

## Walpole (Cheshire)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Age-sex adjusted 1-year mortality rate	B	2.8%	[ 1.66% - 3.98% ]	4.1%	[ 4.02% - 4.19% ]
<b>WELLNESS &amp; PREVENTION</b>					
% 60+ with any physical activity within last month		77.1%	[ 71.88% - 82.37% ]	74.5%	[ 73.36% - 75.59% ]
% 60+ met CDC guidelines for muscle-strengthening activity		25.6%	[ 20.21% - 30.99% ]	26.0%	[ 24.93% - 27.14% ]
% 60+ met CDC guidelines for aerobic physical activity		62.7%	[ 56.76% - 68.67% ]	58.6%	[ 57.33% - 59.82% ]
% 60+ met CDC guidelines for both types of physical activities		21.0%	[ 16.05% - 26.00% ]	19.9%	[ 18.92% - 20.93% ]
% 60+ getting recommended hours of sleep		65.4%	[ 59.50% - 71.24% ]	66.4%	[ 65.16% - 67.60% ]
% 60+ injured in a fall within last 12 months		8.0%	[ 4.71% - 11.25% ]	10.4%	[ 9.65% - 11.16% ]
% 65+ had hip fracture	B	2.5%	[ 1.89% - 3.07% ]	3.3%	[ 3.19% - 3.34% ]
% 60+ with self-reported fair or poor health status		18.1%	[ 13.14% - 23.05% ]	16.5%	[ 15.54% - 17.40% ]
% 60+ with 15+ physically unhealthy days last month		13.1%	[ 8.54% - 17.68% ]	12.5%	[ 11.69% - 13.37% ]
% 60+ with physical exam/check-up in past year	W	79.2%	[ 74.09% - 84.34% ]	86.5%	[ 85.66% - 87.39% ]
% 60+ met CDC preventive health screening goals		39.6%	[ 32.26% - 46.93% ]	40.3%	[ 38.77% - 41.81% ]
% 60+ flu shot past year		58.1%	[ 51.87% - 64.30% ]	59.3%	[ 58.06% - 60.63% ]
% 65+ with pneumonia vaccine		74.2%	[ 67.79% - 80.57% ]	77.8%	[ 76.56% - 79.12% ]
% 60+ with cholesterol screening		95.0%	[ 92.51% - 97.48% ]	95.3%	[ 94.78% - 95.82% ]
% 60+ women with a mammogram within last 2 years		75.0%	[ 68.54% - 81.41% ]	79.3%	[ 77.96% - 80.69% ]
% 60+ with colorectal cancer screening		71.4%	[ 65.66% - 77.21% ]	77.0%	[ 75.92% - 78.16% ]
% 60+ with HIV test		16.7%	[ 11.75% - 21.63% ]	13.5%	[ 12.50% - 14.41% ]
% 60+ current smokers		7.2%	[ 4.18% - 10.20% ]	8.1%	[ 7.38% - 8.79% ]
<b>Oral Health</b>					
% 60+ with loss of 6 or more teeth		29.6%	[ 24.15% - 35.05% ]	29.0%	[ 27.79% - 30.12% ]
% 60+ with annual dental exam	W	66.1%	[ 60.24% - 71.93% ]	75.7%	[ 74.65% - 76.84% ]
<b>NUTRITION/DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		22.2%	[ 17.09% - 27.23% ]	20.2%	[ 19.23% - 21.21% ]
% 60+ self-reported obese		31.4%	[ 25.24% - 37.53% ]	27.2%	[ 26.03% - 28.35% ]
% 65+ clinically diagnosed obese	B	13.6%	[ 10.75% - 16.49% ]	16.7%	[ 16.56% - 16.94% ]
% 65+ with high cholesterol	B	62.9%	[ 59.12% - 66.76% ]	72.2%	[ 72.01% - 72.44% ]
% 60+ excessive drinking		10.1%	[ 6.62% - 13.64% ]	9.2%	[ 8.45% - 9.94% ]

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>BEHAVIORAL HEALTH</b>					
% 60+ with 15+ days poor mental health last month		9.9% [ 5.90% - 13.95% ]	6.9% [ 6.29% - 7.61% ]		
% 65+ with depression		26.2% [ 22.83% - 29.58% ]	28.8% [ 28.59% - 29.01% ]		
% 65+ with anxiety disorders	B	16.1% [ 13.17% - 19.03% ]	21.9% [ 21.74% - 22.15% ]		
% 65+ with bipolar disorders	B	2.2% [ 1.54% - 2.79% ]	3.1% [ 2.97% - 3.14% ]		
% 65+ with post-traumatic stress disorder	B	0.8% [ 0.38% - 1.16% ]	1.4% [ 1.35% - 1.48% ]		
% 65+ with schizophrenia & other psychotic disorders	B	3.8% [ 3.06% - 4.61% ]	4.9% [ 4.81% - 5.02% ]		
% 65+ with personality disorders		0.7% [ 0.34% - 1.06% ]	1.1% [ 1.00% - 1.11% ]		
% 65+ with substance use disorders (drug use +/- alcohol abuse)	B	3.8% [ 2.36% - 5.30% ]	5.5% [ 5.41% - 5.64% ]		
% 65+ with tobacco use disorders		8.3% [ 6.02% - 10.49% ]	10.4% [ 10.23% - 10.54% ]		
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias	W	20.1% [ 17.03% - 23.14% ]	12.0% [ 11.89% - 12.19% ]		
% 65+ with diabetes	B	22.7% [ 19.23% - 26.08% ]	28.2% [ 27.97% - 28.41% ]		
% 65+ with stroke		10.7% [ 8.38% - 13.03% ]	10.8% [ 10.64% - 10.92% ]		
% 65+ with chronic obstructive pulmonary disease	B	15.1% [ 12.44% - 17.79% ]	20.5% [ 20.36% - 20.73% ]		
% 65+ with asthma	B	9.5% [ 7.29% - 11.78% ]	13.0% [ 12.89% - 13.21% ]		
% 65+ with hypertension	B	61.2% [ 57.39% - 65.09% ]	70.2% [ 70.02% - 70.46% ]		
% 65+ ever had a heart attack		3.2% [ 1.90% - 4.50% ]	4.5% [ 4.37% - 4.56% ]		
% 65+ with ischemic heart disease	B	29.0% [ 25.28% - 32.65% ]	34.3% [ 34.12% - 34.58% ]		
% 65+ with congestive heart failure		17.2% [ 14.29% - 20.13% ]	17.7% [ 17.57% - 17.93% ]		
% 65+ with atrial fibrillation		13.2% [ 10.62% - 15.70% ]	14.4% [ 14.28% - 14.60% ]		
% 65+ with peripheral vascular disease	B	10.8% [ 8.46% - 13.20% ]	14.7% [ 14.51% - 14.84% ]		
% 65+ with osteoarthritis/rheumatoid arthritis		48.4% [ 44.19% - 52.53% ]	49.1% [ 48.82% - 49.32% ]		
% 65+ with osteoporosis	B	13.9% [ 11.31% - 16.53% ]	17.4% [ 17.22% - 17.57% ]		
% 65+ with leukemias and lymphomas		1.6% [ 1.07% - 2.16% ]	2.0% [ 1.91% - 2.05% ]		
% 65+ with lung cancer		1.3% [ 0.80% - 1.71% ]	1.6% [ 1.54% - 1.66% ]		
% 65+ with colon cancer	B	1.8% [ 1.27% - 2.31% ]	2.4% [ 2.37% - 2.51% ]		
% 65+ women with breast cancer	W	13.7% [ 10.16% - 17.31% ]	9.8% [ 9.59% - 9.96% ]		
% 65+ women with endometrial cancer		1.9% [ 1.12% - 2.66% ]	1.7% [ 1.60% - 1.76% ]		
% 65+ men with prostate cancer		8.3% [ 5.32% - 11.33% ]	11.5% [ 11.24% - 11.68% ]		
% 65+ with benign prostatic hyperplasia		39.3% [ 33.80% - 44.78% ]	36.8% [ 36.47% - 37.14% ]		
% 65+ with HIV/AIDS		0.04% [ 0.02% - 0.07% ]	0.05% [ 0.04% - 0.06% ]		
% 65+ with hypothyroidism	B	17.1% [ 14.23% - 19.96% ]	20.8% [ 20.62% - 20.99% ]		
% 65+ with anemia		36.5% [ 32.77% - 40.16% ]	37.3% [ 37.12% - 37.57% ]		
% 65+ with chronic kidney disease		19.2% [ 16.15% - 22.31% ]	22.3% [ 22.14% - 22.54% ]		
% 65+ with liver diseases		5.3% [ 3.54% - 7.16% ]	6.9% [ 6.75% - 6.99% ]		
% 65+ with fibromyalgia, chronic pain and fatigue	B	15.3% [ 12.42% - 18.24% ]	18.6% [ 18.42% - 18.80% ]		
% 65+ with migraine and other chronic headache		3.3% [ 2.52% - 4.07% ]	4.0% [ 3.95% - 4.15% ]		
% 65+ with epilepsy		1.5% [ 1.04% - 2.01% ]	2.1% [ 2.00% - 2.14% ]		
% 65+ with traumatic brain injury		0.8% [ 0.44% - 1.15% ]	1.1% [ 1.06% - 1.16% ]		

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
% 65+ with autism spectrum disorders			N/A	0.03%	[ 0.02% - 0.04% ]
% 65+ with glaucoma	B	17.8%	[ 14.85% - 20.67% ]	22.9%	[ 22.74% - 23.13% ]
% 65+ with cataract	W	65.8%	[ 61.99% - 69.60% ]	61.2%	[ 61.00% - 61.47% ]
% 65+ with pressure ulcer or chronic ulcer	B	4.9%	[ 3.22% - 6.50% ]	7.1%	[ 6.99% - 7.24% ]
% 65+ with 4+ (out of 15) chronic conditions	B	47.3%	[ 43.44% - 51.18% ]	54.4%	[ 54.19% - 54.66% ]
% 65+ with 0 chronic conditions	B	13.5%	[ 10.62% - 16.32% ]	10.3%	[ 10.12% - 10.42% ]
<b>LIVING WITH DISABILITY</b>					
% 65+ with clinical diagnosis of deafness or hearing impairment		13.4%	[ 10.82% - 15.95% ]	14.4%	[ 14.23% - 14.56% ]
% 65+ with clinical diagnosis of blindness or visual impairment		0.7%	[ 0.39% - 1.04% ]	0.9%	[ 0.81% - 0.90% ]
% 65+ with clinical diagnosis of mobility impairments		3.7%	[ 2.88% - 4.43% ]	3.2%	[ 3.14% - 3.31% ]
<b>ACCESS TO CARE</b>					
Medicare (65+ population)					
% Medicare managed care enrollees	*	5.2%	[ 3.61% - 6.69% ]	7.9%	[ 7.8% - 8.02% ]
% dually eligible for Medicare and Medicaid	*	4.9%	[ 3.40% - 6.40% ]	7.5%	[ 7.40% - 7.62% ]
% 60+ with a regular doctor		94.6%	[ 91.78% - 97.51% ]	95.8%	[ 95.34% - 96.33% ]
% 60+ who did not see doctor when needed due to cost		3.3%	[ 1.16% - 5.46% ]	5.4%	[ 4.75% - 5.97% ]
<b>SERVICE UTILIZATION</b>					
Physician visits per year	*	5.5	[ 5.1 - 6.0 ]	6.3	[ 6.2 - 6.3 ]
Emergency room visits/1000 persons 65+ years per year	*	463	[ 379 - 547 ]	572	[ 566 - 578 ]
Part D monthly prescription fills per person per year	*	43.4	[ 40.1 - 46.7 ]	49.1	[ 48.9 - 49.3 ]
Home health visits per year		2.2	[ 1.5 - 2.9 ]	2.5	[ 2.4 - 2.5 ]
Durable medical equipment claims per year	*	1.3	[ 0.9 - 1.6 ]	2.0	[ 2.0 - 2.0 ]
Inpatient hospital stays/1000 persons 65+ years per year	*	159	[ 121 - 197 ]	237	[ 234 - 241 ]
Medicare inpatient hospital readmissions (as % of admissions)		13.2%	[ 7.58% - 18.83% ]	15.8%	[ 15.41% - 16.22% ]
# skilled nursing facility stays/1000 persons 65+ years per year	*	46	[ 28 - 64 ]	76	[ 74 - 77 ]
% 65+ getting Medicaid long term services and supports	*	1.9%	[ 0.94% - 2.83% ]	3.7%	[ 3.59% - 3.74% ]
<b>COMMUNITY VARIABLES &amp; CIVIC ENGAGEMENT</b>					
% 60+ who used Internet in last month		77.1%	[ 72.03% - 82.23% ]	77.6%	[ 76.53% - 78.64% ]
<b>SAFETY &amp; TRANSPORTATION</b>					
% 60+ who always drive wearing a seatbelt		75.0%	[ 69.58% - 80.44% ]	77.1%	[ 76.02% - 78.18% ]

Notes. <sup>1</sup> Community-state differences where the margin of error do not overlap each other are noted B, W, or \*.

<sup>2</sup> All community and state margins of error are 95% confidence intervals.

<sup>3</sup> The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

Questions or suggestions? [Beth.Dugan@umb.edu](mailto:Beth.Dugan@umb.edu)