Whitefield (Coös)



Age-sex adjusted 1-year mortality rate	HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE		MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
WELLNESS & PREVENTION % 60+ with any physical activity within last month 73.6% [65.84% - 81.31%] 74.5% [73.36% - 75.59% % 60+ met CDC guidelines for muscle-strengthening activity \$6.9 met CDC guidelines for aerobic physical activity \$6.3% [46.49% - 64.01%] 58.6% [57.33% - 59.82% % 60+ met CDC guidelines for both types of physical activities 17.3% [10.93% - 23.67%] 19.9% [18.92% - 20.93% % 60+ getting recommended hours of sleep 64.8% [56.58% - 73.06%] 66.4% [65.16% - 67.60% % 60+ injured in a fall within last 12 months 9.6% [4.98% - 14.31%] 10.4% [9.65% - 11.16% % 60+ hinded hip fracture 3.6% [2.78% - 4.42%] 3.3% [3.19% - 3.34% % 60+ with self-reported fair or poor health status 18.0% [11.61% - 24.32%] 16.5% [15.54% - 17.40% % 60+ with 15+ physically unhealthy days last month 16.6% [10.00% - 23.16%] 12.5% [11.69% - 13.37% % 60+ met CDC preventive health screening goals 38.2% [76.56% - 89.85%] 86.5% [85.66% - 87.39% % 60+ with physical exam/check-up in past year 52.1% [43.69% - 60.52%] 59.3% [86.06% - 70.12% % 60+ with physical vaccine 74.9% [67.21% - 82.59%] 77.8% [76.56% - 71.12% % 60+ with cholesterol screening 92.9% [88.51% - 97.35%] 95.3% [94.78% - 95.82% % 60+ with cholesterol screening 80.9% [75.27% - 86.56%] 77.9% [76.56% - 71.12% % 60+ with high and a mammogram within last 2 years 77.0% [67.21% - 82.59%] 77.9% [76.56% - 71.12% % 60+ with high and a mammogram within last 2 years 77.0% [67.21% - 82.59%] 77.9% [76.56% - 71.12% % 60+ with high and a mammogram within last 2 years 77.0% [67.21% - 82.59%] 77.9% [76.56% - 71.12% % 60+ with high and a mammogram within last 2 years 77.0% [67.21% - 82.59%] 77.9% [76.56% - 71.12% % 60+ with high and a mammogram within last 2 years 77.0% [67.21% - 82.59%] 77.9% [76.56% - 71.12% % 60+ with high and a lexam 69.2% [62.28% - 40.88%] 29.0% [27.79% - 30.12% % 60+ with high of more teeth 98.60+ with high cholesterol 98.60+ with high cholesterol 98.60+ with	POPULATION CHARACTERISTICS						
% 60+ with any physical activity within last month 73.6% [65.84% - 81.31%] 74.5% [73.36% - 75.59% % 60+ met CDC guidelines for muscle-strengthening activity 23.8% [16.42% - 31.24%] 26.0% [24.93% - 27.14% % 60+ met CDC guidelines for aerobic physical activity 55.3% [46.49% - 64.01%] 58.6% [57.33% - 59.82% % 60+ met CDC guidelines for both types of physical activities 17.3% [10.93% - 23.67%] 19.9% [18.92% - 20.93% % 60+ getting recommended hours of sleep 64.8% [56.58% - 73.06%] 66.4% [65.16% - 67.60% % 60+ injured in a fall within last 12 months 9.6% [4.98% - 14.31%] 10.4% [9.65% - 11.16% % 65+ had hip fracture 3.6% [4.98% - 4.42%] 3.3% [3.31% - 33.44% % 60+ with 15+ physically unhealthy days last month 16.6% [10.00% - 23.16%] 12.5% [11.69% - 13.37% % 60+ with physical exam/check-up in past year 83.2% [76.56% - 89.85%] 86.5% [85.66% - 87.99% % 60+ met CDC preventive health screening goals 38.2% [28.68% - 47.64%] 40.3% [38.77% - 41.81% % 60+ with physical exam/check-up in past year 52.1% [43.69% - 60.52%] 59.3% [58.06% - 60.63% % 60+ with physical exam/check-up in past year 52.1% [43.69% - 60.52%] 59.3% [58.06% - 60.63% % 60+ with physical exam/check-up in past year 52.1% [64.90% - 47.64%] 40.3% [38.77% - 41.81% % 60+ with physical exam/check-up in past year 52.1% [67.21% 82.59%] 77.6% [76.56% - 79.12% % 60+ with physical exam/check-up in past year 52.1% [69.80% - 47.64%] 40.3% [38.77% - 41.81% % 60+ with physical exam/check-up in past year 52.1% [69.80% - 47.64%] 40.3% [38.77% - 41.81% % 60+ with physical exam/check-up in past year 52.1% [69.80% - 47.64%] 40.3% [38.77% - 41.81% % 60+ with physical exam/check-up in past year 52.1% [69.80% - 47.64%] 40.3% [38.77% - 41.81% % 60+ with physical exam/check-up in past year 52.1% [69.80% - 47.64%] 40.3% [38.77% - 41.81% % 60+ with cholesterol screening 92.9% [88.51% - 97.35%] 97.35% [99.3% [58.06% - 79.12% % 60+ with cholesterol screening 92.9% [69.80% - 47.64%] 40.3%	Age-sex adjusted 1-year mortality rate		4.8%	[3.28% - 6.41%]	4.1%	[4.02% - 4.19%]
% 60+ met CDC guidelines for muscle-strengthening activity \$60+ met CDC guidelines for aerobic physical activity \$60+ met CDC guidelines for aerobic physical activity \$60+ met CDC guidelines for both types of physical activities \$70,38	WELLNESS & PREVENTION						
% 60+ met CDC guidelines for aerobic physical activity \$60+ met CDC guidelines for aerobic physical activities \$70,30	% 60+ with any physical activity within last month		73.6%	[65.84% - 81.31%]	74.5%	[73.36% - 75.59%]
% 60+ met CDC guidelines for both types of physical activities 17.3%	% 60+ met CDC guidelines for muscle-strengthening activity		23.8%	[16.42% - 31.24%]	26.0%	[24.93% - 27.14%]
% 60+ getting recommended hours of sleep 64.8% [56.58% - 73.06%] 66.4% [65.16% - 67.60% % 60+ Injured in a fall within last 12 months 9.6% [4.98% - 14.31%] 10.4% [9.65% - 11.16% % 65+ had hip fracture 3.6% [2.78% - 4.42%] 3.3% [3.19% - 3.34% % 60+ with self-reported fair or poor health status 18.0% [11.61% - 24.32%] 16.5% [15.54% - 17.40% % 60+ with 15+ physically unhealthy days last month 16.6% [10.00% - 23.16%] 12.5% [11.69% - 13.37% % 60+ with physical exam/check-up in past year 83.2% [76.56% - 89.85%] 86.5% [85.66% - 87.39% % 60+ met CDC preventive health screening goals 86.5+ with pneumonia vaccine 74.9% [67.21% - 82.59%] 77.8% [76.56% - 60.63% % 65+ with neumonia vaccine 74.9% [67.21% - 82.59%] 77.8% [76.56% - 79.12% % 60+ with cholesterol screening 92.9% [88.51% - 97.35%] 95.3% [94.78% - 95.82% % 60+ with neumogram within last 2 years 77.0% [67.08% - 86.85%] 79.3% [77.96% - 80.69% % 60+ with lNV test 16.2% [9.42% - 23.00%] 13.5% [12.50% - 14.41% % 60+ with loss of 6 or more teeth 33.6% [26.22% - 40.88%] 29.0% [27.79% - 30.12% % 60+ with son of 6 or more teeth 33.6% [26.22% - 40.88%] 29.0% [27.79% - 30.12% % 60+ with son of 6 or more teeth 33.6% [26.22% - 40.88%] 29.0% [77.0% [75.92% - 78.64% NUTRITION/DIET % 60+ with 5 or more servings of fruit or vegetables per day 60+ with 5 or more servings of fruit or vegetables per day 60+ with 5 or more servings of fruit or vegetables per day 60+ with sin of 60 er more servings of fruit or vegetables per day 60+ with sin of 60 er more servings of fruit or vegetables per day 60+ with sin of 60 er more servings of fruit or vegetables per day 60+ with sin of 60 er more servings of fruit or vegetables per day 60+ with sin of 60 er more servings of fruit or vegetables per day 60+ with sin of 60 er more servings of fruit or vegetables per day 60+ with sin of 60+ with sin of 60+ with sin or more servings of fruit or vegetables per day 60+ with sin of 60+ with sin or more servings of fruit or vegetable	% 60+ met CDC guidelines for aerobic physical activity		55.3%	[46.49% - 64.01%]	58.6%	[57.33% - 59.82%]
% 60+ injured in a fall within last 12 months 9.6% [4.98% - 14.31%] 10.4% [9.65% - 11.16%	% 60+ met CDC guidelines for both types of physical activities		17.3%	[10.93% - 23.67%]	19.9%	[18.92% - 20.93%]
% 65+ had hip fracture 3.6% [2.78% - 4.42%] 3.3% [3.19% - 3.34%] % 60+ with self-reported fair or poor health status 18.0% [11.61% - 24.32%] 16.5% [15.54% - 17.40%] % 60+ with 15+ physically unhealthy days last month 16.6% [10.00% - 23.16%] 12.5% [11.69% - 13.37%] % 60+ with physical exam/check-up in past year 83.2% [76.56% - 89.85%] 86.5% [85.66% - 87.39%] % 60+ met CDC preventive health screening goals 38.2% [28.68% - 47.64%] 40.3% [38.77% - 41.81%] % 60+ flu shot past year 52.1% [43.69% - 60.52%] 59.3% [58.06% - 60.63%] % 65+ with pneumonia vaccine 74.9% [67.21% - 82.59%] 77.8% [76.56% - 79.12%] % 60+ with cholesterol screening 92.9% [88.51% - 97.35%] 95.3% [94.78% - 95.82%] % 60+ with colorectal cancer screening 80.9% [75.27% - 86.56%] 77.0% [75.92% - 78.16%] % 60+ with HIV test 16.2% [9.42% - 23.00%] 13.5% [12.50% - 14.41%] % 60+ with loss of 6 or more teeth 33.6% [26.22% - 40.88%] 29.0% [27.79% - 30.12%] % 60+ with nunual dental exam 69.2% [62.16% - 76.20%] 75	% 60+ getting recommended hours of sleep		64.8%	[56.58% - 73.06%]	66.4%	[65.16% - 67.60%]
% 60+ with self-reported fair or poor health status 18.0% [11.61% - 24.32%] 16.5% [15.54% - 17.40% % 60+ with 15+ physically unhealthy days last month 16.6% [10.00% - 23.16%] 12.5% [11.69% - 13.37% % 60+ with physical exam/check-up in past year 83.2% [76.56% - 89.85%] 86.5% [85.66% - 87.39% % 60+ met CDC preventive health screening goals 38.2% [28.68% - 47.64%] 40.3% [38.77% - 41.81% % 60+ goal in shot past year 52.1% [43.69% - 60.52%] 59.3% [58.06% - 60.63% % 60+ with past year 74.9% [67.21% - 82.59%] 77.8% [76.56% - 79.12% % 60+ with pneumonia vaccine 74.9% [67.21% - 82.59%] 77.8% [76.56% - 79.12% % 60+ with cholesterol screening 92.9% [88.51% - 97.35%] 95.3% [94.78% - 95.82% % 60+ with animogram within last 2 years 77.0% [67.08% - 86.85%] 79.3% [77.96% - 80.69% % 60+ with HIV test 16.2% [9.42% - 23.00%] 13.5% [12.50% - 14.41% % 60+ with loss of 6 or more teeth 33.6% [26.22% - 40.88%] 29.0% [27.79% - 30.12% % 60+ with numual dental	% 60+ injured in a fall within last 12 months		9.6%	[4.98% - 14.31%]	10.4%	[9.65% - 11.16%]
% 60+ with 15+ physically unhealthy days last month 16.6% [10.00% - 23.16%] 12.5% [11.69% - 13.37%	% 65+ had hip fracture		3.6%	[2.78% - 4.42%]	3.3%	[3.19% - 3.34%]
8.3.2% [76.56% - 89.85%] 86.5% [85.66% - 87.39% 60+ with physical exam/check-up in past year 8.3.2% [76.56% - 89.85%] 86.5% [85.66% - 87.39% 60+ met CDC preventive health screening goals 8.3.2% [28.68% - 47.64%] 40.3% [38.77% - 41.81% 60+ flu shot past year 52.1% [43.69% - 60.52%] 59.3% [58.06% - 60.63% 76.56% with pneumonia vaccine 74.9% [67.21% - 82.59%] 77.8% [76.56% - 79.12% 76.56% with pneumonia vaccine 92.9% [88.51% - 97.35%] 95.3% [94.78% - 95.82% 77.0% [67.08% - 86.85%] 79.3% [77.96% - 80.69% 76.09% 77.00%] 77.96% - 80.69% 77.00% [75.27% - 86.56%] 77.0% [75.92% - 78.16% 77.00%] 77.96% 77.00% 77.96%	% 60+ with self-reported fair or poor health status		18.0%	[11.61% - 24.32%]	16.5%	[15.54% - 17.40%]
8 60+ met CDC preventive health screening goals 38.2% [28.68% - 47.64%] 40.3% [38.77% - 41.81% 60+ llu shot past year 52.1% [43.69% - 60.52%] 59.3% [58.06% - 60.63% 65+ with pneumonia vaccine 74.9% [67.21% - 82.59%] 77.8% [76.56% - 79.12% 60+ with cholesterol screening 92.9% [88.51% - 97.35%] 95.3% [94.78% - 95.82% 60+ women with a mammogram within last 2 years 77.0% [67.08% - 86.85%] 79.3% [77.96% - 80.69% 60+ with colorectal cancer screening 80.9% [75.27% - 86.56%] 77.0% [75.92% - 78.16% 60+ with HIV test 16.2% [9.42% - 23.00%] 13.5% [12.50% - 14.41% 60+ current smokers 10.6% [5.99% - 15.25%] 8.1% [7.38% - 8.79% 14.41% 60+ with loss of 6 or more teeth 33.6% [26.22% - 40.88%] 29.0% [27.79% - 30.12% 60+ with annual dental exam 69.2% [62.16% - 76.20%] 75.7% [74.65% - 76.84% 14.78% 14.78% 14.78% 15.78%	% 60+ with 15+ physically unhealthy days last month		16.6%	[10.00% - 23.16%]	12.5%	[11.69% - 13.37%]
\$60+ flu shot past year \$52.1%	% 60+ with physical exam/check-up in past year		83.2%	[76.56% - 89.85%]	86.5%	[85.66% - 87.39%]
% 65+ with pneumonia vaccine 74.9% [67.21% - 82.59%] 77.8% [76.56% - 79.12% % 60+ with cholesterol screening 92.9% [88.51% - 97.35%] 95.3% [94.78% - 95.82% % 60+ women with a mammogram within last 2 years 77.0% [67.08% - 86.85%] 79.3% [77.96% - 80.69% % 60+ with colorectal cancer screening 80.9% [75.27% - 86.56%] 77.0% [75.92% - 78.16% % 60+ with HIV test 16.2% [9.42% - 23.00%] 13.5% [12.50% - 14.41% % 60+ current smokers 10.6% [5.99% - 15.25%] 8.1% [7.38% - 8.79% Oral Health 33.6% [26.22% - 40.88%] 29.0% [27.79% - 30.12% % 60+ with loss of 6 or more teeth 33.6% [26.22% - 40.88%] 29.0% [27.79% - 30.12% % 60+ with annual dental exam 69.2% [62.16% - 76.20%] 75.7% [74.65% - 76.84% NUTRITION/DIET % 60+ self-reported obese 27.6% [19.69% - 35.47%] 27.2% [26.03% - 28.35% % 65+ clinically diagnosed obese 16.1% [13.22% - 19.06%] 16.7% [16.56% - 16.94% % 65+ with high cholesterol 72.3	% 60+ met CDC preventive health screening goals		38.2%	[28.68% - 47.64%]	40.3%	[38.77% - 41.81%]
92.9% [88.51% - 97.35%] 95.3% [94.78% - 95.82% 60+ with cholesterol screening 92.9% [88.51% - 97.35%] 95.3% [94.78% - 95.82% 60+ women with a mammogram within last 2 years 77.0% [67.08% - 86.85%] 79.3% [77.96% - 80.69% 60+ with colorectal cancer screening 80.9% [75.27% - 86.56%] 77.0% [75.92% - 78.16% 60+ with HIV test 16.2% [9.42% - 23.00%] 13.5% [12.50% - 14.41% 60+ current smokers 10.6% [5.99% - 15.25%] 8.1% [7.38% - 8.79% Oral Health 33.6% [26.22% - 40.88%] 29.0% [27.79% - 30.12% 60+ with annual dental exam 69.2% [62.16% - 76.20%] 75.7% [74.65% - 76.84% NUTRITION/DIET 86.60+ with 5 or more servings of fruit or vegetables per day 15.2% [9.62% - 20.72%] 20.2% [19.23% - 21.21% 60+ self-reported obese 27.6% [19.69% - 35.47%] 27.2% [26.03% - 28.35% 65+ clinically diagnosed obese 16.1% [13.22% - 19.06%] 16.7% [16.56% - 16.94% 65+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 72.44% 65+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 72.44% 72.3%] 10.00% [75.70%] 72.2% [72.01% - 72.44% 72.44% 72.3%] 10.00% [75.70%] 72.2% [72.01% - 72.44% 72.44% 72.3%] 10.00% [75.70%] 72.2% [72.01% - 72.44% 72.44% 72.3%] 10.00% [75.70%] 72.2% [72.01% - 72.44% 72.44% 72.3%] 10.00% [75.70%] 72.2% [72.01% - 72.44% 72.44% 72.3%] 10.00% [75.70%] 72.2% [72.01% - 72.44% 72.44% 72.3%] 10.00% [75.70%] 72.2% [72.01% - 72.44% 72.44% 72.3%] 10.00% [75.70%] 72.2% [72.01% - 72.44% 72.44% 72.3%] 10.00% [75.70%] 72.2% [72.01% - 72.44% 72.44% 72.3%] 10.00% [75.70%] 72.2% [72.01% - 72.44% 72.44% 72.3%] 10.00% [75.70%] 72.2% [72.01% - 72.44% 72.44% 72.3%] 10.00% [75.70%] 72.2% [72.01% - 72.44% 72.44% 72.3%] 10.00% [75.70%] 72.2% [72.01% - 72.44% 72.44% 72.3%] 10.00% [75.70%] 72.2% [72.01% - 72.44% 72.44% 72.3%] 10.00% [75.70%] 72.2% [72.01% - 72.44% 72	% 60+ flu shot past year		52.1%	[43.69% - 60.52%]	59.3%	[58.06% - 60.63%]
77.0% [67.08% - 86.85%] 79.3% [77.96% - 80.69% 60+ with colorectal cancer screening	% 65+ with pneumonia vaccine		74.9%	[67.21% - 82.59%]	77.8%	[76.56% - 79.12%]
80.9% [75.27% - 86.56%] 77.0% [75.92% - 78.16% 60+ with colorectal cancer screening 80.9% [75.27% - 86.56%] 77.0% [75.92% - 78.16% 60+ with HIV test 16.2% [9.42% - 23.00%] 13.5% [12.50% - 14.41% 60+ current smokers 10.6% [5.99% - 15.25%] 8.1% [7.38% - 8.79% Oral Health 80.00 80.9% [26.22% - 40.88%] 29.0% [27.79% - 30.12% 60+ with annual dental exam 69.2% [62.16% - 76.20%] 75.7% [74.65% - 76.84% NUTRITION/DIET 80.00 80.9% [9.62% - 20.72%] 20.2% [19.23% - 21.21% 60+ self-reported obese 27.6% [19.69% - 35.47%] 27.2% [26.03% - 28.35% 65+ clinically diagnosed obese 16.1% [13.22% - 19.06%] 16.7% [16.56% - 16.94% 65+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 66+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 66+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 66+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 66+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 66+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 66+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 66+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 66+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 66+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 66+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 66+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 66+ with high cholesterol 72.3% [72.01% - 72.44% 66+ with high cholesterol 72.3% [72.01% - 72.44% 66+ with high cholesterol 72.3% [72.01% - 72.44% 66+ with high cholesterol 72.3% [72.01% - 72.44% 66+ with high cholesterol 72.3% [72.01% - 72.44% 66+ with high cholesterol 72.3% [72.01% - 72.44% 66+ with high cholesterol 72.3% [72.01% - 72.44% 66+ with high cholesterol 72.3% [72.01% - 72.44% 66+ with high cholesterol 72.3% [72.01% - 72.44% 66+ with high cholesterol 72.3% [72.01	% 60+ with cholesterol screening		92.9%	[88.51% - 97.35%]	95.3%	[94.78% - 95.82%]
16.2% [9.42% - 23.00%] 13.5% [12.50% - 14.41% 60+ current smokers	% 60+ women with a mammogram within last 2 years		77.0%	[67.08% - 86.85%]	79.3%	[77.96% - 80.69%]
10.6% 5.99% - 15.25% 8.1% 7.38% - 8.79%	% 60+ with colorectal cancer screening		80.9%	[75.27% - 86.56%]	77.0%	[75.92% - 78.16%]
Oral Health % 60+ with loss of 6 or more teeth % 60+ with annual dental exam 69.2% [62.16% - 76.20%] 75.7% [74.65% - 76.84% NUTRITION/DIET % 60+ with 5 or more servings of fruit or vegetables per day % 60+ self-reported obese 27.6% [19.69% - 20.72%] 20.2% [19.23% - 21.21% % 65+ clinically diagnosed obese % 65+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44%	% 60+ with HIV test		16.2%	[9.42% - 23.00%]	13.5%	[12.50% - 14.41%]
% 60+ with loss of 6 or more teeth 33.6% [26.22% - 40.88%] 29.0% [27.79% - 30.12% % 60+ with annual dental exam 69.2% [62.16% - 76.20%] 75.7% [74.65% - 76.84% NUTRITION/DIET % 60+ with 5 or more servings of fruit or vegetables per day 15.2% [9.62% - 20.72%] 20.2% [19.23% - 21.21% % 60+ self-reported obese 27.6% [19.69% - 35.47%] 27.2% [26.03% - 28.35% % 65+ clinically diagnosed obese 16.1% [13.22% - 19.06%] 16.7% [16.56% - 16.94% % 65+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44%	% 60+ current smokers		10.6%	[5.99% - 15.25%]	8.1%	[7.38% - 8.79%]
% 60+ with annual dental exam 69.2% [62.16% - 76.20%] 75.7% [74.65% - 76.84% NUTRITION/DIET % 60+ with 5 or more servings of fruit or vegetables per day 15.2% [9.62% - 20.72%] 20.2% [19.23% - 21.21% 60+ self-reported obese 27.6% [19.69% - 35.47%] 27.2% [26.03% - 28.35% 65+ clinically diagnosed obese 16.1% [13.22% - 19.06%] 16.7% [16.56% - 16.94% 65+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 65+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 65+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 65+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 65+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 65+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44% 65+ with high cholesterol 72.3% [72.01% - 72.44% 65+ with high cholesterol 72.	Oral Health						
NUTRITION/DIET % 60+ with 5 or more servings of fruit or vegetables per day 15.2% [9.62% - 20.72%] 20.2% [19.23% - 21.21%	% 60+ with loss of 6 or more teeth		33.6%	[26.22% - 40.88%]	29.0%	[27.79% - 30.12%]
% 60+ with 5 or more servings of fruit or vegetables per day 15.2% [9.62% - 20.72%] 20.2% [19.23% - 21.21%	% 60+ with annual dental exam		69.2%	[62.16% - 76.20%]	75.7%	[74.65% - 76.84%]
% 60+ self-reported obese 27.6% [19.69% - 35.47%] 27.2% [26.03% - 28.35% % 65+ clinically diagnosed obese 16.1% [13.22% - 19.06%] 16.7% [16.56% - 16.94% % 65+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44%	NUTRITION/DIET						
% 65+ clinically diagnosed obese 16.1% [13.22% - 19.06%] 16.7% [16.56% - 16.94%	% 60+ with 5 or more servings of fruit or vegetables per day		15.2%	[9.62% - 20.72%]	20.2%	[19.23% - 21.21%]
% 65+ with high cholesterol 72.3% [68.90% - 75.70%] 72.2% [72.01% - 72.44%	% 60+ self-reported obese		27.6%	[19.69% - 35.47%]	27.2%	[26.03% - 28.35%]
	% 65+ clinically diagnosed obese		16.1%	[13.22% - 19.06%]	16.7%	[16.56% - 16.94%]
% 60+ excessive drinking 7.6% [3.22% - 12.07%] 9.2% [8.45% - 9.94%	% 65+ with high cholesterol		72.3%	[68.90% - 75.70%]	72.2%	[72.01% - 72.44%]
	% 60+ excessive drinking		7.6%	[3.22% - 12.07%]	9.2%	[8.45% - 9.94%]

Whitefield (Coös) Page 1

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ² E	STATE ESTIMATE	MARGIN OF ERROR ²
BEHAVIORAL HEALTH					
% 60+ with 15+ days poor mental health last month		8.0%	[3.09% - 12.88%]	6.9% [[6.29% - 7.61%]
% 65+ with depression	W	33.2%	[29.73% - 36.74%]	28.8% [[28.59% - 29.01%]
% 65+ with anxiety disorders		22.1%	[18.83% - 25.38%]	21.9% [[21.74% - 22.15%]
% 65+ with bipolar disorders		4.0%	[3.01% - 4.94%]	3.1% [[2.97% - 3.14%]
% 65+ with post-traumatic stress disorder		1.5%	[0.86% - 2.13%]	1.4% [[1.35% - 1.48%]
% 65+ with schizophrenia & other psychotic disorders	W	8.1%	[6.76% - 9.35%]	4.9% [[4.81% - 5.02%]
% 65+ with personality disorders		1.8%	[1.10% - 2.47%]	1.1% [[1.00% - 1.11%]
% 65+ with substance use disorders (drug use +/or alcohol abuse)	W	8.3%	[6.05% - 10.47%]	5.5% [[5.41% - 5.64%]
% 65+ with tobacco use disorders	W	14.3%	[11.44% - 17.13%]	10.4% [[10.23% - 10.54%]
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias	W	16.6%	[13.72% - 19.45%]	12.0%	[11.89% - 12.19%]
% 65+ with diabetes	W	33.1%	[29.38% - 36.89%]	28.2%	[27.97% - 28.41%]
% 65+ with stroke		12.8%	[10.37% - 15.25%]		[10.64% - 10.92%]
% 65+ with chronic obstructive pulmonary disease		23.6%	[20.45% - 26.76%]		[20.36% - 20.73%]
% 65+ with asthma		14.1%	[11.47% - 16.69%]	13.0% [[12.89% - 13.21%]
% 65+ with hypertension		71.3%	[67.81% - 74.70%]	70.2% [[70.02% - 70.46%]
% 65+ ever had a heart attack		6.1%	[4.40% - 7.84%]	4.5% [[4.37% - 4.56%]
% 65+ with ischemic heart disease	W	38.5%	[34.66% - 42.36%]	34.3% [[34.12% - 34.58%]
% 65+ with congestive heart failure	W	23.4%	[20.14% - 26.70%]	17.7% [[17.57% - 17.93%]
% 65+ with atrial fibrillation		13.7%	[11.19% - 16.23%]	14.4% [[14.28% - 14.60%]
% 65+ with peripheral vascular disease	W	20.5%	[17.29% - 23.61%]	14.7% [[14.51% - 14.84%]
% 65+ with osteoarthritis/rheumatoid arthritis	В	43.0%	[39.05% - 46.87%]	49.1% [[48.82% - 49.32%]
% 65+ with osteoporosis		16.9%	[14.15% - 19.58%]	17.4% [[17.22% - 17.57%]
% 65+ with leukemias and lymphomas		2.0%	[1.38% - 2.69%]	2.0% [[1.91% - 2.05%]
% 65+ with lung cancer	В	0.8%	[0.43% - 1.27%]	1.6% [[1.54% - 1.66%]
% 65+ with colon cancer		2.3%	[1.60% - 2.93%]	2.4% [[2.37% - 2.51%]
% 65+ women with breast cancer	В	7.0%	[4.43% - 9.54%]	9.8% [[9.59% - 9.96%]
% 65+ women with endometrial cancer		2.0%	[1.14% - 2.83%]	1.7% [[1.60% - 1.76%]
% 65+ men with prostate cancer		10.4%	[7.14% - 13.64%]	11.5% [[11.24% - 11.68%]
% 65+ with benign prostatic hyperplasia		32.4%	[27.29% - 37.49%]	36.8% [[36.47% - 37.14%]
% 65+ with HIV/AIDS		0.05%	[0.02% - 0.08%]	0.05% [[0.04% - 0.06%]
% 65+ with hypothyroidism		22.8%	[19.70% - 25.89%]	20.8% [[20.62% - 20.99%]
% 65+ with anemia		38.9%	[35.26% - 42.49%]		[37.12% - 37.57%]
% 65+ with chronic kidney disease		22.8%	[19.51% - 26.08%]	22.3% [[22.14% - 22.54%]
% 65+ with liver diseases		8.0%	[5.86% - 10.16%]	6.9% [[6.75% - 6.99%]
% 65+ with fibromyalgia, chronic pain and fatigue		18.0%	[15.04% - 21.06%]	18.6% [[18.42% - 18.80%]
% 65+ with migraine and other chronic headache		3.6%	[2.69% - 4.50%]	4.0% [[3.95% - 4.15%]
% 65+ with epilepsy		2.3%	[1.52% - 3.00%]	2.1% [[2.00% - 2.14%]
% 65+ with traumatic brain injury		1.0%	[0.48% - 1.47%]	1.1% [[1.06% - 1.16%]

Whitefield (Coös) Page 2

HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE		STATE STIMATE	MARGIN OF ERROR ²
% 65+ with autism spectrum disorders			N/A	0.03%	[0.02% - 0.04%
% 65+ with glaucoma		20.0%	[17.07% - 22.97%]	22.9%	[22.74% - 23.13%
% 65+ with cataract		61.1%	[57.37% - 64.75%]	61.2%	[61.00% - 61.47%
% 65+ with pressure ulcer or chronic ulcer		9.5%	[7.18% - 11.91%]	7.1%	[6.99% - 7.24%
% 65+ with 4+ (out of 15) chronic conditions		57.0%	[53.27% - 60.72%]	54.4%	[54.19% - 54.66%
% 65+ with 0 chronic conditions		9.8%	[7.49% - 12.10%]	10.3%	[10.12% - 10.42%
LIVING WITH DISABILITY					
% 65+ with clinical diagnosis of deafness or hearing impairment		16.2%	[13.39% - 19.08%]	14.4%	[14.23% - 14.56%
% 65+ with clinical diagnosis of blindness or visual impairment		0.6%	[0.23% - 0.92%]	0.9%	[0.81% - 0.90%
% 65+ with clinical diagnosis of mobility impairments		3.8%	[2.91% - 4.72%]	3.2%	[3.14% - 3.31%
ACCESS TO CARE					
Medicare (65+ population)					
% Medicare managed care enrollees	*	1.1%	[0.40% - 1.87%]	7.9%	[7.8% - 8.02%
% dually eligible for Medicare and Medicaid	*	21.8%	[18.96% - 24.72%]	7.5%	[7.40% - 7.62%
% 60+ with a regular doctor		96.4%	[94.19% - 98.69%]	95.8%	[95.34% - 96.33%
% 60+ who did not see doctor when needed due to cost		9.7%	[4.77% - 14.66%]	5.4%	[4.75% - 5.97%
SERVICE UTILIZATION					
Physician visits per year	*	3.1	[2.8 - 3.4]	6.3	[6.2 - 6.3
Emergency room visits/1000 persons 65+ years per year		677	[571 - 783]	572	[566 - 578
Part D monthly prescription fills per person per year	*	58.0	[53.4 - 62.6]	49.1	[48.9 - 49.3
Home health visits per year		1.9	[1.2 - 2.5]	2.5	[2.4 - 2.5
Durable medical equipment claims per year		2.2	[1.7 - 2.6]	2.0	[2.0 - 2.0
Inpatient hospital stays/1000 persons 65+ years per year		225	[179 - 271]	237	[234 - 241
Medicare inpatient hospital readmissions (as % of admissions)	*	8.7%	[4.13% - 13.20%]	15.8%	[15.41% - 16.22%
# skilled nursing facility stays/1000 persons 65+ years per year		101	[69 - 132]	76	[74 - 77
% 65+ getting Medicaid long term services and supports	*	12.6%	[10.31% - 14.94%]	3.7%	[3.59% - 3.74%
COMMUNITY VARIABLES & CIVIC ENGAGEMENT					
% 60+ who used Internet in last month		72.9%	[65.62% - 80.17%]	77.6%	[76.53% - 78.64%
SAFETY & TRANSPORTATION					
% 60+ who always drive wearing a seatbelt		73.0%	[66.15% - 79.79%]	77.1%	[76.02% - 78.18%
, ,		-	- '		-

Questions or suggestions? Beth.Dugan@umb.edu

Whitefield (Coös) Page 3

Notes.

Community-state differences where the margin of error do not overlap each other are noted B, W, or *.

All community and state margins of error are 95% confidence intervals.

The margin of erroe of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last montth, and did not see doctor when needed due to cost.