

Roxbury (Cheshire)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Age-sex adjusted 1-year mortality rate		4.3%	[3.72% - 4.89%]	4.1%	[4.02% - 4.19%]
WELLNESS & PREVENTION					
% 60+ with any physical activity within last month		78.6%	[72.49% - 84.67%]	74.5%	[73.36% - 75.59%]
% 60+ met CDC guidelines for muscle-strengthening activity		26.3%	[18.91% - 33.75%]	26.0%	[24.93% - 27.14%]
% 60+ met CDC guidelines for aerobic physical activity		57.7%	[48.58% - 66.77%]	58.6%	[57.33% - 59.82%]
% 60+ met CDC guidelines for both types of physical activities		20.8%	[14.00% - 27.69%]	19.9%	[18.92% - 20.93%]
% 60+ getting recommended hours of sleep		66.2%	[58.76% - 73.74%]	66.4%	[65.16% - 67.60%]
% 60+ injured in a fall within last 12 months		7.9%	[4.30% - 11.43%]	10.4%	[9.65% - 11.16%]
% 65+ had hip fracture		3.9%	[3.31% - 4.53%]	3.3%	[3.19% - 3.34%]
% 60+ with self-reported fair or poor health status		16.2%	[10.75% - 21.65%]	16.5%	[15.54% - 17.40%]
% 60+ with 15+ physically unhealthy days last month		11.7%	[6.49% - 16.98%]	12.5%	[11.69% - 13.37%]
% 60+ with physical exam/check-up in past year	W	74.9%	[68.17% - 81.67%]	86.5%	[85.66% - 87.39%]
% 60+ met CDC preventive health screening goals		35.2%	[26.50% - 43.86%]	40.3%	[38.77% - 41.81%]
% 60+ flu shot past year		63.3%	[56.06% - 70.61%]	59.3%	[58.06% - 60.63%]
% 65+ with pneumonia vaccine		71.9%	[63.61% - 80.13%]	77.8%	[76.56% - 79.12%]
% 60+ with cholesterol screening		97.2%	[94.96% - 99.42%]	95.3%	[94.78% - 95.82%]
% 60+ women with a mammogram within last 2 years	W	67.6%	[58.15% - 76.97%]	79.3%	[77.96% - 80.69%]
% 60+ with colorectal cancer screening		76.7%	[70.22% - 83.11%]	77.0%	[75.92% - 78.16%]
% 60+ with HIV test		12.0%	[6.89% - 17.02%]	13.5%	[12.50% - 14.41%]
% 60+ current smokers		8.2%	[4.26% - 12.24%]	8.1%	[7.38% - 8.79%]
Oral Health					
% 60+ with loss of 6 or more teeth		27.3%	[20.96% - 33.56%]	29.0%	[27.79% - 30.12%]
% 60+ with annual dental exam		80.4%	[74.82% - 86.07%]	75.7%	[74.65% - 76.84%]
NUTRITION/DIET					
% 60+ with 5 or more servings of fruit or vegetables per day		26.4%	[17.94% - 34.78%]	20.2%	[19.23% - 21.21%]
% 60+ self-reported obese		29.5%	[22.34% - 36.68%]	27.2%	[26.03% - 28.35%]
% 65+ clinically diagnosed obese	W	19.1%	[17.70% - 20.43%]	16.7%	[16.56% - 16.94%]
% 65+ with high cholesterol	B	66.8%	[65.25% - 68.42%]	72.2%	[72.01% - 72.44%]
% 60+ excessive drinking		8.6%	[4.78% - 12.36%]	9.2%	[8.45% - 9.94%]

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BEHAVIORAL HEALTH					
% 60+ with 15+ days poor mental health last month		9.1% [4.80% - 13.33%]	6.9% [6.29% - 7.61%]		
% 65+ with depression	W	31.2% [29.66% - 32.70%]	28.8% [28.59% - 29.01%]		
% 65+ with anxiety disorders		22.3% [20.85% - 23.72%]	21.9% [21.74% - 22.15%]		
% 65+ with bipolar disorders	B	1.9% [1.42% - 2.41%]	3.1% [2.97% - 3.14%]		
% 65+ with post-traumatic stress disorder	W	2.1% [1.52% - 2.58%]	1.4% [1.35% - 1.48%]		
% 65+ with schizophrenia & other psychotic disorders	B	3.7% [3.10% - 4.38%]	4.9% [4.81% - 5.02%]		
% 65+ with personality disorders		1.0% [0.63% - 1.31%]	1.1% [1.00% - 1.11%]		
% 65+ with substance use disorders (drug use +/- alcohol abuse)		5.2% [4.44% - 6.03%]	5.5% [5.41% - 5.64%]		
% 65+ with tobacco use disorders		11.0% [9.92% - 12.15%]	10.4% [10.23% - 10.54%]		
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	W	28.4% [26.95% - 29.95%]	12.0% [11.89% - 12.19%]		
% 65+ with diabetes		27.2% [25.68% - 28.75%]	28.2% [27.97% - 28.41%]		
% 65+ with stroke		11.9% [10.90% - 12.96%]	10.8% [10.64% - 10.92%]		
% 65+ with chronic obstructive pulmonary disease		20.6% [19.33% - 21.95%]	20.5% [20.36% - 20.73%]		
% 65+ with asthma		12.0% [10.93% - 13.04%]	13.0% [12.89% - 13.21%]		
% 65+ with hypertension		69.9% [68.31% - 71.42%]	70.2% [70.02% - 70.46%]		
% 65+ ever had a heart attack	W	6.0% [5.24% - 6.74%]	4.5% [4.37% - 4.56%]		
% 65+ with ischemic heart disease		35.8% [34.20% - 37.47%]	34.3% [34.12% - 34.58%]		
% 65+ with congestive heart failure	W	21.0% [19.68% - 22.40%]	17.7% [17.57% - 17.93%]		
% 65+ with atrial fibrillation		15.3% [14.18% - 16.49%]	14.4% [14.28% - 14.60%]		
% 65+ with peripheral vascular disease	W	17.1% [15.87% - 18.37%]	14.7% [14.51% - 14.84%]		
% 65+ with osteoarthritis/rheumatoid arthritis	W	51.7% [49.90% - 53.41%]	49.1% [48.82% - 49.32%]		
% 65+ with osteoporosis	W	21.9% [20.62% - 23.26%]	17.4% [17.22% - 17.57%]		
% 65+ with leukemias and lymphomas		2.0% [1.57% - 2.53%]	2.0% [1.91% - 2.05%]		
% 65+ with lung cancer		1.5% [1.08% - 1.83%]	1.6% [1.54% - 1.66%]		
% 65+ with colon cancer		2.5% [1.99% - 2.98%]	2.4% [2.37% - 2.51%]		
% 65+ women with breast cancer		9.9% [8.68% - 11.22%]	9.8% [9.59% - 9.96%]		
% 65+ women with endometrial cancer		1.8% [1.27% - 2.39%]	1.7% [1.60% - 1.76%]		
% 65+ men with prostate cancer	B	9.4% [7.99% - 10.90%]	11.5% [11.24% - 11.68%]		
% 65+ with benign prostatic hyperplasia		35.4% [32.98% - 37.83%]	36.8% [36.47% - 37.14%]		
% 65+ with HIV/AIDS		0.04% [0.02% - 0.07%]	0.05% [0.04% - 0.06%]		
% 65+ with hypothyroidism		21.9% [20.56% - 23.24%]	20.8% [20.62% - 20.99%]		
% 65+ with anemia	W	41.0% [39.43% - 42.65%]	37.3% [37.12% - 37.57%]		
% 65+ with chronic kidney disease	W	24.1% [22.67% - 25.55%]	22.3% [22.14% - 22.54%]		
% 65+ with liver diseases		7.1% [6.19% - 7.97%]	6.9% [6.75% - 6.99%]		
% 65+ with fibromyalgia, chronic pain and fatigue		18.3% [17.00% - 19.67%]	18.6% [18.42% - 18.80%]		
% 65+ with migraine and other chronic headache		3.3% [2.70% - 3.96%]	4.0% [3.95% - 4.15%]		
% 65+ with epilepsy		1.8% [1.34% - 2.27%]	2.1% [2.00% - 2.14%]		
% 65+ with traumatic brain injury	B	0.6% [0.36% - 0.92%]	1.1% [1.06% - 1.16%]		

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% 65+ with autism spectrum disorders			N/A	0.03%	[0.02% - 0.04%]
% 65+ with glaucoma		22.8%	[21.43% - 24.14%]	22.9%	[22.74% - 23.13%]
% 65+ with cataract	W	67.5%	[65.85% - 69.06%]	61.2%	[61.00% - 61.47%]
% 65+ with pressure ulcer or chronic ulcer	W	8.9%	[7.95% - 9.89%]	7.1%	[6.99% - 7.24%]
% 65+ with 4+ (out of 15) chronic conditions	W	57.1%	[55.41% - 58.72%]	54.4%	[54.19% - 54.66%]
% 65+ with 0 chronic conditions		10.2%	[9.16% - 11.31%]	10.3%	[10.12% - 10.42%]
LIVING WITH DISABILITY					
% 65+ with clinical diagnosis of deafness or hearing impairment		15.7%	[14.51% - 16.93%]	14.4%	[14.23% - 14.56%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.0%	[0.63% - 1.29%]	0.9%	[0.81% - 0.90%]
% 65+ with clinical diagnosis of mobility impairments	W	4.2%	[3.53% - 4.91%]	3.2%	[3.14% - 3.31%]
ACCESS TO CARE					
Medicare (65+ population)					
% Medicare managed care enrollees		8.2%	[7.36% - 8.95%]	7.9%	[7.8% - 8.02%]
% dually eligible for Medicare and Medicaid	*	9.2%	[8.33% - 10.01%]	7.5%	[7.40% - 7.62%]
% 60+ with a regular doctor		97.5%	[95.41% - 99.57%]	95.8%	[95.34% - 96.33%]
% 60+ who did not see doctor when needed due to cost		8.2%	[3.57% - 12.80%]	5.4%	[4.75% - 5.97%]
SERVICE UTILIZATION					
Physician visits per year		6.1	[5.9 - 6.4]	6.3	[6.2 - 6.3]
Emergency room visits/1000 persons 65+ years per year	*	724	[631 - 818]	572	[566 - 578]
Part D monthly prescription fills per person per year		50.1	[48.6 - 51.7]	49.1	[48.9 - 49.3]
Home health visits per year		2.7	[2.4 - 3.1]	2.5	[2.4 - 2.5]
Durable medical equipment claims per year		1.9	[1.7 - 2.1]	2.0	[2.0 - 2.0]
Inpatient hospital stays/1000 persons 65+ years per year		220	[198 - 242]	237	[234 - 241]
Medicare inpatient hospital readmissions (as % of admissions)		16.6%	[13.39% - 19.77%]	15.8%	[15.41% - 16.22%]
# skilled nursing facility stays/1000 persons 65+ years per year		83	[71 - 95]	76	[74 - 77]
% 65+ getting Medicaid long term services and supports		4.0%	[3.44% - 4.58%]	3.7%	[3.59% - 3.74%]
COMMUNITY VARIABLES & CIVIC ENGAGEMENT					
% 60+ who used Internet in last month		75.1%	[68.78% - 81.43%]	77.6%	[76.53% - 78.64%]
SAFETY & TRANSPORTATION					
% 60+ who always drive wearing a seatbelt		74.4%	[68.22% - 80.62%]	77.1%	[76.02% - 78.18%]

Notes. ¹ Community-state differences where the margin of error do not overlap each other are noted B, W, or *.

² All community and state margins of error are 95% confidence intervals.

³ The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

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