North Hampton (Rockingham)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	WORSE COMMUNITY MARGIN OF STATE ESTIMATE ERROR ²			STATE ESTIMATE		MARGIN OF ERROR ²		
POPULATION CHARACTERISTICS									
Age-sex adjusted 1-year mortality rate		3.6%	[2.43% - 4.82%]	4.1%	[4.02% -	4.19%	
WELLNESS & PREVENTION									
% 60+ with any physical activity within last month	В	84.5%	[79.94% - 89.10%]	74.5%	[73.36% -	75.59%	
% 60+ met CDC guidelines for muscle-strengthening activity	В	37.2%	[30.96% - 43.49%]	26.0%	[24.93% -	27.14%	
% 60+ met CDC guidelines for aerobic physical activity		60.6%	[54.08% - 67.04%]	58.6%	[57.33% -	59.82%	
% 60+ met CDC guidelines for both types of physical activities	В	29.6%	[23.79% - 35.46%]	19.9%	[18.92% -	20.93%	
% 60+ getting recommended hours of sleep		65.1%	[58.24% - 72.04%]	66.4%	[65.16% -	67.60%	
% 60+ injured in a fall within last 12 months		9.0%	[5.48% - 12.51%]	10.4%	[9.65% -	11.16%	
% 65+ had hip fracture	В	2.6%	[2.10% - 3.18%]	3.3%	[3.19% -	3.34%	
% 60+ with self-reported fair or poor health status		12.8%	[8.39% - 17.25%]	16.5%	[15.54% -	17.40%	
% 60+ with 15+ physically unhealthy days last month		9.6%	[5.84% - 13.37%]	12.5%	[11.69% -	13.37%	
% 60+ with physical exam/check-up in past year		90.9%	[87.11% - 94.66%]	86.5%	[85.66% -	87.39%	
% 60+ met CDC preventive health screening goals		45.0%	[37.21% - 52.78%]	40.3%	[38.77% -	41.81%	
% 60+ flu shot past year		59.3%	[52.85% - 65.85%]	59.3%	[58.06% -	60.63%	
% 65+ with pneumonia vaccine		79.5%	[73.64% - 85.41%]	77.8%	[76.56% -	79.12%	
% 60+ with cholesterol screening		96.9%	[95.01% - 98.89%]	95.3%	[94.78% -	95.82%	
% 60+ women with a mammogram within last 2 years		80.6%	[73.46% - 87.66%]	79.3%	[77.96% -	80.69%	
% 60+ with colorectal cancer screening		82.4%	[77.48% - 87.40%]	77.0%	[75.92% -	78.16%	
% 60+ with HIV test		12.6%	[7.46% - 17.73%]	13.5%	[12.50% -	14.41%	
% 60+ current smokers		6.4%	[3.41% - 9.46%]	8.1%	[7.38% -	8.79%	
Oral Health									
% 60+ with loss of 6 or more teeth	В	20.4%	[14.88% - 25.87%]	29.0%	[27.79% -	30.12%	
% 60+ with annual dental exam	В	85.1%	[79.58% - 90.59%]	75.7%	[74.65% -	76.84%	
NUTRITION/DIET									
% 60+ with 5 or more servings of fruit or vegetables per day		26.9%	[21.13% - 32.69%]	20.2%	[19.23% -	21.21%	
% 60+ self-reported obese		21.1%	[15.57% - 26.53%]	27.2%	[26.03% -	28.35%	
% 65+ clinically diagnosed obese		15.7%	[13.22% - 18.28%]	16.7%	[16.56% -	16.94%	
% 65+ with high cholesterol		71.1%	[68.10% - 74.13%]	72.2%	[72.01% -	72.44%	
% 60+ excessive drinking		9.5%	[5.46% - 13.52%]	9.2%	[8.45% -	9.94%	

% 65+ with anxiety disorders 21.8% [18.95% - 24.57%] 21.9% [21.749 % 65+ with bipolar disorders B 1.9% [1.34% - 2.39%] 3.1% [2.979 % 65+ with post-traumatic stress disorder 1.3% [0.87% - 1.78%] 1.4% [1.359 % 65+ with post-traumatic stress disorders B 3.8% [3.12% - 4.52%] 4.9% [4.819 % 65+ with schizophrenia & other psychotic disorders B 3.8% [0.42% - 1.11%] 1.1% [1.009 % 65+ with personality disorders 0.8% [0.42% - 1.11%] 1.1% [1.009 % 65+ with substance use disorders (drug use +/or alcohol abuse) B 3.8% [2.53% - 5.11%] 5.5% [5.419 % 65+ with tobacco use disorders 9.8% [7.70% - 11.82%] 10.4% [10.239 CHRONIC DISEASE	6 - 29.01%] 6 - 22.15%] 6 - 3.14%] 6 - 1.48%] 6 - 5.02%] 6 - 1.11%]
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% 65+ with ischamic heart disease 36 50/ [22 350/ 28 740/] 24 30/ [24 400	6 - 4.56%]
70 00 mit isonomic field uisease 50.5% [52.23% - 50.14%] 54.12%	6 - 34.58%]
% 65+ with congestive heart failure 16.7% [14.28% - 19.22%] 17.7% [17.57%	6 - 17.93%]
% 65+ with atrial fibrillation 13.9% [11.73% - 16.08%] 14.4% [14.28%	6 - 14.60%]
% 65+ with peripheral vascular disease 13.9% [11.68% - 16.16%] 14.7% [14.51%	6 - 14.84%]
% 65+ with osteoarthritis/rheumatoid arthritis 46.2% [42.77% - 49.66%] 49.1% [48.82%	6 - 49.32%]
% 65+ with osteoporosis 16.5% [14.19% - 18.84%] 17.4% [17.22%	6 - 17.57%]
% 65+ with leukemias and lymphomas 1.9% [1.42% - 2.44%] 2.0% [1.91%	% - 2.05%]
% 65+ with lung cancer 1.4% [0.98% - 1.79%] 1.6% [1.54%	% - 1.66%]
% 65+ with colon cancer 2.2% [1.69% - 2.71%] 2.4% [2.37%	% - 2.51%]
% 65+ women with breast cancer 10.1% 7.51% - 12.74% 9.8% 9.59%	% - 9.96%]
% 65+ women with endometrial cancer 1.6% [0.96% - 2.16%] 1.7% [1.60%	6 - 1.76%]
% 65+ men with prostate cancer 12.2% [9.10% - 15.32%] 11.5% [11.24%	6 - 11.68%]
% 65+ with benign prostatic hyperplasia 35.5% [30.97% - 40.08%] 36.8% [36.47%	6 - 37.14%]
% 65+ with HIV/AIDS 0.04% [0.02% - 0.06%] 0.05% [0.04%	6 - 0.06%]
% 65+ with hypothyroidism 20.0% [17.44% - 22.55%] 20.8% [20.62%	6 - 20.99%]
% 65+ with anemia 35.5% [32.44% - 38.57%] 37.3% [37.12%	6 - 37.57%]
% 65+ with chronic kidney disease 19.5% [16.89% - 22.18%] 22.3% [22.14%	6 - 22.54%]
% 65+ with liver diseases 6.9% [5.25% - 8.63%] 6.9% [6.75%	6.99%]
% 65+ with fibromyalgia, chronic pain and fatigue 19.8% [17.14% - 22.50%] 18.6% [18.42%	6 - 18.80%]
% 65+ with migraine and other chronic headache 3.9% [3.18% - 4.65%] 4.0% [3.95%	6 - 4.15%]
% 65+ with epilepsy 2.0% [1.51% - 2.56%] 2.1% [2.009	
% 65+ with traumatic brain injury 0.8% [0.51% - 1.18%] 1.1% [1.06%	% - 2.14%]

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% 65+ with cataract 60.8% 57.62% 64.08% 61.2% 64.1% % 65+ with pressure ulcer or chronic ulcer 6.8% 5.19% 8.48% 7.1% 6.54 % 65+ with 4+ (out of 15) chronic conditions B 48.4% [45.20% 51.70%] 54.4% [54.3%] % 65+ with 0 chronic conditions 9.8% [7.76% 11.82%] 10.3% [10.7] LIVING WITH DISABILITY * * * 65+ with clinical diagnosis of deafness or hearing impairment B 11.9% 9.78% 14.07% 14.4% [14.2% % 65+ with clinical diagnosis of mobility impairments 2.8% [2.17% 3.36%] 3.2% [3.3] ACCESS TO CARE * * 4.6% [3.41% 5.88%] 7.9% [7.7% % 60+ who did not see doctor when needed due to cost 2.6% 0.32% 4.83% 5.4% [9.5.3% % 60+ who did not see doctor when needed due to cost 2.6% 7.9 6.3 [6.3] [6.2] SERVICE UTILIZATION * 1.42% 1.42% 5.61 5.72 [5.7] Part D monthly prescription fills per person per ye	02% - 0.04%
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% 65+ with 0 chronic conditions 9.8% 7.76% - 11.82% 10.3% 10.1 LIVING WITH DISABILITY * 8.65+ with clinical diagnosis of deafness or hearing impairment B 11.9% 9.78% - 14.07% 14.4% 14.4 % 65+ with clinical diagnosis of blindness or visual impairment 0.5% 0.27% - 0.83% 0.9% 0.0 % 65+ with clinical diagnosis of mobility impairments 2.8% 2.17% - 3.36% 3.2% 3.3 ACCESS TO CARE * 4.6% 3.41% - 5.88% 7.9% 7.7 % dedicare managed care enrollees * 4.6% 9.52% - 99.64% 95.8% 95.3 % 60+ with a regular doctor 97.4% 95.22% - 99.64% 95.8% 95.3 6.4 4.3 SERVICE UTILIZATION * 7.5 7.0 - 7.9 6.3 6. Physician visits per year * 7.5 7.0 - 7.9 6.3 6. Emergency room visits/1000 persons 65+ years per year * 7.5 7.0 - 7.9 6.3 6. Physician visits per year * 7.5 7.0 - 7.9 6.3 6. 2. Purable medical equipment claims per ye	99% - 7.24%
LIVING WITH DISABILITY % 65+ with clinical diagnosis of deafness or visual impairment B 11.9% [9.76% - 14.07%] 14.4% [14.2 % 65+ with clinical diagnosis of blindness or visual impairment 0.5% [0.27% - 0.83%] 0.9% [0.8 % 65+ with clinical diagnosis of mobility impairments 2.8% [2.17% - 3.36%] 3.2% [3.1 ACCESS TO CARE Nedicare managed care enrollees * 4.6% [3.41% - 5.88%] 7.9% [7.4% % 60+ with a regular doctor 97.4% [95.22% - 99.64%] 95.8% [95.3% % 60+ who did not see doctor when needed due to cost 2.6% [0.32% - 4.83%] 5.4% [4.17 SERVICE UTILIZATION Nonsits per year * 7.5 [7.0 - 7.9] 6.3 [6. Emergency room visits/1000 persons 65+ years per year * 7.5 [7.0 - 7.9] 6.3 [6. Part D monthly prescription fills per person per year * 7.5 [7.0 - 7.9] 6.3 [6. Part D monthly prescription fills per year 2.3 [1.7 - 3.0] 2.5 [2. 2. Durable medical equipment claims per year 1.3 (1.7 - 3.0] 2.5 [2. Inpati	19% - 54.66%
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% 60+ who used Internet in last month * 86.3% [82.13% - 90.46%] 77.6% [76.5	59% - 3.74%
SAFETY & TRANSPORTATION	53% - 78.64%
% 60+ who always drive wearing a seatbelt 83.7% [78.05% - 89.38%] 77.1% [76.0	02% - 78.18%

Notes. ¹ Community-state differences where the margin of error do not overlap each other are noted B, W, or *.
 ² All community and state margins of error are 95% confidence intervals.
 ³ The margin of erroe of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

Questions or suggestions? Beth.Dugan@umb.edu