

## Tamworth (Carroll)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Age-sex adjusted 1-year mortality rate		3.4%	[ 1.79% - 5.02% ]	4.1%	[ 4.02% - 4.19% ]
<b>WELLNESS &amp; PREVENTION</b>					
% 60+ with any physical activity within last month	B	80.6%	[ 75.68% - 85.59% ]	74.5%	[ 73.36% - 75.59% ]
% 60+ met CDC guidelines for muscle-strengthening activity		28.5%	[ 21.37% - 35.54% ]	26.0%	[ 24.93% - 27.14% ]
% 60+ met CDC guidelines for aerobic physical activity		65.4%	[ 57.93% - 72.77% ]	58.6%	[ 57.33% - 59.82% ]
% 60+ met CDC guidelines for both types of physical activities		21.0%	[ 14.50% - 27.51% ]	19.9%	[ 18.92% - 20.93% ]
% 60+ getting recommended hours of sleep		68.4%	[ 62.62% - 74.25% ]	66.4%	[ 65.16% - 67.60% ]
% 60+ injured in a fall within last 12 months		11.1%	[ 6.95% - 15.22% ]	10.4%	[ 9.65% - 11.16% ]
% 65+ had hip fracture		3.1%	[ 2.45% - 3.84% ]	3.3%	[ 3.19% - 3.34% ]
% 60+ with self-reported fair or poor health status		14.9%	[ 10.66% - 19.18% ]	16.5%	[ 15.54% - 17.40% ]
% 60+ with 15+ physically unhealthy days last month		12.6%	[ 8.79% - 16.50% ]	12.5%	[ 11.69% - 13.37% ]
% 60+ with physical exam/check-up in past year		82.7%	[ 77.25% - 88.19% ]	86.5%	[ 85.66% - 87.39% ]
% 60+ met CDC preventive health screening goals		39.7%	[ 32.41% - 47.03% ]	40.3%	[ 38.77% - 41.81% ]
% 60+ flu shot past year		58.8%	[ 51.87% - 65.65% ]	59.3%	[ 58.06% - 60.63% ]
% 65+ with pneumonia vaccine		72.5%	[ 65.14% - 79.91% ]	77.8%	[ 76.56% - 79.12% ]
% 60+ with cholesterol screening		92.7%	[ 88.66% - 96.64% ]	95.3%	[ 94.78% - 95.82% ]
% 60+ women with a mammogram within last 2 years		78.4%	[ 71.52% - 85.33% ]	79.3%	[ 77.96% - 80.69% ]
% 60+ with colorectal cancer screening		73.0%	[ 66.37% - 79.71% ]	77.0%	[ 75.92% - 78.16% ]
% 60+ with HIV test		11.4%	[ 6.96% - 15.84% ]	13.5%	[ 12.50% - 14.41% ]
% 60+ current smokers		6.6%	[ 3.63% - 9.51% ]	8.1%	[ 7.38% - 8.79% ]
<b>Oral Health</b>					
% 60+ with loss of 6 or more teeth		29.4%	[ 23.27% - 35.48% ]	29.0%	[ 27.79% - 30.12% ]
% 60+ with annual dental exam		76.4%	[ 70.95% - 81.81% ]	75.7%	[ 74.65% - 76.84% ]
<b>NUTRITION/DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		17.8%	[ 12.06% - 23.57% ]	20.2%	[ 19.23% - 21.21% ]
% 60+ self-reported obese		25.9%	[ 19.27% - 32.58% ]	27.2%	[ 26.03% - 28.35% ]
% 65+ clinically diagnosed obese	B	10.5%	[ 7.35% - 13.56% ]	16.7%	[ 16.56% - 16.94% ]
% 65+ with high cholesterol	B	67.1%	[ 62.57% - 71.54% ]	72.2%	[ 72.01% - 72.44% ]
% 60+ excessive drinking		12.3%	[ 8.03% - 16.50% ]	9.2%	[ 8.45% - 9.94% ]

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<b>BEHAVIORAL HEALTH</b>					
% 60+ with 15+ days poor mental health last month	B	3.8%	[ 1.61% - 5.94% ]	6.9%	[ 6.29% - 7.61% ]
% 65+ with depression		25.4%	[ 21.38% - 29.50% ]	28.8%	[ 28.59% - 29.01% ]
% 65+ with anxiety disorders		18.7%	[ 14.73% - 22.64% ]	21.9%	[ 21.74% - 22.15% ]
% 65+ with bipolar disorders	B	2.2%	[ 1.49% - 2.87% ]	3.1%	[ 2.97% - 3.14% ]
% 65+ with post-traumatic stress disorder	B	0.8%	[ 0.38% - 1.21% ]	1.4%	[ 1.35% - 1.48% ]
% 65+ with schizophrenia & other psychotic disorders	B	2.4%	[ 1.73% - 3.00% ]	4.9%	[ 4.81% - 5.02% ]
% 65+ with personality disorders	B	0.9%	[ 0.79% - 0.95% ]	1.1%	[ 1.00% - 1.11% ]
% 65+ with substance use disorders (drug use +/- alcohol abuse)		4.4%	[ 2.39% - 6.34% ]	5.5%	[ 5.41% - 5.64% ]
% 65+ with tobacco use disorders		10.4%	[ 7.33% - 13.38% ]	10.4%	[ 10.23% - 10.54% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias		9.6%	[ 6.87% - 12.39% ]	12.0%	[ 11.89% - 12.19% ]
% 65+ with diabetes		27.4%	[ 22.94% - 31.82% ]	28.2%	[ 27.97% - 28.41% ]
% 65+ with stroke		8.8%	[ 6.26% - 11.25% ]	10.8%	[ 10.64% - 10.92% ]
% 65+ with chronic obstructive pulmonary disease		21.8%	[ 17.99% - 25.61% ]	20.5%	[ 20.36% - 20.73% ]
% 65+ with asthma		11.6%	[ 8.69% - 14.61% ]	13.0%	[ 12.89% - 13.21% ]
% 65+ with hypertension		67.4%	[ 62.96% - 71.93% ]	70.2%	[ 70.02% - 70.46% ]
% 65+ ever had a heart attack		3.9%	[ 2.18% - 5.66% ]	4.5%	[ 4.37% - 4.56% ]
% 65+ with ischemic heart disease		32.2%	[ 27.69% - 36.78% ]	34.3%	[ 34.12% - 34.58% ]
% 65+ with congestive heart failure		16.1%	[ 12.66% - 19.63% ]	17.7%	[ 17.57% - 17.93% ]
% 65+ with atrial fibrillation		13.3%	[ 10.21% - 16.37% ]	14.4%	[ 14.28% - 14.60% ]
% 65+ with peripheral vascular disease		11.7%	[ 8.67% - 14.72% ]	14.7%	[ 14.51% - 14.84% ]
% 65+ with osteoarthritis/rheumatoid arthritis		47.9%	[ 42.92% - 52.90% ]	49.1%	[ 48.82% - 49.32% ]
% 65+ with osteoporosis	B	13.5%	[ 10.36% - 16.55% ]	17.4%	[ 17.22% - 17.57% ]
% 65+ with leukemias and lymphomas		2.1%	[ 1.47% - 2.76% ]	2.0%	[ 1.91% - 2.05% ]
% 65+ with lung cancer	B	1.0%	[ 0.64% - 1.46% ]	1.6%	[ 1.54% - 1.66% ]
% 65+ with colon cancer		2.3%	[ 1.69% - 2.90% ]	2.4%	[ 2.37% - 2.51% ]
% 65+ women with breast cancer		7.9%	[ 4.57% - 11.33% ]	9.8%	[ 9.59% - 9.96% ]
% 65+ women with endometrial cancer		1.5%	[ 0.76% - 2.15% ]	1.7%	[ 1.60% - 1.76% ]
% 65+ men with prostate cancer	B	5.9%	[ 2.87% - 8.93% ]	11.5%	[ 11.24% - 11.68% ]
% 65+ with benign prostatic hyperplasia		36.6%	[ 30.20% - 43.01% ]	36.8%	[ 36.47% - 37.14% ]
% 65+ with HIV/AIDS		0.04%	[ 0.02% - 0.06% ]	0.05%	[ 0.04% - 0.06% ]
% 65+ with hypothyroidism	B	14.8%	[ 11.50% - 18.03% ]	20.8%	[ 20.62% - 20.99% ]
% 65+ with anemia		33.6%	[ 29.31% - 37.97% ]	37.3%	[ 37.12% - 37.57% ]
% 65+ with chronic kidney disease	B	16.5%	[ 12.96% - 20.07% ]	22.3%	[ 22.14% - 22.54% ]
% 65+ with liver diseases		5.8%	[ 3.48% - 8.16% ]	6.9%	[ 6.75% - 6.99% ]
% 65+ with fibromyalgia, chronic pain and fatigue		16.3%	[ 12.71% - 19.87% ]	18.6%	[ 18.42% - 18.80% ]
% 65+ with migraine and other chronic headache		3.7%	[ 2.83% - 4.53% ]	4.0%	[ 3.95% - 4.15% ]
% 65+ with epilepsy		1.5%	[ 1.01% - 2.08% ]	2.1%	[ 2.00% - 2.14% ]
% 65+ with traumatic brain injury		0.9%	[ 0.49% - 1.27% ]	1.1%	[ 1.06% - 1.16% ]

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% 65+ with autism spectrum disorders			N/A	0.03%	[ 0.02% - 0.04% ]
% 65+ with glaucoma		25.6%	[ 21.55% - 29.59% ]	22.9%	[ 22.74% - 23.13% ]
% 65+ with cataract		58.4%	[ 53.75% - 63.12% ]	61.2%	[ 61.00% - 61.47% ]
% 65+ with pressure ulcer or chronic ulcer		7.4%	[ 4.92% - 9.88% ]	7.1%	[ 6.99% - 7.24% ]
% 65+ with 4+ (out of 15) chronic conditions	B	49.1%	[ 44.45% - 53.81% ]	54.4%	[ 54.19% - 54.66% ]
% 65+ with 0 chronic conditions	B	13.9%	[ 10.56% - 17.33% ]	10.3%	[ 10.12% - 10.42% ]
<b>LIVING WITH DISABILITY</b>					
% 65+ with clinical diagnosis of deafness or hearing impairment		13.7%	[ 10.39% - 16.95% ]	14.4%	[ 14.23% - 14.56% ]
% 65+ with clinical diagnosis of blindness or visual impairment		0.6%	[ 0.28% - 0.90% ]	0.9%	[ 0.81% - 0.90% ]
% 65+ with clinical diagnosis of mobility impairments	B	1.9%	[ 1.32% - 2.45% ]	3.2%	[ 3.14% - 3.31% ]
<b>ACCESS TO CARE</b>					
Medicare (65+ population)					
% Medicare managed care enrollees		6.8%	[ 4.74% - 8.93% ]	7.9%	[ 7.8% - 8.02% ]
% dually eligible for Medicare and Medicaid		7.9%	[ 5.67% - 10.16% ]	7.5%	[ 7.40% - 7.62% ]
% 60+ with a regular doctor		94.2%	[ 90.66% - 97.67% ]	95.8%	[ 95.34% - 96.33% ]
% 60+ who did not see doctor when needed due to cost		6.0%	[ 3.00% - 8.93% ]	5.4%	[ 4.75% - 5.97% ]
<b>SERVICE UTILIZATION</b>					
Physician visits per year	*	3.3	[ 2.9 - 3.7 ]	6.3	[ 6.2 - 6.3 ]
Emergency room visits/1000 persons 65+ years per year		540	[ 428 - 652 ]	572	[ 566 - 578 ]
Part D monthly prescription fills per person per year	*	44.2	[ 40.3 - 48.1 ]	49.1	[ 48.9 - 49.3 ]
Home health visits per year		1.8	[ 0.9 - 2.7 ]	2.5	[ 2.4 - 2.5 ]
Durable medical equipment claims per year		2.0	[ 1.4 - 2.5 ]	2.0	[ 2.0 - 2.0 ]
Inpatient hospital stays/1000 persons 65+ years per year		185	[ 133 - 237 ]	237	[ 234 - 241 ]
Medicare inpatient hospital readmissions (as % of admissions)	*	8.2%	[ 1.67% - 14.80% ]	15.8%	[ 15.41% - 16.22% ]
# skilled nursing facility stays/1000 persons 65+ years per year		59	[ 29 - 89 ]	76	[ 74 - 77 ]
% 65+ getting Medicaid long term services and supports		3.1%	[ 1.63% - 4.49% ]	3.7%	[ 3.59% - 3.74% ]
<b>COMMUNITY VARIABLES &amp; CIVIC ENGAGEMENT</b>					
% 60+ who used Internet in last month		80.0%	[ 74.84% - 85.09% ]	77.6%	[ 76.53% - 78.64% ]
<b>SAFETY &amp; TRANSPORTATION</b>					
% 60+ who always drive wearing a seatbelt		75.0%	[ 69.20% - 80.87% ]	77.1%	[ 76.02% - 78.18% ]

Notes. <sup>1</sup> Community-state differences where the margin of error do not overlap each other are noted B, W, or \*.

<sup>2</sup> All community and state margins of error are 95% confidence intervals.

<sup>3</sup> The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

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