

Manchester: North (Hillsborough)



HEALTHY AGING INDICATORS	BETTER / WORSE STATE RATE ¹	COMMUNITY ESTIMATE	MARGIN OF ERROR ²	STATE ESTIMATE	MARGIN OF ERROR ²
POPULATION CHARACTERISTICS					
Age-sex adjusted 1-year mortality rate		4.1%	[3.37% - 4.82%]	4.1%	[4.02% - 4.19%]
WELLNESS & PREVENTION					
% 60+ with any physical activity within last month		71.0%	[65.98% - 76.03%]	74.5%	[73.36% - 75.59%]
% 60+ met CDC guidelines for muscle-strengthening activity		22.0%	[17.98% - 26.04%]	26.0%	[24.93% - 27.14%]
% 60+ met CDC guidelines for aerobic physical activity		52.7%	[47.78% - 57.67%]	58.6%	[57.33% - 59.82%]
% 60+ met CDC guidelines for both types of physical activities		15.5%	[12.00% - 19.09%]	19.9%	[18.92% - 20.93%]
% 60+ getting recommended hours of sleep		64.0%	[58.84% - 69.15%]	66.4%	[65.16% - 67.60%]
% 60+ injured in a fall within last 12 months		12.3%	[8.57% - 16.01%]	10.4%	[9.65% - 11.16%]
% 65+ had hip fracture		3.6%	[2.91% - 4.34%]	3.3%	[3.19% - 3.34%]
% 60+ with self-reported fair or poor health status		21.6%	[17.12% - 26.08%]	16.5%	[15.54% - 17.40%]
% 60+ with 15+ physically unhealthy days last month		15.0%	[11.17% - 18.75%]	12.5%	[11.69% - 13.37%]
% 60+ with physical exam/check-up in past year		90.7%	[87.10% - 94.25%]	86.5%	[85.66% - 87.39%]
% 60+ met CDC preventive health screening goals		34.9%	[28.21% - 41.57%]	40.3%	[38.77% - 41.81%]
% 60+ flu shot past year		61.0%	[55.52% - 66.48%]	59.3%	[58.06% - 60.63%]
% 65+ with pneumonia vaccine		77.1%	[71.54% - 82.60%]	77.8%	[76.56% - 79.12%]
% 60+ with cholesterol screening		95.5%	[93.25% - 97.75%]	95.3%	[94.78% - 95.82%]
% 60+ women with a mammogram within last 2 years		84.1%	[79.37% - 88.74%]	79.3%	[77.96% - 80.69%]
% 60+ with colorectal cancer screening		72.5%	[66.60% - 78.43%]	77.0%	[75.92% - 78.16%]
% 60+ with HIV test		13.5%	[9.38% - 17.55%]	13.5%	[12.50% - 14.41%]
% 60+ current smokers		9.6%	[6.21% - 12.97%]	8.1%	[7.38% - 8.79%]
Oral Health					
% 60+ with loss of 6 or more teeth	W	36.8%	[31.18% - 42.33%]	29.0%	[27.79% - 30.12%]
% 60+ with annual dental exam		72.8%	[67.88% - 77.67%]	75.7%	[74.65% - 76.84%]
NUTRITION/DIET					
% 60+ with 5 or more servings of fruit or vegetables per day	W	14.4%	[11.11% - 17.61%]	20.2%	[19.23% - 21.21%]
% 60+ self-reported obese		30.7%	[25.52% - 35.80%]	27.2%	[26.03% - 28.35%]
% 65+ clinically diagnosed obese		16.5%	[14.75% - 18.23%]	16.7%	[16.56% - 16.94%]
% 65+ with high cholesterol	W	75.6%	[73.69% - 77.41%]	72.2%	[72.01% - 72.44%]
% 60+ excessive drinking		8.3%	[4.80% - 11.71%]	9.2%	[8.45% - 9.94%]

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BEHAVIORAL HEALTH					
% 60+ with 15+ days poor mental health last month		7.4% [4.22% - 10.56%]		6.9% [6.29% - 7.61%]	
% 65+ with depression		29.6% [27.74% - 31.50%]		28.8% [28.59% - 29.01%]	
% 65+ with anxiety disorders		23.6% [21.66% - 25.49%]		21.9% [21.74% - 22.15%]	
% 65+ with bipolar disorders		4.0% [3.13% - 4.85%]		3.1% [2.97% - 3.14%]	
% 65+ with post-traumatic stress disorder		2.0% [1.29% - 2.70%]		1.4% [1.35% - 1.48%]	
% 65+ with schizophrenia & other psychotic disorders		5.6% [4.58% - 6.52%]		4.9% [4.81% - 5.02%]	
% 65+ with personality disorders	W	2.1% [1.41% - 2.79%]		1.1% [1.00% - 1.11%]	
% 65+ with substance use disorders (drug use +/- alcohol abuse)		6.2% [5.05% - 7.28%]		5.5% [5.41% - 5.64%]	
% 65+ with tobacco use disorders		9.7% [8.31% - 11.08%]		10.4% [10.23% - 10.54%]	
CHRONIC DISEASE					
% 65+ with Alzheimer's disease or related dementias		12.6% [11.21% - 14.03%]		12.0% [11.89% - 12.19%]	
% 65+ with diabetes		29.3% [27.18% - 31.37%]		28.2% [27.97% - 28.41%]	
% 65+ with stroke		12.0% [10.72% - 13.34%]		10.8% [10.64% - 10.92%]	
% 65+ with chronic obstructive pulmonary disease		19.3% [17.69% - 20.87%]		20.5% [20.36% - 20.73%]	
% 65+ with asthma		14.1% [12.69% - 15.52%]		13.0% [12.89% - 13.21%]	
% 65+ with hypertension		69.0% [67.03% - 70.98%]		70.2% [70.02% - 70.46%]	
% 65+ ever had a heart attack	B	3.6% [2.86% - 4.34%]		4.5% [4.37% - 4.56%]	
% 65+ with ischemic heart disease		33.5% [31.37% - 35.62%]		34.3% [34.12% - 34.58%]	
% 65+ with congestive heart failure		17.3% [15.68% - 18.98%]		17.7% [17.57% - 17.93%]	
% 65+ with atrial fibrillation		15.1% [13.69% - 16.59%]		14.4% [14.28% - 14.60%]	
% 65+ with peripheral vascular disease		14.2% [12.67% - 15.66%]		14.7% [14.51% - 14.84%]	
% 65+ with osteoarthritis/rheumatoid arthritis	W	52.9% [50.56% - 55.22%]		49.1% [48.82% - 49.32%]	
% 65+ with osteoporosis	W	20.0% [18.36% - 21.54%]		17.4% [17.22% - 17.57%]	
% 65+ with leukemias and lymphomas		2.0% [1.39% - 2.64%]		2.0% [1.91% - 2.05%]	
% 65+ with lung cancer	B	1.0% [0.64% - 1.44%]		1.6% [1.54% - 1.66%]	
% 65+ with colon cancer		2.1% [1.53% - 2.65%]		2.4% [2.37% - 2.51%]	
% 65+ women with breast cancer		8.8% [7.28% - 10.39%]		9.8% [9.59% - 9.96%]	
% 65+ women with endometrial cancer		2.2% [1.37% - 2.95%]		1.7% [1.60% - 1.76%]	
% 65+ men with prostate cancer	W	14.3% [12.18% - 16.49%]		11.5% [11.24% - 11.68%]	
% 65+ with benign prostatic hyperplasia		37.9% [34.90% - 40.95%]		36.8% [36.47% - 37.14%]	
% 65+ with HIV/AIDS		0.07% [0.04% - 0.10%]		0.05% [0.04% - 0.06%]	
% 65+ with hypothyroidism	W	27.5% [25.70% - 29.35%]		20.8% [20.62% - 20.99%]	
% 65+ with anemia	W	40.0% [38.01% - 42.04%]		37.3% [37.12% - 37.57%]	
% 65+ with chronic kidney disease		23.8% [21.87% - 25.66%]		22.3% [22.14% - 22.54%]	
% 65+ with liver diseases		7.5% [6.31% - 8.69%]		6.9% [6.75% - 6.99%]	
% 65+ with fibromyalgia, chronic pain and fatigue		19.9% [18.14% - 21.76%]		18.6% [18.42% - 18.80%]	
% 65+ with migraine and other chronic headache		3.5% [2.63% - 4.32%]		4.0% [3.95% - 4.15%]	
% 65+ with epilepsy		1.6% [1.06% - 2.20%]		2.1% [2.00% - 2.14%]	
% 65+ with traumatic brain injury		1.3% [0.76% - 1.75%]		1.1% [1.06% - 1.16%]	

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% 65+ with autism spectrum disorders			N/A	0.03%	[0.02% - 0.04%]
% 65+ with glaucoma	W	28.2%	[26.40% - 30.08%]	22.9%	[22.74% - 23.13%]
% 65+ with cataract		62.8%	[60.78% - 64.92%]	61.2%	[61.00% - 61.47%]
% 65+ with pressure ulcer or chronic ulcer		6.9%	[5.78% - 7.92%]	7.1%	[6.99% - 7.24%]
% 65+ with 4+ (out of 15) chronic conditions		55.1%	[53.02% - 57.21%]	54.4%	[54.19% - 54.66%]
% 65+ with 0 chronic conditions		9.1%	[7.85% - 10.42%]	10.3%	[10.12% - 10.42%]
LIVING WITH DISABILITY					
% 65+ with clinical diagnosis of deafness or hearing impairment		15.9%	[14.28% - 17.44%]	14.4%	[14.23% - 14.56%]
% 65+ with clinical diagnosis of blindness or visual impairment		1.3%	[0.82% - 1.82%]	0.9%	[0.81% - 0.90%]
% 65+ with clinical diagnosis of mobility impairments		3.3%	[2.51% - 4.11%]	3.2%	[3.14% - 3.31%]
ACCESS TO CARE					
Medicare (65+ population)					
% Medicare managed care enrollees		8.4%	[7.38% - 9.34%]	7.9%	[7.8% - 8.02%]
% dually eligible for Medicare and Medicaid	*	5.0%	[4.27% - 5.82%]	7.5%	[7.40% - 7.62%]
% 60+ with a regular doctor		95.0%	[92.08% - 97.86%]	95.8%	[95.34% - 96.33%]
% 60+ who did not see doctor when needed due to cost		7.1%	[3.73% - 10.52%]	5.4%	[4.75% - 5.97%]
SERVICE UTILIZATION					
Physician visits per year	*	7.6	[7.3 - 7.9]	6.3	[6.2 - 6.3]
Emergency room visits/1000 persons 65+ years per year	*	484	[440 - 528]	572	[566 - 578]
Part D monthly prescription fills per person per year		49.3	[47.4 - 51.2]	49.1	[48.9 - 49.3]
Home health visits per year		2.7	[2.1 - 3.2]	2.5	[2.4 - 2.5]
Durable medical equipment claims per year		1.9	[1.6 - 2.1]	2.0	[2.0 - 2.0]
Inpatient hospital stays/1000 persons 65+ years per year		255	[228 - 282]	237	[234 - 241]
Medicare inpatient hospital readmissions (as % of admissions)		14.6%	[11.45% - 17.70%]	15.8%	[15.41% - 16.22%]
# skilled nursing facility stays/1000 persons 65+ years per year		85	[70 - 100]	76	[74 - 77]
% 65+ getting Medicaid long term services and supports	*	2.8%	[2.21% - 3.38%]	3.7%	[3.59% - 3.74%]
COMMUNITY VARIABLES & CIVIC ENGAGEMENT					
% 60+ who used Internet in last month	*	63.7%	[58.20% - 69.21%]	77.6%	[76.53% - 78.64%]
SAFETY & TRANSPORTATION					
% 60+ who always drive wearing a seatbelt		77.1%	[72.01% - 82.14%]	77.1%	[76.02% - 78.18%]

Notes. ¹ Community-state differences where the margin of error do not overlap each other are noted B, W, or *.

² All community and state margins of error are 95% confidence intervals.

³ The margin of error of the estimate is larger relative to the indicator value for current smokers, excessive drinking, 15+ days poor mental health last month, and did not see doctor when needed due to cost.

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