	[8.45% - 9.94%]

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BEHAVIORAL HEALTH					
% 60+ with 15+ days poor mental health last month		8.0% [3.09% - 12.88%]	6.9% [6.29% - 7.61%]		
% 65+ with depression		24.9% [20.10% - 29.73%]	28.8% [28.59% - 29.01%]		
% 65+ with anxiety disorders	B	16.4% [12.12% - 20.60%]	21.9% [21.74% - 22.15%]		
% 65+ with bipolar disorders	B	2.0% [1.29% - 2.74%]	3.1% [2.97% - 3.14%]		
% 65+ with post-traumatic stress disorder		0.9% [0.41% - 1.46%]	1.4% [1.35% - 1.48%]		
% 65+ with schizophrenia & other psychotic disorders		4.9% [3.81% - 5.89%]	4.9% [4.81% - 5.02%]		
% 65+ with personality disorders		1.0% [0.48% - 1.60%]	1.1% [1.00% - 1.11%]		
% 65+ with substance use disorders (drug use +/- alcohol abuse)		5.2% [3.97% - 6.35%]	5.5% [5.41% - 5.64%]		
% 65+ with tobacco use disorders		8.1% [4.84% - 11.28%]	10.4% [10.23% - 10.54%]		
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	B	8.3% [5.26% - 11.26%]	12.0% [11.89% - 12.19%]		
% 65+ with diabetes		25.3% [20.14% - 30.40%]	28.2% [27.97% - 28.41%]		
% 65+ with stroke	B	6.5% [3.83% - 9.12%]	10.8% [10.64% - 10.92%]		
% 65+ with chronic obstructive pulmonary disease		17.2% [13.12% - 21.33%]	20.5% [20.36% - 20.73%]		
% 65+ with asthma		10.7% [7.32% - 14.00%]	13.0% [12.89% - 13.21%]		
% 65+ with hypertension		73.6% [68.55% - 78.70%]	70.2% [70.02% - 70.46%]		
% 65+ ever had a heart attack		6.6% [3.97% - 9.23%]	4.5% [4.37% - 4.56%]		
% 65+ with ischemic heart disease		33.6% [28.11% - 39.13%]	34.3% [34.12% - 34.58%]		
% 65+ with congestive heart failure		16.1% [12.02% - 20.16%]	17.7% [17.57% - 17.93%]		
% 65+ with atrial fibrillation		11.7% [8.23% - 15.12%]	14.4% [14.28% - 14.60%]		
% 65+ with peripheral vascular disease	B	10.6% [7.00% - 14.18%]	14.7% [14.51% - 14.84%]		
% 65+ with osteoarthritis/rheumatoid arthritis		48.8% [42.77% - 54.75%]	49.1% [48.82% - 49.32%]		
% 65+ with osteoporosis		15.5% [11.57% - 19.39%]	17.4% [17.22% - 17.57%]		
% 65+ with leukemias and lymphomas		1.8% [1.17% - 2.48%]	2.0% [1.91% - 2.05%]		
% 65+ with lung cancer		1.3% [0.75% - 1.88%]	1.6% [1.54% - 1.66%]		
% 65+ with colon cancer		2.5% [1.77% - 3.27%]	2.4% [2.37% - 2.51%]		
% 65+ women with breast cancer		14.8% [9.14% - 20.52%]	9.8% [9.59% - 9.96%]		
% 65+ women with endometrial cancer		1.8% [0.96% - 2.67%]	1.7% [1.60% - 1.76%]		
% 65+ men with prostate cancer		9.2% [4.72% - 13.71%]	11.5% [11.24% - 11.68%]		
% 65+ with benign prostatic hyperplasia		33.3% [25.86% - 40.66%]	36.8% [36.47% - 37.14%]		
% 65+ with HIV/AIDS		0.05% [0.02% - 0.08%]	0.05% [0.04% - 0.06%]		
% 65+ with hypothyroidism	B	14.1% [10.33% - 17.84%]	20.8% [20.62% - 20.99%]		
% 65+ with anemia		33.3% [28.10% - 38.47%]	37.3% [37.12% - 37.57%]		
% 65+ with chronic kidney disease		18.2% [13.82% - 22.62%]	22.3% [22.14% - 22.54%]		
% 65+ with liver diseases		7.1% [4.24% - 9.94%]	6.9% [6.75% - 6.99%]		
% 65+ with fibromyalgia, chronic pain and fatigue		17.7% [13.34% - 22.15%]	18.6% [18.42% - 18.80%]		
% 65+ with migraine and other chronic headache		3.5% [2.55% - 4.46%]	4.0% [3.95% - 4.15%]		
% 65+ with epilepsy		1.8% [1.07% - 2.46%]	2.1% [2.00% - 2.14%]		
% 65+ with traumatic brain injury		0.9% [0.41% - 1.36%]	1.1% [1.06% - 1.16%]		

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% 65+ with autism spectrum disorders			N/A	0.03%	[0.02% - 0.04%]
% 65+ with glaucoma		21.0%	[16.44% - 25.46%]	22.9%	[22.74% - 23.13%]
% 65+ with cataract		63.6%	[58.11% - 69.10%]	61.2%	[61.00% - 61.47%]
% 65+ with pressure ulcer or chronic ulcer		4.9%	[2.40% - 7.35%]	7.1%	[6.99% - 7.24%]
% 65+ with 4+ (out of 15) chronic conditions		51.2%	[45.56% - 56.78%]	54.4%	[54.19% - 54.66%]
% 65+ with 0 chronic conditions		8.7%	[5.29% - 12.06%]	10.3%	[10.12% - 10.42%]
LIVING WITH DISABILITY					
% 65+ with clinical diagnosis of deafness or hearing impairment		12.7%	[8.97% - 16.53%]	14.4%	[14.23% - 14.56%]
% 65+ with clinical diagnosis of blindness or visual impairment	B	0.7%	[0.57% - 0.75%]	0.9%	[0.81% - 0.90%]
% 65+ with clinical diagnosis of mobility impairments		3.5%	[2.54% - 4.37%]	3.2%	[3.14% - 3.31%]
ACCESS TO CARE					
Medicare (65+ population)					
% Medicare managed care enrollees		8.5%	[5.70% - 11.22%]	7.9%	[7.8% - 8.02%]
% dually eligible for Medicare and Medicaid	*	3.6%	[1.74% - 5.44%]	7.5%	[7.40% - 7.62%]
% 60+ with a regular doctor		96.4%	[94.19% - 98.69%]	95.8%	[95.34% - 96.33%]
% 60+ who did not see doctor when needed due to cost		9.7%	[4.77% - 14.66%]	5.4%	[4.75% - 5.97%]
SERVICE UTILIZATION					
Physician visits per year	*	3.5	[3.0 - 3.9]	6.3	[6.2 - 6.3]
Emergency room visits/1000 persons 65+ years per year		502	[391 - 612]	572	[566 - 578]
Part D monthly prescription fills per person per year	*	42.7	[38.3 - 47.1]	49.1	[48.9 - 49.3]
Home health visits per year	*	0.7	[0.3 - 1.1]	2.5	[2.4 - 2.5]
Durable medical equipment claims per year		1.6	[1.1 - 2.2]	2.0	[2.0 - 2.0]
Inpatient hospital stays/1000 persons 65+ years per year	*	173	[120 - 227]	237	[234 - 241]
Medicare inpatient hospital readmissions (as % of admissions)	*	7.5%	[1.18% - 13.92%]	15.8%	[15.41% - 16.22%]
# skilled nursing facility stays/1000 persons 65+ years per year		56	[27 - 85]	76	[74 - 77]
% 65+ getting Medicaid long term services and supports	*	1.5%	[0.32% - 2.76%]	3.7%	[3.59% - 3.74%]
COMMUNITY VARIABLES & CIVIC ENGAGEMENT					
% 60+ who used Internet in last month		72.9%	[65.62% - 80.17%]	77.6%	[76.53% - 78.64%]
SAFETY & TRANSPORTATION					
% 60+ who always drive wearing a seatbelt		73.0%	[66.15% - 79.79%]	77.1%	[76.02% - 78.18%]

Notes. ¹ Community-state differences where the margin of error do not overlap each other are noted B, W, or *.

² All community and state margins of error are 95% confidence intervals.

³ The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

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