

## Sugar Hill (Grafton)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Age-sex adjusted 1-year mortality rate		3.4%	[ 1.81% - 5.01% ]	4.1%	[ 4.02% - 4.19% ]
<b>WELLNESS &amp; PREVENTION</b>					
% 60+ with any physical activity within last month		73.6%	[ 65.84% - 81.31% ]	74.5%	[ 73.36% - 75.59% ]
% 60+ met CDC guidelines for muscle-strengthening activity		23.8%	[ 16.42% - 31.24% ]	26.0%	[ 24.93% - 27.14% ]
% 60+ met CDC guidelines for aerobic physical activity		55.3%	[ 46.49% - 64.01% ]	58.6%	[ 57.33% - 59.82% ]
% 60+ met CDC guidelines for both types of physical activities		17.3%	[ 10.93% - 23.67% ]	19.9%	[ 18.92% - 20.93% ]
% 60+ getting recommended hours of sleep		64.8%	[ 56.58% - 73.06% ]	66.4%	[ 65.16% - 67.60% ]
% 60+ injured in a fall within last 12 months		9.6%	[ 4.98% - 14.31% ]	10.4%	[ 9.65% - 11.16% ]
% 65+ had hip fracture		3.4%	[ 2.66% - 4.21% ]	3.3%	[ 3.19% - 3.34% ]
% 60+ with self-reported fair or poor health status		18.0%	[ 11.61% - 24.32% ]	16.5%	[ 15.54% - 17.40% ]
% 60+ with 15+ physically unhealthy days last month		16.6%	[ 10.00% - 23.16% ]	12.5%	[ 11.69% - 13.37% ]
% 60+ with physical exam/check-up in past year		83.2%	[ 76.56% - 89.85% ]	86.5%	[ 85.66% - 87.39% ]
% 60+ met CDC preventive health screening goals		38.2%	[ 28.68% - 47.64% ]	40.3%	[ 38.77% - 41.81% ]
% 60+ flu shot past year		52.1%	[ 43.69% - 60.52% ]	59.3%	[ 58.06% - 60.63% ]
% 65+ with pneumonia vaccine		74.9%	[ 67.21% - 82.59% ]	77.8%	[ 76.56% - 79.12% ]
% 60+ with cholesterol screening		92.9%	[ 88.51% - 97.35% ]	95.3%	[ 94.78% - 95.82% ]
% 60+ women with a mammogram within last 2 years		77.0%	[ 67.08% - 86.85% ]	79.3%	[ 77.96% - 80.69% ]
% 60+ with colorectal cancer screening		80.9%	[ 75.27% - 86.56% ]	77.0%	[ 75.92% - 78.16% ]
% 60+ with HIV test		16.2%	[ 9.42% - 23.00% ]	13.5%	[ 12.50% - 14.41% ]
% 60+ current smokers		10.6%	[ 5.99% - 15.25% ]	8.1%	[ 7.38% - 8.79% ]
<b>Oral Health</b>					
% 60+ with loss of 6 or more teeth		33.6%	[ 26.22% - 40.88% ]	29.0%	[ 27.79% - 30.12% ]
% 60+ with annual dental exam		69.2%	[ 62.16% - 76.20% ]	75.7%	[ 74.65% - 76.84% ]
<b>NUTRITION/DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		15.2%	[ 9.62% - 20.72% ]	20.2%	[ 19.23% - 21.21% ]
% 60+ self-reported obese		27.6%	[ 19.69% - 35.47% ]	27.2%	[ 26.03% - 28.35% ]
% 65+ clinically diagnosed obese	B	10.9%	[ 7.94% - 13.80% ]	16.7%	[ 16.56% - 16.94% ]
% 65+ with high cholesterol	B	62.8%	[ 58.33% - 67.27% ]	72.2%	[ 72.01% - 72.44% ]
% 60+ excessive drinking		7.6%	[ 3.22% - 12.07% ]	9.2%	[ 8.45% - 9.94% ]

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<b>BEHAVIORAL HEALTH</b>					
% 60+ with 15+ days poor mental health last month		8.0% [ 3.09% - 12.88% ]	6.9% [ 6.29% - 7.61% ]		
% 65+ with depression		25.2% [ 21.27% - 29.13% ]	28.8% [ 28.59% - 29.01% ]		
% 65+ with anxiety disorders	B	17.2% [ 13.53% - 20.78% ]	21.9% [ 21.74% - 22.15% ]		
% 65+ with bipolar disorders	B	1.6% [ 1.03% - 2.26% ]	3.1% [ 2.97% - 3.14% ]		
% 65+ with post-traumatic stress disorder		1.8% [ 1.16% - 2.54% ]	1.4% [ 1.35% - 1.48% ]		
% 65+ with schizophrenia & other psychotic disorders		4.4% [ 3.45% - 5.38% ]	4.9% [ 4.81% - 5.02% ]		
% 65+ with personality disorders		0.9% [ 0.44% - 1.34% ]	1.1% [ 1.00% - 1.11% ]		
% 65+ with substance use disorders (drug use +/- alcohol abuse)		4.7% [ 2.72% - 6.68% ]	5.5% [ 5.41% - 5.64% ]		
% 65+ with tobacco use disorders	B	5.8% [ 3.40% - 8.22% ]	10.4% [ 10.23% - 10.54% ]		
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias	B	9.3% [ 6.63% - 11.88% ]	12.0% [ 11.89% - 12.19% ]		
% 65+ with diabetes	B	18.0% [ 14.32% - 21.71% ]	28.2% [ 27.97% - 28.41% ]		
% 65+ with stroke		8.3% [ 5.91% - 10.74% ]	10.8% [ 10.64% - 10.92% ]		
% 65+ with chronic obstructive pulmonary disease	B	9.2% [ 6.61% - 11.82% ]	20.5% [ 20.36% - 20.73% ]		
% 65+ with asthma	B	10.2% [ 7.47% - 12.84% ]	13.0% [ 12.89% - 13.21% ]		
% 65+ with hypertension	B	61.0% [ 56.47% - 65.46% ]	70.2% [ 70.02% - 70.46% ]		
% 65+ ever had a heart attack		3.0% [ 1.44% - 4.63% ]	4.5% [ 4.37% - 4.56% ]		
% 65+ with ischemic heart disease	B	24.4% [ 20.41% - 28.39% ]	34.3% [ 34.12% - 34.58% ]		
% 65+ with congestive heart failure	B	13.7% [ 10.53% - 16.86% ]	17.7% [ 17.57% - 17.93% ]		
% 65+ with atrial fibrillation		12.1% [ 9.14% - 15.00% ]	14.4% [ 14.28% - 14.60% ]		
% 65+ with peripheral vascular disease	B	10.4% [ 7.62% - 13.21% ]	14.7% [ 14.51% - 14.84% ]		
% 65+ with osteoarthritis/rheumatoid arthritis	B	43.0% [ 38.20% - 47.72% ]	49.1% [ 48.82% - 49.32% ]		
% 65+ with osteoporosis		17.0% [ 13.71% - 20.22% ]	17.4% [ 17.22% - 17.57% ]		
% 65+ with leukemias and lymphomas		1.7% [ 1.11% - 2.31% ]	2.0% [ 1.91% - 2.05% ]		
% 65+ with lung cancer		1.4% [ 0.87% - 1.94% ]	1.6% [ 1.54% - 1.66% ]		
% 65+ with colon cancer		2.6% [ 1.89% - 3.27% ]	2.4% [ 2.37% - 2.51% ]		
% 65+ women with breast cancer		9.5% [ 5.81% - 13.29% ]	9.8% [ 9.59% - 9.96% ]		
% 65+ women with endometrial cancer		2.0% [ 1.11% - 2.83% ]	1.7% [ 1.60% - 1.76% ]		
% 65+ men with prostate cancer		12.6% [ 8.34% - 16.77% ]	11.5% [ 11.24% - 11.68% ]		
% 65+ with benign prostatic hyperplasia	B	29.4% [ 23.64% - 35.21% ]	36.8% [ 36.47% - 37.14% ]		
% 65+ with HIV/AIDS		0.05% [ 0.02% - 0.08% ]	0.05% [ 0.04% - 0.06% ]		
% 65+ with hypothyroidism	B	15.6% [ 12.44% - 18.80% ]	20.8% [ 20.62% - 20.99% ]		
% 65+ with anemia	B	31.0% [ 26.83% - 35.07% ]	37.3% [ 37.12% - 37.57% ]		
% 65+ with chronic kidney disease	B	11.7% [ 8.74% - 14.58% ]	22.3% [ 22.14% - 22.54% ]		
% 65+ with liver diseases		5.0% [ 3.07% - 7.01% ]	6.9% [ 6.75% - 6.99% ]		
% 65+ with fibromyalgia, chronic pain and fatigue	B	13.5% [ 10.30% - 16.64% ]	18.6% [ 18.42% - 18.80% ]		
% 65+ with migraine and other chronic headache		3.8% [ 2.89% - 4.66% ]	4.0% [ 3.95% - 4.15% ]		
% 65+ with epilepsy		1.8% [ 1.18% - 2.38% ]	2.1% [ 2.00% - 2.14% ]		
% 65+ with traumatic brain injury		0.9% [ 0.44% - 1.26% ]	1.1% [ 1.06% - 1.16% ]		

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% 65+ with autism spectrum disorders			N/A	0.03%	[ 0.02% - 0.04% ]
% 65+ with glaucoma		25.2%	[ 21.36% - 29.13% ]	22.9%	[ 22.74% - 23.13% ]
% 65+ with cataract		65.1%	[ 60.67% - 69.57% ]	61.2%	[ 61.00% - 61.47% ]
% 65+ with pressure ulcer or chronic ulcer		5.4%	[ 3.19% - 7.63% ]	7.1%	[ 6.99% - 7.24% ]
% 65+ with 4+ (out of 15) chronic conditions	B	39.2%	[ 34.82% - 43.61% ]	54.4%	[ 54.19% - 54.66% ]
% 65+ with 0 chronic conditions	B	13.7%	[ 10.42% - 16.91% ]	10.3%	[ 10.12% - 10.42% ]
<b>LIVING WITH DISABILITY</b>					
% 65+ with clinical diagnosis of deafness or hearing impairment		17.5%	[ 14.05% - 20.99% ]	14.4%	[ 14.23% - 14.56% ]
% 65+ with clinical diagnosis of blindness or visual impairment		0.7%	[ 0.32% - 1.01% ]	0.9%	[ 0.81% - 0.90% ]
% 65+ with clinical diagnosis of mobility impairments		2.7%	[ 1.96% - 3.43% ]	3.2%	[ 3.14% - 3.31% ]
<b>ACCESS TO CARE</b>					
Medicare (65+ population)					
% Medicare managed care enrollees		6.6%	[ 4.62% - 8.64% ]	7.9%	[ 7.8% - 8.02% ]
% dually eligible for Medicare and Medicaid	*	4.6%	[ 2.90% - 6.28% ]	7.5%	[ 7.40% - 7.62% ]
% 60+ with a regular doctor		96.4%	[ 94.19% - 98.69% ]	95.8%	[ 95.34% - 96.33% ]
% 60+ who did not see doctor when needed due to cost		9.7%	[ 4.77% - 14.66% ]	5.4%	[ 4.75% - 5.97% ]
<b>SERVICE UTILIZATION</b>					
Physician visits per year	*	4.4	[ 3.9 - 4.9 ]	6.3	[ 6.2 - 6.3 ]
Emergency room visits/1000 persons 65+ years per year		480	[ 374 - 586 ]	572	[ 566 - 578 ]
Part D monthly prescription fills per person per year	*	37.8	[ 34.1 - 41.4 ]	49.1	[ 48.9 - 49.3 ]
Home health visits per year	*	1.2	[ 0.6 - 1.8 ]	2.5	[ 2.4 - 2.5 ]
Durable medical equipment claims per year	*	1.3	[ 0.8 - 1.7 ]	2.0	[ 2.0 - 2.0 ]
Inpatient hospital stays/1000 persons 65+ years per year		184	[ 129 - 240 ]	237	[ 234 - 241 ]
Medicare inpatient hospital readmissions (as % of admissions)		18.8%	[ 6.03% - 31.62% ]	15.8%	[ 15.41% - 16.22% ]
# skilled nursing facility stays/1000 persons 65+ years per year		71	[ 35 - 107 ]	76	[ 74 - 77 ]
% 65+ getting Medicaid long term services and supports		2.6%	[ 1.28% - 3.83% ]	3.7%	[ 3.59% - 3.74% ]
<b>COMMUNITY VARIABLES &amp; CIVIC ENGAGEMENT</b>					
% 60+ who used Internet in last month		72.9%	[ 65.62% - 80.17% ]	77.6%	[ 76.53% - 78.64% ]
<b>SAFETY &amp; TRANSPORTATION</b>					
% 60+ who always drive wearing a seatbelt		73.0%	[ 66.15% - 79.79% ]	77.1%	[ 76.02% - 78.18% ]

Notes. <sup>1</sup> Community-state differences where the margin of error do not overlap each other are noted B, W, or \*.

<sup>2</sup> All community and state margins of error are 95% confidence intervals.

<sup>3</sup> The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

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