

## Warner (Merrimack)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE <sup>1</sup>	COMMUNITY ESTIMATE	MARGIN OF ERROR <sup>2</sup>	STATE ESTIMATE	MARGIN OF ERROR <sup>2</sup>
<b>POPULATION CHARACTERISTICS</b>					
Age-sex adjusted 1-year mortality rate		3.3%	[ 2.00% - 4.57% ]	4.1%	[ 4.02% - 4.19% ]
<b>WELLNESS &amp; PREVENTION</b>					
% 60+ with any physical activity within last month		74.2%	[ 67.37% - 80.97% ]	74.5%	[ 73.36% - 75.59% ]
% 60+ met CDC guidelines for muscle-strengthening activity		23.1%	[ 17.41% - 28.70% ]	26.0%	[ 24.93% - 27.14% ]
% 60+ met CDC guidelines for aerobic physical activity		61.5%	[ 54.68% - 68.29% ]	58.6%	[ 57.33% - 59.82% ]
% 60+ met CDC guidelines for both types of physical activities		17.7%	[ 12.66% - 22.78% ]	19.9%	[ 18.92% - 20.93% ]
% 60+ getting recommended hours of sleep		66.8%	[ 59.69% - 73.83% ]	66.4%	[ 65.16% - 67.60% ]
% 60+ injured in a fall within last 12 months		7.1%	[ 3.38% - 10.80% ]	10.4%	[ 9.65% - 11.16% ]
% 65+ had hip fracture		2.6%	[ 2.01% - 3.25% ]	3.3%	[ 3.19% - 3.34% ]
% 60+ with self-reported fair or poor health status		15.4%	[ 9.64% - 21.19% ]	16.5%	[ 15.54% - 17.40% ]
% 60+ with 15+ physically unhealthy days last month		10.7%	[ 6.12% - 15.36% ]	12.5%	[ 11.69% - 13.37% ]
% 60+ with physical exam/check-up in past year		84.8%	[ 79.83% - 89.87% ]	86.5%	[ 85.66% - 87.39% ]
% 60+ met CDC preventive health screening goals		35.3%	[ 26.27% - 44.24% ]	40.3%	[ 38.77% - 41.81% ]
% 60+ flu shot past year		58.9%	[ 51.65% - 66.10% ]	59.3%	[ 58.06% - 60.63% ]
% 65+ with pneumonia vaccine		73.7%	[ 66.00% - 81.35% ]	77.8%	[ 76.56% - 79.12% ]
% 60+ with cholesterol screening		92.1%	[ 88.33% - 95.93% ]	95.3%	[ 94.78% - 95.82% ]
% 60+ women with a mammogram within last 2 years		84.1%	[ 76.93% - 91.33% ]	79.3%	[ 77.96% - 80.69% ]
% 60+ with colorectal cancer screening		78.7%	[ 72.47% - 84.88% ]	77.0%	[ 75.92% - 78.16% ]
% 60+ with HIV test		17.4%	[ 11.44% - 23.33% ]	13.5%	[ 12.50% - 14.41% ]
% 60+ current smokers		8.3%	[ 3.58% - 12.94% ]	8.1%	[ 7.38% - 8.79% ]
<b>Oral Health</b>					
% 60+ with loss of 6 or more teeth		24.0%	[ 17.45% - 30.62% ]	29.0%	[ 27.79% - 30.12% ]
% 60+ with annual dental exam		77.3%	[ 71.00% - 83.64% ]	75.7%	[ 74.65% - 76.84% ]
<b>NUTRITION/DIET</b>					
% 60+ with 5 or more servings of fruit or vegetables per day		22.7%	[ 17.23% - 28.22% ]	20.2%	[ 19.23% - 21.21% ]
% 60+ self-reported obese		24.3%	[ 17.69% - 30.94% ]	27.2%	[ 26.03% - 28.35% ]
% 65+ clinically diagnosed obese		16.9%	[ 13.92% - 19.78% ]	16.7%	[ 16.56% - 16.94% ]
% 65+ with high cholesterol		70.1%	[ 66.61% - 73.57% ]	72.2%	[ 72.01% - 72.44% ]
% 60+ excessive drinking		6.5%	[ 2.94% - 10.08% ]	9.2%	[ 8.45% - 9.94% ]

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<b>BEHAVIORAL HEALTH</b>					
% 60+ with 15+ days poor mental health last month		7.8%	[ 3.52% - 12.02% ]	6.9%	[ 6.29% - 7.61% ]
% 65+ with depression		26.6%	[ 23.35% - 29.85% ]	28.8%	[ 28.59% - 29.01% ]
% 65+ with anxiety disorders	B	18.6%	[ 15.59% - 21.67% ]	21.9%	[ 21.74% - 22.15% ]
% 65+ with bipolar disorders		2.4%	[ 1.73% - 3.03% ]	3.1%	[ 2.97% - 3.14% ]
% 65+ with post-traumatic stress disorder		1.4%	[ 0.83% - 1.88% ]	1.4%	[ 1.35% - 1.48% ]
% 65+ with schizophrenia & other psychotic disorders	B	2.9%	[ 2.24% - 3.61% ]	4.9%	[ 4.81% - 5.02% ]
% 65+ with personality disorders		1.0%	[ 0.53% - 1.42% ]	1.1%	[ 1.00% - 1.11% ]
% 65+ with substance use disorders (drug use +/- alcohol abuse)		5.7%	[ 3.84% - 7.51% ]	5.5%	[ 5.41% - 5.64% ]
% 65+ with tobacco use disorders		10.0%	[ 7.64% - 12.29% ]	10.4%	[ 10.23% - 10.54% ]
<b>CHRONIC DISEASE</b>					
% 65+ with Alzheimer's disease or related dementias	B	9.7%	[ 7.55% - 11.79% ]	12.0%	[ 11.89% - 12.19% ]
% 65+ with diabetes	B	22.6%	[ 19.33% - 25.79% ]	28.2%	[ 27.97% - 28.41% ]
% 65+ with stroke	B	8.5%	[ 6.52% - 10.48% ]	10.8%	[ 10.64% - 10.92% ]
% 65+ with chronic obstructive pulmonary disease		18.0%	[ 15.23% - 20.85% ]	20.5%	[ 20.36% - 20.73% ]
% 65+ with asthma		10.8%	[ 8.56% - 13.13% ]	13.0%	[ 12.89% - 13.21% ]
% 65+ with hypertension	B	65.4%	[ 61.83% - 69.04% ]	70.2%	[ 70.02% - 70.46% ]
% 65+ ever had a heart attack		4.0%	[ 2.65% - 5.34% ]	4.5%	[ 4.37% - 4.56% ]
% 65+ with ischemic heart disease	B	28.2%	[ 24.83% - 31.64% ]	34.3%	[ 34.12% - 34.58% ]
% 65+ with congestive heart failure	B	11.1%	[ 8.86% - 13.38% ]	17.7%	[ 17.57% - 17.93% ]
% 65+ with atrial fibrillation		12.9%	[ 10.43% - 15.29% ]	14.4%	[ 14.28% - 14.60% ]
% 65+ with peripheral vascular disease	B	9.8%	[ 7.65% - 12.02% ]	14.7%	[ 14.51% - 14.84% ]
% 65+ with osteoarthritis/rheumatoid arthritis		46.4%	[ 42.49% - 50.36% ]	49.1%	[ 48.82% - 49.32% ]
% 65+ with osteoporosis		15.5%	[ 12.94% - 18.12% ]	17.4%	[ 17.22% - 17.57% ]
% 65+ with leukemias and lymphomas		1.9%	[ 1.34% - 2.42% ]	2.0%	[ 1.91% - 2.05% ]
% 65+ with lung cancer	B	1.1%	[ 0.70% - 1.52% ]	1.6%	[ 1.54% - 1.66% ]
% 65+ with colon cancer		2.0%	[ 1.43% - 2.53% ]	2.4%	[ 2.37% - 2.51% ]
% 65+ women with breast cancer		9.0%	[ 6.09% - 11.97% ]	9.8%	[ 9.59% - 9.96% ]
% 65+ women with endometrial cancer		1.2%	[ 0.57% - 1.74% ]	1.7%	[ 1.60% - 1.76% ]
% 65+ men with prostate cancer		11.7%	[ 8.44% - 14.88% ]	11.5%	[ 11.24% - 11.68% ]
% 65+ with benign prostatic hyperplasia		36.9%	[ 31.77% - 41.93% ]	36.8%	[ 36.47% - 37.14% ]
% 65+ with HIV/AIDS		0.07%	[ 0.04% - 0.10% ]	0.05%	[ 0.04% - 0.06% ]
% 65+ with hypothyroidism		19.3%	[ 16.41% - 22.15% ]	20.8%	[ 20.62% - 20.99% ]
% 65+ with anemia	B	29.8%	[ 26.44% - 33.10% ]	37.3%	[ 37.12% - 37.57% ]
% 65+ with chronic kidney disease	B	17.8%	[ 14.94% - 20.71% ]	22.3%	[ 22.14% - 22.54% ]
% 65+ with liver diseases	B	4.3%	[ 2.76% - 5.84% ]	6.9%	[ 6.75% - 6.99% ]
% 65+ with fibromyalgia, chronic pain and fatigue		16.7%	[ 13.83% - 19.48% ]	18.6%	[ 18.42% - 18.80% ]
% 65+ with migraine and other chronic headache		3.6%	[ 2.77% - 4.39% ]	4.0%	[ 3.95% - 4.15% ]
% 65+ with epilepsy		1.6%	[ 1.12% - 2.15% ]	2.1%	[ 2.00% - 2.14% ]
% 65+ with traumatic brain injury		0.8%	[ 0.41% - 1.09% ]	1.1%	[ 1.06% - 1.16% ]

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% 65+ with autism spectrum disorders			N/A	0.03%	[ 0.02% - 0.04% ]
% 65+ with glaucoma		24.3%	[ 21.21% - 27.48% ]	22.9%	[ 22.74% - 23.13% ]
% 65+ with cataract		59.8%	[ 56.05% - 63.49% ]	61.2%	[ 61.00% - 61.47% ]
% 65+ with pressure ulcer or chronic ulcer	B	4.2%	[ 2.72% - 5.74% ]	7.1%	[ 6.99% - 7.24% ]
% 65+ with 4+ (out of 15) chronic conditions	B	48.2%	[ 44.52% - 51.97% ]	54.4%	[ 54.19% - 54.66% ]
% 65+ with 0 chronic conditions		9.9%	[ 7.55% - 12.26% ]	10.3%	[ 10.12% - 10.42% ]
<b>LIVING WITH DISABILITY</b>					
% 65+ with clinical diagnosis of deafness or hearing impairment	B	11.1%	[ 8.73% - 13.40% ]	14.4%	[ 14.23% - 14.56% ]
% 65+ with clinical diagnosis of blindness or visual impairment		0.7%	[ 0.39% - 1.02% ]	0.9%	[ 0.81% - 0.90% ]
% 65+ with clinical diagnosis of mobility impairments		2.7%	[ 2.04% - 3.36% ]	3.2%	[ 3.14% - 3.31% ]
<b>ACCESS TO CARE</b>					
Medicare (65+ population)					
% Medicare managed care enrollees		7.8%	[ 6.04% - 9.48% ]	7.9%	[ 7.8% - 8.02% ]
% dually eligible for Medicare and Medicaid		6.1%	[ 4.60% - 7.69% ]	7.5%	[ 7.40% - 7.62% ]
% 60+ with a regular doctor		95.7%	[ 92.56% - 98.74% ]	95.8%	[ 95.34% - 96.33% ]
% 60+ who did not see doctor when needed due to cost		4.4%	[ 1.17% - 7.72% ]	5.4%	[ 4.75% - 5.97% ]
<b>SERVICE UTILIZATION</b>					
Physician visits per year	*	5.4	[ 4.9 - 5.8 ]	6.3	[ 6.2 - 6.3 ]
Emergency room visits/1000 persons 65+ years per year		522	[ 366 - 678 ]	572	[ 566 - 578 ]
Part D monthly prescription fills per person per year	*	43.9	[ 40.7 - 47.1 ]	49.1	[ 48.9 - 49.3 ]
Home health visits per year		2.9	[ 1.9 - 3.9 ]	2.5	[ 2.4 - 2.5 ]
Durable medical equipment claims per year		1.7	[ 1.3 - 2.1 ]	2.0	[ 2.0 - 2.0 ]
Inpatient hospital stays/1000 persons 65+ years per year		192	[ 140 - 243 ]	237	[ 234 - 241 ]
Medicare inpatient hospital readmissions (as % of admissions)		19.1%	[ 10.72% - 27.57% ]	15.8%	[ 15.41% - 16.22% ]
# skilled nursing facility stays/1000 persons 65+ years per year	*	45	[ 25 - 64 ]	76	[ 74 - 77 ]
% 65+ getting Medicaid long term services and supports	*	2.3%	[ 1.31% - 3.22% ]	3.7%	[ 3.59% - 3.74% ]
<b>COMMUNITY VARIABLES &amp; CIVIC ENGAGEMENT</b>					
% 60+ who used Internet in last month		83.0%	[ 77.62% - 88.43% ]	77.6%	[ 76.53% - 78.64% ]
<b>SAFETY &amp; TRANSPORTATION</b>					
% 60+ who always drive wearing a seatbelt		75.0%	[ 68.20% - 81.83% ]	77.1%	[ 76.02% - 78.18% ]

Notes. <sup>1</sup> Community-state differences where the margin of error do not overlap each other are noted B, W, or \*.

<sup>2</sup> All community and state margins of error are 95% confidence intervals.

<sup>3</sup> The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

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