## Newfields (Rockingham)

<table>
<thead>
<tr>
<th>HEALTHY AGING INDICATORS</th>
<th>BETTER / WORSE STATE RATE</th>
<th>COMMUNITY ESTIMATE</th>
<th>MARGIN OF ERROR²</th>
<th>STATE ESTIMATE</th>
<th>MARGIN OF ERROR²</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>POPULATION CHARACTERISTICS</strong></td>
<td></td>
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</tr>
<tr>
<td>Age-sex adjusted 1-year mortality rate</td>
<td></td>
<td>3.9% [ 2.76% - 4.98% ]</td>
<td>4.1% [ 4.02% - 4.19% ]</td>
<td></td>
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</tr>
<tr>
<td><strong>WELLNESS &amp; PREVENTION</strong></td>
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</tr>
<tr>
<td>% 60+ with any physical activity within last month</td>
<td>B</td>
<td>84.5% [ 79.94% - 89.10% ]</td>
<td>74.5% [ 73.36% - 75.59% ]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% 60+ met CDC guidelines for muscle-strengthening activity</td>
<td>B</td>
<td>37.2% [ 30.96% - 43.49% ]</td>
<td>26.0% [ 24.93% - 27.14% ]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% 60+ met CDC guidelines for aerobic physical activity</td>
<td></td>
<td>60.6% [ 54.08% - 67.04% ]</td>
<td>58.6% [ 57.33% - 59.82% ]</td>
<td></td>
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</tr>
<tr>
<td>% 60+ met CDC guidelines for both types of physical activities</td>
<td>B</td>
<td>29.6% [ 23.79% - 35.46% ]</td>
<td>19.9% [ 18.92% - 20.93% ]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% 60+ getting recommended hours of sleep</td>
<td></td>
<td>65.1% [ 58.24% - 72.04% ]</td>
<td>66.4% [ 65.16% - 67.60% ]</td>
<td></td>
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</tr>
<tr>
<td>% 60+ injured in a fall within last 12 months</td>
<td></td>
<td>9.0% [ 5.48% - 12.51% ]</td>
<td>10.4% [ 9.65% - 11.16% ]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% 65+ had hip fracture</td>
<td>B</td>
<td>2.6% [ 2.10% - 3.18% ]</td>
<td>3.3% [ 3.19% - 3.34% ]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% 60+ with self-reported fair or poor health status</td>
<td></td>
<td>12.8% [ 8.39% - 17.25% ]</td>
<td>16.5% [ 15.54% - 17.40% ]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% 60+ with 15+ physically unhealthy days last month</td>
<td></td>
<td>9.6% [ 5.84% - 13.37% ]</td>
<td>12.5% [ 11.69% - 13.37% ]</td>
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</tr>
<tr>
<td>% 60+ with physical exam/check-up in past year</td>
<td></td>
<td>90.9% [ 87.11% - 94.66% ]</td>
<td>88.5% [ 85.66% - 87.39% ]</td>
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</tr>
<tr>
<td>% 60+ met CDC preventive health screening goals</td>
<td></td>
<td>45.0% [ 37.21% - 52.78% ]</td>
<td>40.3% [ 38.77% - 41.81% ]</td>
<td></td>
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</tr>
<tr>
<td>% 60+ flu shot past year</td>
<td></td>
<td>59.3% [ 52.85% - 65.85% ]</td>
<td>59.3% [ 58.06% - 60.63% ]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% 65+ with pneumonia vaccine</td>
<td></td>
<td>79.5% [ 73.64% - 85.41% ]</td>
<td>77.8% [ 76.56% - 79.12% ]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% 60+ with cholesterol screening</td>
<td></td>
<td>96.9% [ 95.01% - 98.89% ]</td>
<td>95.3% [ 94.78% - 95.82% ]</td>
<td></td>
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</tr>
<tr>
<td>% 60+ women with a mammogram within last 2 years</td>
<td></td>
<td>80.6% [ 73.46% - 87.66% ]</td>
<td>79.3% [ 77.96% - 80.69% ]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% 60+ with colorectal cancer screening</td>
<td></td>
<td>82.4% [ 77.48% - 87.40% ]</td>
<td>77.0% [ 75.92% - 78.16% ]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% 60+ with HIV test</td>
<td></td>
<td>12.6% [ 7.46% - 17.73% ]</td>
<td>13.5% [ 12.50% - 14.41% ]</td>
<td></td>
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<tr>
<td>% 60+ current smokers</td>
<td></td>
<td>6.4% [ 3.41% - 9.46% ]</td>
<td>8.1% [ 7.38% - 8.79% ]</td>
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<tr>
<td><strong>Oral Health</strong></td>
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<tr>
<td>% 60+ with loss of 6 or more teeth</td>
<td>B</td>
<td>20.4% [ 14.88% - 25.87% ]</td>
<td>29.0% [ 27.79% - 30.12% ]</td>
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<td></td>
</tr>
<tr>
<td>% 60+ with annual dental exam</td>
<td>B</td>
<td>85.1% [ 79.58% - 90.59% ]</td>
<td>75.7% [ 74.65% - 76.84% ]</td>
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<tr>
<td><strong>NUTRITION/DIET</strong></td>
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<tr>
<td>% 60+ with 5 or more servings of fruit or vegetables per day</td>
<td></td>
<td>26.9% [ 21.13% - 32.69% ]</td>
<td>20.2% [ 19.23% - 21.21% ]</td>
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<tr>
<td>% 60+ self-reported obese</td>
<td></td>
<td>21.1% [ 15.57% - 26.53% ]</td>
<td>27.2% [ 26.03% - 28.35% ]</td>
<td></td>
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</tr>
<tr>
<td>% 65+ clinically diagnosed obese</td>
<td>B</td>
<td>13.8% [ 11.74% - 15.95% ]</td>
<td>16.7% [ 16.56% - 16.94% ]</td>
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<td></td>
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<tr>
<td>% 65+ with high cholesterol</td>
<td>B</td>
<td>68.7% [ 65.91% - 71.53% ]</td>
<td>72.2% [ 72.01% - 72.44% ]</td>
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<tr>
<td>% 60+ excessive drinking</td>
<td></td>
<td>9.5% [ 5.46% - 13.52% ]</td>
<td>9.2% [ 8.45% - 9.94% ]</td>
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### HEALTHY AGING INDICATORS

#### BEHAVIORAL HEALTH

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Better</th>
<th>Worse</th>
<th>Community Estimate</th>
<th>State Estimate</th>
<th>Margin of Error²</th>
</tr>
</thead>
<tbody>
<tr>
<td>% 60+ with 15+ days poor mental health last month</td>
<td>5.8%</td>
<td>6.9%</td>
<td>[ 2.67% - 8.98% ]</td>
<td>[ 6.29% - 7.61% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with depression</td>
<td>22.3%</td>
<td>28.8%</td>
<td>[ 19.92% - 24.74% ]</td>
<td>[ 28.59% - 29.01% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with anxiety disorders</td>
<td>19.7%</td>
<td>21.9%</td>
<td>[ 17.30% - 22.12% ]</td>
<td>[ 21.74% - 22.15% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with bipolar disorders</td>
<td>1.9%</td>
<td>3.1%</td>
<td>[ 1.34% - 2.39% ]</td>
<td>[ 2.97% - 3.14% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with post-traumatic stress disorder</td>
<td>1.3%</td>
<td>1.4%</td>
<td>[ 0.87% - 1.78% ]</td>
<td>[ 1.35% - 1.48% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with schizophrenia &amp; other psychotic disorders</td>
<td>3.8%</td>
<td>4.9%</td>
<td>[ 3.12% - 4.52% ]</td>
<td>[ 4.81% - 5.02% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with personality disorders</td>
<td>0.8%</td>
<td>1.1%</td>
<td>[ 0.42% - 1.11% ]</td>
<td>[ 1.00% - 1.11% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with substance use disorders (drug use /or alcohol abuse)</td>
<td>4.5%</td>
<td>5.5%</td>
<td>[ 3.26% - 5.73% ]</td>
<td>[ 5.41% - 5.64% ]</td>
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</tbody>
</table>

#### CHRONIC DISEASE

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Better</th>
<th>Worse</th>
<th>Community Estimate</th>
<th>State Estimate</th>
<th>Margin of Error²</th>
</tr>
</thead>
<tbody>
<tr>
<td>% 65+ with Alzheimer’s disease or related dementias</td>
<td>9.3%</td>
<td>12.0%</td>
<td>[ 7.71% - 10.98% ]</td>
<td>[ 11.89% - 12.19% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with diabetes</td>
<td>22.2%</td>
<td>28.2%</td>
<td>[ 19.69% - 24.78% ]</td>
<td>[ 27.97% - 28.41% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with stroke</td>
<td>8.4%</td>
<td>10.8%</td>
<td>[ 6.82% - 9.96% ]</td>
<td>[ 10.64% - 10.92% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with chronic obstructive pulmonary disease</td>
<td>15.9%</td>
<td>20.5%</td>
<td>[ 13.84% - 18.04% ]</td>
<td>[ 20.36% - 20.73% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with asthma</td>
<td>9.5%</td>
<td>13.0%</td>
<td>[ 7.84% - 11.24% ]</td>
<td>[ 12.89% - 13.21% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with hypertension</td>
<td>66.2%</td>
<td>70.2%</td>
<td>[ 63.38% - 69.06% ]</td>
<td>[ 70.02% - 70.46% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ ever had a heart attack</td>
<td>4.1%</td>
<td>4.5%</td>
<td>[ 2.97% - 5.24% ]</td>
<td>[ 4.37% - 4.56% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with ischemic heart disease</td>
<td>30.9%</td>
<td>34.3%</td>
<td>[ 28.10% - 33.66% ]</td>
<td>[ 34.12% - 34.58% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with congestive heart failure</td>
<td>11.6%</td>
<td>17.7%</td>
<td>[ 9.74% - 13.52% ]</td>
<td>[ 17.57% - 17.93% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with atrial fibrillation</td>
<td>13.8%</td>
<td>14.4%</td>
<td>[ 11.79% - 15.72% ]</td>
<td>[ 14.28% - 14.60% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with peripheral vascular disease</td>
<td>11.9%</td>
<td>14.7%</td>
<td>[ 10.01% - 13.74% ]</td>
<td>[ 14.51% - 14.84% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with osteoarthritis/rheumatoid arthritis</td>
<td>44.9%</td>
<td>49.1%</td>
<td>[ 41.82% - 47.97% ]</td>
<td>[ 48.82% - 49.32% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with osteoporosis</td>
<td>15.7%</td>
<td>17.4%</td>
<td>[ 13.68% - 17.81% ]</td>
<td>[ 17.22% - 17.57% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with leukemias and lymphomas</td>
<td>1.9%</td>
<td>2.0%</td>
<td>[ 1.42% - 2.44% ]</td>
<td>[ 1.91% - 2.05% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with lung cancer</td>
<td>1.4%</td>
<td>1.6%</td>
<td>[ 0.98% - 1.79% ]</td>
<td>[ 1.54% - 1.66% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with colon cancer</td>
<td>2.2%</td>
<td>2.4%</td>
<td>[ 1.69% - 2.71% ]</td>
<td>[ 2.37% - 2.51% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ women with breast cancer</td>
<td>11.4%</td>
<td>9.8%</td>
<td>[ 8.89% - 13.83% ]</td>
<td>[ 9.59% - 9.96% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ women with endometrial cancer</td>
<td>1.6%</td>
<td>1.7%</td>
<td>[ 0.96% - 2.16% ]</td>
<td>[ 1.60% - 1.76% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ men with prostate cancer</td>
<td>10.8%</td>
<td>11.5%</td>
<td>[ 8.14% - 13.39% ]</td>
<td>[ 11.24% - 11.68% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with benign prostatic hyperplasia</td>
<td>33.7%</td>
<td>36.8%</td>
<td>[ 29.64% - 37.76% ]</td>
<td>[ 36.47% - 37.14% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with HIV/AIDS</td>
<td>0.04%</td>
<td>0.05%</td>
<td>[ 0.02% - 0.06% ]</td>
<td>[ 0.04% - 0.06% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with hypothyroidism</td>
<td>18.8%</td>
<td>20.8%</td>
<td>[ 16.52% - 21.01% ]</td>
<td>[ 20.62% - 20.99% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with anemia</td>
<td>31.8%</td>
<td>37.3%</td>
<td>[ 29.16% - 34.53% ]</td>
<td>[ 37.12% - 37.57% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with chronic kidney disease</td>
<td>17.4%</td>
<td>22.3%</td>
<td>[ 15.12% - 19.59% ]</td>
<td>[ 22.14% - 22.54% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with liver diseases</td>
<td>6.8%</td>
<td>6.9%</td>
<td>[ 5.25% - 8.30% ]</td>
<td>[ 6.75% - 6.99% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with fibromyalgia, chronic pain and fatigue</td>
<td>15.9%</td>
<td>18.6%</td>
<td>[ 13.71% - 18.13% ]</td>
<td>[ 18.42% - 18.80% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with migraine and other chronic headache</td>
<td>3.9%</td>
<td>4.0%</td>
<td>[ 3.18% - 4.65% ]</td>
<td>[ 3.95% - 4.15% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with epilepsy</td>
<td>2.0%</td>
<td>2.1%</td>
<td>[ 1.51% - 2.56% ]</td>
<td>[ 2.00% - 2.14% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with traumatic brain injury</td>
<td>0.8%</td>
<td>1.1%</td>
<td>[ 0.51% - 1.18% ]</td>
<td>[ 1.06% - 1.16% ]</td>
<td></td>
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<tr>
<td>HEALTHY AGING INDICATORS</td>
<td>BETTER / WORSE STATE RATE</td>
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<tr>
<td>% 65+ with autism spectrum disorders</td>
<td>N/A</td>
<td>0.03%</td>
<td>[ 0.02% - 0.04% ]</td>
<td></td>
<td></td>
</tr>
<tr>
<td>% 65+ with glaucoma</td>
<td>20.5%</td>
<td>[ 18.13% - 22.79% ]</td>
<td>22.9%</td>
<td>[ 22.74% - 23.13% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with cataract</td>
<td>B 55.1%</td>
<td>[ 52.11% - 58.04% ]</td>
<td>61.2%</td>
<td>[ 61.00% - 61.47% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with pressure ulcer or chronic ulcer</td>
<td>B 5.6%</td>
<td>[ 4.29% - 6.88% ]</td>
<td>7.1%</td>
<td>[ 6.99% - 7.24% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with 4+ (out of 15) chronic conditions</td>
<td>B 46.3%</td>
<td>[ 43.38% - 49.24% ]</td>
<td>54.4%</td>
<td>[ 54.19% - 54.66% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with 0 chronic conditions</td>
<td>12.3%</td>
<td>[ 10.24% - 14.29% ]</td>
<td>10.3%</td>
<td>[ 10.12% - 10.42% ]</td>
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LIVING WITH DISABILITY

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<tr>
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<th>BETTER / WORSE STATE RATE</th>
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<tbody>
<tr>
<td>% 65+ with clinical diagnosis of deafness or hearing impairment</td>
<td>15.1%</td>
<td>[ 13.02% - 17.24% ]</td>
<td>14.4%</td>
<td>[ 14.23% - 14.56% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with clinical diagnosis of blindness or visual impairment</td>
<td>0.5%</td>
<td>[ 0.27% - 0.83% ]</td>
<td>0.9%</td>
<td>[ 0.81% - 0.90% ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ with clinical diagnosis of mobility impairments</td>
<td>2.8%</td>
<td>[ 2.17% - 3.36% ]</td>
<td>3.2%</td>
<td>[ 3.14% - 3.31% ]</td>
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ACCESS TO CARE

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<tr>
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<th>BETTER / WORSE STATE RATE</th>
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<tbody>
<tr>
<td>Medicare (65+ population)</td>
<td></td>
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</tr>
<tr>
<td>% Medicare managed care enrollees</td>
<td>6.8%</td>
<td>[ 5.49% - 8.09% ]</td>
<td>7.9%</td>
<td>[ 7.8% - 8.02% ]</td>
<td></td>
</tr>
<tr>
<td>% dually eligible for Medicare and Medicaid</td>
<td>*</td>
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</tr>
<tr>
<td>% 60+ with a regular doctor</td>
<td>97.4%</td>
<td>[ 95.22% - 99.64% ]</td>
<td>95.8%</td>
<td>[ 95.34% - 96.33% ]</td>
<td></td>
</tr>
<tr>
<td>% 60+ who did not see doctor when needed due to cost</td>
<td>2.6%</td>
<td>[ 0.32% - 4.83% ]</td>
<td>5.4%</td>
<td>[ 4.75% - 5.97% ]</td>
<td></td>
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SERVICE UTILIZATION

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<thead>
<tr>
<th>SERVICE UTILIZATION</th>
<th>BETTER / WORSE STATE RATE</th>
<th>COMMUNITY ESTIMATE</th>
<th>MARGIN OF ERROR</th>
<th>STATE ESTIMATE</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Physician visits per year</td>
<td>*</td>
<td>7.2</td>
<td>[ 6.8 - 7.7 ]</td>
<td>6.3</td>
<td>[ 6.2 - 6.3 ]</td>
</tr>
<tr>
<td>Emergency room visits/1000 persons 65+ years per year</td>
<td>507</td>
<td>[ 433 - 582 ]</td>
<td>572</td>
<td>[ 566 - 578 ]</td>
<td></td>
</tr>
<tr>
<td>Part D monthly prescription fills per person per year</td>
<td>*</td>
<td>42.8</td>
<td>[ 40.4 - 45.2 ]</td>
<td>49.1</td>
<td>[ 48.9 - 49.3 ]</td>
</tr>
<tr>
<td>Home health visits per year</td>
<td>2.3</td>
<td>[ 1.6 - 3.0 ]</td>
<td>2.5</td>
<td>[ 2.4 - 2.5 ]</td>
<td></td>
</tr>
<tr>
<td>Durable medical equipment claims per year</td>
<td>1.6</td>
<td>[ 1.3 - 2.0 ]</td>
<td>2.0</td>
<td>[ 2.0 - 2.0 ]</td>
<td></td>
</tr>
<tr>
<td>Inpatient hospital stays/1000 persons 65+ years per year</td>
<td>216</td>
<td>[ 174 - 257 ]</td>
<td>237</td>
<td>[ 234 - 241 ]</td>
<td></td>
</tr>
<tr>
<td>Medicare inpatient hospital readmissions (as % of admissions)</td>
<td>17.9%</td>
<td>[ 12.72% - 23.00% ]</td>
<td>15.8%</td>
<td>[ 15.41% - 16.22% ]</td>
<td></td>
</tr>
<tr>
<td># skilled nursing facility stays/1000 persons 65+ years per year</td>
<td>63</td>
<td>[ 44 - 83 ]</td>
<td>76</td>
<td>[ 74 - 77 ]</td>
<td></td>
</tr>
<tr>
<td>% 65+ getting Medicaid long term services and supports</td>
<td>*</td>
<td>1.2%</td>
<td>[ 0.67% - 1.82% ]</td>
<td>3.7%</td>
<td>[ 3.59% - 3.74% ]</td>
</tr>
</tbody>
</table>

COMMUNITY VARIABLES & CIVIC ENGAGEMENT

<table>
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<tbody>
<tr>
<td>% 60+ who used Internet in last month</td>
<td>*</td>
<td>86.3%</td>
<td>[ 82.13% - 90.46% ]</td>
<td>77.6%</td>
<td>[ 76.53% - 78.64% ]</td>
</tr>
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</table>

SAFETY & TRANSPORTATION

<table>
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<tr>
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<tr>
<td>% 60+ who always drive wearing a seatbelt</td>
<td>83.7%</td>
<td>[ 78.05% - 89.38% ]</td>
<td>77.1%</td>
<td>[ 76.02% - 78.18% ]</td>
<td></td>
</tr>
</tbody>
</table>

Notes. 1 Community-state differences where the margin of error do not overlap each other are noted B, W, or *. 2 All community and state margins of error are 95% confidence intervals. The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

Questions or suggestions? Beth.Dugan@umb.edu