

## North Hampton (Rockingham)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Age-sex adjusted 1-year mortality rate		3.6%	[ 2.43% - 4.82% ]	4.1%	[ 4.02% - 4.19% ]
<b>WELLNESS &amp; PREVENTION</b>					
% 60+ with any physical activity within last month	B	84.5%	[ 79.94% - 89.10% ]	74.5%	[ 73.36% - 75.59% ]
% 60+ met CDC guidelines for muscle-strengthening activity	B	37.2%	[ 30.96% - 43.49% ]	26.0%	[ 24.93% - 27.14% ]
% 60+ met CDC guidelines for aerobic physical activity		60.6%	[ 54.08% - 67.04% ]	58.6%	[ 57.33% - 59.82% ]
% 60+ met CDC guidelines for both types of physical activities	B	29.6%	[ 23.79% - 35.46% ]	19.9%	[ 18.92% - 20.93% ]
% 60+ getting recommended hours of sleep		65.1%	[ 58.24% - 72.04% ]	66.4%	[ 65.16% - 67.60% ]
% 60+ injured in a fall within last 12 months		9.0%	[ 5.48% - 12.51% ]	10.4%	[ 9.65% - 11.16% ]
% 65+ had hip fracture	B	2.6%	[ 2.10% - 3.18% ]	3.3%	[ 3.19% - 3.34% ]
% 60+ with self-reported fair or poor health status		12.8%	[ 8.39% - 17.25% ]	16.5%	[ 15.54% - 17.40% ]
% 60+ with 15+ physically unhealthy days last month		9.6%	[ 5.84% - 13.37% ]	12.5%	[ 11.69% - 13.37% ]
% 60+ with physical exam/check-up in past year		90.9%	[ 87.11% - 94.66% ]	86.5%	[ 85.66% - 87.39% ]
% 60+ met CDC preventive health screening goals		45.0%	[ 37.21% - 52.78% ]	40.3%	[ 38.77% - 41.81% ]
% 60+ flu shot past year		59.3%	[ 52.85% - 65.85% ]	59.3%	[ 58.06% - 60.63% ]
% 65+ with pneumonia vaccine		79.5%	[ 73.64% - 85.41% ]	77.8%	[ 76.56% - 79.12% ]
% 60+ with cholesterol screening		96.9%	[ 95.01% - 98.89% ]	95.3%	[ 94.78% - 95.82% ]
% 60+ women with a mammogram within last 2 years		80.6%	[ 73.46% - 87.66% ]	79.3%	[ 77.96% - 80.69% ]
% 60+ with colorectal cancer screening		82.4%	[ 77.48% - 87.40% ]	77.0%	[ 75.92% - 78.16% ]
% 60+ with HIV test		12.6%	[ 7.46% - 17.73% ]	13.5%	[ 12.50% - 14.41% ]
% 60+ current smokers		6.4%	[ 3.41% - 9.46% ]	8.1%	[ 7.38% - 8.79% ]
<b>Oral Health</b>					
% 60+ with loss of 6 or more teeth	B	20.4%	[ 14.88% - 25.87% ]	29.0%	[ 27.79% - 30.12% ]
% 60+ with annual dental exam	B	85.1%	[ 79.58% - 90.59% ]	75.7%	[ 74.65% - 76.84% ]
<b>NUTRITION/DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		26.9%	[ 21.13% - 32.69% ]	20.2%	[ 19.23% - 21.21% ]
% 60+ self-reported obese		21.1%	[ 15.57% - 26.53% ]	27.2%	[ 26.03% - 28.35% ]
% 65+ clinically diagnosed obese		15.7%	[ 13.22% - 18.28% ]	16.7%	[ 16.56% - 16.94% ]
% 65+ with high cholesterol		71.1%	[ 68.10% - 74.13% ]	72.2%	[ 72.01% - 72.44% ]
% 60+ excessive drinking		9.5%	[ 5.46% - 13.52% ]	9.2%	[ 8.45% - 9.94% ]

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<b>BEHAVIORAL HEALTH</b>					
% 60+ with 15+ days poor mental health last month		5.8% [ 2.67% - 8.98% ]	6.9% [ 6.29% - 7.61% ]		
% 65+ with depression	B	24.9% [ 22.14% - 27.70% ]	28.8% [ 28.59% - 29.01% ]		
% 65+ with anxiety disorders		21.8% [ 18.95% - 24.57% ]	21.9% [ 21.74% - 22.15% ]		
% 65+ with bipolar disorders	B	1.9% [ 1.34% - 2.39% ]	3.1% [ 2.97% - 3.14% ]		
% 65+ with post-traumatic stress disorder		1.3% [ 0.87% - 1.78% ]	1.4% [ 1.35% - 1.48% ]		
% 65+ with schizophrenia & other psychotic disorders	B	3.8% [ 3.12% - 4.52% ]	4.9% [ 4.81% - 5.02% ]		
% 65+ with personality disorders		0.8% [ 0.42% - 1.11% ]	1.1% [ 1.00% - 1.11% ]		
% 65+ with substance use disorders (drug use +/- alcohol abuse)	B	3.8% [ 2.53% - 5.11% ]	5.5% [ 5.41% - 5.64% ]		
% 65+ with tobacco use disorders		9.8% [ 7.70% - 11.82% ]	10.4% [ 10.23% - 10.54% ]		
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias	B	8.0% [ 6.31% - 9.74% ]	12.0% [ 11.89% - 12.19% ]		
% 65+ with diabetes	B	23.9% [ 20.96% - 26.74% ]	28.2% [ 27.97% - 28.41% ]		
% 65+ with stroke		9.8% [ 7.97% - 11.66% ]	10.8% [ 10.64% - 10.92% ]		
% 65+ with chronic obstructive pulmonary disease	B	17.5% [ 15.05% - 19.86% ]	20.5% [ 20.36% - 20.73% ]		
% 65+ with asthma	B	9.1% [ 7.27% - 10.89% ]	13.0% [ 12.89% - 13.21% ]		
% 65+ with hypertension		70.3% [ 67.27% - 73.34% ]	70.2% [ 70.02% - 70.46% ]		
% 65+ ever had a heart attack		3.4% [ 2.29% - 4.59% ]	4.5% [ 4.37% - 4.56% ]		
% 65+ with ischemic heart disease		35.5% [ 32.25% - 38.74% ]	34.3% [ 34.12% - 34.58% ]		
% 65+ with congestive heart failure		16.7% [ 14.28% - 19.22% ]	17.7% [ 17.57% - 17.93% ]		
% 65+ with atrial fibrillation		13.9% [ 11.73% - 16.08% ]	14.4% [ 14.28% - 14.60% ]		
% 65+ with peripheral vascular disease		13.9% [ 11.68% - 16.16% ]	14.7% [ 14.51% - 14.84% ]		
% 65+ with osteoarthritis/rheumatoid arthritis		46.2% [ 42.77% - 49.66% ]	49.1% [ 48.82% - 49.32% ]		
% 65+ with osteoporosis		16.5% [ 14.19% - 18.84% ]	17.4% [ 17.22% - 17.57% ]		
% 65+ with leukemias and lymphomas		1.9% [ 1.42% - 2.44% ]	2.0% [ 1.91% - 2.05% ]		
% 65+ with lung cancer		1.4% [ 0.98% - 1.79% ]	1.6% [ 1.54% - 1.66% ]		
% 65+ with colon cancer		2.2% [ 1.69% - 2.71% ]	2.4% [ 2.37% - 2.51% ]		
% 65+ women with breast cancer		10.1% [ 7.51% - 12.74% ]	9.8% [ 9.59% - 9.96% ]		
% 65+ women with endometrial cancer		1.6% [ 0.96% - 2.16% ]	1.7% [ 1.60% - 1.76% ]		
% 65+ men with prostate cancer		12.2% [ 9.10% - 15.32% ]	11.5% [ 11.24% - 11.68% ]		
% 65+ with benign prostatic hyperplasia		35.5% [ 30.97% - 40.08% ]	36.8% [ 36.47% - 37.14% ]		
% 65+ with HIV/AIDS		0.04% [ 0.02% - 0.06% ]	0.05% [ 0.04% - 0.06% ]		
% 65+ with hypothyroidism		20.0% [ 17.44% - 22.55% ]	20.8% [ 20.62% - 20.99% ]		
% 65+ with anemia		35.5% [ 32.44% - 38.57% ]	37.3% [ 37.12% - 37.57% ]		
% 65+ with chronic kidney disease		19.5% [ 16.89% - 22.18% ]	22.3% [ 22.14% - 22.54% ]		
% 65+ with liver diseases		6.9% [ 5.25% - 8.63% ]	6.9% [ 6.75% - 6.99% ]		
% 65+ with fibromyalgia, chronic pain and fatigue		19.8% [ 17.14% - 22.50% ]	18.6% [ 18.42% - 18.80% ]		
% 65+ with migraine and other chronic headache		3.9% [ 3.18% - 4.65% ]	4.0% [ 3.95% - 4.15% ]		
% 65+ with epilepsy		2.0% [ 1.51% - 2.56% ]	2.1% [ 2.00% - 2.14% ]		
% 65+ with traumatic brain injury		0.8% [ 0.51% - 1.18% ]	1.1% [ 1.06% - 1.16% ]		

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% 65+ with autism spectrum disorders			N/A	0.03%	[ 0.02% - 0.04% ]
% 65+ with glaucoma	B	19.1%	[ 16.59% - 21.59% ]	22.9%	[ 22.74% - 23.13% ]
% 65+ with cataract		60.8%	[ 57.62% - 64.08% ]	61.2%	[ 61.00% - 61.47% ]
% 65+ with pressure ulcer or chronic ulcer		6.8%	[ 5.19% - 8.48% ]	7.1%	[ 6.99% - 7.24% ]
% 65+ with 4+ (out of 15) chronic conditions	B	48.4%	[ 45.20% - 51.70% ]	54.4%	[ 54.19% - 54.66% ]
% 65+ with 0 chronic conditions		9.8%	[ 7.76% - 11.82% ]	10.3%	[ 10.12% - 10.42% ]
<b>LIVING WITH DISABILITY</b>					
% 65+ with clinical diagnosis of deafness or hearing impairment	B	11.9%	[ 9.78% - 14.07% ]	14.4%	[ 14.23% - 14.56% ]
% 65+ with clinical diagnosis of blindness or visual impairment		0.5%	[ 0.27% - 0.83% ]	0.9%	[ 0.81% - 0.90% ]
% 65+ with clinical diagnosis of mobility impairments		2.8%	[ 2.17% - 3.36% ]	3.2%	[ 3.14% - 3.31% ]
<b>ACCESS TO CARE</b>					
Medicare (65+ population)					
% Medicare managed care enrollees	*	4.6%	[ 3.41% - 5.88% ]	7.9%	[ 7.8% - 8.02% ]
% dually eligible for Medicare and Medicaid	*	2.9%	[ 1.96% - 3.94% ]	7.5%	[ 7.40% - 7.62% ]
% 60+ with a regular doctor		97.4%	[ 95.22% - 99.64% ]	95.8%	[ 95.34% - 96.33% ]
% 60+ who did not see doctor when needed due to cost		2.6%	[ 0.32% - 4.83% ]	5.4%	[ 4.75% - 5.97% ]
<b>SERVICE UTILIZATION</b>					
Physician visits per year	*	7.5	[ 7.0 - 7.9 ]	6.3	[ 6.2 - 6.3 ]
Emergency room visits/1000 persons 65+ years per year	*	491	[ 421 - 561 ]	572	[ 566 - 578 ]
Part D monthly prescription fills per person per year	*	43.9	[ 41.1 - 46.8 ]	49.1	[ 48.9 - 49.3 ]
Home health visits per year		2.3	[ 1.7 - 3.0 ]	2.5	[ 2.4 - 2.5 ]
Durable medical equipment claims per year		1.7	[ 1.3 - 2.1 ]	2.0	[ 2.0 - 2.0 ]
Inpatient hospital stays/1000 persons 65+ years per year		203	[ 168 - 239 ]	237	[ 234 - 241 ]
Medicare inpatient hospital readmissions (as % of admissions)		14.1%	[ 8.62% - 19.50% ]	15.8%	[ 15.41% - 16.22% ]
# skilled nursing facility stays/1000 persons 65+ years per year		59	[ 41 - 76 ]	76	[ 74 - 77 ]
% 65+ getting Medicaid long term services and supports	*	1.2%	[ 0.53% - 1.79% ]	3.7%	[ 3.59% - 3.74% ]
<b>COMMUNITY VARIABLES &amp; CIVIC ENGAGEMENT</b>					
% 60+ who used Internet in last month	*	86.3%	[ 82.13% - 90.46% ]	77.6%	[ 76.53% - 78.64% ]
<b>SAFETY &amp; TRANSPORTATION</b>					
% 60+ who always drive wearing a seatbelt		83.7%	[ 78.05% - 89.38% ]	77.1%	[ 76.02% - 78.18% ]

Notes. <sup>1</sup> Community-state differences where the margin of error do not overlap each other are noted B, W, or \*.

<sup>2</sup> All community and state margins of error are 95% confidence intervals.

<sup>3</sup> The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

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