

Stoddard (Cheshire)



| HEALTHY AGING INDICATORS | BETTER / WORSE STATE RATE ¹ | COMMUNITY ESTIMATE | MARGIN OF ERROR ² | STATE ESTIMATE | MARGIN OF ERROR ² |
|--|---|-----------------------|---------------------------------|-------------------|---------------------------------|
| POPULATION CHARACTERISTICS | | | | | |
| Age-sex adjusted 1-year mortality rate | | 3.9% | [2.18% - 5.61%] | 4.1% | [4.02% - 4.19%] |
| WELLNESS & PREVENTION | | | | | |
| % 60+ with any physical activity within last month | | 77.1% | [71.88% - 82.37%] | 74.5% | [73.36% - 75.59%] |
| % 60+ met CDC guidelines for muscle-strengthening activity | | 25.6% | [20.21% - 30.99%] | 26.0% | [24.93% - 27.14%] |
| % 60+ met CDC guidelines for aerobic physical activity | | 62.7% | [56.76% - 68.67%] | 58.6% | [57.33% - 59.82%] |
| % 60+ met CDC guidelines for both types of physical activities | | 21.0% | [16.05% - 26.00%] | 19.9% | [18.92% - 20.93%] |
| % 60+ getting recommended hours of sleep | | 65.4% | [59.50% - 71.24%] | 66.4% | [65.16% - 67.60%] |
| % 60+ injured in a fall within last 12 months | | 8.0% | [4.71% - 11.25%] | 10.4% | [9.65% - 11.16%] |
| % 65+ had hip fracture | | 3.2% | [2.50% - 3.86%] | 3.3% | [3.19% - 3.34%] |
| % 60+ with self-reported fair or poor health status | | 18.1% | [13.14% - 23.05%] | 16.5% | [15.54% - 17.40%] |
| % 60+ with 15+ physically unhealthy days last month | | 13.1% | [8.54% - 17.68%] | 12.5% | [11.69% - 13.37%] |
| % 60+ with physical exam/check-up in past year | W | 79.2% | [74.09% - 84.34%] | 86.5% | [85.66% - 87.39%] |
| % 60+ met CDC preventive health screening goals | | 39.6% | [32.26% - 46.93%] | 40.3% | [38.77% - 41.81%] |
| % 60+ flu shot past year | | 58.1% | [51.87% - 64.30%] | 59.3% | [58.06% - 60.63%] |
| % 65+ with pneumonia vaccine | | 74.2% | [67.79% - 80.57%] | 77.8% | [76.56% - 79.12%] |
| % 60+ with cholesterol screening | | 95.0% | [92.51% - 97.48%] | 95.3% | [94.78% - 95.82%] |
| % 60+ women with a mammogram within last 2 years | | 75.0% | [68.54% - 81.41%] | 79.3% | [77.96% - 80.69%] |
| % 60+ with colorectal cancer screening | | 71.4% | [65.66% - 77.21%] | 77.0% | [75.92% - 78.16%] |
| % 60+ with HIV test | | 16.7% | [11.75% - 21.63%] | 13.5% | [12.50% - 14.41%] |
| % 60+ current smokers | | 7.2% | [4.18% - 10.20%] | 8.1% | [7.38% - 8.79%] |
| Oral Health | | | | | |
| % 60+ with loss of 6 or more teeth | | 29.6% | [24.15% - 35.05%] | 29.0% | [27.79% - 30.12%] |
| % 60+ with annual dental exam | W | 66.1% | [60.24% - 71.93%] | 75.7% | [74.65% - 76.84%] |
| NUTRITION/DIET | | | | | |
| % 60+ with 5 or more servings of fruit or vegetables per day | | 22.2% | [17.09% - 27.23%] | 20.2% | [19.23% - 21.21%] |
| % 60+ self-reported obese | | 31.4% | [25.24% - 37.53%] | 27.2% | [26.03% - 28.35%] |
| % 65+ clinically diagnosed obese | | 16.9% | [13.34% - 20.42%] | 16.7% | [16.56% - 16.94%] |
| % 65+ with high cholesterol | B | 61.5% | [57.10% - 65.94%] | 72.2% | [72.01% - 72.44%] |
| % 60+ excessive drinking | | 10.1% | [6.62% - 13.64%] | 9.2% | [8.45% - 9.94%] |

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| BEHAVIORAL HEALTH | | | | | |
| % 60+ with 15+ days poor mental health last month | | 9.9% [5.90% - 13.95%] | 6.9% [6.29% - 7.61%] | | |
| % 65+ with depression | B | 21.1% [17.53% - 24.76%] | 28.8% [28.59% - 29.01%] | | |
| % 65+ with anxiety disorders | B | 15.3% [11.88% - 18.65%] | 21.9% [21.74% - 22.15%] | | |
| % 65+ with bipolar disorders | B | 1.6% [1.00% - 2.16%] | 3.1% [2.97% - 3.14%] | | |
| % 65+ with post-traumatic stress disorder | | 1.4% [0.85% - 2.02%] | 1.4% [1.35% - 1.48%] | | |
| % 65+ with schizophrenia & other psychotic disorders | B | 2.5% [1.83% - 3.08%] | 4.9% [4.81% - 5.02%] | | |
| % 65+ with personality disorders | | 0.7% [0.32% - 1.12%] | 1.1% [1.00% - 1.11%] | | |
| % 65+ with substance use disorders (drug use +/- alcohol abuse) | | 4.5% [2.49% - 6.44%] | 5.5% [5.41% - 5.64%] | | |
| % 65+ with tobacco use disorders | B | 6.8% [4.27% - 9.34%] | 10.4% [10.23% - 10.54%] | | |
| CHRONIC DISEASE | | | | | |
| % 65+ with Alzheimer's disease or related dementias | W | 16.7% [13.31% - 20.00%] | 12.0% [11.89% - 12.19%] | | |
| % 65+ with diabetes | B | 20.9% [17.11% - 24.74%] | 28.2% [27.97% - 28.41%] | | |
| % 65+ with stroke | B | 7.1% [4.84% - 9.27%] | 10.8% [10.64% - 10.92%] | | |
| % 65+ with chronic obstructive pulmonary disease | B | 15.0% [11.87% - 18.10%] | 20.5% [20.36% - 20.73%] | | |
| % 65+ with asthma | | 10.6% [7.85% - 13.30%] | 13.0% [12.89% - 13.21%] | | |
| % 65+ with hypertension | B | 58.3% [53.87% - 62.82%] | 70.2% [70.02% - 70.46%] | | |
| % 65+ ever had a heart attack | | 4.6% [2.76% - 6.49%] | 4.5% [4.37% - 4.56%] | | |
| % 65+ with ischemic heart disease | B | 28.4% [24.15% - 32.58%] | 34.3% [34.12% - 34.58%] | | |
| % 65+ with congestive heart failure | | 18.2% [14.69% - 21.69%] | 17.7% [17.57% - 17.93%] | | |
| % 65+ with atrial fibrillation | | 14.0% [10.99% - 17.04%] | 14.4% [14.28% - 14.60%] | | |
| % 65+ with peripheral vascular disease | B | 9.5% [6.87% - 12.16%] | 14.7% [14.51% - 14.84%] | | |
| % 65+ with osteoarthritis/rheumatoid arthritis | | 47.9% [43.11% - 52.74%] | 49.1% [48.82% - 49.32%] | | |
| % 65+ with osteoporosis | | 15.2% [12.13% - 18.32%] | 17.4% [17.22% - 17.57%] | | |
| % 65+ with leukemias and lymphomas | | 1.9% [1.28% - 2.49%] | 2.0% [1.91% - 2.05%] | | |
| % 65+ with lung cancer | B | 1.1% [0.65% - 1.47%] | 1.6% [1.54% - 1.66%] | | |
| % 65+ with colon cancer | B | 1.8% [1.28% - 2.34%] | 2.4% [2.37% - 2.51%] | | |
| % 65+ women with breast cancer | | 8.5% [5.12% - 11.83%] | 9.8% [9.59% - 9.96%] | | |
| % 65+ women with endometrial cancer | | 1.6% [0.87% - 2.30%] | 1.7% [1.60% - 1.76%] | | |
| % 65+ men with prostate cancer | | 10.1% [6.25% - 14.01%] | 11.5% [11.24% - 11.68%] | | |
| % 65+ with benign prostatic hyperplasia | | 30.9% [24.97% - 36.84%] | 36.8% [36.47% - 37.14%] | | |
| % 65+ with HIV/AIDS | | 0.04% [0.02% - 0.07%] | 0.05% [0.04% - 0.06%] | | |
| % 65+ with hypothyroidism | B | 17.2% [13.90% - 20.60%] | 20.8% [20.62% - 20.99%] | | |
| % 65+ with anemia | B | 31.7% [27.56% - 35.80%] | 37.3% [37.12% - 37.57%] | | |
| % 65+ with chronic kidney disease | B | 14.7% [11.42% - 17.89%] | 22.3% [22.14% - 22.54%] | | |
| % 65+ with liver diseases | | 6.2% [3.86% - 8.45%] | 6.9% [6.75% - 6.99%] | | |
| % 65+ with fibromyalgia, chronic pain and fatigue | B | 14.9% [11.61% - 18.24%] | 18.6% [18.42% - 18.80%] | | |
| % 65+ with migraine and other chronic headache | B | 3.0% [2.31% - 3.78%] | 4.0% [3.95% - 4.15%] | | |
| % 65+ with epilepsy | B | 1.1% [0.68% - 1.57%] | 2.1% [2.00% - 2.14%] | | |
| % 65+ with traumatic brain injury | B | 0.6% [0.28% - 0.95%] | 1.1% [1.06% - 1.16%] | | |

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| % 65+ with autism spectrum disorders | | | N/A | 0.03% | [0.02% - 0.04%] |
| % 65+ with glaucoma | | 23.4% | [19.61% - 27.15%] | 22.9% | [22.74% - 23.13%] |
| % 65+ with cataract | | 64.7% | [60.29% - 69.09%] | 61.2% | [61.00% - 61.47%] |
| % 65+ with pressure ulcer or chronic ulcer | | 6.5% | [4.40% - 8.70%] | 7.1% | [6.99% - 7.24%] |
| % 65+ with 4+ (out of 15) chronic conditions | B | 42.8% | [38.37% - 47.22%] | 54.4% | [54.19% - 54.66%] |
| % 65+ with 0 chronic conditions | | 12.5% | [9.43% - 15.63%] | 10.3% | [10.12% - 10.42%] |
| LIVING WITH DISABILITY | | | | | |
| % 65+ with clinical diagnosis of deafness or hearing impairment | | 12.7% | [9.64% - 15.69%] | 14.4% | [14.23% - 14.56%] |
| % 65+ with clinical diagnosis of blindness or visual impairment | | 0.7% | [0.32% - 0.98%] | 0.9% | [0.81% - 0.90%] |
| % 65+ with clinical diagnosis of mobility impairments | | 2.5% | [1.87% - 3.15%] | 3.2% | [3.14% - 3.31%] |
| ACCESS TO CARE | | | | | |
| Medicare (65+ population) | | | | | |
| % Medicare managed care enrollees | * | 10.7% | [8.29% - 13.04%] | 7.9% | [7.8% - 8.02%] |
| % dually eligible for Medicare and Medicaid | * | 3.9% | [2.38% - 5.35%] | 7.5% | [7.40% - 7.62%] |
| % 60+ with a regular doctor | | 94.6% | [91.78% - 97.51%] | 95.8% | [95.34% - 96.33%] |
| % 60+ who did not see doctor when needed due to cost | | 3.3% | [1.16% - 5.46%] | 5.4% | [4.75% - 5.97%] |
| SERVICE UTILIZATION | | | | | |
| Physician visits per year | * | 5.4 | [4.9 - 5.9] | 6.3 | [6.2 - 6.3] |
| Emergency room visits/1000 persons 65+ years per year | * | 436 | [338 - 533] | 572 | [566 - 578] |
| Part D monthly prescription fills per person per year | * | 38.5 | [35.0 - 42.0] | 49.1 | [48.9 - 49.3] |
| Home health visits per year | | 1.7 | [0.9 - 2.5] | 2.5 | [2.4 - 2.5] |
| Durable medical equipment claims per year | * | 1.4 | [1.0 - 1.8] | 2.0 | [2.0 - 2.0] |
| Inpatient hospital stays/1000 persons 65+ years per year | | 187 | [122 - 252] | 237 | [234 - 241] |
| Medicare inpatient hospital readmissions (as % of admissions) | | 21.8% | [10.78% - 32.90%] | 15.8% | [15.41% - 16.22%] |
| # skilled nursing facility stays/1000 persons 65+ years per year | * | 44 | [22 - 65] | 76 | [74 - 77] |
| % 65+ getting Medicaid long term services and supports | * | 1.9% | [0.81% - 2.89%] | 3.7% | [3.59% - 3.74%] |
| COMMUNITY VARIABLES & CIVIC ENGAGEMENT | | | | | |
| % 60+ who used Internet in last month | | 77.1% | [72.03% - 82.23%] | 77.6% | [76.53% - 78.64%] |
| SAFETY & TRANSPORTATION | | | | | |
| % 60+ who always drive wearing a seatbelt | | 75.0% | [69.58% - 80.44%] | 77.1% | [76.02% - 78.18%] |

Notes. ¹ Community-state differences where the margin of error do not overlap each other are noted B, W, or *.

² All community and state margins of error are 95% confidence intervals.

³ The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

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