

Newington (Rockingham)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Age-sex adjusted 1-year mortality rate		4.7%	[2.89% - 6.42%]	4.1%	[4.02% - 4.19%]
WELLNESS & PREVENTION					
% 60+ with any physical activity within last month		81.4%	[75.46% - 87.34%]	74.5%	[73.36% - 75.59%]
% 60+ met CDC guidelines for muscle-strengthening activity	B	35.7%	[27.97% - 43.39%]	26.0%	[24.93% - 27.14%]
% 60+ met CDC guidelines for aerobic physical activity		66.6%	[58.64% - 74.49%]	58.6%	[57.33% - 59.82%]
% 60+ met CDC guidelines for both types of physical activities	B	29.8%	[22.69% - 36.94%]	19.9%	[18.92% - 20.93%]
% 60+ getting recommended hours of sleep		72.7%	[65.11% - 80.22%]	66.4%	[65.16% - 67.60%]
% 60+ injured in a fall within last 12 months		10.4%	[5.94% - 14.80%]	10.4%	[9.65% - 11.16%]
% 65+ had hip fracture		3.3%	[2.54% - 4.03%]	3.3%	[3.19% - 3.34%]
% 60+ with self-reported fair or poor health status		16.1%	[10.45% - 21.80%]	16.5%	[15.54% - 17.40%]
% 60+ with 15+ physically unhealthy days last month		10.4%	[5.86% - 14.96%]	12.5%	[11.69% - 13.37%]
% 60+ with physical exam/check-up in past year		88.8%	[83.97% - 93.71%]	86.5%	[85.66% - 87.39%]
% 60+ met CDC preventive health screening goals		40.6%	[31.01% - 50.24%]	40.3%	[38.77% - 41.81%]
% 60+ flu shot past year		57.9%	[49.75% - 65.98%]	59.3%	[58.06% - 60.63%]
% 65+ with pneumonia vaccine		78.2%	[71.06% - 85.36%]	77.8%	[76.56% - 79.12%]
% 60+ with cholesterol screening		97.3%	[95.35% - 99.28%]	95.3%	[94.78% - 95.82%]
% 60+ women with a mammogram within last 2 years		85.6%	[78.22% - 92.97%]	79.3%	[77.96% - 80.69%]
% 60+ with colorectal cancer screening	B	84.7%	[79.18% - 90.12%]	77.0%	[75.92% - 78.16%]
% 60+ with HIV test		14.9%	[8.50% - 21.26%]	13.5%	[12.50% - 14.41%]
% 60+ current smokers		7.3%	[3.42% - 11.08%]	8.1%	[7.38% - 8.79%]
Oral Health					
% 60+ with loss of 6 or more teeth		23.1%	[16.45% - 29.79%]	29.0%	[27.79% - 30.12%]
% 60+ with annual dental exam		81.8%	[75.68% - 87.92%]	75.7%	[74.65% - 76.84%]
NUTRITION/DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		23.7%	[17.33% - 30.13%]	20.2%	[19.23% - 21.21%]
% 60+ self-reported obese		20.1%	[13.80% - 26.33%]	27.2%	[26.03% - 28.35%]
% 65+ clinically diagnosed obese		14.8%	[11.74% - 17.78%]	16.7%	[16.56% - 16.94%]
% 65+ with high cholesterol		69.8%	[65.96% - 73.61%]	72.2%	[72.01% - 72.44%]
% 60+ excessive drinking	W	16.2%	[10.27% - 22.03%]	9.2%	[8.45% - 9.94%]

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BEHAVIORAL HEALTH					
% 60+ with 15+ days poor mental health last month		6.4% [3.02% - 9.69%]	6.9% [6.29% - 7.61%]		
% 65+ with depression		25.5% [22.02% - 29.08%]	28.8% [28.59% - 29.01%]		
% 65+ with anxiety disorders		19.5% [16.19% - 22.82%]	21.9% [21.74% - 22.15%]		
% 65+ with bipolar disorders		2.3% [1.61% - 3.01%]	3.1% [2.97% - 3.14%]		
% 65+ with post-traumatic stress disorder	B	0.6% [0.28% - 1.00%]	1.4% [1.35% - 1.48%]		
% 65+ with schizophrenia & other psychotic disorders	B	4.0% [3.13% - 4.81%]	4.9% [4.81% - 5.02%]		
% 65+ with personality disorders	B	0.6% [0.26% - 1.00%]	1.1% [1.00% - 1.11%]		
% 65+ with substance use disorders (drug use +/- alcohol abuse)		4.5% [2.78% - 6.29%]	5.5% [5.41% - 5.64%]		
% 65+ with tobacco use disorders		8.4% [6.03% - 10.76%]	10.4% [10.23% - 10.54%]		
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		10.2% [7.70% - 12.65%]	12.0% [11.89% - 12.19%]		
% 65+ with diabetes		27.4% [23.67% - 31.22%]	28.2% [27.97% - 28.41%]		
% 65+ with stroke	B	7.1% [5.07% - 9.14%]	10.8% [10.64% - 10.92%]		
% 65+ with chronic obstructive pulmonary disease	B	16.1% [13.15% - 19.06%]	20.5% [20.36% - 20.73%]		
% 65+ with asthma	B	8.9% [6.60% - 11.21%]	13.0% [12.89% - 13.21%]		
% 65+ with hypertension		67.5% [63.62% - 71.45%]	70.2% [70.02% - 70.46%]		
% 65+ ever had a heart attack	B	2.7% [1.39% - 4.01%]	4.5% [4.37% - 4.56%]		
% 65+ with ischemic heart disease		35.4% [31.31% - 39.42%]	34.3% [34.12% - 34.58%]		
% 65+ with congestive heart failure		14.7% [11.79% - 17.63%]	17.7% [17.57% - 17.93%]		
% 65+ with atrial fibrillation		13.1% [10.38% - 15.78%]	14.4% [14.28% - 14.60%]		
% 65+ with peripheral vascular disease	B	11.7% [9.07% - 14.34%]	14.7% [14.51% - 14.84%]		
% 65+ with osteoarthritis/rheumatoid arthritis		47.2% [42.91% - 51.54%]	49.1% [48.82% - 49.32%]		
% 65+ with osteoporosis		15.1% [12.22% - 17.91%]	17.4% [17.22% - 17.57%]		
% 65+ with leukemias and lymphomas		1.8% [1.20% - 2.37%]	2.0% [1.91% - 2.05%]		
% 65+ with lung cancer		1.3% [0.79% - 1.77%]	1.6% [1.54% - 1.66%]		
% 65+ with colon cancer		1.9% [1.29% - 2.45%]	2.4% [2.37% - 2.51%]		
% 65+ women with breast cancer		10.3% [7.03% - 13.65%]	9.8% [9.59% - 9.96%]		
% 65+ women with endometrial cancer		1.2% [0.59% - 1.88%]	1.7% [1.60% - 1.76%]		
% 65+ men with prostate cancer		12.7% [8.67% - 16.77%]	11.5% [11.24% - 11.68%]		
% 65+ with benign prostatic hyperplasia	B	30.8% [25.27% - 36.32%]	36.8% [36.47% - 37.14%]		
% 65+ with HIV/AIDS		0.04% [0.02% - 0.06%]	0.05% [0.04% - 0.06%]		
% 65+ with hypothyroidism		22.2% [18.87% - 25.61%]	20.8% [20.62% - 20.99%]		
% 65+ with anemia		36.4% [32.50% - 40.31%]	37.3% [37.12% - 37.57%]		
% 65+ with chronic kidney disease		19.3% [16.01% - 22.66%]	22.3% [22.14% - 22.54%]		
% 65+ with liver diseases	B	4.1% [2.42% - 5.79%]	6.9% [6.75% - 6.99%]		
% 65+ with fibromyalgia, chronic pain and fatigue		20.4% [16.98% - 23.77%]	18.6% [18.42% - 18.80%]		
% 65+ with migraine and other chronic headache		4.0% [3.14% - 4.87%]	4.0% [3.95% - 4.15%]		
% 65+ with epilepsy	B	1.3% [0.83% - 1.83%]	2.1% [2.00% - 2.14%]		
% 65+ with traumatic brain injury		1.2% [0.78% - 1.68%]	1.1% [1.06% - 1.16%]		

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% 65+ with autism spectrum disorders			N/A	0.03%	[0.02% - 0.04%]
% 65+ with glaucoma		22.0%	[18.63% - 25.33%]	22.9%	[22.74% - 23.13%]
% 65+ with cataract	B	55.1%	[51.04% - 59.25%]	61.2%	[61.00% - 61.47%]
% 65+ with pressure ulcer or chronic ulcer	B	5.0%	[3.29% - 6.77%]	7.1%	[6.99% - 7.24%]
% 65+ with 4+ (out of 15) chronic conditions		51.9%	[47.78% - 56.00%]	54.4%	[54.19% - 54.66%]
% 65+ with 0 chronic conditions		13.3%	[10.39% - 16.12%]	10.3%	[10.12% - 10.42%]
LIVING WITH DISABILITY					
% 65+ with clinical diagnosis of deafness or hearing impairment		12.5%	[9.82% - 15.18%]	14.4%	[14.23% - 14.56%]
% 65+ with clinical diagnosis of blindness or visual impairment		0.5%	[0.23% - 0.82%]	0.9%	[0.81% - 0.90%]
% 65+ with clinical diagnosis of mobility impairments		2.9%	[2.19% - 3.62%]	3.2%	[3.14% - 3.31%]
ACCESS TO CARE					
Medicare (65+ population)					
% Medicare managed care enrollees	*	4.6%	[3.06% - 6.20%]	7.9%	[7.8% - 8.02%]
% dually eligible for Medicare and Medicaid	*	2.6%	[1.42% - 3.79%]	7.5%	[7.40% - 7.62%]
% 60+ with a regular doctor		95.2%	[91.64% - 98.67%]	95.8%	[95.34% - 96.33%]
% 60+ who did not see doctor when needed due to cost		5.4%	[1.32% - 9.56%]	5.4%	[4.75% - 5.97%]
SERVICE UTILIZATION					
Physician visits per year	*	7.4	[6.8 - 7.9]	6.3	[6.2 - 6.3]
Emergency room visits/1000 persons 65+ years per year	*	399	[326 - 471]	572	[566 - 578]
Part D monthly prescription fills per person per year	*	44.5	[40.6 - 48.4]	49.1	[48.9 - 49.3]
Home health visits per year		1.9	[1.2 - 2.6]	2.5	[2.4 - 2.5]
Durable medical equipment claims per year		1.8	[1.3 - 2.2]	2.0	[2.0 - 2.0]
Inpatient hospital stays/1000 persons 65+ years per year		220	[172 - 268]	237	[234 - 241]
Medicare inpatient hospital readmissions (as % of admissions)		15.5%	[9.36% - 21.65%]	15.8%	[15.41% - 16.22%]
# skilled nursing facility stays/1000 persons 65+ years per year		57	[30 - 85]	76	[74 - 77]
% 65+ getting Medicaid long term services and supports	*	1.9%	[0.87% - 2.89%]	3.7%	[3.59% - 3.74%]
COMMUNITY VARIABLES & CIVIC ENGAGEMENT					
% 60+ who used Internet in last month		75.1%	[68.19% - 82.00%]	77.6%	[76.53% - 78.64%]
SAFETY & TRANSPORTATION					
% 60+ who always drive wearing a seatbelt		80.9%	[74.99% - 86.89%]	77.1%	[76.02% - 78.18%]

Notes. ¹ Community-state differences where the margin of error do not overlap each other are noted B, W, or *.

² All community and state margins of error are 95% confidence intervals.

³ The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

Questions or suggestions? Beth.Dugan@umb.edu